

Lecture 1 – Introduction to EFT in general

- General philosophy
- Explicit example
- Matching, power counting etc

Lecture 2 – Varieties of EFT and advanced techniques

- Survey and limits of EFT
- Techniques outside of textbooks

Lecture 3 - Gravity as an EFT

- GR as a gauge theory
- How to think about quantum gravity
- Reliable aspects of gravity and QM

Why does QM work?

$$\langle f | V | i \rangle + \sum_I \frac{\langle f | V | I \rangle \langle I | V | i \rangle}{E - E_I}$$

Uncertainty Princ. $HE \Rightarrow LOCAL \Rightarrow$ some term in I

\Rightarrow measure coeff. \leftarrow H.F.

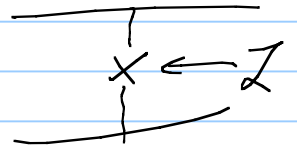
$$\Rightarrow \frac{e_0^2}{1 - \Pi(q^2)}$$

$$\Pi(q) = \frac{e_0^2}{12\pi^2} \left[\frac{1}{\epsilon} + \ln(4\pi) - \gamma - 6 \int_0^1 dx x(1-x) \ln \left(\frac{m^2 - q^2 x(1-x)}{\mu^2} \right) + \mathcal{O}(\epsilon) \right]$$

$$= \frac{e_0^2}{12\pi^2} \begin{cases} \frac{1}{\epsilon} + \ln(4\pi) - \gamma + \frac{5}{3} - \ln \frac{-q^2}{\mu^2} + \dots & (|q^2| \gg m^2), \\ \frac{1}{\epsilon} + \ln(4\pi) - \gamma - \ln \frac{m^2}{\mu^2} + \frac{q^2}{5m^2} + \dots & (m^2 \gg |q^2|). \end{cases} \leftarrow$$

$$e^2 = \frac{e_0^2}{1 - \Pi(0)}$$

$$\frac{g^2}{m^2} \rightarrow \mathcal{L}_{\text{eff}} = \frac{\alpha}{60\pi} F_{\mu\nu} \frac{\square}{M_H^2} F^{\mu\nu}$$




$$\frac{\text{diagram with wavy line and } \gamma}{\text{diagram with wavy line}} \rightarrow \frac{\Delta m^2}{\Delta}$$

$$\frac{\text{diagram with wavy line}}{\text{diagram with wavy line}} = \frac{\Delta \gamma + \Gamma(p, p')}{\Delta}$$

Appelquist Carrazzone Thm \leftarrow renorm of couplings
 suppressed $(\frac{1}{M})^{dim}$

Effective Lagrangians

New Lagrangians ("non renorm.")

$$\mathcal{L} = \frac{\alpha}{60\pi} F_{\mu\nu} \overline{\mathbb{D}}_{\mu\nu} F^{\mu\nu} + \frac{\alpha}{90M^2} \left[(F_{\mu\nu} F^{\mu\nu})^2 - \frac{1}{4} (F_{\mu\nu} \widehat{F}^{\mu\nu})^2 \right]$$
$$+ c \frac{F \overline{\mathbb{D}}^2 F}{M^4} + \dots$$


EFT 1.0 Probes of new physics

$$L_{\text{New}} = \sum_M \frac{C_i}{\Lambda^m} L_i$$

\uparrow local
 \uparrow

Example - Dim 5

$$L = \frac{1}{\Lambda} (\overline{\psi\psi})^T (\psi\psi) \rightarrow \frac{v^2}{\Lambda} \nu_c^T \nu_L \Rightarrow \text{Majorana mass terms}$$

$$\frac{\nu_c \quad \nu_L}{\times \phi \quad \times \phi} \Rightarrow \begin{pmatrix} 0 & M_D \\ M_D & M_R \end{pmatrix} \Rightarrow M_\nu = \frac{M_D^2}{M_R} = \frac{v^2 N^2}{M_R}$$

$$\underline{EFT = QFT}$$

↑ "Effective"

→ useful

→ able to have effects

∴

EFT → QFT of active DOF

QFT at low energy

QFT with focus on energy scales

Key

1) $H E$ is local, $L E$ not local

2) Energy expansion $\Rightarrow \mathcal{L} = \sum_{\mathbb{N}} \frac{1}{\Lambda^n} \mathcal{L}_n$

3) "Matching" or "Measuring"

Example Linear σ model (Higgs)

$$\phi = \frac{1}{\sqrt{2}} \begin{pmatrix} \phi_1 + i\phi_2 \\ \phi_3 + i\phi_4 \end{pmatrix} = \frac{1}{\sqrt{2}} \begin{pmatrix} \pi_1 + i\pi_2 \\ \sigma + i\pi_3 \end{pmatrix} \quad \leftarrow \text{++}$$

$$\mathcal{L} = (\partial_\mu \phi)^\dagger (\partial^\mu \phi) + \mu^2 \phi^\dagger \phi - \lambda (\phi^\dagger \phi)^2$$

$$\langle \phi \rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ v \end{pmatrix}, \quad v = \sqrt{\frac{\mu^2}{\lambda}}$$

$$\mathcal{L} = \frac{1}{2} [(\partial_\mu \bar{\sigma})^2 - 2\mu^2 \bar{\sigma}^2] + \frac{1}{2} (\partial_\mu \vec{\pi})^2 - \lambda v \bar{\sigma} (\bar{\sigma}^2 + \vec{\pi}^2) + \frac{\lambda}{4} (\bar{\sigma}^2 + \vec{\pi}^2)^2$$

\uparrow $\sqrt{\frac{\mu^2}{\lambda}}$ $\frac{\lambda}{4}$

$$\mathcal{L}_{\text{eff}} = \frac{v^2}{4} \text{Tr} (\partial_\mu U \partial^\mu U^\dagger) \quad ! \quad U = \exp \left[i \frac{\vec{\pi} \cdot \vec{T}}{v} \right]$$

$$= \frac{1}{2} (\partial_\mu \vec{\pi})^2 + \frac{1}{6v^2} [(\vec{\pi} \cdot \partial_\mu \vec{\pi})^2 - \vec{\pi}^2 (\partial_\mu \vec{\pi})^2]$$

Example: $\pi^- \pi^0 \rightarrow \pi^- \pi^0$

1) Full theory

$\begin{array}{c} \pi^- \quad \pi^0 \\ \diagdown \quad \diagup \\ \sigma \\ \diagup \quad \diagdown \\ \pi^- \quad \pi^0 \end{array} + \frac{\pi^- \quad \pi^0}{\pi^0 \quad \pi^-}$

$$-i\mathcal{M} = -2i\lambda + (-2i\lambda N)^2 \frac{i}{g^2 - M_\sigma^2} = -2i\lambda \left[1 + \frac{2\lambda N^2}{g^2 - 2\lambda N^2} \right]$$

$$= i \left(\frac{g^2}{N^2} + \frac{g^4}{N^2 M_\sigma^2} + \dots \right)$$

2) EFT \times $-i\mathcal{M} = i \frac{g^2}{N^2}$

$$\left(\frac{g^2}{M_\sigma^2} \right)^n$$

Constructing \mathcal{L}_{eff}

ϕ

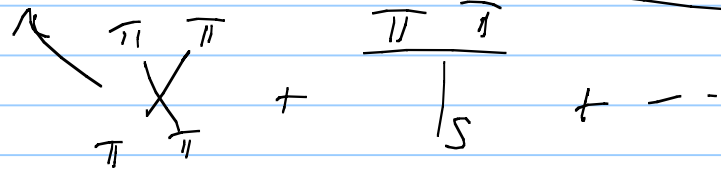
$$\Sigma = \sigma + i \vec{\tau} \cdot \vec{\pi} \implies \frac{1}{2} \text{Tr}(\Sigma^\dagger \Sigma) = (\sigma^2 + \vec{\pi}^2) = 2\phi^\dagger \phi$$

$$\mathcal{L}_\sigma = \frac{1}{4} \text{Tr}(\partial_\mu \Sigma^\dagger \partial^\mu \Sigma) + \frac{\mu^2}{4} \text{Tr}(\Sigma^\dagger \Sigma) - \frac{\lambda}{16} [\text{Tr}(\Sigma^\dagger \Sigma)]^2$$

Rename: $\Sigma = (N + S) U$, $U = \exp\left[i \frac{\vec{\tau} \cdot \vec{\pi}}{f}\right]$

$$\mathcal{L} = \frac{1}{2} [(\partial_\mu S)^2 - 2\mu^2 S^2] + \frac{(N+S)^2}{4} \text{Tr}(\partial_\mu U \partial^\mu U^\dagger) - \lambda N S^3 - \frac{\lambda}{4} S^4$$

Note $\Sigma = N + \vec{\sigma} + i \vec{\tau} \cdot \vec{\pi}$
 $= N + S + i \vec{\tau} \cdot \vec{\pi}' + \dots$
↑
nonlinear



Exchanges of S are suppressed

$$\frac{\pi \quad \pi}{|S|} \leftarrow g^2 \leftarrow \frac{1}{g^2 M_S^2} \sim \frac{g^4}{M_S^2} + \dots$$

To get $\mathcal{L}_{\text{eff}} \Rightarrow$ drop S

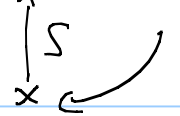
Haag's Thm \circ

Names don't matter

$$\phi_i(\psi_i) -$$

$$\phi_i = \psi_i + \dots$$

Next terms

$$x \leftarrow \text{Tr } \partial_\mu U \partial^\mu U^\dagger$$


$$\mathcal{L} = \frac{N^2}{4} \text{Tr} (\partial_\mu U \partial^\mu U^\dagger) + \frac{N^2}{8M_G^2} \left[\text{Tr} (\partial_\mu U \partial^\mu U^\dagger) \right]^2 + \dots$$

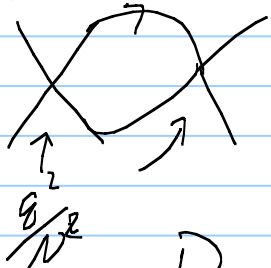
$$\rightarrow \mathcal{M} = i \left[\frac{g^2}{N^2} + \frac{g^4}{M_G^2 N^2} \right]$$

↗ "MATCHING" at Tree Level

HW $U(1) \quad \phi = \frac{1}{\sqrt{2}} (\phi_1 + i\phi_2)$

$$\mathcal{L} = \partial_\mu \phi^\dagger \partial^\mu \phi + \mu^2 \phi^\dagger \phi + \lambda (\phi^\dagger \phi)^2$$

Full QFT



$$= \frac{1}{N^4} I(p_i) = \frac{1}{N^2} \overset{\text{g}}{\underset{N^2}{p_i^4}} \left[\frac{1}{\epsilon} + \dots \text{finite} \right]$$

$\swarrow \ln g^2 / \mu^2$

Divergences are local \Rightarrow look like $\mathcal{L}_{\text{eff}}(\phi_{\mu}^4)$

$$\frac{p^4}{N^4} \rightarrow \mathcal{L} = \left[\text{Tr}(\partial_{\mu} u \partial^{\mu} u^{\dagger}) \right]^2$$

Symmetry of original theory $\text{Tr}(\Sigma^{\dagger} \Sigma)$

$$\boxed{\Sigma \rightarrow L \Sigma R^{\dagger}}$$

\swarrow
SU(2)

$$u \rightarrow L u R^{\dagger}$$

✓

Most general

$$\mathcal{L} = \frac{N^2}{4} \text{Tr} \partial_\mu U \partial^\mu U^\dagger + \ell_1 \left[\text{Tr}(\partial_\mu U \partial^\mu U^\dagger) \right]^2 + \ell_2 \text{Tr}(\partial_\mu U \partial_\nu U^\dagger) \text{Tr}(\partial^\mu U \partial^\nu U^\dagger)$$

Amplitude at 1 loop (Gasser-Lautrup)

$$s = F_{\text{on}}^2$$

$$t = g^2$$

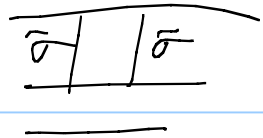
$$u = (p_1 - p_4)^2$$

$$\begin{aligned} \mathcal{M}_{\text{eff}} = & \frac{t}{v^2} + \left[8\ell_1^r + 2\ell_2^r + \frac{5}{192\pi^2} \right] \frac{t^2}{v^4} \\ & + \left[2\ell_2^r + \frac{7}{576\pi^2} \right] [s(s-u) + u(u-s)]/v^4 \\ & - \frac{1}{96\pi^2 v^4} \left[3t^2 \ln \frac{-t}{\mu^2} + s(s-u) \ln \frac{-s}{\mu^2} + u(u-s) \ln \frac{-u}{\mu^2} \right] \end{aligned}$$

$$\ell_1^r = \ell_1 + \frac{1}{384\pi^2} \left[\frac{2}{4-d} - \gamma + \ln 4\pi \right]$$

$$\ell_2^r = \ell_2 + \frac{1}{192\pi^2} \left[\frac{2}{4-d} - \gamma + \ln 4\pi \right]$$

Full Theory



Taylor expanded:

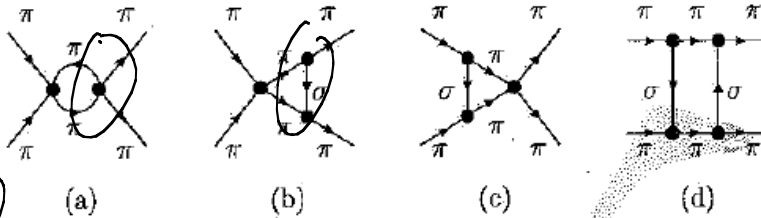
$$\begin{aligned} \mathcal{M}_{full} = & \frac{t}{v^2} + \left[\frac{1}{m_\sigma^2 v^2} - \frac{11}{96\pi^2 v^4} \right] t^2 \\ & - \frac{1}{144\pi^2 v^4} [s(s-u) + u(u-s)] \\ & - \frac{1}{96\pi^2 v^4} \left[3t^2 \ln \frac{-t}{m_\sigma^2} + s(s-u) \ln \frac{-s}{m_\sigma^2} + u(u-s) \ln \frac{-u}{m_\sigma^2} \right] \end{aligned}$$

Matches at 1 loop

$$\ell_1^r = \frac{v^2}{8m_\sigma^2} + \frac{1}{384\pi^2} \left[\ln \frac{m_\sigma^2}{\mu^2} - \frac{35}{6} \right]$$

$$\ell_2^r = \frac{1}{192\pi^2} \left[\ln \frac{m_\sigma^2}{\mu^2} - \frac{11}{6} \right]$$

Why this works



← full theory

$$i\mathcal{M}_{\text{full}} = \int \frac{d^4k}{(2\pi)^4} \left[-2i\lambda + (-2i\lambda v)^2 \frac{i}{(k+p_+)^2 - m_\sigma^2} \right] \frac{i}{(k+p_++p_0)^2} \frac{i}{k^2} \times \left[-2i\lambda + (-2i\lambda v)^2 \frac{i}{(k+p'_+)^2 - m_\sigma^2} \right] \quad (3.4)$$

$$i\mathcal{M}_{\text{eff}} = \int \frac{d^4k}{(2\pi)^4} \frac{i(k+p_+)^2}{v^2} \frac{i}{(k+p_++p_0)^2} \frac{i}{k^2} \frac{i(k+p'_+)^2}{v^2}$$

diff at high $\bar{I} \rightarrow$ shift in local \bar{I}
 same at low \bar{E}
 \Rightarrow same LE behavior

at low \bar{E}

\bar{I}_{eff}