

# **Table of Nuclear Magnetic Dipole and Electric Quadrupole Moments**

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This Table is a compilation of experimental measurements of static magnetic dipole and electric quadrupole moments of ground states and excited states of atomic nuclei throughout the periodic table. To aid identification of the states, their excitation energy, half-life, spin and parity are given, along with a brief indication of the method and any reference standard used in the particular measurement. The literature search upon which the Table is based is complete to early 1998. Many of the entries prior to 1988 follow those in Raghavan, Atomic and Nuclear Data Tables 42, 189 (1989), with amendment as required.

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### General Introduction

This Table comprises a listing of measured magnetic dipole and electric quadrupole moments of ground states and excited states of atomic nuclei. Results obtained by all experimental methods are included and the literature search covers the period approximately up to the end of 1998. The Table includes many listings from the most recent previous compilation [1], mainly without changes, but amended where appropriate. To assist in definitive identification of the nuclear state involved, the table includes the energy (in keV), half-life, and spin/parity of the state, taken either from the authors or from recent compilations. The Table follows its predecessors in listing also any reference isotope and state used to deduce the quoted moment from experiment. The method used in the experiment is given, although for all details of the method reference should be made to the original publication. References are given both in the ENSDF format [for use with the NNDC Nuclear Data compilation] and to the journal. Listings of abbreviations used to identify methods and journals are given later in this introduction. Some common comments on the results are made by abbreviations given next to the Table entry. The abbreviations used for these comments are also listed in this introduction.

### POLICIES

Signs Signs are given when the sign can be determined from experimental data. Where the sign is not given by the measurement, no sign is given in the Table, although it can often be inferred either from systematics or from the magnitude of the result.

Results and Uncertainties Experimental values and their associated errors are as given by the authors subject to a policy of limiting significant figures. Numerical errors with digits above 15 have been rounded to 2 and results have been rounded to give no more significant figures than the rounded error would allow. Thus a published value 0.953(65) has been rounded to 0.95(7) and 0.25(16) rounded to 0.3(2).

Magnetic Dipole Moments ( $\mu$ ) The fundamental reference is to the adopted proton moment +2.79284734(3) nuclear magnetons (nm), after diamagnetic correction, based on the most recent recommended values for physical constants [2]. This has been revised downward since the last compilation [1] by 0.018 ppm. Other subsidiary dipole moment standards are set using high precision experimental ratios of nuclear magnetic resonance frequencies for heavier stable nuclei

$^{11}\text{B}$ ,  $^{14}\text{N}$ ,  $^{35}\text{Cl}$ ,  $^{45}\text{Sc}$ ,  $^{111}\text{Cd}$ , and from optical pumping frequency for  $^{199}\text{Hg}$ , compared to that of the proton or deuteron. References to these are given where they appear in the Table.

Corrections for diamagnetism, Knight shift, paramagnetism and hyperfine anomaly are noted by annotations d, K, p, or ha respectively after the entry when they have been taken into consideration by authors, either by explicit corrections or by allowance in quoted uncertainties.

The diamagnetic correction merits further comment. This correction is applicable under any circumstance that a magnetic field is applied to the nucleus under study and the nucleus is situated in a medium subject to diamagnetism - that is all media other than vacuum. Diamagnetism describes the polarisation of the medium whereby the field as experienced by the nucleus is reduced. This effect leads to a reduction in the magnetic dipole interaction energy and an apparent reduction in the nuclear magnetic dipole moment if the full applied magnetic field strength is used.

Many experimental methods use 'internal' or 'transient' fields produced by electrons in the vicinity of the nucleus. Such internal fields are determined through their measured interaction energy with nuclei having known magnetic dipole moments. They are not subject to diamagnetic correction, although they do require correction for any hyperfine anomaly between the isotope used for calibrating the field and the isotope under study [4]. Of course, if there is any additional external applied field used then this component of the total field at the nucleus is subject to the diamagnetic correction.

Several previous tabulation compilers have apparently applied diamagnetic corrections and have included listings of diamagnetic correction factors due to Johnson and co-workers [3]. It should be stressed that the tabulated corrections apply only to neutral atoms, assumed spherical, and are not generally applicable e.g. to nuclei implanted into planar non-magnetic foils and subject to applied magnetic fields. All recent [post 1989] entries in the Table are unmodified published values.

Electric Quadrupole Moments (Q). These are listed in units of barns ( $1 \text{ b} = 10^{-28} \text{ m}^2$ ). Corrections relating to electric field gradient shielding caused by polarisation of atomic electrons, normally known as Sternheimer Corrections, are indicated by the annotation st after the entry. The Sternheimer correction, which can be positive (shielding) or negative (anti-shielding) and can be large, is difficult to calculate with high accuracy, even for different states of the same atom or ion. It is the cause of several apparently large discrepancies between reported, uncorrected, electric quadrupole moments listed in the Table.

Where two values of Q are given based on CER experiments, the first represents the value assuming constructive interference between the matrix elements and the second assumes destructive interference.

## Arrangement of the Table

The table is set up with ten columns giving information as follows:

Column 1. Identifies the nucleus by atomic number  $Z$  and neutron number  $N$ , with its chemical symbol. This is given once for each nucleus. Nuclei are grouped by element in increasing sequence of atomic number and by increasing neutron number for each element.

Column 2. Gives the energy of the state on which the measurement is made, rounded to the nearest keV, 0 being the ground state.

Column 3. Gives the half-life of the state: abbreviations used  $y$  = years,  $d$  = days,  $h$  = hours,  $m$  = minutes,  $s$  = seconds,  $ms$  = milliseconds ( $10^{-3}$  s),  $\mu s$  = microseconds ( $10^{-6}$  s),  $ns$  = nanoseconds ( $10^{-9}$  s),  $ps$  = picoseconds ( $10^{-12}$  s) and  $fs$  = femtoseconds ( $10^{-15}$  s).

Column 4. Gives the spin ( $I$ ) and parity of the state. Uncertain values are given in brackets.

Column 5\*. Gives the measured nuclear magnetic dipole moment  $\mu$  in units of the nuclear magneton  $\mu_N$  (nm). No sign is given if it was not determined by the experiment. The uncertainty in the result is given in brackets, subject to the policy declared in the introduction. Thus 1.432(8) means a value of 1.432 nm with uncertainty 0.008 nm and of unknown sign. In some cases, where the spin of the level is unknown, the nuclear  $g$ -factor,  $g = m/I$  is given. Where several states were unresolved, the average  $g$ -factor is given as  $g_{av}$ .

Column 6\*. Gives the measured nuclear electric quadrupole moment in units of the barn (1 barn =  $10^{-28}$  m<sup>2</sup>). No sign is given if it was not determined by the experiment. The uncertainty in the result is given in brackets, subject to the policy declared in the introduction. Thus +1.27(10) means a value of +1.27 barns with uncertainty 0.10 barns.

Column 7. In this column any reference standard upon which the listed result depends is given. Often the reference state has been used to obtain the value of a static magnetic hyperfine field, a transient field or an electric field gradient which is then used to determine the quoted result. Any subsequent change in the value of the standard will affect the listed result.

Column 8. The method used in the measurement is briefly identified here. A list of abbreviations used follows this description of the Table. In view of the great proliferation of specialised methods, this simple description is very limited and for detailed information reference should be made to the original publication. Where there has been re-evaluation by the tabulator of the original result, usually associated with change to the reference standard, this is denoted by R.

Column 9. Here is given the NSR reference where known.

Column 10. Here the Journal reference to the original work is given, generally in the form journal (abbreviated), volume, page and year (last two digits, in brackets). A list of journal abbreviations and other abbreviations used is given below.

\* Certain entries have additional annotations relating to whether or not specific corrections have been made. These annotations are discussed under the magnetic dipole moment and electric quadrupole moment sections of the policies given above.

## List of Annotations and Abbreviations in the Table

a	Requires no Sternheimer correction.
d	Corrected for diamagnetism.
g.s.	Ground State.
h	This result uses an uncertain hyperfine field. Given error is experimental only.
K	Corrected for Knight shift.
#	This result uses an estimated hyperfine field with no error given.

## Experimental Reference Abbreviations

AB	Atomic Beam Magnetic Resonance - Thermal Beam
AB/D	Atomic Beam Magnetic Resonance (direct moment measurement)
ABLDF	Atomic Beam with Laser Double Resonance Detection
ABLFS	Atomic Beam with Laser Fluorescence Spectroscopy
ABLS	Atomic Beam Laser Spectroscopy
$\beta$ -NMR	NMR of in-beam polarised nuclei with beta asymmetry detection
$\beta$ -NMR/OP	NMR of nuclei polarised by optical pumping with beta asymmetry detection
$\beta$ -NNQR	Nuclear Quadrupole Resonance with beta detection
B(E2)	Value based on measured E2 transition probability
BFNO	Brute Force Nuclear Orientation
BFNMR/ON	Nuclear Magnetic Resonance on Brute Force Oriented Nuclei
CDPAC	Constant-Delay Perturbed Angular Correlation
CEAD	Integral Perturbed Angular Distribution after Coulomb Excitation
CER	Coulomb Excitation Reorientation
CERP	Precession of Coulomb Excitation Reorientation
CETD	TDPAD following Coulomb Excitation
CFBLS	Collinear Fast Beam Laser Spectroscopy - Accelerated Beam
CFBLS/ $\beta$ -NMR	Collinear Fast Beam Laser Spectroscopy: NMR with beta detection
CIAN	Coulomb Interaction of Aligned Nuclei
ENDOR	Electron-nuclear Double Resonance
EPR	Electron Paramagnetic Resonance
ES	Electron Scattering
FDPAC	Time Differential Perturbed Angular Correlation of Fission Fragments
FortP	Fortschrift Physik
IAPAD	Integral Attenuation of Perturbed Angular Distribution
IBSQB	Quantum Beats after Surface Interaction at Grazing Incidence
IPAC	Integral Perturbed Angular Correlation
IPAD	Integral Perturbed Angular Distribution
IMPAC	Perturbed Angular Correlation after Ion Implantation
IMPAD	Perturbed Angular Distribution after Ion Implantation
Ka-X	Kaonic X-ray Hyperfine Structure
LEMS	Level Mixing Spectroscopy

LMR	Level Mixing Resonance on Oriented Nuclei
LRDRS	Laser RF Double Resonance Spectroscopy
LRFS	Laser Resonance Fluorescence Spectroscopy
LRIMS	Laser Resonance Ionisation Mass Spectroscopy
LRIS	Laser Resonance Ionisation
LRS	Laser Resonance Spectroscopy
LRSRD	Laser Resonance Spectroscopy with Radioactive Detection
MA	Microwave Absorption in gases
MAPON	Multiple Adiabatic Passage NMR on Oriented Nuclei
MB	Molecular Beam Magnetic Resonance
MCHF	Multiconfigurational Hartree Fock calculated efg's used to extract Q
ME	Mossbauer Effect
M/N	Maser/Nuclear Magnetic Resonance frequency comparison
MS	Molecular Spectroscopy
Mu-X	Muonic X-ray Hyperfine Structure
N	Nuclear Magnetic Resonance
NMR	Nuclear Magnetic Resonance
NMR/ME	Nuclear Magnetic Resonance detected using the Mossbauer Effect
NMR/ON	Nuclear Magnetic Resonance on Oriented Nuclei
NMR/ON( $\beta$ )	Nuclear Magnetic Resonance on Oriented Nuclei with beta detection
NMR/ON(X)	Nuclear Magnetic Resonance on Oriented Nuclei with X-ray detection
NMR/AC	Nuclear Magnetic Resonance detected using Angular Correlation
NO/CP	Gamma Circular Polarisation measured from Oriented Nuclei
NO/ME	Mossbauer Effect on Oriented Nuclei
NMR/OP	NMR detected using Optically Pumped Ions
NO/S	Static Nuclear Orientation with gamma detection
NO/ $\beta$ S	Static Nuclear Orientation with beta detection
NO/D	Dynamic Nuclear Orientation
O	Optical Spectroscopy
OD	Optical Double Resonance
OGLS	Optogalvanic Laser Spectroscopy
OL	Optical Level Crossing
OP/ $\beta$ -NMR	Optical Pumping with NMR using beta detection
OP/RD	Optical Pumping with Radiative Detection
PhPi	Pion Photoproduction near threshold
Pi-X	Pionic X-ray Hyperfine Structure
PMR	Paramagnetic Resonance
PPDAC	Perturbed Polarisation-Directional Angular Correlations
PPR	Proton Pick-up Reaction: Spectroscopic Factors
Q	Quadrupole Resonance
QIR	Quadrupole Interaction deduced from Relaxation Time
R	Re-evaluated by tabulator, usually because of change in reference standard
RENO	Reorientation Nuclear Orientation
RIGV	Recoil into gas or vacuum
RIV/D	Recoil into Vacuum, Differential method
SOPAD	Stroboscopic Observation of Perturbed Angular Distribution
TDPAC	Time Dependent Perturbed Angular Correlation
TDPAD	Time Dependent Perturbed Angular Distribution
TF	Transient Field integral perturbed angular correlation
TFL	Tilted Foil hyperfine field integral perturbed angular correlation

TFLD Tilted Foil Time Differential Perturbed Gamma Angular Distribution  
 TIS Trapped Ion Spectroscopy  
 TR/OLNO Time Resolved On-Line Nuclear Orientation

### Literature Reference Abbreviations

AECL Report, Atomic Energy of Canada Limited  
 ANL-PHY Argonne National Laboratory, Physics Division Report  
 AnP Annals of Physics  
 APLz Annalen der Physik (Leipzig)  
 APPo Acta Physica Polonica  
 ArkF Arkiv Fysik Sweden  
 ARANU Ann Rept. Australian National University, Canberra  
 ARCYRIC Ann Rept CYRIC Accelerator, Tohoku  
 ARHMI Ann Rept Hahn Meitner Inst., Berlin  
 ARINST Ann Rept Inst Nucl.Sci., Tokyo  
 ARISKP Ann Rept Inst.Strahlen u Kernphysik, Bonn  
 ARJAERI Ann Rept.Japanese Atomic Energy Research Institute, Japan  
 ARKfK Ann Rept Kernforschung mbH, Karlsruhe  
 ARLe Ann Rept KU Leuven  
 ARMi Ann Rept U. of Minnesota  
 ARO Ann Rept. Osaka Laboratory of Nuclear Science, Japan  
 ARPr Ann Rept Princeton U.  
 ARRIP Ann Rept Research Institute of Physics, Stockholm  
 ARRo Ann Rept.U. of Rochester  
 ARTIT Ann Rept Tokyo Institute of Technology  
 ARWa Ann Rept U. of Washington.  
 AuJP Australian Journal of Physics  
 BAPS Bulletin of the American Physical Society  
 Bk64PAC E.Karlsson, E.Matthias K.Siegbahn, eds "Perturbed Angular Corr." (N.Holl.) (65)  
 Bk82HFS S.Buttgenbach "HFS in 4d-, 5d-shell atoms" (Springer Tr Mod Phys vol 92) (82)  
 Bk86LTNO Low Temperature Nuclear Orientation, eds Stone and Postma (N.Holl) (86)  
 Bk88 NFFS 5th Int Cf Nuclei Far from Stability, Rosseau Lake, Canada AIP Conf 164 (88)  
 BRASP Bulletin of the Russian Academy of Sciences, Physics  
 CERN Report from the CERN Laboratory, Geneva  
 Cf63Paris Proc 3rd Int.Congr. Quant. Electr. eds Grivet, Bloembergen Columbia Press (64)  
 Cf66Paris Proc. Coll. Int. Mag. HFI Atom. et Molec. Cen. Nat. Recherche Sci. Paris (67)  
 Cf67HI Proc. Conf. Hyp. Str. and Nucl. Radiations eds Matthias, Shirley (N.Holl) (68)  
 Cf67Kanpur Proc 11th Int. Nucl. and Sol. St. Phys. Symp. Pt A Nucl.Phys.(AtEn Bombay)(67)  
 Cf69Heid Proc. Conf. Nucl. React. Heavy Ions Heidelberg, eds Bock, Herring (N.Holl) (70)  
 Cf69Mntr Proc Montreal Int Conf Eds Harvey, Cusson, Geiger, Pearson (U Mont Press) (69)  
 Cf70Delft Proc. Ang. Corr. In Nucl. Disint., eds van Krugten, van Nooijen, Rotter. U. Pr (71)  
 Cf70HI Hyp Int in Excited Nuclei, eds Kalish and Goldring, Gordon and Breach NY (71)  
 Cf72Kiev Proc 22nd Ann Conf Nucl Spect and Struct. Atomic Nuclei, Kiev (72)  
 Cf73Mun Proc Int Conf Nucl Phys, Vol 1, Munich eds de Boer and Mang, (N.Holl) (73)  
 Cf74Upp Proc. Conf. Hyp. Int. Uppsala, eds E.Karlsson, R.Wappling, Upp. Graf. AB (74)  
 Cf76Carg Proc Conf. Nuclei Far from Stability, Cargese CERN Rept CERN-1976-13.  
 Cf77Tokyo Proc Conf Nuclear Structure, Tokyo (77)  
 Cf77Tshkt Proc 27th Ann Conf Nucl Spect and Struct. Atomic Nuclei, Tashkent (77)  
 Cf78Dubna Proc 28th Ann Conf Nucl Spect and Struct. Atomic Nuclei, Dubna (78)  
 Cf79Riga Proc 29th Ann Conf Nucl Spect and Struct. Atomic Nuclei, Riga (79)

Cf80Ber Abstracts, Conf. HFI-V, Berlin (80)  
 Cf80Berk Int. Conf. Nucl. Phys. Berkeley Book of Abstracts (80)  
 Cf82Fuji Proc INS Symposium on Dynamics of Collective Motion, Mt Fuji, Japan (82)  
 Cf82Kiev Proc 32nd Ann Conf Nucl Spect and Struct. Atomic Nuclei, Kiev (82)  
 Cf82OakR Proc.Lasers in Nucl.Phys.eds Bemis, Carter, Nucl Sci Res Cf Ser 3 (Harwood) (82)  
 Cf83Gron Proc 6th HFI Conf. Groningen, Book of Abstracts  
 Cf83Inter Proc 6th Int Conf Laser Spect. Interlaken eds Weber, Luthy (Springer, Berlin) (83)  
 Cf83Meguro Proc Symp. Electromag. Props. At. Nucl. Eds Horie, Ohnuma, Meguro, Tokyo (83)  
 Cf85Bomb Proc. Symp.Quantum Electronics, BARC Bombay (85) and PC R.Neugart (87)  
 Cf86Bang Proc 7th HFI Conf. Bangalore, Book of Abstracts  
 Cf86Dubr Conf Nucl.Struct, React.,Symmetries, Dubrovnik, eds Meyer, Paar, (World Sci) (86)  
 Cf87Melb Conf Nucl Struct through Static and Dynamic Moments, Melbourne [2 vols] (87)  
 Cf88BadH Proc. Conf. Prop. Nucl in Zirconium Region, eds Sistemich et al. Bad Honnef (88)  
 Cf89Tshkt Proc 39th Ann Conf Nucl Spect and Struct. Atomic Nuclei, Tashkent (89)  
 CF92Otta Proc Conf Nucl Struct at High Angular Momentum, Ottawa, AECL - 10613 (92)  
 ChJNP Chinese Journal of Nuclear Physics  
 CJP Canadian Journal of Physics  
 CLSS Resonance Cell Laser Spectroscopy  
 CPL Chemical Physics Letters  
 CzJP Czech Journal of Physics  
 DisA Dissertation Abstracts International  
 DUzb Doklady Akad. Nauk. Uzb. SSR  
 EPL Europhysics Letters  
 GenshKen Genshikaku Kenkyu (Japan)  
 HFI Hyperfine Interactions  
 HPAc Helvetica Physica Acta  
 InJPAP Indian Journal of Pure and Applied Physics  
 IzF Izv. Akad. Nauk SSSR Ser. Fiz. (Trans Bull. Acad. Sci. USSR, Phys. Ser.)  
 IzUz Izv. Akad. Nauk.Uzb. SSR, Ser. Fiz.-Mat. Nauk  
 JCP Journal of Chemical Physics  
 JDal Journal of the Chemical Society, Dalton (Texas)  
 JINC Journal of Inorganic Nuclear Chemistry  
 JLTP Journal of Low Temperature Physics  
 JOSA Journal of the Optical Society of America  
 JP Journal of Physics (London)  
 JPCo Journal de Physique (Paris) Colloque  
 JPCR Journal of Physics and Chemistry Reference Data  
 JPJa Journal of the Physical Society of Japan  
 JPJS Journal of the Physical Society of Japan, Supplement  
 JPPa Journal de Physique (Paris)  
 JRNC Journal of Radioanalytical and Nuclear Chemistry  
 LNPP Leningrad Nuclear Physics Institute Preprint  
 NIM Nuclear Instruments and Methods  
 NIMPR Nuclear Instruments and Methods in Physical Research  
 NP Nuclear Physics  
 NuoC Nuovo Cimento  
 NuoCL Nuovo Cimento Letters  
 OptL Optics Letters  
 ORNL Oak Ridge National Laboratory Report  
 OSpk Opt. Spektrosk. (Trans.; Optics and Spectroscopy (USSR))



PC Block	Private Communication, D.Block quoted Table of Isotopes Lederer and Shirley (74)
PC Ivanov	Private Communication, E.A.Ivanov quoted in ADNDT 42 189 (89)
PC Levon	Private Communication, I. Levon quoted in ADNDT 42 189 (89)
PC Meeker	Private Communication, R.Meeker quoted in JPCR 5 835 (76)
PC Neugart	Private Communication, R.Neugart quoted in ADNDT 42 189 (89)
PC Ohya	Private Communication, S.Ohya quoted in ADNDT 42 189 (89)
PC Postma	Private Communication, H.Postma quoted in ADNDT 42 189 (89)
PC Wadding	Private Communication, J.C.Waddington quoted in JPCR 5 835 (76)
PCan	Physics Canada
Phca	Physica
PhMg	Philosophical Magazine (London)
PhSS	Physica Status Solidi
PL	Physics Letters
PPS	Proceedings of the Physical Society of London
PR	Physical Review
PRS	Proceedings of the Royal Society of London
Pram	Pramana (India)
PREp	Physics Reports
PRL	Physical Review Letters
PS	Physica Scripta
PSNI	Proc. Nucl. Phys. Sol. St. Phys. Symp. (India)
RIKEN	Annual Report RIKEN Lab. Japan
RMP	Review of Modern Physics
RRou	Review of Roumanian Physics
RSI	Review of Scientific Instruments
Th Bell	Thesis C.J.Bell, Rutgers (85)
Th Berger	Thesis A.Berger, HMI Berlin (87)
Th Casserb	Thesis B.R.Casserberg Princeton (68)
Th Dimml	Thesis F Dimmling, F.U.Berlin (77)
Th Henne	Thesis Hennemann, Mainz (88)
Th Leitz	Thesis W.Leitz F.U.Berlin (73)
Th Morgen	Thesis J. Morgenstern Hamburg (69)
Th Murphy	Thesis B.J.Murphy Oxford (80)
Th Rork	Thesis E.W.Rork Ohio State U. (71)
Th Rowe	Thesis P. Rowe Oxford (76)
Th Schneider	Diplomarbeit U.Schneider TU Munchen (80)
Th Stenzel	Thesis C. Stenzel HMI Berlin (86)
UCRL	Report, University of California, Radiation Laboratory, Berkeley
UkrF	Ukraine Fiz. Zhurnal
YadF	Yadern. Fiz. (Trans Soviet Journal of Nuclear Physics)
ZETF	Zh. Eksp. Teor. Fiz. (Trans: Soviet Physics JETP)
ZfK	Report, Zentralinst. Fur Kernforschung, Rossendorf bei Dresden
ZNat	Zeitschrift fur Naturforschung: Series a
ZP	Zeitschrift fur Physik

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
0 n 1	0	10.6 m	1/2+	-1.9130427(5) d			N,R		RMP 72 351 (00)
1 H 1	0	stable	1/2+	+2.79284734(3) d			M/N,R		RMP 72 351 (00)
1 H 2	0	stable	1+	+0.857438228(9) d	+0.00286(2) st 0.0028(2)	[1H]	N,R MB,R CIAN	1985Ka05	RMP 72 351 (00) PR A20 381 (79) NP A435 502 (85)
1 H 3	0	12.33 y	1/2+	+2.97896244(4)		[1H]	N,R		ZETF 72 1659 (77)
2 He 3	0	stable	1/2+	-2.12749772(3)		[1H]	N,R		RMP 72 351 (00)
3 Li 6	0	stable	1+	+0.8220473(6) +0.822567(3)	-0.00083(8) st	[2H] [7Li]	AB/D N MB,R	1974Be50	ZP 270 173 (74) ZNat 23a 1202 (68)/PL A25 440 (67)/ ORNL-1775 (54) CPL 112 1 (84)
3 Li 7	0	stable	3/2-	+3.256427(2) +3.2564625(4)	-0.0406 st -0.0370(8) -0.041(6) -0.059(8) -0.040(11) -0.0400(6) -0.0400(3) -0.0406(8)	[2H]	AB/D N MB,R CIAN OD,OL OL CER CER CER R	1974Be50 1985We08 1975Or01 1984Ve03/1984Ve08 1991Vo06 1991Vo06 1989Ba80	ZP 270 173 (74) ZNat 23a 1202 (68)/PL A25 440 (67)/ CPL 112 1 (84) PRL 55 480 (85) ZP A273 221 (75) PR A17 1394 (78) PL B138 365 (84)/AuJP 37 273 (84) NP A530 475 (91) NP A530 475 (91) AuJP 42 597 (89)
3 Li 8	0	842 ms	2+	+1.65340(2)		[1H] [7Li] [7Li] [7Li] [6,7Li]	β-NMR β-NMR CFBLS/β-NMR β-NNQR NMR	1962Co08 1988Ar17 1992Mi18 1994Ja05	PL A67 423 (78)/PR 126 1506 (62) ZP A282 243 (77) ZP A331 295 (88) PRL 69 2058 (92) NP A568 544 (94)
3 Li 9	0	178 ms	3/2-	3.4391(6)		[1H]	β-NMR	1983Co11	PR C28 862 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				3.434(5)		[8Li]	CFBLS/β-NMR	1988Ar17	ZP A331 295 (88)
					0.0253(9)	[7Li]	CFBLS/β-NMR	1988Ar17	ZP A331 295 (88)
					0.036(7) st	[7Li]	β-NMR	1983Co11	PR C28 862 (83)
3 Li 11	0	7.7 ms	3/2-	3.668(3)		[8Li]	CFBLS/β-NMR	1987Ar22	PL B197 311 (87)
					-0.031(5)	[7Li]	OP/β-NMR	1992Ma12	PL B281 16 (92)
4 Be 9	0	stable	3/2-	-1.1778(9)			N/OP		PL A56 446 (76)
				-1.17749(2)		[1H]	N	1949Di25	PR 75 1769 (49)
					+0.053(3) st		AB	1951Al11	PR 82 105 (51)
					+0.0529(4)		R	1967Bi09	PR 153 164 (67)
								1991Su05	CPL 177 91 (91)
5 B 8	0	0.77 s	2+	1.0355(3)			β-NMR		JPJS 34 156 (73)
				+1.03579(5) d.K		[12B]	β-NMR	1996OhZY	ARO p71 (96)
					0.063(5)	[11B]	β-NMR	1989OkZU	ARO p48 (89)
					0.068(2)	[12B]	β-NNQR	1992Mi18	PRL 69 2058 (92)
					0.0646(15)	[12B]	β-NNQR	1996OhZY	ARO p71 (96)
5 B 10	0	stable	3+	+1.80064478(6)		[2H]	N,MB	1939Mi05	ZNat 30a 955 (75)/PR 56 165 (39)
					+0.0847(6) st	[11B]	AB/R	1970Ne21	PR A2 1208 (70)
	718	0.69 ns	1+	+0.63(12)			IPAC	1972Av01	NP A182 359 (72)
5 B 11	0	stable	3/2-	+2.6886489(10)		[10B]	N/MB	1939Mi05	ZNat 30a 955 (75)/PR 56 165 (39)
					+0.0407(3)		AB/R	1970Ne21	PR A2 1208 (70)
5 B 12	0	20.4 ms	1+	+1.00272(11)			β-NMR	1990Mi16	NP A516 365 (90)
				+1.00306(+15/-14)			β-NMR	1970Wi17	PR C2 1219 (70)
					0.0132(3)	[11B]	β-NNQR	1972Wi08	PR C5 1435 (72)
					0.0134(14) st	[11B]	β-NMR	1993Oh05	HFI 78 185 (93)
									HFI 4 224 (78)
5 B 13	0	17.4 ms	3/2-	+3.1778(5)			β-NMR	1971Wi09	PR C3 2149 (71)
					0.037(4)	[12B]	β-NMR		JPJS 34 167 (73)
5 B 14	0	13.8 ms	2-	1.185(5)		[12B]	β-NMR	1995Ok04	PL B354 41 (95)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 0.0298(8)	[Ref. Std.] [12B]	Method β-NMR	NSR Reference 1996Iz01	Journal Reference PL B366 51 (96)
5 B 15	0	10.3 ms	3/2-	2.659(15)	0.0380(11)	[12B] [12B]	β-NMR β-NMR	1995Ok04 1996Iz01	PL B354 41 (95) PL B366 51 (96)
5 B 17	0	5.1 ms	(3/2-)	2.55(2)		[12B]	β-NMR	1996Ue02	PR C53 2142 (96)
6 C 9	0	126 ms	3/2-	1.3914(5) 1.396(3)			β-NMR β-NMR	1995Ma44 1998Hu08	NP A588 153c (95) PR C57 R2790 (98)
6 C 11	0	20.4 m	3/2-	-0.964(1)	0.032(2) st	[13C]	AB/R AB/R	1970Wo11 1969Sc34	PL A29 461 (69)/ZP 236 337 (70) PR 181 137 (69)
6 C 12	4438	45 fs	2+		+0.06(3)		CER	1983Ve01	PL B122 23 (83)
6 C 13	0 3854	stable 8.5 ps	1/2- 5/2+	+0.7024118(14) 1.40(4)		[1H]	N RIV/D	1954Ro34 1981Ru04	PR 96 543 (54) NP A359 442 (81)
6 C 14	6728	67 ps	3-	0.82(2)			RIV/D	1974Al07	PR C9 1748 (74)
6 C 15	0 739	2.45 s 2.61 ns	1/2+ 5/2+	1.32(7) 1.76(3) -1.92(15)			β-NMR RIV/D IPAC	1980As01 1975Ha42	Bk88 NFFS 165 (88) JP G6 251 (80) PL B59 32 (75)
7 N 12	0	11.0 ms	1+	0.4573(5)	+0.049(6) or -0.010(6) 0.0103(7)	[14N]	β-NMR PhPi β-NNQR	1980Ra05	JPJa 25 1258 (68) YadF 31 334 (80) ARO p60 (93)
7 N 13	0	9.96 m	1/2-	0.3222(4) r		[14N]	AB		PR 136 B27 (64)
7 N 14	0	stable	1+	+0.40376100(6)	+0.02001(10) +0.0193(8) st 0.0208 e	[1H]	N LRFS IBSQB MA,R RIV/D RIGV	1951Pr02 1993Sc26 1978Mo27	JPCR 5 835 (76)/PR 81 20 (51) PR A47 4891 (93) PR A21 581 (80) ZNat 41a 163 (86) JP G4 1593 (78) JPJS 34 185 (73)
	5106 5832	4.3 ps 12.5 ps	2- 3-	1.32(8) 2.0(5)					

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference									
7 N 15	0 5270	stable 1.73 ps	1/2- 5/2+	-0.28318884(5) 2.4(2) +2.5(8)		[14N]	N RIV/D IMPAC,R	1962Ba63 1983Bi10	JCP 36 152 (62) JP G9 1407 (83) HFI 5 347 (78)									
										7 N 16	293 397	91.3 ps 4.5 ps	3- 1-	1.60(6) 1.50(8) -1.83(13)		RIV/D RIV/D RIV/D	1984Bi03 1975As02/1975Fo16	NP A413 503 (84) ARW p59 (84) JP G1 415 (75)/PR C11 1976 (75)
8 O 13	0	8..6 ms	3/2-	1.3891(3) d, K	0.033(4)	[1H] [17O]	β-NMR β-NMR	1996Ma38	HFI 97/98 519 (96) RIKEN 29 60 (96)									
										8 O 15	0 5241	122 s 2.25 ps	1/2- 5/2+	0.71951(12) c 0.7189(8) +0.65(7) <0.3(2)		[17O]	β-NMR AB RIV/D IMPAC TF	1993Ta28 1963Co17 1983Bi10
8 O 16	6130	18.4 ps	3-	+1.668(12)		RIV/D IMPAC	1984As03 1977Ka02	JP G10 1079 (84) NP A276 339 (77)										
									8 O 17	0	stable	5/2+	-1.89379(9)	-0.02578***st -0.26(3) st	[2H]	N EPR,R EPR,R	1951Al08 1969Sc34	PR 81 1067 (51) PR 181 137 (69) PPS 70B 897 (57)
8 O 18	1982	2.07 ps	2+	-0.57(3)			RIV/D IPAD CER,R CER,R CER CER CER	1976As04 1975Fo03 1983Gr28 1977Vo07 1977Fi10 1979Fe06										
									3555	18 ps	4+	2.5(4)	-0.036(9) -0.02(3) -0.010(13) or +.020(13) -0.07(3) or -0.05(3) -0.11(2) or -0.08(2) -0.05(2) or -0.02(2)	[16O 6130]	RIGV	1974Be63	NP A321 457 (79) NP A235 410 (74)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
8 O 19	0	27 s	5/2+	1.53195(7) c	0.038(5)	[17O]	β-NMR	1996MaZU	ARO p69 (96)	
	96	1.37 s	3/2+	-0.72(9)		β-NNQR IPAC	1996MaZU 1976Go09	ARO p69 (96) NP A262 214 (76)		
8 O 20	1674	7.4 ps	2+	0.70(3) -0.78(8)			RIV/D IMPAC	1980Ru01 1976Ge01/1975Be15	NP A344 294 (80) PL B60 338 (76)/NP A243 519 (75)	
9 F 17	0	64.5 s	5/2+	+4.7213(3) +4.7223(12)	0.058(4) st	[12B]	β-NMR	1993Mi33	HFI 78 111 (93)	
						[19F 197]	β-NMR β-NMR	1974Mi21	JPJa 21 213 (66) NP A236 416 (74)	
9 F 18	937	47 ps	3+	+1.6(2) +1.77(12) !7(2)	0.077(5) st		IMPAC RIV/D RIGV	1981St21	JPJa 50 2804 (81) Th Rowe (76) HFI 4 183 (78)	
	1121	153 ns	5+	+2.86(3)		[19F 197]	TDPAD TDPAD		PL B24 457 (67) Th Morgen (69)	
9 F 19	0	stable	1/2+	+2.628868(8)	0.072(4) st -0.12(2) st	[1H]	N		ArkF 4 1 (52)/PR 133 A1533 (64)	
	197	88.5 ns	5/2+	+3.607(8) 3.595(13)				TDPAD RIV/D TDPAD,R TDPAD	1984As03 1964Su01	NIM 67 169 (69) JP G10 1079 (84) PR B25 3389 (82) PR 134 B539 (82) PR B13 2853 (76)
	1346	2.9 ps	5/2-	0.67(11)				RIV/D	1983Bi03	JP G9 293 (83)
9 F 20	0	11 s	2+	+2.09335(9) +2.0935(9)	0.042(3) st	[19F 197]	β-NMR β-NMR β-NMR	1996MiZW 1974St10	ARO p44 (96) YadF 6 657 (67)/PR 132 114 (63) ZP 269 47 (74)	
9 F 21	0	4.16 s	5/2+	3.93(5)			β-NMR	1993Ok02	HFI 78 97 (93)	
10 Ne 19	0	17.3 s	1/2+	-1.88542(8)		[19F 197]	β-NMR	1982Ma39	PR C26 1753 (82)	
	238	17.7 ns	5/2+	-0.740(8)			TDPAD	1969Bi02	NP A123 65 (69)	
10 Ne 20	1634	0.7 ps	2+	+1.08(8)	-0.23(3)		RIV/D,R CER,R	1975Ho15	HFI 5 347 (78)/NP A248 291 (75) PRep. 73 369 (81)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	4247	64 fs	4+	+0.5(6)		[20Ne 1634]	TF	1986Tr08	NP A458 95 (86)
				+1.7(14)		[20Ne 1634]	TF,R	1982Sp02	NP A378 130 (82)
				-0.4(8)		[20Ne 1634]	TF	1984Br15	PR C30 696 (84)
							TF,R	1982Sp02	NP A378 130 (82)
							TF	1980Sp02	PL B92 289 (80)
10 Ne 21	0	stable	3/2+	-0.661797(5)		[2H]	MB	1957La08	PR 107 1202 (57)
					+0.103(8)		O,AB	1972Du06	PR A5 1036 (72)/PRL 1 214 (58)
	351	7.1 ps	5/2+	0.49(4)			RIV/D	1978Ro10	JP G4 431 (78)
				0.70(8)			RIV/D	1977Be30	PR C16 679 (77)
				0.9(2)			RIV/D		HFI 4 190 (78)
10 Ne 22	1275	3.6 ps	2+	+0.65(2)			RIV/D	1977Ho01	NP A275 237 (77)
					-0.19(4)		TFL		JPJS 55 1042 (86)
							CER,R		PRRep. 73 369 (81)
	3357	225 fs	4+	+2.2(6)		[22Ne 1275]	TFL	1984Ba10	PR C29 1163 (84)
10 Ne 23	0	37.6 s	5/2+	-1.08(1)			AB	1968Do07	BAPS 13 173 (68)
11 Na 20	0	0.446 s	2+	+0.3694(2)		[23Na]	OP/RD	1975Sc20	NP A246 187 (75)
11 Na 21	0	22.5 s	3/2+	+2.83630(10)		[23Na]	AB	1965Am01	PR 137 B1157 (65)
					+0.05(4)		ABLS	1982To05	PR C25 2756 (82)
	332	6.9 ps	5/2+	3.7(3)			RIV/D	1977Be30	PR C16 679 (77)
11 Na 22	0	2.60 y	3+	+1.746(3)		[23Na]	AB	1949Da01	PR 76 1068 (49)
	583	243 ns	1+	+0.535(10)			TDPAC	1966Su07	PR 151 910 (66)
				+0.523(11)		[19F 197]	TDPAD		ARHMI 28 (67)
	2212	15.2 ps	1-	0.36(7)			RIV/D	1976Be06	PR C13 895 (76)
11 Na 23	0	stable	3/2+	+2.217522(2)			AB/D	1974Be50	ZP 270 173 (74)
				+2.2176556(6)		[1H]	N		JPCR 5 835(76)/ORNL 1775 (54)
					+0.109(3)		R	1992Su01	PRL 68 927 (92)
					+0.095(15)		CER	1992Vo09	NP A549 281 (92)
					+0.104(1)		MS	1994Py02	CPL 227 221 (94)
					+0.101(2) a		Mu-X		NP A408 495 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method OL,R	NSR Reference 1971St12	Journal Reference PR A3 837 (71)
11 Na 24	0 427	15.0 h 20.2 ms	4+ 1+	+1.6903(8) -1.931(3)			AB/D β-NMR	1966Ch15 1980He08 1979Mu13	PR 150 933 (66)/BAPS 18 727 (73) PL B94 28 (80) PL B88 242 (79)
11 Na 25	0	60 s	5/2+	+3.683(4)	-0.10(5)	[23Na]	OP/RD ABLS	1975De11 1982To05	ZP A273 15 (75) PR C25 2756 (82)
11 Na 26	0	1.07 s	3+	+2.851(2)	-0.08(5)	[23Na]	ABLS ABLS	1978Hu12 1982To05	PR C18 2342 (78) PR C25 2756 (82)
11 Na 27	0	0.29 s	5/2+	+3.895(5)	-0.06(5) Q/Q(26Na)=1.39(4)	[23Na]	ABLS ABLS CFBLS/β-NMR	1978Hu12 1982To05 1996Ke08	PR C18 2342 (78) PR C25 2756 (82) HFI 97/98 543 (96)
11 Na 28	0	30.5 ms	1+	+2.426(5)	-0.02(4) Q/Q(26Na)=-7.7(2)	[23Na]	ABLS ABLS CFBLS/β-NMR	1978Hu12 1982To05 1996Ke08	PR C18 2342 (78) PR C25 2756 (82) HFI 97/98 543 (96)
11 Na 29	0	43 ms	(3/2)	+2.449(8)	-0.03(5)	[23Na]	ABLS ABLS	1978Hu12 1982To05	PR C18 2342 (78) PR C25 2756 (82)
11 Na 30	0	53 ms	(2)	+2.083(10)		[23Na]	ABLS	1978Hu12	PR C18 2342 (78)
11 Na 31	0	17 ms	(3/2)	+2.305(8)		[23Na]	ABLS,R	1978Hu12	PR C18 2342 (78)
12 Mg 23	0	11.3 s	3/2+	0.5364(3)	1.25(5)		β-NMR β-NNQR	1993Fu06 1996MaZV	PL B307 278 (93) ARO p64 (96)
12 Mg 24	1369	1.45 ps	2+	+1.02(4)			RIV/D IMPAC	1975Ho15 1974Eb02	NP A248 291 (75) NP A229 162 (74)
12 Mg 24	1369	1.44 ps	2+		-0.29(3) -0.18(2) -0.178(13) -0.160(8)		CER CER,R CER CER	1990Gr11 1979Fe05	PR C42 R471 (90) PRep. 73 369 (81) NP A319 214 (79) ARR 76 (78)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.07(3)		ES,R	1981Ko06	JP G7 L63 (81)
	4123	38 fs	4+	+1.6(12)		[24Mg 1369]	TF	1983Sp01	NP A403 421 (83)
	4238	73 fs	2+	+1.2(4)		[24Mg 1369]	TF	1983Sp01	NP A403 421 (83)
	6010	55 fs	4+	+2.0(16)		[24Mg 1369]	TF	1984Sp03	ZP A315 319 (84)
12 Mg 25	0	stable	5/2+	-0.85545(8)		[14N]	N		PR 82 105 (82)
					+0.199(2)		R	1991Su13	NP A534 360 (91)
					+0.201(3) a		Mu-X	1982We04	NP A377 361 (82)
12 Mg 26	1809	476 fs	2+	+1.0(3)		[24Mg 1369]	TF	1981Sp04	PL 102B 6 (81)
					-0.21(2)		CER	1991He09	PR C43 2546
					-0.14(3)		CER,R		PRep. 73 369 (81)
					-0.14(3) or -0.10(3)		CER	1982Sp05	NP A378 559 (82)
					-0.11(6)		CER	1977Sc36	NP A293 425 (77)
13 Al 25	0	7.18 s	5/2+	3.6455(12)			β-NMR	1976Mi11	PR C14 376 (76)
13 Al 26	0	7x10 <sup>5</sup> y	5+	+2.804(4)		[27Al]	ABLS	1996Co04	JP G22 99 (96)
					+0.27(3)	[27Al]	ABLS	1997Le19	JP G23 1145 (97)
13 Al 27	0	stable	5/2+	+3.6415069(7)		[2H]	N		ZNat 23a 1413 (68)
					+0.1402(10)		R	1992Su01	PRL 68 927 (92)
					+0.150(6) a		Mu-X	1982We04	NP A377 361 (82)
13 Al 28	0	2.24 m	3+	3.242(5)			β-NMR	1981Mi14	PL 106B 38 (81)
					0.175(14)	[27Al]	β-NMR		HFI 4 170 (78)
	31	1.91 ns	2+	+4.3(4)			IPAC	1972He22	PR C6 878 (72)
14 Si 27	0	4.1 s	5/2+	(-)0,8554(4)			β-NMR	1984Hu11	PR C30 1328 (84)
14 Si 28	1779	0.49 ps	2+	+1.1(2)			IMPAC	1975Eb01	NP A244 1 (75)
					+0.16(3)		CER,R		PRep. 73 369 (81)
					+0.18(3)		CER	1980Ba40	NP A349 271 (80)
					+0.16(3)		CER	1980Fe07	AuJP 33 509 (80)/AuJP 34 609 (E) (81)
14 Si 29	0	stable	1/2+	-0.55529(3)		[2H]	N	1953We51	PR 89 923 (53)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
14 Si 30	2235	0.25 ps	2+	+0.8(2)	-0.05(6) -0.05(6) or +0.01(6)		IMPAC, R CER, R CER	1979Fe08	HFI 5 347 (78) PRep. 73 369 (81) PRL 43 1463 (79)
14 Si 32	1941	0.4 ps	2+		-0.16(2) or -0.13(2)		CER	1982Ve09	NP A389 185 (82)
14 Si 33	0	6.332 s	(3/2+)	1.21(3)			β-NMR/OP		RIKEN 25 43 (92)
15 P 29	0	4.1 s	1/2+	1.2349(3)			β-NMR		Cf70HI 325 (70)
15 P 31	0	stable	1/2+	+1.13160(3)		[23Na]	N		ORNL 1775 (54)
	1270	0.52 ps	3/2+	+0.30(8)			IMPAC	1982Ho06	NP A379 22 (82)
	2230	0.25 ps	5/2+	+2.8(5)			IMPAC	1982Ho06	NP A379 22 (82)
15 P 31	0	14.28 d	1+	-0.2524(3)			ENDOR	1957Fe32	PR 107 1462 (57)
16 S 31	0	2.6 s	1/2+	0.48793(8)			β-NMR	1976Mi16	PR C14 2335 (76)
16 S 32	2230	0.16 ps	2+	+0.9(2)	-0.15(2) -0.16(2) or -0.13(2) -0.18(4) or -0.15(4) -0.12(5)		TF CER, R CER CER	1979Za01 1982Ve09 1981Da08 1980Ba40	NP A315 133 (79) PRep. 73 369 (81) NP A389 185 (82) ZP A300 71 (81) NP A349 271 (80)
	4459	0.144ps	4+	+1.6(6)		[32S 2230]	TF	1988Si14	ZP A330 361 (88)
16 S 33	0	stable	3/2+	+0.6438212(14)	-0.064(10) st -0.084(8) -0.678(13)	[2H]	N MA CFBLS MCHF	1973Lu06 1954Bi40 1990Su19	ZNat 28a 1370 (73)/PR 83 845 (51) PR 94 1203 (54) ZNat 41a 15 (86) PR A42 1160 (90)
16 S 34	2128	0.32 ps	2+	+1.0(2)	+0.04(3) +0.06(4)		IMPAC CER, R CER	1979Za01 1980Ba40	NP A315 133 (79) PRep. 73 369 (81) NP A349 271 (80)

Nucleus	Ex	$T_{1/2}$	I	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
16 S 35	0	87.4 d	3/2+	+1.00(4) or +1.07(4)			MA	1954Bu05	PR 93 193 (54)	
						+0.0471(9)		MCHF	1990Su19	PR A42 1160 (90)
						+0.045(10)		MA	1954Bi40	PR 94 1203 (54)
17 Cl 33	0	2.52 s	3/2+	+0.752(2)			$\beta$ -NMR	1986Ro20	PL 177B 293 (86)	
17 Cl 35	0	stable	3/2+	+0.8218743(4)		[2H]	N	1972BI07	ZNat 27a 72 (72)	
						0.0819(11)		R		PR B61 13588 (00)
						-0.08249(2) st		AB, R	1972St38	PR A6 1702 (72)
				-0.076(5)			CFBLS		ZNat 41a 15 (86)	
17 Cl 36	0	$3.0 \times 10^5$ y	2+	+1.28547(5)		[2H]	N	1955So10	PR 98 1316 (55)	
						-0.0180(4) st	[35Cl]	MA, R	1972St38	PR A6 1702 (72)
17 Cl 37	0	stable	3/2+	+0.6841236(4)		[2H]	N	1972BI07	ZNat 27a 72 (72)	
						-0.06493(2) st		AB, R	1972St38	PR A6 1702 (72)
						-0.068(10)		CFBLS		ZNat 41a 15 (86)
17 Cl 38	0	37.3 m	2-	2.05(2)			$\beta$ -NMR	1972La22	ZP 252 242 (72)	
18 Ar 33	0	0.174 s	1/2+	-0.723(6)		[37Ar]	CFBLS/ $\beta$ -NMR	1996KI04	NP A607 1 (96)	
18 Ar 35	0	1.78s	3/2+	+0.633(7) +0.633(2)		[37Ar]	CFBLS/ $\beta$ -NMR	1996KI04	NP A607 1 (96)	
								NO/D	1965Ca04	PR 137 B1453 (65)
						-0.084(15)	[37Ar]	CFBLS/ $\beta$ -NMR	1996KI04	NP A607 1 (96)
18 Ar 36	1970	0.28 ps	2+		+0.11(6)		CER		PL 34B 389 (71)	
18 Ar 37	0	35.0 d	3/2+	+0.8(3) +1.145(5)		[85Kr]	NO/ $\beta$ S	1988Va26	HFI 43 373 (88)	
								N/OP		BAPS 33 1564 (88)
								O	1965Ro13	PR 140 B820 (65)
	1611	4.6 ns	7/2-	-1.33(5)	+0.076(9)		CFBLS/ $\beta$ -NMR			
							TDPAD	1971Ra22	PRL 27 603 (71)	
18 Ar 39	0	269 y	7/2-	-1.588(15) -1.3(3)		[37Ar]	CFBLS/ $\beta$ -NMR	1996KI04	NP A607 1 (96)	
								O		JOSA 57 1452 (67)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.12(3)	[37Ar]	CFBLS/β-NMR	1996KI04	NP A607 1 (96)
18 Ar 40	1461	1.12 ps	2+	-0.2(2)	+0.01(4)		TF CER	1992Cu04 1970Na05	NP A549 304 (92) PRL 24 903 (70)
19 K 36	0	0.34 s	2+	(+)0.548(1)		[39K]	OP/RD	1975Sc20	NP A246 187 (75)
19 K 37	0 1379	1.23 s 10.5 ns	3/2+ 5/2,7/2-	+0.20321(6) g = +1.5(1)			OP/RD TDPAD	1971Vo03 1971Ra22	ZP 244 44 (71) PRL 27 603 (71)
19 K 38	0 3458	7.61 m 22.1 μs	3+ 7+	+1.371(6) +3.836(14)		[39K]	AB, R TDPAD	1982To02	PL 108B 169 (82) PL 48B 28 (74)
19 K 39	0	stable	3/2+	+0.39147(3) +0.3914662(3) +0.39150731(12)	+0.049(4) st	[2H]	ABLS AB/D N OL, R RIGV RIGV TF	1993Du08 1974Be50 1974Sa24/1974Sa25 1971St12 1981Le19 1981Le19 1992Pa01	NIMPR A325 465 (93) ZP 270 173 (74) ZNat 29a 1754 (74)/ZNat 29a 1763 (74) PR A3 837 (71) ZP A301 243 (81) ZP A301 243 (81) PR C45 166 (92)
	2814 3598 8030	48 ps 37 ps 14 ps	7/2- 9/2- 19/2-	4.0(4) 2.4(2) +3.3(3)		[41K 1294] [41K 1294] [41Ca3830]			
19 K 40	0	.28 x 109	4-	-1.298100(3) -1.2982(4)	-0.061(5) st	[2H] [39K]	N AB/D Q, OL	1974Sa24 1952Ei09 1972Jo09/1971St12	ZNat 29a 1754 (74) PR 86 73 (52) PR B6 757 (72)/PR A3 837 (71)
	30 2543	4.30 ns 1 ns	3- 7+	-1.29(9) +4.1(7) +4.4(11)		[19F 197] [41K 1294]	TDPAD IPAD/IMPAD RIGV	1976Bo21 1981Le19	PL 49B 261 (74) NP A264 151 (76) ZP A301 243 (81)
19 K 41	0	stable	3/2+	+0.2148701(2) +0.21489274(12)	+0.060(5) st	[2H] [39K]	AB/D N MB, R TDPAD	1974Be50 1974Sa24/1974Sa25 1971St12	ZP 270 173 (74) ZNat 29a 1754 (74)/ZNat 29a 1763 (74) PR A3 837 (71) PL 28B 651 (69)
	1294 2528 2774 4983	7.42 ns 152 ps 55 ps 73 ps	7/2- 11/2+ 13/2+ 19/2-	+4.42(5) 4.5(10) 3.0(5) 7(3)		[19F 197] [41K 1294] [41K 1294] [41K 1294]	RIGV RIGV RIGV	1981Le19 1981Le19 1981Le19	ZP A301 243 (81) ZP A301 243 (81) ZP A301 243 (81) ZP A301 243 (81)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
19 K 42	0	12.36 h	2-	-1.1425(6)			AB/D	1969Ch20	PR 184 1102 (69)/BAPS 18 727 (73)
19 K 43	0 738	22.3 h 202 ns	3/2+ 7/2-	+0.1633(8) +4.43(5)		[39K]	ABLS, R TDPAD	1982To02/1982Du06 1983Ra37	PL 108B 169 (82)/JPPa 43 509 (82) HFI 15 59 (83)
19 K 44	0	22.1 m	2-	-0.856(4)		[39K]	ABLS, R	1982To02/1982Du06	PL 108B 169 (82)/JPPa 43 509 (82)
19 K 45	0	20 m	3/2+	+0.1734(8)		[39K]	AB, R	1982To02	PL 108B 169 (82)
19 K 46	0	115 s	2-	-1.051(6)		[39K]	ABLS	1982To02	PL 108B 169 (82)
19 K 47	0	17.5 s	1/2+	+1.933(9)		[39K]	ABLS	1982To02	PL 108B 169 (82)
20 Ca 39	0	0.86 s	3/2+	1.02168(12)			β-NMR	1976Mi05	PL 61B 155 (76)
20 Ca 40	3737 4492	47 ps 295 ps	3- 5-	+1.6(3) +1.6(3) +2.6(5)		[40Ca 4492]	TFL RIGV,R IMPAC IPAD	1979Ni04/1976Ja16 1987Ma25 1974He13	PRL 43 326 (79)/PR C14 2013 (76) ZP A327 157 (87) PR C10 919 (74)
20 Ca 41	0 3830	1.0x10 <sup>5</sup> y 3.1 ns	7/2- 15/2+	-1.594781(9) -1.5942(7) -1.61(2) +2.18(15)	-0.080(8) st	[2H] [43Ca] [43Ca] [43Ca]	N ABLDF ABLRFS ABLDF TDPAD	1983Ar25 1982An15 1983Ar25 1975Yo05	PRL 9 166 (62) ZP A314 303 (83) PR C26 2194 ZP A314 303 (83) PR C12 1358 (75)
20 Ca 42	1525 3189	0.82 ps 5.3 ns	2+ 6+	-2.49(9)	-0.19(8)		CER TDPAD	1973To07 1975Yo02	NP A204 574 (73) PRL 35 497 (75)
20 Ca 43	0	stable	7/2-	-1.3173(6) -1.317643(7)		[23Na] [2H]	OP N CFBLS ABLDF, R	1972OI01 1973Lu08 1991St14 1983Ar25/1979Gr05 1982Ay02/1984Sa10 1982Ku12	ZP 249 205 (72) ZNat 28a 1534 (73) ZP D18 351 (91) ZP A314 303 (83)/PRL 42 1528 (79)/ ZP A306 1 (82)/ZP A316 135 (84) ZP A307 99 (82)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
20 Ca 44	1157	2.9 ps	2+	-0.6(2)	-0.14(7)	[40Ca 3737]	TFL, RIV CER	1973To07	PRL 43 326 (79) NP A204 574 (73)
20 Ca 45	0	165 d	7/2-	-1.3274(14)		[43Ca]	ABLRFS, R	1983Ar25/1981Ar15 1980Be13	ZP A314 303 (83)/HFI 9 159 (81)/ ZP A294 319 (80)
				-1.316(16)	+0.046(14)	[43Ca] [43Ca]	ABLRFS ABLRFS, R	1982An15 1983Ar25/1980Be13	PR C26 2194 (82) ZP A314 303 (83)/ZP A294 319 (80)
20 Ca 47	0	4.5 d	7/2-	-1.38(3)	+0.021(4)	[43Ca] [43Ca]	ABLRFS ABLRFS	1982An15 1982An15	PR C26 2194 (82) PR C26 2194 (82)
21 Sc 41	0	0.59 s	7/2-	+5.431(2) d 5.535(4)		[12B]	β-NMR β-NMR	1990Mi16	NP A516 365 (90) ARO p 54 (85)
					0.120(6)	[45Sc]	β-NMR	1990Mi19	HFI 59 153 (90)
					0.166(8)	[45Sc]	β-NNQR	1993Mi09	NP A559 239 (93)
					-0.156(3)	[45Sc]	R	1996SaZW	ARO p 59 (96)
21 Sc 43	0	3.89 h	7/2-	+4.62(4)	-0.26(6)	[45Sc] [45Sc]	AB AB	1966Co13 1966Co13	PR 141 1106 (66) PR 141 1106 (66)
	152 3123	438 μs 473 ns	3/2+ 19/2-	+0.348(6) +3.122(7)			TDPAD TDPAD	1977Mi10 1978Ha07	PR C16 1605 (77) PL 73B 127 (78)
					0.199(14)	[45Sc]	TDPAD	1981Da06	PR C23 1612 (81)
21 Sc 44	0	3.93 h	2+	+2.56(3)	+0.10(5)	[45Sc] [45Sc]	AB, R R	1966Co13 1966Co13	PR 141 1106 (66) PR 141 1106 (66)
	68	153 ns	1-	+0.344(5)			TDPAC	1967Ri06	PR 153 1209 (67) InJPAp 15 646 (77)
					0.21(2)	[45Sc]	TDPAC	1973Ha61	JCP 58 3339 (73)
	235 271	6.1 ns 2.44 d	2- 6+	+0.68(10) +3.88(1)		[19F 197] [45Sc]	TDPAD AB, R		NuoCL 12 433 (75) PR 141 1106 (66)
					-0.19(2)	[45Sc]	R	1966Co13	PR 141 1106 (66)
	350	3.2 ns	4+	+3.6(5)			IPAD	1975Ch37	ZP A275 51 (75)
21 Sc 45	0	stable	7/2-	+4.756487(2)		[2H]	N		PL 29A 58 (69) PR 81 20 (51)
					-0.22(1)		ABLDF	1951Pr02 1976Er01	ZP A276 9 (76)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.216(9)		AB	1971Ch25	PR A4 1767 (71)
21 Sc 46	0	83.81 d	4+	+3.03(2)		[45Sc]	AB	1962Pe21	PR 128 1740 (62)
					+0.119(6)	[45Sc]	AB	1962Pe21	PR 128 1740 (62)
21 Sc 47	0	3.42 d	7/2-	+5.34(2)		[45Sc]	AB		PR 141 1106 (62)
					-0.22(3)	[45Sc]	AB		PR 141 1106 (62)
	767	247 ns	3/2+	0.35(5)			TDPAD	1968Fo02	PR 168 1228 (68)
22 Ti 43	0	0.50 s	7/2-	0.85(2)			β-NMR	1993Ma67	HFI 78 123 (93)
	3066	560 ns	19/2-	+7.22(1)			TDPAD	1978Ha07	PL 73B 127 (78)
					0.30(7) st	[47Ti]	TDPAD	1981Da06	PR C23 1612 (81)
22 Ti 45	0	3.09 h	7/2-	0.095(2)		[47,49Ti]	AB	1966Co19	PR 148 1157 (66)
					0.015(15)	[47,49Ti]	AB	1966Co19	PR 148 1157 (66)
	40	11.3 ns	5/2-	-0.133(10)			TDPAD		NuoCl 19 229 (77)
				-0.08(3)			TDPAD	1977St12	PR C15 1704 (77)
	329	1.10 ns	3/2+	+1.1(3)			IPAD, R	1977Bu10	CJP 55 779 (77)
22 Ti 46	889	5.36 ps	2+	+1.0(3)			TF	1981Sh19	HFI 9 65 (81)
				1.0(2)			RIGV		Th Murphy (80)
					-0.21(6)		CER	1975To06	NP A250 381 (75)
22 Ti 47	0	stable	5/2-	-0.78848(1)		[39K]	N	1965Dr03	PhMg 12 1061 (65)
								1953Je16	PR 92 1262 (53)
					+0.30(2)		LRFS	1990Ay01	ZP D15 281 (90)
					+0.29(1)		AB		PPS 86 1145 (65)
	159	210 ps	7/2-	-1.9(6)		[45Ti 330]	IPAD	1977Bu10	CJP 55 779 (77)
22 Ti 48	984	4.29 ps	2+	+0.9(4)			TF	1981Sh19	HFI 9 65 (81)
				1.1(2)			RIGV		Th Murphy (80)
					-0.177(8)		ES		PL 38B 475 (72)
22 Ti 49	0	stable	7/2-	-1.10417(1)		[39K]	N	1965Dr03/1953Je16	PhMg 12 1061 (65)/PR 92 1262 (53)
					+0.24(1)		AB		PPS 86 1145 (65)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
22 Ti 50	1554	0.97 ps	2+	2.7(8)	+0.08(16) -0.02(9)		RIGV		Th Murphy (80)
							CER	1975To06	NP A250 381 (75)
	CER	1970Ha24	NP A150 417 (70)						
	3198	0.42 ns	6+	+9.3(10)			IPAD		NP A265 457 (76)
23 V 46	802	1.02 ms	3+	+1.64(3)			TDPAD	1982Si15	ZP A309 71 (82)
23 V 48	0	15.94 d	4+	2.012 (11)			NMR/ON	1980Bu11	HFI 8 59 (80)
							TDPAC	1987Bi14	HFI 34 61 (87)
	308	7.1 ns	2+	+0.44(2) +0.28(10)			[51V] [51V] [51V]	IPAD	1978Ta17
23 V 49	0	330 d	7/2- 3/2-	4.47(5) +2.37(12)			EPR		BAPS 2 31 (57)
							TDPAD		PL 40B 638 (72)
23 V 50	0	1.5x10 <sup>17</sup> y	6+	+3.3456889(14)			N	1981Ha26	ZP A300 111 (81)
							N	1982BI03	JP C15 L349 (82)
							ABLDF	1979Er04	PL 85B 319 (79)
							N	1981Ha26	ZP A300 111 (81)
23 V 51	0	stable	7/2-	+5.1487057(2)			[2H]		ZP A300 111 (81)/PR 81 20 (51)
							LRFS	1981Ha26/1951Pr02	ZP D111 259 (89)
							AB	1989Un01	PR 156 64 (67)/PR 156 71 (67)
							PPR	1967Ch09/1967Ch10	NP A213 493 (73)
							CEAD	1973Cl10 1968Ke09	NP A120 540 (68)
24 Cr 49	0	41.9 m	5/2- 19/2-	0.476(3) +7.4(11)			AB	1970Jo27	PS 2 16 (70)
							TF	1993Pa22	PR C48 1573 (93)
24 Cr 50	783	9.2 ps	2+	+1.2(2) +0.9(3)			IMPAC	1977Fa07	NP A291 241 (77)
							TF	1987Pa28	PR C36 2088 (87)
							CER	1975To06	NP A250 381 (75)
24 Cr 51	0	27.7 d	7/2- 3/2-	(-)0.934(5) -0.86(12)			AB	1970Ad07	ArkF 40 457 (70)
							TDPAD		IzF 38 155 (74)
24 Cr 52	1434	0.707 ps	2+	+3.0(5)			TF	1987St07	HFI 36 75 (87)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +3.2(22)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.08(2)		TF ES	1987Pa28	PR C36 2088 (87) JPJS 34 387 (73)
24 Cr 53	0	stable	3/2-	-0.47454(3)		[14N]	N ABLDF CER ENDOR	1953Al06 1982Er09 1973Th03 1974Ma35	HPAc 26 426 (53) ZP A309 1 (82) PR C7 1413 (73) CJP 52 1731 (74)
24 Cr 54	835	8.0 ps	2+	+1.1(2) +1.1(3)			IMPAC TF CER	1977Fa07 1987Pa28 1975To06	NP A291 241 (77) PR C36 2088 (87) NP A250 381 (75)
25 Mn 51	0	stable	5/2-	3.5683(13)		[55Mn] [55Mn]	AB AB	1971Jo10 1971Jo10	NP A166 306 (71) NP A166 306 (71)
25 Mn 52	0	5.80 d	6+	+3.0622(12) +3.0632(13)		[55Mn] [55Mn] [55Mn] [55Mn]	AB NMR/ON NMR/ON AB	1970Ni11 1970Ni11 1970Ni11 1971Jo10	ArkF 31 549 (66) Phca 50 259 (70) Phca 50 259 (70) NP A166 306 (71)
	378	21.1 m	2+	0.00768(8)					
25 Mn 53	0 378	3.7x10 <sup>6</sup> y 117 ps	7/2- 5/2-	5.024(7) +3.3(3)		[55Mn]	EPR IMPAC	1956Do45 1975Si08	PR 104 1378 (56) NP A243 1 (75)
25 Mn 54	0	312 d	3+	+3.2819(13)		[55Mn] [55Mn]	NMR/ON NMR/ON	1970Ni11 1970Ni11	Phca 50 259 (70) Phca 50 259 (70)
25 Mn 55	0	stable	5/2-	3.4532(13) +3.46871790(9)		[2H]	ENDOR N ABLDF OL, R	1971Sa16 1974Lu08 1979De19 1979De19	CJP 49 2276 (71) ZNat 29a 1467 (74) ZP A291 207 (79) ZP A291 207 (79)/PL 29A 486 (69)
25 Mn 56	0	2.58 h	3+	+3.2266(2)		[55Mn]	AB, OP	1961Ch05	PR 122 891 (61)
26 Fe 53	741	64 ns	3/2-	-0.386(15)			TDPAD		ARHMI 64 (74)
26 Fe 54	1408	0.97 ps	2+	+3.4(8)		[56Fe 847]	TF	1977Br23	PR C16 899 (77)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +2.2(4)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
							IMPAC	1977Fa07	NP A291 241 (77)
					-0.05(14)		CER	1981Le02	PR C23 244 (81)
	2950	1.22 ns	6+	8.2(2)			TDPAD	1971He21	PRL 27 1587 (71)
	6527	367 ns	10+	+7.28(1)			TDPAD	1983Ra03	PR C27 602 (83)
					+0.30(4) st		TDPAD, TF	1984Ha07	NP A414 316 (84)
					0.28(4)		TDPAD, R	1983Ra03/1978Da09	PR C27 602 (83)/PL 76B 51 (78)/ PL 77B 461 (78)
26 Fe 55	931	8.3 ps	5/2-	+2.7(12)			TDPAD	1973Ke03	CJP 51 707 (73)
	1317	2.1 ps	7/2-	+2(2)			IPAD	1973Ke03	CJP 51 707 (73)
	1408	38.3 ps	7/2-	-2.4(5)			TDPAD	1973Ke03	CJP 51 707 (73)
26 Fe 56	847	6.9 ps	2+	1.22(16)			IMPAC IPAC,R	1977Br23	PR C16 899 (77)
					-0.19(8)		CER	1981Le02	PR C23 244 (81)
					-0.23(3)		CER	1971Th14	PR C4 1699 (71)
26 Fe 57	0	stable	1/2-	+0.09044(7)			ENDOR	1965Lo11	PR 139 A991 (65)
				+0.09062300(9)		[2H]	N	1974Sa25	ZNat 29a 1763 (74)
				+0.0907638(1)		[2H]	N	1974Sa25	ZNat 29a 1763 (74)
	14	98 ns	3/2-	-0.1549(2)		[57Fe]	ME	1965Pe15/1962Pr10	PR 140 A875 (65)/PR 128 2207 (62)
					0.14(2)		R		BRASP 56 (7) 201 (92)
					+0.082(8) st		ME, R	1981Du12	PRL 46 1611 (81)
					+0.209(5)		ME, R		JPCR 1093 (76)
	136	8.80 ns	5/2-	+0.935(10)			TDPAD	1979Fa07	PS 20 163 (79)
	367	6.9 ps	3/2-	<0.6			IMPAC	1969Sp05	NP A137 658 (69)
26 Fe 58	811	6.7 ps	2+	+0.9(3)		[56Fe 847]	TF	1977Br23	PR C16 899 (77)
				+0.9(2)				1969Si13/1977Br23	NP A137 278 (69)/PR C16 899 (77)
					-0.27(5)		CER	1981Le02	PR C23 244 (81)
26 Fe 59	0	44.6 d	3/2-	-0.3358(4)			NMR/ON(β)	1996Oh02	PR C54 554 (96)
				0.29(3)			NO/S	1976Kr10	PR C14 653 (76)
27 Co 55	0	17.5 h	7/2-	+4.822(3)			NMR/ON	1973Ca06	NP A201 561 (73)/HFI 2 45 (76)
27 Co 56	0	78.8 d	4+	3.85(1)		[60Co]	NMR/ON		JP C10 3651 (77)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) 3.99(6)	Q(b) +0.25(9)	[Ref. Std.] [60Co] [58Co]	Method NMR/ON NMR/ON	NSR Reference	Journal Reference CzJP B36 1331 (86) PR B37 4911 (88)
27 Co 57	0	271 d	7/2-	+4.720(10) 4.719(12) 4.78(6)		[60Co] [59Co] [60Co]	NMR/ON NMR/ME NMR/ON	1972Ni01 1974La19	JP C10 3651 (77)/Phca 57 1 (72) ZP 270 233 (74) CzJP B36 1331 (86)
	1378	19 ps	3/2-	+3.0(6)	+0.52(9)	[59Co] [60Co]	NMR/ON IPAD	1972Ni01 1970Va10	Phca 57 1 (72) ZP 233 477 (70)
27 Co 58	0	70.8 d	2+	+4.044(8) +4.040(14)	+0.22(3)	[59Co] [59Co] [59Co]	NMR/ON EPR NMR/ON	1972Ni01 1957Do38 1972Ni01	Phca 57 1 (72) PR 108 60 (57) Phca 57 1 (72)
	53 111	10.4 μs 0.18 ns	4+ 3+	+4.184(8) +2.2(4)			SOPAD IPAD	1970Be33 1972Ha61	NP A151 193 (70) NP A194 (249) (72)
27 Co 59	0	stable	7/2-	+4.627(9)	+0.35(3) +0.41(1) +0.40(4) +0.42(3) st		N LRFS R AB O IPAC	1967Wa16/1951Pr02 1990Gu28 1993De41	PR 162 301 (67)/PR 81 20 (51) ZP D17 181 (90) PR A48 2752 (93) ZP 159 230 (60) JPJa 27 1690 (69) PS 9 79 (74)
	1292	555 ps	3/2-	+2.54(12)				1974Ba08	
27 Co 60	0	5.271 y	5+	+3.799(8)	+0.44(5)	[59Co] [59Co]	NMR/ON NMR/ON	1972Ni01 1972Ni01	Phca 57 1 (72) Phca 57 1 (72)
	59	10.5 m	2+	+4.40(9)	+0.3(4)		AB AB		Cf69Mntr 91 (69) Cf69Mntr 91 (69)
28 Ni 57	0	36 h	3/2-	-0.7975(14) 0.88(6)			NMR/ON(β) NO/S	1996Oh02 1975Ro06	PR C54 554 (96) PL 55B 450 (75)
28 Ni 58	1454	0.644 ps	2+	-0.1(3)	-0.10(6)		TF CER	1978Ha13 1974Le13	PR C17 997 (78) NP A223 563 (74)
28 Ni 59	339	83 ps	5/2-	+0.35(15)			IPAD	1974We05	CJP 52 1137 (74)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
28 Ni 60	1332	0.713 ps	2+	+0.2(3)			TF	1978Ha13	PR C17 997 (78)
					+0.03(5)		CER	1974Le13	NP A223 563 (74)
					-0.10(2)		ES		PL 38B 475 (72)
28 Ni 61	0 67	stable 5.34 ns	3/2- 5/2-	-0.75002(4) +0.480(6)	+0.162(15) st	[17O] [61Ni] [61Ni] [61Ni]	N, R		PL 11 114 (64)/JPCR 5 835 (76)
							AB	1968Ch10	PR 170 136 (68)
							ME	1971Go31	ZNat 26a 1931 (71)
							ME	1971Go31	ZNat 26a 1931 (71)
							ME	1976Ob01	JINC 38 19 (76)
28 Ni 62	1173	1.43 ps	2+	+0.68(14) +0.6(2)	+0.05(12)		TF	1988Sp04	ZP A331 29 (88)
							TF	1978Ha13	PR C17 997 (78)
							CER, R	1974Le13	NP A223 563 (74)
28 Ni 63	87	1.72 μs	5/2-	+0.752(3)		[19F 197]	TDPAD		PL 32B 41 (70)
28 Ni 64	1346	0.85 ps	2+	+0.9(3)	+0.4(2)		TF	1978Ha13	PR C17 997 (78)
							CER		BAPS 16 625 (71)
28 Ni 65	0	2.520 h	5/2-	0.69(6)			NO/S	1976Kr09	PR C14 650 (76)
29 Cu 60	0	23.4 m	2+	+1.219(3)		[63Cu]	AB		PR 169 917 (68)
29 Cu 61	0	3.41 h	3/2-	+2.14(4)		[63Cu]	AB	1966Do01	PR 142 638 (66)
29 Cu 62	0 41 390	9.73 m 4.77 ns 11.1 ns	1+ 2+ 4+	-0.380(4) +1.10(10) +1.32(3) +2.67(16)		[63Cu]	AB		PR 169 917 (68)
							TDPAC	1993Lo10	HFI 77 103 (93)
							TDPAD	1973BI07	ZP 263 169 (73)
							TDPAD	1973BI07	ZP 263 169 (73)
29 Cu 63	0 4498	stable 4.08 ns	3/2- 17/2+	2.227206(3) 2.2273456(14) +2.2233(2) +1.56(10)	-0.211(4) st 0.220(15) a	[23Na] [11B] [65Cu] [62Cu 390]	N	1978Lu08	ZP A288 17 (78)
							N	1978Lu08	ZP A288 17 (78)
							AB/D		Cf66 Paris, 355 (66)
							O, R		ZNat 41a 24 (86)
							Mu-X	1982Ef01	ZP A309 77 (82)
							IPAD	1983Ka24	NP A406 533 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
29 Cu 64	0	12.7 h	1+	-0.217(2)		[63Cu]	AB	1966Do01	PR 142 638 (66)
	1594	20.4 ns	6-	+1.06(3)			TDPAD	1972Bl16	NP A197 620 (72)
29 Cu 65	0	stable	3/2-	+2.3817(3)		[63Cu]	AB/D		Cf66 Paris, 355 (66)
				2.3816(2)	-0.195(4) st		N	1978Lu08	ZP A288 17 (78)
	1115	0.29 ps	5/2-	+4.5(9)			O, R IPAD	1972St38 1979Da20	PR A6 1702 (72) IzF 43 2148 (79)
29 Cu 66	0	5.1 m	1+	-0.282(2)		[65Cu]	AB		JP A2 658 (69)
	1154	0.60 μs	6-	+1.038(3)			TDPAD	1972Bl16	NP A197 620 (72)
30 Zn 63	0	38.1 m	3/2-	-0.28164(5)		[67Zn]	OD		PR 177 1606 (69)
					+0.29(3)	[67Zn]	OD		PR 177 1606 (69)
30 Zn 64	992	1.75 ps	2+	+0.8(2)			TF		JPJS 44 341 (78)
				+0.9(2)	-0.124(12)		IMPAC	1979Fa06	ZP A291 93 (79)
					-0.14(2)		ES	1976Ne06	NP A263 249 (76)
					-0.32(6) or -0.26(6)		ES, R	1981Ko06	JP G7 L63 (81)
	4635	0.1 ns	7-	1.6(3) *			CER RIGV	1988Sa32 1983Ba69	PR C38 2439 (88) ZP A314 55 (83)
30 Zn 65	0	244.1 d	5/2-	+0.7690(2)		[67Zn]	OD		PR 134 A47 (64)
					-0.023(2)	[67Zn]	OD		PR 134 A47 (64)
					-0.3(2)	[67Zn]	NO/S, R	1985Ha41	HFI 22 19 (85)
	115	0.45 ns	3/2-	-0.8(2)		[67Zn 185]	IPAD	1975We08	NP A241 332 (75)
	207	0.15 ns	3/2-	+0.7(3)		[67Zn 185]	IPAD	1975We08	NP A241 332 (75)
	1066	574 ps	9/2+	1.1(2)		67Zn 604	R	1975We21	CJP 53 2544 (75)
			-1.7(5)		[67Zn 185]	IPAD	1975We08	NP A241 332 (75)	
30 Zn 66	1039	1.56 ps	2+	+0.5(2)			TF		JPJS 44 341 (78)
				+0.9(2)			IMPAC	1979Fa06	ZP A291 93 (79)
	4074	30 ps	6-	0.9(2) h			RIGV	1983Ba69	ZP A314 55 (83)
					-0.81(13)		ES, R	1981Ko06	JP G7 L63 (81)
	4250	133 ps	7-	1.0(2) h			RIGV	1983Ba69	ZP A314 55 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference		
30 Zn 67	0	stable	5/2-	+0.875479(9) +0.8752049(11)	+0.150(15)	[1H] [37Cl]	OP, N N R ME		PL 24A 430 (67) PL 45A 255 (73) PR 177 1606 (69) PR B38 6380 (88)		
	93	9.2 μs	1/2-	+0.587(11)				IPAC	1969Bo41	APPo 36 1065 (69)	
	185	1.03 ns	3/2-	+0.50(6)	0.60(6)	[19F 197] [67Zn]	TDPAD TDPAD	1973Be56	NP A215 486 (73) ZP B24 177 (76)		
	604	333 ns	9/2+	-1.097(9)							
30 Zn 68	1077	0.9 ps	2+	+1.0(2) +0.9(3)	-0.11(2)		TF IMPAC ES, R	1979Fa06 1981Ko06	JPJS 44 341 (78) ZP A291 93 (79) JP G7 L63 (81)		
30 Zn 69	439	13.72 h	9/2+	1.157(2)	-0.51(5)	[65Zn] [67Zn]	R NO/S	1989He05 1983Oe01	ZP A332 247 (89) ZP A310 233 (83)		
30 Zn 70	885	3.2 ps	2+	+0.60(14) +0.6(2)	-0.23(2) -0.24(3)		IMPAC TF ES ES, R	1979Fa06 1976Ne06 1981Ko06	ZP A291 93 (79) JPJS 44 341 (78) NP A263 249 (76) JP G7 L63 (81)		
30 Zn 71	158	3.94 h	9/2+	1.052(6)		[65Zn]	R	1989He05	ZP A332 247 (89)		
31 Ga 66	66	23 ns	2+	1.01(2)	0.78(4) st		TDPAD, R	1976Le03	NP A258 103 (76)		
	1464	57 ns	7-	0.90(2) +0.86(2) +0.89(2)			TDPAD TDPAD TDPAD	1985Ra33 1985Ra33	NP A295 513 (78) Th Leitz (73) HFI 26 855 (85) HFI 26 855 (85)		
	3043	0.208 ns	9+	4.2(9)			IPAC	1987Ba45	HFI 36 171 (87)		
31 Ga 67	0	78.3 h	3/2-	+1.8507(3)	0.195(5) st	[69,71Ga] [69,71Ga] [67Ga 3578]	AB AB, R RIGV, R IPAD	1986Ba79/1983Ba73 1986Ba79	PR 176 25 (68) PR 176 25 (68) HFI 30 291 (86)/HFI 15 63 (83) HFI 30 291 (86)		
	359	49 ps	5/2-	1.4(7)							
	3578	0.16 ns	15/2+	-1.7(5)							
31 Ga 68	0	68.1 m	1+	0.01175(5)		[69,71Ga]	AB	1962Eh02	PR 127 529 (62)		

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	1230	64 ns	7-	+0.74(2) +0.707(14) +0.72(2)	0.0277(14) st	[69,71Ga]	AB, R TDPAD TDPAD TDPAD TDPAD	1972St38  1985Ra33 1985Ra33	PR A6 1702 (72) NP A295 513 (78) Th Leitz (73) HFI 26 855 (85) HFI 26 855 (85)
31 Ga 69	0	stable	3/2-	+2.01659(5)	+0.168(5) st 0.17(3) st	[23Na]	N AB, R ABLRFS, R	1972St38 1983Jo02	ORNL-1775 (54) PR A6 1702 (72) PL 93A 121 (83)
31 Ga 70	879	22.7 ns	4-	-0.26(10)		[19F 197]	TDPAD	1976Ta09	PR C14 329 (76)
31 Ga 71	0	stable	3/2-	+2.56227(2)	+0.106(3) st 0.10(2) st	[23Na]	N AB, R ABLRFS, R	1972St38 1983Jo02	ORNL-1775 (54) PR A6 1702 (72) PL 93A 121 (83)
31 Ga 72	0	14.1 h	3-	-0.13224(2)	+0.52(1) st	[69,71Ga] [69,71Ga]	AB AB, R	1962Eh02 1972St38	PR 127 529 (62) PR A6 1702 (72)
32 Ge 67	752	111 ns	9/2+	-0.849(12)		[69Ge 398]	TDPAD	1991Le31	NIMPR B56/57 851 (91)
32 Ge 68	3696 3883 4054 4838 5050	0.48 ps 132 ps 118 ps 1.04 ps 0.49 ps	6+ 6- 7- 8+ 8+	+2.4# 0.53(11) 0.78(12) +0.8(3) -2.2(11)		[estimate] [74Ge 596] [74Ge 596] [68Ge 3696] [68Ge 3696]	TF RIGV RIGV TF TF	1986Ba64 1982Ba42 1982Ba42 1986Ba64 1986Ba64	JP G12 L295 (86) JP G8 1397 (82) JP G8 1397 (82) JP G12 L295 (86) JP G12 L295 (86)
32 Ge 69	0 398	39.0 h 2.8 μs	5/2- 9/2+	0.735(7) -1.001(3)	0.024(5) st	[73Ge]	AB AB SOPAD	1970OI02 1970OI02 1970Ch05	PR C2 228 (70) PR C2 228 (70) PR C1 613 (70)
32 Ge 70	1039	1.32 ps	2+	+0.94(5) +0.8(2) +0.7(2) +0.9(2)	+0.03(6) or +0.09(6)		TF IMPAC TF IMPAC, R CER	1984Pa20 1977Fa07 1987La20 1977Fa07 1980Le16	JP G10 1759 (84) NP A291 241 (77) AuJP 40 117 (87) NP A291 241 (77) PR C22 1530 (80)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
32 Ge 71	0	11.2 d	1/2-	+0.547(5)	0.34(5)	[73Ge] [19F 197]	AB, R	1970Be29 1975Ri03	PR 141 15 (66)PR C1 750 (70)
	175	79 ns	5/2-	+1.018(10)			TDPAD		PL 27B 370 (68)
	199	20.2 ms	9/2+	-1.01413(7)			NMR/AC QIR		Cf70HI 313 (70)/NP A150 282 (70) PS 11 228 (75)/HFI 2 265 (76)
32 Ge 72	834	3.29 ps	2+	+0.80(7)	-0.13(6)		TF	1984Pa20	JP G10 1759 (84)
				+0.74(9)			TF	1987La20	AuJP 40 117 (87)
				+0.7(2)			IMPAC, R CER	1977Fa07 1980Le16	NP A291 241 (77) PR C22 1530 (80)
32 Ge 73	0	stable	9/2+	-0.8794677(2)	-0.17(3)	[2H]	N	1974Sa25	ZNat 29a 1763 (74)
	13	2.86 μs	5/2+	1.08(3)			AB, R	1966Ch02 1970OI02	PR 141 15 (66)/PR C1 750 (70)/ PR C2 228 (70)
				-0.94(3)			TDPAC TDPAC TDPAC ME	1993Co17 1975Ha37 1993Co17	HFI 80 1321 (93) PL 58B 423 (75) HFI 80 1321 (93) PR B27 4018 (83)
32 Ge 74	596	12.5 ps	2+	+0.87(4) +0.70(5) +0.7(2)	-0.25(6)		TF	1984Pa20	JP G10 1759 (84)
	1204	4.9 ps	2+	+0.8(2)			TF	1984Pa20	JP G10 1759 (84)
32 Ge 75	0	82.8 m	1/2-	+0.510(5)		[73Ge]	AB	1970OI02	PR C2 228 (70)
32 Ge 76	563	18.6 ps	2+	+0.84(5)	-0.19(6)		TF	1984Pa20	JP G10 1759 (84)
				+0.67(8)			TF	1987La20	AuJP 40 117 (87)
				+0.56(12)			IMPAC, R CER	1977Fa07 1980Le16	NP A291 241 (77) PR C22 1530 (80)
33 As 68	2159	37 ns	(7,8)-	g =0.23(2)			TDPAD		BAPS 31 1210 (86)
33 As 69	0	15.2 m	5/2-	+1.58(16)		[75As]	NO/S	1980Ho02	Cf88BadH (88)
				1.2(2)			AB		ZP A294 1 (80)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	1307	1.35 ns	9/2+	+4.7(6) +6(2)			IPAD RIGV	1980Be32 1981Ki07	ZP A296 181 (80) IzF 45 94 (81)
33 As 70	0	53 m	4+	+2.1061(2)	+0.9(2)	[75As] [75As]	AB AB	1980Ho02 1980Ho02	ZP A294 1 (80) ZP A294 1 (80)
	888	5.34 ns	7-	0.75(5)			IPAD	1991Ba43	NP A535 425 (91)
33 As 71	0	65.3 h	5/2-	(+)1.674(2) 1.64(4)	-0.017(10)	[72As]	NMR/ON AB NO/S TDPAD	1976He25/1976He06 1980Ho02 1988Wh03	HFI 2 294 (76)/NP A259 378 (76) ZP A 294 1 (80) HFI 43 205 (88) ARHMI 58 (71)
	1001	19.8 ns	9/2+	+5.15(9)					
33 As 72	0	26 h	2-	-2.1566(3)	-0.08(2)	[75As] [75As]	AB AB	1980Ho02 1980Ho02	ZP A294 1 (80) ZP A294 1 (80)
	214	85 ns	3+	+1.58(2)		[19F 197]	TDPAD	1975Be32	NP A249 93 (75)
	561	87 ns	(6-)	-0.696(12)			TDPAD	1977Ra03	PR C15 1583 (77)
33 As 73	66	5.0 ns	5/2-	+1.63(10)	0.356(12)	[75As]	TDPAC TDPAC SOPAD	1992Sc21 1970Be23	PL 6 290 (63) ZP A343 279 (92) PRL 25 102 (70)
	428	5.6 μs	9/2+	+5.234(14)					
33 As 74	0	17.8 d	2-	-1.597(3)		[75As]	NMR/ON	1972Ka35	NP A193 410 (72)
	259	268 ns	(4)+	+3.24(4)		[19F 197]	TDPAD, R	1970Ch10/1976Ga23	NP A164 367 (71)/PR C14 1776 (76)
33 As 75	0	stable	3/2-	+1.43948(7)	0.314(6) a +0.30(5)	[2H]	N Mu-X O	1953Ti01/1952Je05 1982Ef01 1983Vo15	PR 89 595 (53)/PR 85 478 (53) ZP A309 77 (82) Phca 123C 121 (83)
	265	11.9 ps	3/2-	+1.0(2)			IPAC		Cf70Delft 543 (70)/Pram 1 70 (73)
	280	273 ps	5/2-	+0.92(2)	0.30(10)	[73As]	TDPAC TDPAC IPAC	1989Mo14 1990Mo23	NP A500 277 (89) HFI 59 121 (90) Cf70Delft 543 (70)/Pram 1 70 (73)
				+0.81(8)					
33 As 76	0	26.3 h	2-	-0.906(5)	7(8)	[75As]	NO/D AB	1958Pi43 1961Ch10	PR 109 1423 (58) PR 122 1302 (61)
	46	1.80 μs	(1)+	+0.559(5)		[19F 197]	SOPAD		Cf70Delft 564 (70)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
33 As 77	264	304 ps	5/2-	+0.74(2)	<0.75		TDPAC	1989Mo14	NP A500 277 (89)	
				+0.83(7)			IPAC	1973Ch42	NP A217 177 (73)	
				+5.525(9)			TDPAC	1990Mo23	HFI 59 121 (90)	
	476	116 μs	9/2+	+5.525(9)			SOPAD		ARHMI 53 (69)	
	632	60 ps	5/2+	+2.5(4)			IPAC	1974Ch31	PR C10 774 (74)	
34 Se 73	0	7.1 h	9/2+	0.87(5)			NMR/ON	1988Be39	PR C38 2329 (88)	
				0.85(7)			NMR/ON		JPJa 3512 (87)	
34 Se 74	635	7.08 ps	2+		-0.36(7)		CER	1978Le22	PR C18 2801 (78)	
34 Se 75	0	118.5 d	5/2+	0.67(4)	1.1(2)	Q/Q(79Se(gs))=1.2578(6)	NMR/ON	1974Ca23	PR B10 1075 (74)	
							MA, R	1955Aa06	PR 98 1224 (55)	
							MA, R	1955Aa06	PR 98 1224 (55)	
34 Se 76	559	11.1 ps	2+	+0.8(2)	-0.34(7)		IMPAC	1969He11	NP A133 310 (69)	
				+0.8(2)			IPAC	1967Mu10	CJP 45 1821 (67)	
							CER	1977Le11	NP A284 123 (77)	
							CER		BAPS 21 581 (76)	
34 Se 77	0	stable	1/2-	+0.5350422(6)	1.1(5)		N	1978Ko39/1953We51	ZNat 33a 1025 (78)/ PR 89 923 (53)	
				0.5350743(3)			N	1978Ko39	ZNat 33a 1025 (78)	
				+1.12(3)			TDPAC	1984Za08	JP G10 1571 (84)	
				+1.0(3)			TDPAC	1983Un02	HFI 14 119 (83)	
	439	24 ps	5/2-				IMPAC		Cf69Heid 419 (69)	
34 Se 78	614	8.6 ps	2+	+0.8(2)	-0.26(9)		IMPAC	1969He11	NP A133 310 (69)	
								CER	1977Le11	NP A284 123 (77)
								CER		BAPS 21 581 (76)
34 Se 79	0	<6.5x10 <sup>4</sup> v	7/2+	-1.018(15)	+0.8(2)		MA	1953Ha50	PR 92 1532 (53)	
							MA, R		OSpk 12 163 (62)	
34 Se 80	666	8.0 ps	2+	+0.8(3)	-0.31(7)		IMPAC	1969He11	NP A133 310 (69)	
								CER	1977Le11	NP A284 123 (77)
								CER		BAPS 21 581 (76)
					-0.35(12)					

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
34 Se 82	654	11.3 ps	2+	+0.9(3)	-0.22(7)		IMPAC CER	1969He11	NP A133 310 (69) NP A2284 123 (77)
35 Br 72	0 101	79 s 10.1 s	(3+) (1-)	0.60(10) >0.7			NO/S NO/S	1992Ba68 1992Gr20	HFI 75 433 (92) PR C46 2228 (92)
35 Br 73	241	34.7 ns	3/2-	1.97(13)			TDPAD	1987He27	PR C36 2409 (87)
35 Br 74	14	46 m	4(+)	1.68(18) 1.820(12)			NO/S NMR/ON	1992Gr20 1992Pr06	PR C46 2228 (92) HFI 75 275 (92)
35 Br 75	0	97 m	3/2-	0.76(18) positive			NO/S NO/βS	1992Gr20 1992Ba68	PR C46 2228 (92) HFI 75 433 (92)
35 Br 76	0	16.1 h	1-	0.54821(2)	0.249 (6) st	[79,81Br] [79Br]	AB AB, R	1960Li11 1966Br03 1960Li11 1966Br03	PR 119 1053 (60) PR 142 53 (66) PR 119 1053 (60)/PR B61 13588 (00) PR 142 53 (66)
35 Br 77	0 130	57 h 9.3 ns	3/2- 5/2+	0.92(5) 0.9731(6) 0.9738(5) +1.98(2)	0.4*		NO/S NMR/ON NMR/ON TDPAC TDPAC	1992Gr20 1992Pr06 1991Gr15	PR C46 2228 (92) ARINST 22 (91) HFI 75 275 (92) ZP A340 349 (91) ARHMI 50 (77)
35 Br 78	0 32 181	6.46 m 14.2 ns 119 μs	1+ (2)- 4(+)	0.13(3) -1.12(4) +4.114(12)		[19F 197]	NO/S TDPAD NMR/AC	1992Pr06 1973PI07 1974FoYO/1971Br31	HFI 75 275 (92) NP A215 471 (73) Cf74Upp 258 (74)/ZP 244 375 (71)
35 Br 79	0 217 523 761	stable 47 ps 1.91 ps 1.50 ps	3/2- 5/2- 5/2- 7/2-	+2.106400(4) 1.0(3) 2.8(8) 1.9(3)	+0.305(5) st	[2H]	N AB, R TF TF TF	1972BI07 1994Sp05 1994Sp05 1994Sp05	ZNat 27a 72 (72) HPAc 51 755 (79)/PR B61 13588 (00) NP A578 300 (94) NP A578 300 (94) NP A578 300 (94)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
35 Br 80	0	17.6 m	1+	0.5140(6)		[79,81Br]	AB	1964Wh05	PR 136 B584 (64)
					0.181(4) st		AB, R		HPAc 51 755 (79)/PR B61 13588 (00)
	37	7.4 ns	2-	-1.67(12)		[19F 197]	TDPAD	1973PI07	NP A215 471 (73)
	86	4.42 h	5-	+1.3177(6)		[80Br]	TDPAC		HPAc 51 755 (79)/PR B61 13588 (00)
35 Br 81						[79,81Br]	AB	1964Wh05	PR 136 B584 (64)
					+0.69(2) st		AB, R		HPAc 51 755 (79)/PR B61 13588 (00)
	0	stable	3/2-	+2.270562(4)		[2H]	N	1972BI07	ZNat 27a 72 (72)
					+0.254(6) st		AB, R		HPAc 51 755 (79)/PR B61 13588 (00)
	276	9.7 ps	5/2-	1.6(5)			TF	1996Ja09	NP A601 117 (96)
536	37 μs	9/2+	5.70(5)			SOPAD		RRou 17 751 (72)/PL 35B 501 (71)	
767	0.54 ps	5/2-	1.0(4)			TF	1996Ja09	NP A601 117 (96)	
837	1.0 ps	7/2-	1.4(4)			TF	1996Ja09	NP A601 117 (96)	
35 Br 82	0	35.3 h	5-	+1.6270(5)		[79,81Br]	AB	1959Ga12	PR 116 393 (59)
					+0.69(2) st		AB, R		HPAc 51 755 (79)/PR B61 13588 (00)
35 Br 84	0	31.8 m	2-	1.9(7)			NO/S	1992Pr06	HFI 75 275 (92)
36 Kr 75	0	4.3 m	5/2+	-0.531(4) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
					+1.12(12)		CFBLS	1995Ke04	NP A586 219 (95)
36 Kr 77	0	74.4 m	5/2+	-0.583(3) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
					+0.94(10)		CFBLS	1995Ke04	NP A586 219 (95)
36 Kr 78	455	22 ps	2+	+1.08(10)			TF	1981Wa16	NP A365 173 (81)
36 Kr 79	0	35.04 h	1/2-	+0.536(2) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
	130	50 s	7/2+	-0.786(2) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
					+0.40(4)		CFBLS	1995Ke04	NP A586 219 (95)
	147	77.7 ns	5/2-	+1.124(10)		[19F 197]	TDPAD		PL 26B 134 (68)
					0.45(3)	[83Kr 9]	TDPAD		ARHMI 50 (77)
36 Kr 81	0	2.3 x 10 <sup>5</sup> s	7/2+	-0.908(2) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
				-0.909(4)		[83Kr]	LRFS	1993Ca41	PR A47 1148 (93)
					+0.64(7)		CFBLS	1995Ke04	NP A586 219 (95)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+0.629(13)				
	190	13.1 s	1/2-	+0.586(2) d		[83Kr]	LRFS CFBLS	1993Ca41 1995Ke04	PR A47 1148 (93) NP A586 219 (95)
36 Kr 83	0	stable	9/2+	-0.970669(3)		[39K]	N, AB CFBLS		PL 27A 466 (68)/RMP 18 323 (46) NP A586 219 (95)
					+0.26(3)		AB	1995Ke04	
	9	147 ns	7/2+	-0.943(2)	+0.253(5)	[83Kr]	ME	1963Fa01	PR 129 1214 (63)/ZP 165 402 (61)
					+0.495(10)	[83Kr]	ME	1969Ca06	PR 178 1728 (69) JCP 66 2627 (77)
	42	1.83 h	1/2-	+0.591(2) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
36 Kr 84	3236 5373	1.84 μs 45 ns	8+ 12+	-1.97(2) +2.04(12)			TDPAD TDPAD	1982Za04 1985Ro22	R.Rou 27 33 (82) PL 163B 323 (85)
36 Kr 85	0	10.76 y	9/2+	-1.005(2) d 1.005(2) -1.0055(4)		[83Kr] [83Kr] [83Kr]	CFBLS O LRFS	1995Ke04  1993Ca41	NP A586 219 (95) ZP 141 160 (55) PR A47 1148 (93)
					+0.44(5)		CFBLS	1995Ke04	NP A586 219 (95)
	305	4.48 h	1/2-	+0.633(2) d	+0.433(8)	[83Kr]	LRFS CFBLS	1993Ca41 1995Ke04	PR A47 1148 (93) NP A586 219 (95)
36 Kr 87	0	76.3 m	5/2+	-1.018(5) -1.023(2) d		[129Xe 236] [83Kr]	N/OP CFBLS CFBLS		ARPr 19 (87) NP A586 219 (95) NP A586 219 (95)
					-0.30(3)			1995Ke04	
36 Kr 89	0	3.15 m	3/2+	-0.330(3) d		[83Kr]	CFBLS CFBLS	1995Ke04 1995Ke04	NP A586 219 (95) NP A586 219 (95)
					+0.16(2)				
36 Kr 91	0	8.57 s	5/2+	-0.583(2) d		[83Kr]	CFBLS CFBLS	1995Ke04 1995Ke04	NP A586 219 (95) NP A586 219 (95)
					+0.30(3)				
36 Kr 93	0	1.286 s	1/2+	-0.413(2) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
36 Kr 95	0	0.78 s	1/2+	-0.410(3) d		[83Kr]	CFBLS	1995Ke04	NP A586 219 (95)
37 Rb 76	0	39 s	1(-)	-0.3726228(14)		[87Rb]	ABLS	1986Du16/1981Th04	JPPa 47 1903 (86)/PR C23 2720 (81)

Nucleus	Ex	$T_{1/2}$	I	$\mu(\text{nm})$	Q(b) +0.38(15) st	[Ref. Std.]	Method ABLS	NSR Reference 1981Th04	Journal Reference PR C23 2720 (81)
37 Rb 77	0	3.8 m	3/2-	+0.6544680(16) +0.652(7)		[87Rb] [85Rb]	ABLS AB ABLS	1986Du16/1981Th04 1978Ek04 1981Th04	JPPa 47 1903 (86)/PR C23 2720 (81) NP A311 269 (78) PR C23 2720 (81)
37 Rb 78	103	6.3 m	4-	+2.549(2) +2.56(3)		[87Rb] [85Rb]	ABLS AB ABLS	1981Th04 1978Ek04 1981Th04	PR C23 2720 (81) NP A311 269 (78) PR C23 2720 (81)
37 Rb 79	0	23 m	5/2+	+3.3579(12) +3.36(4)		[87Rb] [85Rb]	ABLS AB ABLS	1981Th04 1978Ek04 1981Th04	PR C23 2720 (81) NP A311 269 (78) PR C23 2720 (81)
37 Rb 79	97	18.6 ns	9/2+	+5.03(7)	+0.10(2) st		TDPAD	1994Io06	ZP A349 129 (94)
37 Rb 80	0	30 s	1+	-0.0836(6) -0.083(2)		[87Rb]	OP/RD,R ABLS ABLS	1978Ek04 1981Th04 1981Th04	NP A311 269(78) PR C23 2720 (81) PR C23 2720 (81)
	496	1.63 $\mu\text{s}$	6+	+3.38(2) +3.36(6)			TDPAD TDPAD TDPAD		BAPS 24 632 (79) Th Stenzel (86)
37 Rb 81	0	4.58 h	3/2-	+2.0595(14)		[87Rb]	ABLS ABLS	1981Th04 1981Th04	PR C23 2720 (81) PR C23 2720 (81)
	86	32 m	9/2+	+5.598(2)		[87Rb]	ABLS ABLS	1981Th04 1981Th04	PR C23 2720 (81) PR C23 2720 (81)
37 Rb 82	0	1.25 m	1+	+0.5545083(11) +0.554(6)		[87Rb]	ABLS OP/RD,R ABLS	1986Du16/1981Th04 1978Ek04 1981Th04	JPPa 47 1903 (86)/PR C23 2720 (81) NP A311 269 (78) PR C23 2720 (81)
	~100	6.47 h	5-	+1.5100082(2) +1.513(2) +1.51(2)		[87Rb] [87Rb] [85Rb]	AB ABLS AB,R	1957Hu75 1981Th04 1978Ek04	JPCR 5 835 (76)/PR 107 723 (57) PR C23 2720 (81) NP A311 269 (78)
	191	12.3 ns	6+	+4.02(5)	+1.0(1) st		TDPAD		

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
37 Rb 83	0	86.2 d	5/2-	+1.4249(8)	+0.20(2) st	[87Rb]	ABLS	1981Th04	PR C23 2720 (81)
							ABLS	1981Th04	PR C23 2720 (81)
37 Rb 84	0	33 d	2-	-1.324116(2) -1.325(2) -1.30(1)	-0.02(4) st +0.005(13)	[87Rb] [87Rb] [85Rb]	AB		BAPS 7 476 (62)
							ABLS	1981Th04	PR C23 2720 (81)
							OD,OL	1973Ac02	ZP 260 87 (73)
							ABLS	1981Th04	PR C23 2720 (81)
	465	20.4 m	6-	+0.212933(1)	+0.6(3) st	[87Rb]	ABLS	1986Du16/1981Th04	JPPa 47 1903 (86)/PR C23 2720 (81)
						ABLS	1981Th04	PR C23 2720 (81)	
37 Rb 85	0	stable	5/2-	+1.35298(10) +1.3533515(8) +1.353028(3) +1.35302(2) +1.357(1)	+0.23(4) st +0.274(2) st +0.273(2) st	[1H] [87Rb]	ABLS	1993Du08	NIMPR A325 465 (93)
							N		JPCR 5 835 (76)/ORNL-1775 (54)
							AB/D	1968Eh01	PR 167 1062 (68)
							OP		PR 174 23 (68)
							ABLS	1981Th04	PR C23 2720 (81)
							ABLS	1981Th04	PR C23 2720 (81)
	514	1.02 μs	9/2+	+6.043(5) +6.046(10) +6.16(5)	-0.7(2)	[87Rb] [85Rb] [85Rb]	OD	1973Fe05	ZP 261 1 (73)
				MB.R			1971St12	PR A3 837 (71)	
				OP/RD			1991Ma21	PRL 66 1681 (91)	
				OP/RD			1984Sh24	PRL 53 2230 (84)	
2826	12.5 ns	19/2-	+1.3(4)		[85Rb]	TDPAD, SOPAD	1974He22	NP A234 81 (70)	
						OP/RD	1991Ma21	PRL 66 1681 (91)	
						TDPAD	1990Ka26	HFI 59 101 (90)	
37 Rb 86	0	18.65 d	2-	-1.6920(14) -1.698(2)	+0.19(3) st +0.20(3) st	[87Rb]	AB/D	1961Br16	PR 123 1801 (61)
							ABLS	1981Th04	PR C23 2720 (81)
							ABLS	1981Th04	PR C23 2720 (81)
							OD,OL	1973Ac02	ZP 260 87 (73)
	556	1.02 m	(6-)	+1.815(1)	+0.37(10) st	[87Rb]	ABLS	1981Th04	PR C23 2720 (81)
						ABLS	1981Th04	PR C23 2720 (81)	
37 Rb 87	0	4.9 10*10y	3/2-	+2.75131(12) +2.751818(2) +2.751235(3)	+0.132(1) st	[2H]	ABLS	1993Du08	NIMPR A325 465 (93)
							N		PL 25A 440 (67)/ZNat 23a 1202 (68)
							OP		PR 174 23 (68)
							OD	1973Fe05	ZP 261 1 (73)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+0.127(1) st +0.13(2) st		OD/R ABLS	1971St12 1981Th04	PR A3 837 (71) PR C23 2720 (81)
37 Rb 88	0	17.7 m	2-	0.508(5) 0.50761(1) +0.512(3)		[85Rb] [87Rb] [87Rb]	AB AB,R ABLS ABLS	1968Va03 1979Ek02 1981Th04 1981Th04	PR 166 1131 (68) PS 19 516 (79) PR C23 2720 (81) PR C23 2720 (81)
37 Rb 89	0	15.2 m	3/2-	+2.3836(7) +2.378(4) +2.377(5)		[87Rb] [85Rb] [87Rb]	ABLS AB CFBLS ABLS CFBLS	1981Th04 1979Ek02 1979KI03 1981Th04 1979KI03	PR C23 2720 (81) PS 19 516 (79) PL 82B 47 (79) PR C23 2720 (81) PL 82B 47 (79)
37 Rb 90	107	4.26 m	3-	+1.6160(6) +1.612(5)		[87Rb] [85Rb]	ABLS AB ABLS	1981Th04 1979Ek02 1981Th04	PR C23 2720 (81) PS 19 516 (79) PR C23 2720 (81)
37 Rb 91	0	58 s	3/2(-)	+2.1815(15) +2.177(5) +2.177(3)		[87Rb] [87Rb] [85Rb]	ABLS CFBLS AB ABLS CFBLS	1981Th04 1979KI03 1979Ek02 1981Th04 1979KI03	PR C23 2720 (81) PL 82B 47 (79) PS 19 516 (79) PR C23 2720 (81) PL 82B 47 (79)
37 Rb 93	0	5.85 s	5/2-	+1.410(2) +1.400(6)		[87Rb] [85Rb]	ABLS CFBLS ABLS CFBLS	1981Th04 1979KI03 1981Th04 1979KI03	PR C23 2720 (81) PL 82B 47 (79) PR C23 2720 (81) PL 82B 47 (79)
37 Rb 94	0	2.73 s	3(-)	+1.498(2)		[87Rb]	ABLS ABLS	1981Th04 1981Th04	PR C23 2720 (81) PR C23 2720 (81)
37 Rb 95	0	0.38 s	5/2-	+1.334(3)		[87Rb]	ABLS ABLS	1981Th04 1981Th04	PR C23 2720 (81) PR C23 2720 (81)
37 Rb 96	0	0.20 s	2+	+1.466(2)		[87Rb]	ABLS	1981Th04	PR C23 2720 (81)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) +0.25(6) st	[Ref. Std.]	Method ABLS	NSR Reference 1981Th04	Journal Reference PR C23 2720 (81)
37 Rb 97	0	0.17 s	3/2-	+1.841(2)	+0.58(4) st	[87Rb]	ABLS ABLS	1981Th04 1981Th04	PR C23 2720 (81) PR C23 2720 (81)
38 Sr 77	0	9 s	5/2+	-0.348(4)	+1.40(11) st	[87Sr] [87Sr]	CFBLS CFBLS	1992Li11 1992Li11	PR C46 797 (92) PR C46 797 (92)
38 Sr 79	0	2.25 m	(3/2-)	-0.474(4)	+0.73(6) st	[87Sr]	CFBLS CFBLS	1990Bu12 1990Bu12	PR C41 2883 (90) PR C41 2883 (90)
38 Sr 81	0	22.3 m	1/2-	+0.543(4) +0.542(4)		[87Sr] [87Sr]	CFBLS ABLRFS	1990Bu12 1987An02	PR C41 2883 (90) ZP A326 493 (87)
38 Sr 82	2817 3243 3623 4424	3.0 ps — — 0.9 ps	5- 8+ 8+ 10+	+2(2) +5.6(8) +5.6(8) +11(5)		[84Sr 793] [84Sr 793] [84Sr 793] [84Sr 793]	TF TF TF TF	1989Ku11 1989Ku11 1989Ku11 1989Ku11	JP G15 1039 (89) JP G15 1039 (89) JP G15 1039 (89) JP G15 1039 (89)
38 Sr 83	0	32.4 h	7/2+	-0.829(2) -0.8298(3)	+0.78(7) st +0.82(5) st	[87Sr] [87Sr] [87Sr] [87Sr]	CFBLS ABLRFS CFBLS ABLRFS	1990Bu12 1987An02 1990Bu12 1987An02	PR C41 2883 (90) ZP A326 493 (87) PR C41 2883 (90) ZP A326 493 (87)
	259	5.0 s	1/2-	+0.581(4)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
38 Sr 84	793 2769 3332 3488 3680 4448 4534 4636	3.2 ps 9.5 ps 157 ps 4.4 ps 3.3 ps 2.2 ps 1.66 ps 2.5 ps	2+ 5- 8+ 7- 8+ 10+ 10+ 9-	+0.84(9) +8.0(10) -1(2) -1.1(6) +4.2(14) +7.2(8) +2.0(10) +8(2) 0(4)		[84Sr 793] [84Sr 793] [90Se 666] [84Sr 793] [84Sr 793] [84Sr 793] [84Sr 793] [84Sr 793] [84Sr 793]	TF TF TF TFL TF TF TF TF TF	1988Ku01 1989Ku11 1989Ku11 1981Br20 1989Ku11 1989Ku11 1989Ku11 1989Ku11 1989Ku11	JP G14 65 (88) JP G15 1039 (89) JP G15 1039 (89) PL 105B 119 (81) JP G15 1039 (89) JP G15 1039 (89) JP G15 1039 (89) JP G15 1039 (89) JP G15 1039 (89)
38 Sr 85	0	64.8 d	9/2+	-1.000(2)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				-1.0005(3)					
					+0.29(3) st				
	239	68 m	1/2-	+0.600(4)		[87Sr]	ABLRFS	1987An02	ZP A326 493 (87)
				+0.599(2)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
						[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
						[87Sr]	ABLRFS	1987An02	ZP A326 493 (87)
38 Sr 86	1077	1.46 ps	2+	+0.55(10)			TF	1988Ku01	JP G14 65 (88)
	2956	457 ns	8+	-1.93(2)			TDPAD	1978Ha52	HFI 4 196 (78)
38 Sr 87	0	stable	9/2+	-1.0928(7)		[23Na]	OP	1972OI01	ZP 249 205 (72)
				-1.0936030(13)		[2H]	N	1974Sa25	ZNat 29a 1763 (74)
					+0.34(2) st		AB	1977He21	PR A16 1371 (77)
	388	2.80 h	1/2-	+0.624(4)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
				+0.788(9)		[87Sr]	ABLRFS	1987An02	ZP A326 493 (87)
38 Sr 88	1836	0.152 ps	2+	+2.3(3)			TF	1988Ku01	JP G14 65 (88)
38 Sr 89	0	50.5 d	5/2+	-1.147(2)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
				-1.1481(8)		[87Sr]	ABLRFS	1987An02	ZP A326 493 (87)
					-0.28(3) st	[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
					-0.32(2) st	[87Sr]	ABLRFS	1987An02	ZP A326 493 (87)
38 Sr 91	0	9.5 h	5/2+	-0.885(2)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
					+0.047(12)	[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
	94	88.9 ns	3/2+	-0.35(2)			TDPAC	1993Wo07	PR C48 562 (93)
38 Sr 93	0	7.4 m	5/2+	-0.793(2)					
					+0.26(3)	[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
						[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
38 Sr 95	0	10.3 m	1/2-	-0.537(2)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
38 Sr 97	0	0.40 s	1/2-	-0.498(2)		[87Sr]	CFBLS	1990Bu12	PR C41 2883 (90)
38 Sr 98	144	2.8 ns	2+	0.76(14)			IPAC	1989Wo05	PR C40 932 (89)
38 Sr 99	0	0.269 s	3/2+	-0.261(5)		[88,98Sr]	CFBLS	1991Li05	PL B256 141 (91)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 0.84(8)	[Ref. Std.] [88,98Sr]	Method CFBLS	NSR Reference 1991Li05	Journal Reference PL B256 141 (91)
39 Y 83	145	171 ps	7/2+	+2.1(6)			IMPAD	1990Bh03	HFI 59 109 (90)
	595	7.8 ps	13/2+	+8(3)			IMPAD	1990Bh03	HFI 59 109 (90)
39 Y 85	20	4.9 h	9/2+	6.2(5)		[87Y 381]	NO/S	1988Be46	HFI 43 477 (88)
	266	170 ns	5/2-	+1.33(8)			TDPAD		BAPS 27 26 (82)
39 Y 86	0	14.5 h	4-	<0.6		[87Y 381]	NO/S	1988Be46	HFI 43 477 (88)
	218	46 m	8+	4.8(3)		[87Y 381]	NO/S	1988Be46	HFI 43 477 (88)
	243	28.5 ns	2-	-1.06(6)			TDPAC		Cf 67HI 145 (67)
39 Y 87	381	12.7 h	9/2+	6.06(7)			NMR/ON	1991Hi04	PRL 66 96 (91)
	0			6.1 (+8/-2)			BFNO	1978Ma02	PR C17 287 (78)
39 Y 88	675	14 ms	8+	+4.87(5)			NMR/ON	1980KI01	PR C21 1670 (80)
39 Y 89	0	stable	1/2-	-0.1374154(3)		[2H]	N	1977Ha12	ZP A280 117 (77)
				-0.1374208(4)		[14N]	N	1965Ba42/1954Br09	PR 137 A1828 (65)/PR 93 172 (54)
	909	16.1 s	9/2+	6.23(7) positive sign			NMR/ON NMR/ON(β)	1991Hi04 1996Oh03	PRL 66 96 (91) PR C54 1129 (96)
39 Y 90	0	64.1 h	2-	-1.630(8)		[89Y]	AB	1962Pe01	PR 125 284 (62)
					-0.155(3)		AB	1962Pe01	PR 125 284 (62)
	203 682	250 ps 3.19 h	3- 7+	-0.85(7) 5.1(5)		[87Y 381]	IPAC NO/S	1974KI06 1988Be46	NP A224 1 (74) HFI 43 477 (88)
39 Y 91	0	58.5 d	1/2-	0.1641(8)		[89Y]	AB	1962Pe21	PR 128 1740 (62)
	556	49.7m	9/2+	5.96(4)			NMR/ON	1991Be18	PR C44 104 (91)
				5.97(7)			NMR/ON	1991Hi04	PRL 66 96 (91)
40 Zr 86			5-/7-/9-	avge g = +0.5(2)			TF	1995Mo02	PR C51 513 (95)
	3298	62 ps	8+	-0.2(7)			IMPAD	1995We03	NP A584 133 (95)
				-8(5)			TF	1995Mo02	PR C51 513 (95)
			2nd 8+/10+	avge g = +1.1(2)			TF	1995Mo02	PR C51 513 (95)
	4326	2.1 ps	10+	-5(10)			TF	1995Mo02	PR C51 513 (95)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	5396	2.6 ps	12+	-4(10)			TF	1995Mo02	PR C51 513 (95)
	5524	—	12+	+7(2)			TF	1995Mo02	PR C51 513 (95)
	6321	5.2 ps	14+	+26(9)			TF	1995Mo02	PR C51 513 (95)
40 Zr 88	2889	1.32 μs	8+	-1.81(2) -1.60(16)	+0.51(3)	[91Zr]	TDPAD TDPAD TDPAD TFLD	1978Ha52 1978Ki06 1985Ra09 1986Be06	HFI 4 196 (78) NP A302 159 (78) PRL 54 2592 (85) PR C33 1517 (86)
40 Zr 89	0	78.4 h	9/2+	-1.08(2) -1.07(3)			NMR/ON(β) NMR/ON	1996Oh03 1997Hi06	PR C54 1129 (96) NP A620 317 (97)
	2995	5.2 ns	21/2+	+9.4(4)			TDPAD	1988Ba11	ZP A329 429 (88)
40 Zr 90	2319	0.8 s	5-	6.25(13)			NMR/ON	1987Ed02	NP A468 348 (87)
	3589	134 ns	8+	+10.84(6)	-0.51(3)	[91Zr]	TDPAD TDPAD TFLD	1977Ha49/1978Ha52 1985Ra09 1986Be06	NP A293 248 (77)/HFI 4 196 (78) PRL 54 2592 (85) PR C33 1517 (86)
40 Zr 91	0	stable	5/2+	-1.30362(2)	-0.206(10)	[2H]	N AB	1957Br26	PR 105 1929 (57) Bk82HFS 83 (82)
	2287	29 ns	15/2-	+5.25(8)			TDPAD	1976Ba02	NP A257 135 (76)
	3167	3.6 μs	21/2+	+9.82(8)	(-)0.86(5)	[90Zr 3589] [91Zr]	TDPAD TDPAD	1985Ra09	BAPS 27 7 (82) PRL 54 2592 (85)
40 Zr 92	934	4.85 ps	2+	-0.06(10)			TF	1980Ha31	PR C22 1065 (80)
40 Zr 94	918	7.3 ps	2+	-0.52(12) -0.10(10)		[110Cd 658]	TF IMPAC	1980Ha31 1978Ge19	PR C22 1065 (80) HFI 4 257 (78)
40 Zr 95	0	64.0 d	5/2+	1.13(2)	(+)0.29(5) if V <sub>zz</sub> (ZrZr) +ve		NMR/ON	1991Be18 1992Be50	PR C44 104 (91) HFI 75 93 (92)
40 Zr 97	1264	102 ns	7/2+	+1.37(14)			TDPAC	1985Be20	PL 156B 159 (85)
40 Zr 99	122	1.07 ns	3/2+	+0.42(6)			IPAC	1995Wo01	PR C51 2381 (95)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference			
40 Zr 100	213	0.61 ns	2+	0.52(12)			IPAC	1989Wo05	PR C40 932 (89)			
				0.44(10)			IPAC	1980Wo09	PL 97B 195 (80)			
41Nb 87	2412	58 ps	17/2-	+7.0(9)			IMPAD	1995We03	NP A584 133 (95)			
		2491	13.8 ps	21/2+			+4.3(14)	IMPAD	1995We03	NP A584 133 (95)		
41 Nb 89	0	2.0 h	9/2+	6.216(5)			NMR/ON	1997Hi06	NP A620 317 (97)			
		2193	14 ns	21/2+			+3.40(7)	TDPAD	1994Kr01	PR C49 705 (94)		
41 Nb 90	0	14.6 h	8+	4.961(4)		[93Nb]	NMR/ON	1981Ha24	NP A365 13 (81)			
		122	66 μs	6+			+3.72(2)	TDPAD	1975Ho16	PL 58B 43 (75)		
		1881	477 ns	11-			+8.78(3)	TDPAD	1978Ha52	HFI 4 196 (78)		
41 Nb 91	1985	10 ns	13/2-	+9.14(13)			TDPAD		Cf77Tash 374 (77)			
		2037	3.4 μs	17/2-			+10.82(14)	TDPAD	1977Ha49	NP A293 248 (77)		
							+10.81(15)	TDPAD	1979PI05	RRou 24 661 (79)		
		3467	0.9 ns	21/2+			+12(2)	IPAD	1977Ba34	APPo B8 147 (77)		
41 Nb 92	135	10.15 d	2+	(+)6.137(4)		[93Nb]	NMR/ON	1981Ha24	NP A365 13 (81)			
		225	4.3 μs	2-			-1.398(14)	SOPAD/TDPAD	1974Le05	NP A221 319 (74)		
		2203	167 ns	11-			+9.7(3)	TDPAD	1977Br12	PR C15 2044 (77)		
41 Nb 93	0	stable	9/2+	+6.1705(3)		[45Sc]	N, O Mu-X AB, R	1951Sh33, 1947Me27 1973Po15	PR 82 651 (51), PR 72 451 (47) NP A217 573 (73) Bk82HFS (83)			
41 Nb 95	0	35.2 d	9/2+	6.141(5)			NMR/ON	1986Ed01	NP A451 46 (86)			
				6.140(6)						[93Nb]	1085Oh08	NP A445 29 (85)
				6.143(5)						[93Nb]	1981Ha24, 1977Ko31	NP A365 13 (81), HFI 3 321 (77)
				6.004(12)						[93Nb]		
										Q -ve if Vzz (NbZr) +ve	1992Be50	HFI 75 93 (92)
41 Nb 96	0	23.4 h	6+	4.976(4)		[93Nb]	NMR/ON	1986Ed01	NP A451 46 (86)			
				4.975(4)		[93Nb]	NMR/ON	1085Oh08	NP A445 29 (85)			
				5.1(4)		[92Nb 135]	NO/S		IzF 50 48 (86)			

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
41 Nb 97	0	72.1 m	9/2+	6.153(5)			NMR/ON	1991Be18	PR C44 104 (91)
				7.3(14)			NO/S	1976Kr01	PR C13 831 (76)
42 Mo 88	—	—	6+,8+	avge g = +0.5(3)			IMPAD	1995We03	NP A584 133 (95)
42 Mo 89	2584	9.5 ns	21/2+	+8.3(4)		[90Mo 2875]	TDPAD	1995We12	ZP A353 7 (95)
42 Mo 90	2594	16 ps	5-	+5.5(14)	0.58(3)	[92Mo 2760]	IMPAD	1994We09	JP G20 L77 (94)
		2875	1.1 μs	8+			-1.391(14)	TDPAD	1978Ha52
	4842	39 ps	11-	+4.6(14)			TDPAD	1985Ra09	PRL 54 2592 (85)
		4556	526 ps	12+			+6.0(7)	IMPAD	1994We09
42 Mo 91	2267	47 ns	21/2+	+8.81(8)		[90Mo 2875]	TDPAD	1983Ra08	PR C27 1532 (83)
	2279	38 ns	17/2-	+8.97(9) +4.51(6)		[90Mo 2875]	TDPAD	1977Ha49 1983Ra08	NP A293 248 (77) PR C27 1532 (83)
42 Mo 92	2760	190 ns	8+	+11.30(5)	Q (negative) 0.34	[B(E2)]	TDPAD	1977Ha49	NP A293 248 (77)
				+11.35(8)			TDPAD,R	1977Ku22	IzF 41 1624 (77)
	4486	9.2 ns	11-	+13.9(3)			TDPAD	1991Ha04	PR C43 2140 (91)
				+14.17(13)			TDPAD	1985Ra09	PRL 54 2592 (85)
42 Mo 93	2425	6.85 h	21/2+	(+)9.93(8)		[95Mo]	NMR/ON	1981Ha12	PR C23 2252 (81)
42 Mo 94	871	2.9 ps	2+		-0.13(8) or +0.01(8)		CER	1976Pa13	PR C14 835 (76)
	2956	98 ns	8+	+10.46(7)			TDPAD	1979LeZL	Cf79Riga 243 (79)
				+10.54(12)			TDPAD	1975Fa04	ZP A273 157 (75)
					0.47(1)	[92Mo 2760]	TDPAD	1985Ra09	PRL 54 2592 (85)
42 Mo 95	0	stable	5/2+	-0.9142(1)			N	1951Pr02	PR 81 20 (51)
							-0.022(1)		AB
		-0.015(4)	ABLDF	PL 65A 109 (78)					
	204	0.75 ns	3/2+	-0.404(12) -0.378(15)			IPAC		1984Al11
							IPAC	1976Jo03	PS 14 260 (76)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
42 Mo 96	778	3.7 ps	2+		-0.20(8) or +0.04(8)		CER	1976Pa13	PR C14 835 (76)
42 Mo 97	0	stable	5/2+	-0.9335(1)		[14N]	N AB, R ABLDF Mu-X	1951Pr02  1980Sc01	PR 81 20 (51) Bk82HFS 83 (82) PL 65A 109 (78) NP A333 333 (80)
42 Mo 98	787	3.5 ps	2+	+0.7(4)	-0.26(9)		IMPAC CER, R	1969He11 1979Pa11	NP A133 310 (69) PR C20 1201 (79)
42 Mo 99	0 98	65.9 h 17 μs	1/2+ 5/2+	0.375(3) -0.775(5)		[95Mo]	AB TDPAD	 1978Ra21	 PS 18 209 (78) PR C18 2494 (78)
42 Mo 100	536	10.3 ps	2+	+0.7(4)	-0.42(9) or -0.10(9) -0.39(8) or -0.13(8)		IMPAC CER CER	1969He11 1976Pa13 1977Na06	NP A133 310 (69) PR C14 835 (76) JP G3 507 (77)
42 Mo 102	297	0.11 ns	2+	0.84(14)			IPAC	1985Me13	ZP A321 593 (85)
42 Mo 104	192	0.9 ns	2+	0.4(2)			IPAC	1985Me13	ZP A321 593 (85)
42 Mo 107	66	245 ns	—	g = -0.92(3)			TDPAC	1976ChZD	Cf76Carg 471 (76)
43 Tc 92	2002	3.2 ns	11-	+8.9(3)			TDPAD	1996Tu03	PR C54 2904 (96)
43 Tc 93	0 2186	2.75 h 10.1 μs	9/2+ 17/2-	6.32(6) 6.26(10) 6.2(+11,-4) +10.46(5)			NMR/ON NMR/ON NO/S TDPAD	1995Hi06 1981Ha16 1977Be19 1977Ha49	ZP A350 311 (95) NP A 361 355 (81) PR C15 1839 (77) NP A293 248 (77)
43 Tc 94	0	293 m	7+	5.12(5) 5.08(8) 5.0(3)			NMR/ON NMR/ON NO/S	1995Hi06 1981Ha16 1977Be19	ZP A350 311 (95) NP A361 355 (81) PR C15 1839 (77)
43 Tc 95	0	20.0 h	9/2+	5.94(6)			NMR/ON	1995Hi06	ZP A350 311 (95)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				5.89(10) 5.82(12)			NMR/ON NO/S	1981Ha16 1977Wi10	NP A361 355 (81) HFI 3 157 (77)
43 Tc 96	0	4.28 d	7+	5.09(5) +5.04(8) 5.4(2)			NMR/ON NMR/ON NMR/ON	1995Hi06 1981Ha16 1975Sa18	ZP A350 311 (95) NP A361 355 (81) HFI 1 183 (75)
	120	26 ns	(2)-	-0.47(2)			TDPAD		Cf77Tshk 37 (77)
43 Tc 99	0	2.1x10 <sup>5</sup> y	9/2+	+5.6847(4)		[2H]	N	1952Wa02	PR 85 479 (52)
					-0.129(6)		AB		Bk82HFS 83 (82)
	141	0.205 ns	7/2+	+4.48(15) 3.6(9)		[99Tc]	IPAC ME	1993Al23	ZP A347 1 (93) JP A6 L144 (73)
				+4.4(9)			IPAC	1969In07	PR 188 605 (69)
	181	3.44 ns	5/2+	3.48(4) +3.62(5) +3.29(6)			NMR/ON IPAC TDPAC	1995Hi06 1993Al23 1971Wi08	ZP A350 311 (95) ZP A347 1 (93) ZP 243 166 (71)
43 Tc 108	>153	100 ns		g = +0.50(4)			TDPAC	1976ChZD	Cf76Carg 471 (76)
44 Ru 93	2082	2.4 μs	21/2+	+8.97(2)			TDPAD	1983Gr33	HFI 15 65 (83)
					(+)0.04(1)		TDPAD	1991Ha04	PR C43 2140 (91)
	2279	35 ns	17/2-	+4.4(2)			TDPAD	1983Gr33	HFI 15 65 (83)
44 Ru 94	2498	65 ns	6+	+8.12(5) +8.10(7)			TDPAD TDPAD	1977Ha49 1979LeZK	NP A293 248 (77)/HFI 4 195 (78) CF79Riga 243 (79)
	2643	68 μs	8+	+11.10(4)			TDPAD	1977Ha49	NP A293 248 (77)
44 Ru 95	0	1.64 h	5/2+	0.861(7)			NMR/ON	1991Hi17	NP A534 339 (91)
	2540	10 ns	21/2+	+9.17(7)			TDPAD	1988Gr34	PRL 61 1249 (88)
44 Ru 96	833	2.7 ps	2+				CER CER CERP	1980La01 1977Ma41 1978Fa08	PR C21 588 (80) JP G3 1735 (77) PS 18 47 (78)
44 Ru 97	0	2.88 d	5/2+	(-)0.787(8) 0.73(5)		[101Ru] [101Ru]	NMR/ON NO/S	1985Ed06/1980Le09 1981Lu04	PR C32 1707 (85)/PR C21 2581 (80) ZP A299 353 (81)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	2739	8.7 ns	21/2+	+9.2(8)			TDPAD	1982Di18	RRou 27 731 (82)
44 Ru 98	653	5.9 ps	2+	+0.8(6)	-0.20(9) or -0.01(9) -0.03(14)	[102Ru 475]	IMPAC CER CER	1974Hu01 1980La01 1977Ma41	PR C9 1954 (74) PR C21 588 (80) JP G3 1735 (77)
44 Ru 99	0	stable	5/2+	-0.641(5) g(99/101)gs=0.8922344(4)	+0.079(4)	[101Ru] [101Ru]	AB/D N AB/R	1977Bu04 1982Br28 1977Bu04	ZP A280 217 (77) ZP A309 119 (82) Bk82HFS 83 (82)/ZP A280 217 (77)
	90	20.5 ns	3/2+	-0.284(6) -0.292(3)	+0.231(12)	[99Ru] [99Ru]	TDPAC ME ME	1965Ma27 1976Ki02/1974Gi12	PR 139 B532 (65) JDal 1253 (73) PR C13 1132 (76)/CPL 29 379 (74)
44 Ru 100	540	12 ps	2+	+1.02(13)	-0.43(7) or -0.20(7) -0.54(7) or -0.33(7) -0.40(12) -0.13(7)	[102Ru 475]	IPAC CER CER CERP CER	1980La01 1978Fa08 1977Ma41	PL 23 367 (66) PR C21 588 (80) Cf80Berk 102 (80) PS 18 47 (78) JP G3 1735 (77)
44 Ru 101	0	stable	5/2+	-0.719(6) -0.716(6)	+0.46(2)	[99Ru]	AB/D N AB/R	1977Bu04 1977Bu04	ZP A280 217 (77) JPJa 36 634 (74) Bk82HFS 83 (82)/ZP A280 217 (77)
	127	0.65 ns	3/2+	-0.210(5) -0.236(12)		[99Ru 90]	TDPAC IPAC	1986Sc15 1984Al11	PR C33 2176 (86) ZP A317 107 (84)
44 Ru 102	475	18 ps	2+	+0.74(6)	-0.57(7) or -0.35(7) -0.68(8)		IPAC CER CER	1972Jo06 1980La01 1979Bo28	NP A188 600 (72) PR C21 588 (80) ZP A292 265 (79)
44 Ru 103	0	39.4 d	3/2+	0.206(3) 0.200(7) 0.19(2) (-)0.23(6)	(+)0.62(2)	[101Ru] [101Ru] [99Ru 90]	NMR/ON NMR/ON NO/S NO/S NO/S	1990Hi02 1983Kr01 1981Mu18 1981Lu04 1986Gr26/1983Ko49	NP A509 541 (90) PR C27 411 (83) HFI 11 127 (81) ZP A299 353 (81) HFI 30 355 (86)/HFI 14 99 (83)
44 Ru 104	358	58 ps	2+	+0.82(10)			IMPAC, R	1974Hu01	PR C9 1954 (74)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) -0.70(8) or -0.35(8)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.8(2)		CER	1980La01	PR C21 588 (80)
					-0.66(5)	[102Ru 475]	CERP	1978Fa08	PS 18 47 (78)
							CER	1977Ma41	JP G3 1735 (77)
44 Ru 105	0	4.44h	3/2+	(-)0.32(+8/-20)		[101Ru]	NO/S	1981Lu04	ZP A299 353 (81)
44 Ru 109	>95	780 ns		g = -0.22(1)			TDPAD	1976ChZD	Cf76Carg 471 (76)
45 Rh 95	2236	19 ns	17/2-	+10.9(3)			TDPAD	1983Gr33	HFI 15 65 (83)
45 Rh 99	65	4.7 h	9/2+	5.62(6)			NMR/ON, R		PR B51 11484 (95)
				5.668(12)		[100Rh 75]	NMR/ON	1985Ed06	PR C32 1707 (85)
				5.666(14)		[100Rh 75]	NMR/ON	1986Ni02	NP A451 233 (86)
45 Rh 100	75	215 ns	2+	+4.324(8)			TDPAC		NIM 45 309 (66)
	112+x	140 ns	7+	+4.69(14)			TDPAD	1990Bi03	ZP A335 365 (90)
				+4.8(4)			TDPAD		BAPS 31 1210 (86)
45 Rh 101	157	4.34 d	9/2+	5.43(6)			NMR/ON, R		PR B51 11484 (95)
				+5.475(12)			NMR/ON	1985Ed06/1973Ka28	PR C32 1707 (85)/PR C8 1074 (73)
				5.472(14)			NMR/ON	1986Ni02	NP A451 233 (86)
45 Rh 102	0	206 d	2-	0.5(4)			NO/S	1975Sc09	NP A243 309 (75)
	141	2.9 y	6+	4.01(4)			NMR/ON, R		PR B51 11484 (95)
				4.040(9)			NMR/ON	1989Hi12	NP A504 467 (89)
				4.044(12)			NMR/ON	1986Ni02	NP A451 233 (86)
45 Rh 103	0	stable	1/2-	-0.8840(2)		[2H]	N	1955So10	PR 98 1316 (55)
	40	56.1 m	7/2+	4.50(5)			NMR/ON, R		PR B51 11484 (95)
				4.540(11)		[100Rh 75]	NMR/ON	1985Ed06/1977Ke10	PR C32 1707 (85)/ZP A281 341 (77)
	93	1.06 ns	9/2+	+4.9(8)			IPAC	1973Ba52	PS 8 90 (73)
	295	6.7 ps	3/2-	+0.81(8)			TF	1989La14	NP A496 589 (89)
				+0.69(12)			TF	1988Be45	HFI 43 457 (88)
					-0.3(2)		CERP	1976Ge19	ZP A279 183 (76)
	357	73 ps	5/2-	+1.08(8)			TF	1989La14	NP A496 589 (89)
				+0.9(2)			TF	1988Be45	HFI 43 457 (88)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				+1.09(5)			CEAD	1972Sz03	NP A196 58 (72)
					-0.4(2)		CERP	1976Ge19	ZP A279 183 (76)
	848	1.9 ps	7/2-	+2.0(6)			TF	1989La14	NP A496 589 (89)
	920	5.6 ps	9/2-	+2.8(5)			TF	1989La14	NP A496 589 (89)
45 Rh 104	215.5 + x	47 ns	6-	+2.00(6)			TDPAD	1990Bi03	ZP A335 365 (90)
45 Rh 105	0	35.4 h	7/2+	4.41(5)			NMR/ON,R		PR B51 11484 (95)
				4.452(10)		[100Rh 75]	NMR/ON	1985Ed06/1981Ha19	PR C32 1707 (85)/PR C23 2683 (81)
				4.36(12)		[100Rh 75]	NO/S	1977Wi10	HFI 3 157 (77)
45 Rh 106	0	29.8 s	1+	2.575(7)			NMR/ON	1990Oh01	PR C41 243 (90)
				3.09(9)		[100Rh 75]	NO/S	1977Wi10	HFI 3 157 (77)
				sign positive			NO/βS	1992Ma54	HFI 75 415 (92)
46 Pd 96	2532	2.22 μs	8+	+10.97(6)			TDPAD	1983Gr01	PL 120B 63 (83)
	7039	35 ns	(15+)	(+)12.5(6)		[96Pd 2532]	TDPAD	1989Al05	ZP A332 129 (89)
46 Pd 101	0	8.5 h	5/2+	(-)0.66(2)		[105Pd]	NMR/ON	1986Ni02	NP A451 233 (86)
46 Pd 102	556	11.3 ps	2+	+0.82(8)		[106Pd 512]	TF	1980Br01	PR C21 574 (80)
				+0.78(10)		[106Pd 512]	TF		BAPS 30 1264 (85)
					-0.20(15)		CERP		NIM 146 329 (77)
					-0.2(2)		CER	1977La16	NP A292 301 (77)
46 Pd 103	785	25 ns	11/2-	-1.05(6)			TDPAD	1981KaZE	ZfK-455 27 (81)
46 Pd 104	556	9.7 ps	2+	+0.92(8)		[106Pd 512]	TF	1980Br01	PR C21 574 (80)
				+0.76(8)		[106Pd 512]	TF		BAPS 30 1264 (85)
				0.80(10)		[106Pd 512]	RIGV		DisA 40 803B (79)
					-0.46(11)		CERP		NIM 146 229 (77)
46 Pd 105	0	stable	5/2+	-0.642(3)			N	1964Se13	PR 136 A1119 (64)
					0.660(11) a		Mu-X	1978Vu01	NP A294 273 (78)
					+0.65(3)		AB, R		Bk82HFS 83 (82)
	280	67 ps	3/2+	-0.074(13)		[105Pd 645]	IPAC	1981Al19	ZP A302 223 (81)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	319	38 ps	5/2+	+1.0(2)		[105Pd 645]	IPAC	1981Al19	ZP A302 223 (81)
	645	126 ps	7/2-	-1.49(9)			IPAC	1981Al19	ZP A302 223 (81)
46 Pd 108	434	23 ps	2+	+0.72(6)		[106Pd 512]	TF	1980Br01	PR C21 574 (80)
				+0.76(6)			IMPAC, R	1974Hu01	PR C9 1954 (74)
				+0.64(6)		[106Pd 512]	TF		BAPS 30 1264 (85)
				0.84(10)		[106Pd 512]	RIGV		DisA 40 803B (79)
					-0.58(4)		ES	1978Ar07	JP G4 961 (78)
					-0.48(5)	[110Pd 374]	CER	1977Ma41	JP G3 1735 (77)
					-0.51(6) or -0.30(6)		CER	1972Lu08	PR C6 1385 (72)
					-0.7(2)		CERP	1976Ha21	NP A264 341 (76)
					-0.7(3)		ES, R	1981Ko06	JP G7 L63 (81)
46 Pd 110	374	46 ps	2+	+0.62(6)		[106Pd 512]	TF	1980Br01	PR C21 574 (80)
				+0.62(6)			IMPAC, R	1974Hu01	PR C9 1954 (74)
				+0.70(6)		[106Pd 512]	TF		BAPS 30 1264 (85)
				0.74(6)		[106Pd 512]	RIGV		DisA 40 803B (79)
					-0.47(3)		ES	1976Li19	PR C14 952 (76)
					-0.55(8) or -0.35(8)		CER, R	1972Lu08	PR C6 1385 (72)
47 Ag 101	0	11.4 m	9/2+	5.7(4)		[110Ag 118]	NO/S	1983Va09	NP A396 115c (83)
47 Ag 102	0	13 m	5+	4.6(7)		[110Ag 118]	NO/S	1985Va06/1983Va09	HFI 22 483 (85)/NP A396 115c (83)
	9	7.7 m	2+	4.1(3)		[107Ag]	AB	1974Gr10	PR C9 2028(74)
	181	3.5 ns	7+	4.6(3)			IPAD	1989VoZR	Cf89Tshkt 71 (89)
47 Ag 103	0	1.10 h	7/2+	+4.47(5)			AB/D	1970Wa35	PS 1 238 (70)
47 Ag 104	0	69 m	5+	3.917(8)		[110Ag 118]	NMR/ON	1986Va27	PRL 57 2641 (86)
	7	33 m	2+	+3.7(2)		[107Ag]	AB	1961Am02	PR 123 1793 (61)
				4.1(3)		[110Ag 118]	NO/S		ARLe 12 (85)
	212	1.4 ns	7+	4.8(3)			IPAD	1989VoZR	Cf89Tshkt 71 (89)
47 Ag 105	0	41.3 d	1/2-	0.1014(10)		[107Ag]	AB	1963Ew02	PR 129 1617 (63)
	25	7.2 m	7/2+	+4.414(13)			CFBLS		Bk88 NFFS 209 (88)
	1734	6.0 ns	15/2+	+3.73(14)			TDPAD	1980Le05	IzF 44 202 (80)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +3.8(2) +4.4(5)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
							TDPAD	1985Ke09	NP A444 261 (85)
							TDPAD	1979Ka05	NP A315 334 (79)
47 Ag 106	0	24 m	1+	+2.9(2)		[107Ag]	AB	1974Gr10	PR C9 2028(74)
	90	8.5 d	6+	(+)3.709(4) (+)3.82(8)		[110Ag 118] [110Ag 118]	NMR/ON NO/S	1984Ed02 1984Be53	PR C30 676 (84) PR C30 2026 (84)
					+1.11(11) st	[110Ag 118]	NO/S	1984Be53	PR C30 2026 (84)
47 Ag 107	0	stable	1/2-	-0.11357(2)			AB/D	1973Bu24	ZNat 28a 1753 (73)
				-0.11367965(15)		[2H]	N	1974Sa25	ZNat 29a 1763 (74)
	93	44.3 s	7/2+	(+)4.398(5)		[109Ag 88] [110Ag 118]	NMR/ON LMR	1985Ed01 1986Be01	PR C31 190 (85) PR C33 390 (86)
					0.98(11) st			1986Ba14	PR C33 1461 (86)
	325	5.0 ps	3/2-	+0.9(2) +0.94(14) +1.05(14)		[108Pd 434] [106Pd 512]	TF TF	1986Ba14 1984Wo08	PR C33 1461 (86) NP A427 639 (84)
									NuoC 84A 106 (84)
	423	40.2 ps	5/2-	+1.0(2) +0.93(15) +1.13(15)		[108Pd 434] [106Pd 512]	TF TF	1986Ba14 1984Wo08	PR C33 1461 (86) NP A427 639 (84) NuoC 84A 106 (84)
47 Ag 108	0	2.4 m	1+	2.6884(7)		[8Li]	β-NMR	1976Wi03	NP A261 261 (76)
	110	127 y	6+	3.58(2)		[109Ag 88]	O	1975Fi07	ZP A274 79 (75)
					+1.32(7) st		O, R	1984Be53	PR C30 2026 (84)
	215	46 ns	3+	+3.888(15) q		[19F 197]	TDPAD	1974Be47	NP A229 72 (74)/JPJa 41 1830 (76)
47 Ag 109	0	stable	1/2-	0.13056(2)		[107Ag]	N	1954So05	PR 93 174 (54)
				-0.1306906(2)		[2H]	N	1974Sa25	ZNat 29a 1763 (74)
	88	39.8 s	7/2+	+4.400(6)		{110Ag 118} {110Ag 118}	NMR/ON LMR, R	1985Ed01/1971St09 1986Be01/1984Be53	PR C31 190 (85)/CJP 49 906 (71) PR C33 390 (86)/PR C30 2026 (84)
					(+)1.02(12)				
	311	5.9 ps	3/2-	+0.99(15) +1.2(2) +1.2(2)		[108Pd 434] [106Pd 512]	TF TF TF	1986Ba14 1984Wo08	PR C33 1461 (86) NP A427 639 (84) NuoC 84A 106 (84)
					-0.7(3)		CER		PL 41B 585 (72)
	415	35 ps	5/2-	+0.73(15) +0.90(13) +0.90(15)		[108Pd 434] [106Pd 512]	TF TF TF	1986Ba14 1984Wo08	PR C33 1461 (86) NP A427 639 (84) NuoC 84A 106 (84)
					-0.3(3)		CER		PL 41B 585 (72)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
47 Ag 110	0	24.4 s	1+	2.7271(8)	0.24(12)	[108Ag]	NMR/ON:AB	1976Wi03	NP A261 261 (76)/JP A2 658 (69)
	118	252 d	6+	3.589(4) +3.607(4)		BFNMR/ON	1992Hu09	HFI 10 727 (81)	
	119	37 ns	3+	+3.77(3)		O, R	1967Sc04	HFI 73 247 (92)	
					+1.44(10) st	[19F 197]	TDPAD	1984Be53	PR 154 1142 (67)
								1974Be47	PR C30 2026 (84)
									NP A229 72 (74)/JPJa 41 1830 (76)
47 Ag 111	0	7.45 d	1/2-	-0.146(2)		[109Ag]	AB		PPS 69A 581 (56)
47 Ag 112	0	3.14 h	2(-)	0.0547(5)		[109Ag]	AB		PR 133 B1158 (64)
47 Ag 113	0	5.37 h	1/2-	0.159(2)		[109Ag]	AB		PR 133 B1158 (64)
48 Cd 100	2548	73 ns	8+	9.9(5)			TDPAD	1992Al17	ZP A344 1 (92)
48 Cd 102	2718	56 ns	8+	10.3(2)	0.87(10)		TDPAD	1992Al17	ZP A344 1 (92)
							TDPAD	1992Al17	ZP A344 1 (92)
48 Cd 103	0	7.3 m	5/2+	-0.81(3)	-0.8(7)	[109Cd]	CLS	1987Bu01	NP A462 305 (87)
						[109Cd]	CLS	1987Bu01	NP A462 305 (87)
48 Cd 105	0	56 m	5/2+	-0.7393(2)		[109Cd]	OD	1969La06	PR 177 1615 (69)
					+0.43(4)	[109Cd]	OD	1969La06	PR 177 1615 (69)
	2517	4.5 μs	21/2+	+9.17(6)	(+)1.17(12)	[109Cd 463]	SOPAD TDPAD	1978Sp09 1978Sp09	HFI 4 229 (78) HFI 4 229 (78)
48 Cd 106	633	7.3 ps	2+	+0.8(2)		[110Cd 658]	TF	1980Br01	PR C21 574 (80)
	4660	62 ns	12+	+8.9(2)	-0.28(8)		CER TDPAD, R	1976Es02 1986Vo14	NP A274 237 (76) YadF 44 849 (86)
48 Cd 107	0	6.50 h	5/2+	-0.6150554(11)		[111Cd]	OP,N,OD	1963By02	PL 42A 273 (72)/PR 132 1181 (63)
					+0.68(7)	[109Cd]	OD, R	1969La06	PR 177 1615 (69)
	846	70 ns	11/2-	-1.041(11) -1.032(14)	(-)0.94(10)	[19F 197]	TDPAD TDPAD TDPAD	1974Be17 1982ZaZU 1978Sp09	NP A222 399 (74) Cf82 Kiev 73 (82) HFI 4 229 (78)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	2679	56 ns	21/2+	+9.10(10)			TDPAD		PL 52B 329 (74)
					+1.21(13)	[109Cd 463]	TDPAD	1978Sp09	HFI 4 229 (78)
48 Cd 108	633	6.8 ps	2+	+0.7(2)		[110Cd 658]	TF	1980Br01	PR C21 574 (80)
					-0.45(8)		CER	1976Es02	NP A274 237 (76)
48 Cd 109	0	453 d	5/2+	-0.8278461(15)		[111Cd]	OP,N,OD	1963By02	PL 42A 273 (72)/PR 132 1181 (63)
					+0.69(7)		OD, R	1969La06	PR 177 1615 (69)
	463	8.9 ms	11/2-	-1.096(2)			SOPAD		Cf70HI 356 (70)
					-0.92(9)	[111,3,5Cd 11/2-]	TDPAD	1978Sp09	HFI 4 229 (78)
48 Cd 110	658	5.0 ps	2+	+0.57(11)			IPAC, R	1980Br01	PR C21 574 (80)
				+0.56(10)		[111Cd 245]	IPAC	1978Wa07	PR C18 476 (78)
				0.62(14)		[109Pd 512]	RIGV		DisA 803B (79)
					-0.40(4)		ES		JP G3 L169 (77)
					-0.39(6)	[114Cd 558]	CER	1977Ma41	JP G3 1735 (77)
					-0.36(8)		CER	1976Es02	NP A274 237 (76)
48 Cd 111	0	stable	1/2+	-0.5948861(8)		[1H]	OP, N	1950Pr51	PL 42A 273 (72)/PR 79 35 (50)
				0.595543(2)		[2H]	N	1974Ka04	ZP 266 233 (74)
	245	84 ns	5/2+	-0.766(3)			TDPAC	1974Be51	ZP 270 203 (74)
					+0.77(12) st	[117In 660]	TDPAC	1973Ra02/1976Ra09	PRL 30 10 (73)/PR B13 2835 (76)
					+0.80(10)	[115Cd 173]	TDPAD	1983Er01	PL 93A 357 (83)
					+0.83(13)	[111Cd 396]	TDPAD	1980He02	ZP A294 13 (80)
					(+)0.74(8)	[109Cd 463]	TDPAD	1978Sp09	HFI 4 229 (78)
	342	27 ps	3/2+	0.0(12)		[110Cd 658]	TF	1988Be45	HFI 43 457 (88)
	396	48.6 m	11/2-	-1.1051(4)		[109Cd]	OD	1969La06	PR 177 1615 (69)
					-0.85(9)	[109Cd]	OD	1969La06	PR 177 1615 (69)
	620	10 ps	5/2+	+0.28(12)		[110Cd 658]	TF	1988Be45	HFI 43 457 (88)
48 Cd 112	617	6.2 ps	2+	+0.6(2)		[110Cd 658]	TF	1980Br01	PR C21 574 (80)
				0.72(12)		[106Pd 512]	RIGV		DisA 40 803B (79)
					-0.37(4)		ES		JP G3 L169 (77)
					-0.39(8)	[114Cd 558]	CER	1977Ma41	JP G3 1735 (77)
					-0.39(11)		CER	1976Es02	NP A274 237 (76)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
48 Cd 113	0	9x10 <sup>15</sup> y	1/2+	-0.6223009(9)		[111Cd]	OP, N	1950Pr51	PL 42A 273 (72)/PR 79 35 (50)
	264	14 y	11/2-	-1.087784(2)		[111Cd]	OP, N		PL 29A 103 (69)
					-0.71(7)	[109Cd]	OD, R	1969La06	PR 177 1615 (69)
	298	32 ps	3/2+	-0.4(8)			TF	1988Be45	HFI 43 457 (88)
	584	9 ps	5/2+	+0.15(12)			TF	1988Be45	HFI 43 457 (88)
48 Cd 114	558	9.0 ps	2+	+0.58(14)		[110Cd 658]	TF	1980Br01	PR C21 574 (80)
				0.60(8)		[106Pd 512]	RIGV		DisA 40 803B (79)
					-0.35(5)		CER	1972La25	PL 40B 360 (72)/NP A195 119(72)/
					-0.348(12)		ES	1976Es02	NP A274 237 (76)
					-0.38(4)		ES	1981Ko06	JP G7 L63 (81)
				-0.34(3)		ES	1976Li19	JP G3 L169 (77)	
								1976Li19	PR C14 952 (76)
48 Cd 115	0	53.4 h	1/2+	-0.6484259(12)		[111Cd]	OP, N		PL 29A 103 (69)
	173	44.8 d	11/2-	-1.0410343(15)		[111Cd]	OP, N		PL 29A 103 (69)
						[113Cd 264]	OL		PL 46A 211(73)
48 Cd 116	514	15 ps	2+	+0.60(14)		[110Cd 658]	TF	1980Br01	PR C21 574 (80)
							ES		JP G3 L169 (77)
							CER	1976Es02	NP A274 237 (76)
					-0.42(4)		CER	1977Na06	JP G3 507 (77)
				-0.42(8)					
					-0.64(12) or -0.46(12)				
49 In 104	0	1.7 m	5+	+4.44(2)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.66(11) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 105	0	5.07 m	9/2+	+5.675(5)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
				4.8(4)			NO/S	1982Ya21	PRL 49 1390 (82)
					+0.83(5) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 106	0	6.2 m	7+	+4.916(7)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
				4.921(13)			NMR/ON	1986Va27	PRL 57 2641 (86)/HFI 22 403 (85)
				4.87(15)			NO/S	1982Ya21	PRL 49 1390 (82)
					+0.97(6) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 107	0	32.4 min	9/2+	+5.585(8)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) 5.6(5)	Q(b)	[Ref. Std.]	Method NO/S	NSR Reference 1982Ya21	Journal Reference PRL 49 1390 (82)
					+0.81(5) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 108	0	58 m	7+	+4.561(3) 4.557(7) 4.53(10)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+1.005(7) st	[115In]	NMR/ON	1986Va27	PRL 57 2641 (86)
							NO/S	1982Ya21	PRL 49 1390 (82)
	29	40 m	2+	+4.935(5)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.467(14)	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 109	0	4.2 h	9/2+	+5.538(4) +5.538(11)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.84(3) st	[115In]	NMR/ON	1981Da08	ZP A300 339 (81)
							CFBLS	1987Eb02	NP A464 9 (87)
49 In 110	0*	69.1 m	2+	+4.365(4)		[113In]	AB	1968CaZX0	Th Casserb (68)
					+0.35(2) st	[115In]	AB, R	1968CaZX0	Th Casserb (68)
	0*	4.9 h	7+	+4.713(8) 4.719(13) 4.73(4) 4.6(4)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
							NMR/ON	1981Da08	ZP A300 339 (81)
							NMR/ON		ARLe 101 (79)
					+1.00(2)	[115In]	NO/S	1977Be19	PR C15 1839 (77)
							CFBLS	1987Eb02	NP A464 9 (87)
49 In 111	0	2.83 d	9/2+	+5.503(7) 5.499(7) (+)5.504(10) +5.48(10)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
							BFNMR/ON	1982Nu01	PRL 49 347 (82)
							NMR/ON	1981Ha45	PR C24 2222 (81)
					+0.80(2)	[115In]	NO/S	1980Ha26	HFI 8 41 (80)
							CFBLS	1987Eb02	NP A464 9 (87)
	2717	14.8 ns	21/2+	+5.3(2) +4.9(2)			TDPAD	1980Le05	IzF 44 202 (80)
							TDPAD	1981Va15	ZP A301 137 (81)
49 In 112	0*	14.4 m	1+	+2.82(3)		[113In]	AB		Th68 Casserb (68)
					+0.087(5)	[115In]	AB, R		Th68 Casserb (68)
	157	20.9 m	4+	+5.227(4)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.714(10)	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	351	0.69 μs	7+	+4.73(4)			TDPAD		NP A272 (76)
					1.03(3)	[117In 660]	TDPAD	1993Io02	HFI 77 111 (93)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	614	2.82 μs	8-	+3.08(3)	1.1(1)	[112In]	TDPAD		PC86 Ivanov (86)
					0.095(3)	[117In 660]	TDPAD	1993Io02	NP A272 (76)
					0.086(3) st	[117In 660]	TDPAD	1976Io02	HFI 77 111 (93)
							TDPAD		PL 64B 36 (76)
49 In 113	0	stable	9/2+	+5.5289(2)		[115In]	N	1957Ri42	PR 106 953 (57)
					+0.80(4) st	[115In]	AB	1957Ri42	PR 106 953 (57)
	392	99.5 m	1/2-	-0.21074(2)		[115In]	AB	1960Ch08	PR 118 1578 (60)
49 In 114	0	71.9 s	1+	2.817(11)			NMR/ON	1982Nu02	PR C26 1701 (82)
	190	49.5 d	5+	+4.653(5)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
				4.658(7)			NMR/ON	1979La20	CERN 81-09 26 (81)/HFI 7 61 (79)
				4.66(3)			BFNO		HFI 10 1195 (81)
				+4.72(10)			NMR/ON	1983De54	HFI 15 31 (83)
					+0.739(12) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.16(6)	[115In]	NO/S	1978Br37	HFI 4 576 (78)/PR B1 454 (70)
49 In 115	0	4.4x10 <sup>14</sup> y	9/2+	+5.5408 (2)		[1H]	N		PPS 76 301 (60)
					+0.81(5) st		ABLRFS, R	1984Be18	ZP A316 15 (84)
					0.8(2) st		ABLRFS	1982Ji01	ZP A306 7 (82)
					0.83(10) a		Pi-X	1981Ba07	NP A355 383 (81)
					0.58(9) a		Ka-X	1981Ba07	NP A355 383 (81)
	336	4.49 h	1/2-	-0.24398(5)		[115In]	AB	1962Ca14	CJP 40 931 (62)
	829	5.78 ns	3/2+	+0.74(13)			IPAC	1974Ba24	NP A222 168 (74)
					-0.60(2) st		TDPAC	1975Ra30/1973Ha61	PR C12 2022 (75)/JCP 58 3339 (73)
									ZP B34 177 (76)
49 In 116	0	14.1 s	1+	2.7876(6)			NMR/ON	1972La22/1971Wi12	ZP 252 242 (72)/ZP 244 289 (71)
					0.11(1) st	[115In]	QIR	1982Gr17	NP A386 56 (82)
					0.09(2)		NMR/ON	1971Wi12	ZP 244 289 (71)
	127	54.2 m	5+	+4.435(15)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.802(12) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	290	2.18 s	8-	+3.215(11)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.310(9) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 117	0	42 m	9/2+	+5.519(4)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+0.829(10) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	315	1.93 h	1/2-	-0.25174(3)		[115In]	AB	1962Ca14	CJP 40 931 (62)
	589	< 10 ps	3/2-	> 0.84			IPAC, R	1986Bo36/1985Al05	ZP A325 475 (86)/ZP A320 425 (85)
	660	53.6 ns	3/2+	+0.938(10)			TDPAC		Pram 7 190 (76)
				+0.910(10)			TDPAC	1983De54	HFI 15 31 (83)
					(-).0.59(1) st	[115In]	TDPAC	1972Ra27/1973Ha61	PRL 28 54 (72)/JCP 58 3339 (73)
49 In 118	~60	4.45 m	5+	+4.231(9)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.796(8) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	~200	8.5 s	8-	+3.321(11)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.441(7) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 119	0	2.4 m	9/2+	+5.515(10)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.854(7) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	315	18 m	1/2-	-0.319(5)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	654	130 ns	3/2+	+0.53(3)			TDPAD		ARHMI 75 (79)
					0.60(2)	[115In]	TDPAD		ARHMI 75 (79)
49 In 120	(0)	44.4 s	5+	+4.295(5)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.81(2) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	(0)	47.3 s	8-	+3.692(4)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.530(10) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 121	0	23.1 s	9/2+	+5.502(5)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.814(11) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	314	3.8 m	1/2-	-0.355(4)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 122	0+x	9.2 s	5+	+4.318(5)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.81(2) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	~220	10.5s	8-	+3.781(6)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.59(2) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 123	0	6.68 s	9/2+	+5.491(7)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
					+0.757(9) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
	327	45.9 s	1/2-	-0.400(4)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
49 In 124	0	3.09 s	3+	+4.043(11)	+0.61(7) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
							CFBLS	1987Eb02	NP A464 9 (87)
	190	3.7 s	8-	+3.888(9)	+0.664(9) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
							CFBLS	1987Eb02	NP A464 9 (87)
49 In 125	0	2.50 s	9/2+	+5.502(9)	+0.71(4) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
							CFBLS	1987Eb02	NP A464 9 (87)
	360	12.2 s	1/2-	-0.433(4)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 126	(0)	1.60 s	3+	+4.034(11)	+0.49(5) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
							CFBLS	1987Eb02	NP A464 9 (87)
	(0)	1.64 s	8-	+4.061(4)		[115In]	CFBLS	1987Eb02	NP A464 9 (87)
49 In 127	0	1.22 s	9/2+	+5.522(8)	+0.59(3) st	[115In]	CFBLS	1987Eb02	NP A464 9 (87)
							CFBLS	1987Eb02	NP A464 9 (87)
50 Sn 108	2365	7.3 ns	6+	-0.24(12)			TFL	1983Ha37	NP A410 317 (83)
	3561	71 ps	8+	>0.8			TFL	1983Ha37	NP A410 317 (83)
50 Sn 109	0	18.0 m	5/2+	-1.079(6)	+0.31(10)	[119Sn]	CFBLS	1987Eb01	ZP A326 121 (87)
							CFBLS	1987Eb01	ZP A326 121 (87)
50 Sn 110	2480	5.6 ns	6+	+0.07(3)	0.34(4)		TDPAD		BRASP 53 (11) 133 (89)
							TDPAD		BRASP 53 (11) 133 (89)
	3767	1.15 ns	8-	-2.4(12)			TDPAD		BRASP 53 (11) 133 (89)
50 Sn 111	0	35 m	7/2+	+0.608(4) +0.617(8)	+0.18(9)	[119Sn] [115,7,9Sn]	CFBLS	1987Eb01	ZP A326 121 (87)
							ABFLS	1986An24	PR C34 1052 (86)
	979	9.2 ns	11/2-	-1.26(11)			CFBLS	1987Eb01	ZP A326 121 (87)
							TDPAD		PR C10 1414 (74)
50 Sn 112	1257	0.35 ps	2+	+0.7(3)	-0.03(11)		TF	1980Ha19	PR C22 97 (80)
							CER	1975Gr30	PR C12 1462 (75)
	2550	13.7 ns	6+	+0.53(3) +0.61(5) +0.2(2)			TDPAD	1983Le18	YadF 37 1342 (83)
								1981Go17	IzF 45 2116 (81)
								1981Va15	ZP A301 137 (81)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					0.25(2) 0.29(7)	[118Sn 739]	TDPAD TDPAD	1975Vi03	NP A243 29 (75) ChJNP 6 188 (84)
50 Sn 113	0 739	115 d 82 ns	1/2+ 11/2-	-0.8791(6) -1.30(2) -1.29(2)		[115,7,9Sn]	ABFLS TDPAD TDPAD	1986An24 1981Go17 1974Di18	PR C34 1052 (86) IzF 45 2116 (81) ZP 271 103 (74)/PR C10 1414 (74)
					0.41(4) 0.48(5)	[116Sn 3548] [118Sn 3108]	TDPAD TDPAD	1975Di02 1976Be59	PL 55B 293 (75) HFI 2 326 (76)
50 Sn 114	1300 3088	0.28 ps 765 ns	2+ 7-	>0 -0.567(4)			TF TDPAD	1980Ha19	PR C22 97 (80) Cf73Mun 1 256 (73)
					0.32(3) 0.36(4)	[116Sn 3548] [118Sn 3108]	TDPAD TDPAD	1975Di02 1976Be59	PL 55B 293 (75) HFI 2 326 (76)
50 Sn 115	0 613	stable 3.26 ps	1/2+ 7/2+	-0.91883(7) +0.683(10)		[23Na]	N TDPAD	1950Pr51 1975Iv02	PR 79 35 (50) RRou 20 141 (75)
	714	159 μs	11/2-	-1.378(11) -1.369(4)	0.26(3)	[118Sn 3108]	TDPAD TDPAD NMR/PAC	1976Be59 1975Iv02	HFI 2 326 (76) RRou 20 141 (75) PL 34B (71)
					0.38(6)		QIR	1975Ri03	PS 11 228 (75)
50 Sn 116	1294	0.36 ps	2+	-0.3(2)			TF	1980Ha19	PR C22 97 (80)
					-0.17(4) +0.08(8)		ES CER	1976Li19	PR C14 952 (76)
	2366	370 ns	5-	-0.376(3)			TDPAD	1975Gr30/1970KI06	PR C12 1462 (75)/NP A154 499 (70) Cf73Mun 1 256 (73)
					0.26(3) 0.28(3)	[116Sn 3548] [118Sn 3108]	TDPAD TDPAD	1975Di02 1976Be59	PL 55B 293 (75) HFI 2 326 (76)
	3548	904 ns	10+	-2.326(15)			TDPAD		Cf73Mun 1 256 (73)
					0.50(5)		Est from B(E2)	1975Di02	PL 55B 293 (75)
50 Sn 117	0 159 315	stable 279 ps 13.6 d	1/2+ 3/2+ 11/2-	-1.00104(7) +0.66(5) -1.3955(10)		[23Na]	N IPAC	1950Pr51 1086Bo31	PR 79 35 (50) ZP A325 281 (86)
					-0.42(5)	[115,7,9Sn]	ABLRFS ABLRFS	1986An24 1986An24	PR C34 1052 (86) PR C34 1052 (86)
50 Sn 118	1230	0.46 ps	2+	+0.04(20)			TF	1980Ha19	PR C22 97 (80)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.05(14)		CER	1975Gr30	PR C12 1462 (75)
	2321	21.7 ns	5-	-0.30(3)			TDPAC		Bk64 PAC 186 (64)
				-0.34(4)			IPAC		ZP 168 370 (62)
					0.16(3)	[116Sn 3548]	TDPAD	1975Di02	PL 55B 293 (75)
	2575	217 ns	7-	-0.689(4)			TDPAD		Cf73Mun 1 256 (73)
					0.32(3)	[118Sn 3108]	TDPAD	1976Be59	HFI 2 326 (76)
	3106	2.65 μs	10+	-2.447(7)			TDPAD		Cf73Mun 1 256 (73)
					0.41(4)		Est from B(E2)	1976Be59	HFI 2 326 (76)
50 Sn 119	0	stable	1/2+	-1.04728(7)		[23Na]	N	1950Pr51	PR 79 35 (50)
	24	17.8 ns	3/2+	+0.633(3)		[119Sn]	ME	1973Cr01	ZP 258 56 (73)
				+0.682(3)			ME		PA 81 3771 (78)
					0.094(11)	[116Sn 3548]	TDPAD	1975Di02	PL 55B 293 (75)
					-0.065(5)		ME, R	1972Mi02	PR B5 1704(72)/PR 159 239 (67)
					-0.061(3)		ME, R	1987Gr28	JP B20 5595 (87)
	90	293.1 d	11/2-	-1.40(8)			ME		PL 40A 297 (72)
					0.21(2)	[119Sn 24]	ME/R	1975Di02	PL 55B 293 (75)
50 Sn 120	1171	0.64 ps	2+		+0.022(10)		CER	1992Vo09	NP A549 281 (92)
				-0.28(14)			TF	1980Ha19	PR C22 97 (80)
					-0.05(10)		CER	1975Gr30	PR C12 1462 (75)
	2285	5.53 ns	5-	-0.28(3)			TDPAC		Bk64 PAC 186 (64)
				-0.37(5)			IPAC		ZP 168 370 (62)
					0.033(4)	[119Sn 24]	TDPAD	1975Di02	PL 55B 293 (75)
50 Sn 121	0	27.1 h	3/2+	+0.6978(10)		[115,7,9Sn]	ABLRFS	1986An24	PR C34 1052 (86)
					-0.02(2)		ABLRFS	1986An24	PR C34 1052 (86)
	6.3	55 y	11/2-	-1.3877(9)		[119Sn]	ABLRFS	1986An24	PR C34 1052 (86)
					-0.14(3)		ABLRFS	1986An24	PR C34 1052 (86)
50 Sn 122	1140	0.76 ps	2+	-0.1(2)			TF	1980Ha19	PR C22 97 (80)
					-0.28<Q<+0.14		CER	1975Gr30	PR C12 1462 (75)
50 Sn 123	0	129 d	11/2-	-1.3700(9)		[115,7,9Sn]	ABLRFS	1986An24	PR C34 1052 (86)
					+0.03(4)		ABLRFS	1986An24	PR C34 1052 (86)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
50 Sn 124	1132	0.97 ps	2+	-0.3(2)			TF	1980Ha19	PR C22 97 (80)
						0.0(2)	CER	1975Gr30	PR C12 1462 (75)
50 Sn 125	0	9.62 d	11/2-	-1.348(2)		[115,7,9Sn]	ABLRFS	1986An24	PR C34 1052 (86)
					+0.1(2)	ABLRFS	1986An24	PR C34 1052 (86)	
51 Sb 112	796	536 ns	8-	+2.192(8)			TDPAD		Th Berger (87)
					0.71(7) st	[121Sb]	TDPAD	1982Ma29	PR C26 493 (82)
51 Sb 114	0	3.49 m	3+	1.72(8)			NO/S	1993Bo46	HFI 78 133 (93)
	496	219 μs	8-	+2.265(5)	0.66(11) st	[121Sb]	SOPAD/TDPAD QIR, R	1976Ke07/1976Br40 1982Ma29	HFI 2 336 (76)/HFI 2 329 (76) PR C26 493 (82)/Th Dimmling (77)
51 Sb 115	0	31.8 m	5/2+	+3.46(1)		[121Sb]	AB	1968Ja05	PR 175 65 (68)
					-0.36(6) st	[121Sb]	AB	1968Ja05	PR 175 65 (68)
	1300	8.4 ns	11/2-	+5.53(8)			TDPAD	1980Le05	IzF 44 202 (80)
				+5.8(6)			TDPAD	1979Fa03	PR C19 720 (79)
				+5.3(6)			TDPAD	1978Ke04	ZP A285 177 (78)
	2796	152 ns	19/2-	+2.54(4)			TDPAD, R	1980Le05	IzF 44 202 (80)
				+2.73(4)			TDPAD	1979Fa03	PR C19 720 (79)
				+2.76(5)			TDPAD	1979Sh03	PR C19 1324 (79)
				+2.68(6)	0.52(6) st	[121Sb]	TDPAD	1979Ko02	ZP A289 287 (79)
					0.49(14) st	[121Sb]	TDPAD	1983Se04 1982Ma29	ZP A309 349 (83) PR C26 493 (82)
51 Sb 116	0	16 m	3+	2.715(9)		[121,123Sb]	NMR/ON	1986Gr16	PL 177B 159 (86)
	94	194 ns	1+	+2.47(9)			TDPAD	1993Di06	ZP A347 37 (93)
	383	60.3 m	8+	2.59(22)			NO/S	1993Bo46	HFI 78 133 (93)
	1844	11.9 ns	7+	+4.69(10)			TDPAD	1992Io01	ZP A343 21 (92)
					1.67(39)	[112Sb 796]	TDPAD	1992Io01	ZP A343 21 (92)
51 Sb 117	0	2.80 h	5/2+	+3.43(6)		[121Sb]	AB	1974Ek01	NP A226 219 (74)
					0(2)	[121Sb]	AB, R	1974Ek01	NP A226 219 (74)
	1323	3.8 ns	11/2-	+5.35(9)			TDPAD, R	1980Le05	IzF 44 202 (80)
				+5.6(4)			TDPAD	1978Ke04	ZP A285 177 (78)
	3131	340 μs	(25/2)+	+1.500(9)			NMR/ON, TDPAD	1975Iv02	DisA 36 780B (75)/RRou 20 141 (75)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					0.75(9) st	[121Sb]	QIR, R	1982Ma29	PR C26 493 (82)/JP G7 713 (77)
	3231	290 ns	23/2-	+5.03(6)			TDPAD	1987Io01	NP A466 317 (87)
					2.5(3) st	[112Sb 796]	TDPAD	1988Io01	PL 200B 259 (88)
51 Sb 118	0	3.6 m	1+	2.47(7)		[121Sb]	AB	1968Ja05	PR 175 65 (68)
	51	20.6 ms	(3)+	+2.63(5)		[115Sb 714]	TDPAD	1975PI04	PL 57B 235 (75)
					0.57(14) st	[121Sb]	QIR, R	1982Ma29	PR C26 493 (82)/Th Dimmling (77)
	212	5.0 h	8-	2.32(4)		[122Sb]	NMR/ON	1974Ca06	NP A221 1 (74)
	270	13.4 ns	3-	-3.76(9)			TDPAD	1985Di07	ZP A320 613 (85)
					0.25(5) st	[112Sb 796]	TDPAD	1985Di07	ZP A320 613 (85)
	927	22.8 ns	7+	+4.76(13)			TDPAD	1985Di07	ZP A320 613 (85)
					1.8(3) st	[112Sb 796]	TDPAD	1988Io01	PL 200B 259 (88)
	0	38.0 h	5/2+	+3.45(1)		[121Sb]	AB	1968Ja05	PR 175 65 (68)
					-0.37(6) st	[121Sb]	AB	1968Ja05	PR 175 65 (68)
	2554	128 ns	19/2-	+3.14(6)			TDPAC	1991Io02	NP A531 112 (91)
51 Sb 119	0	38.0 h	5/2+	+3.45(1)		[121Sb]	AB	1968Ja05	PR 175 65 (68)
					-0.37(6) st	[121Sb]	AB	1968Ja05	PR 175 65 (68)
	2554	128 ns	19/2-	+3.14(6)			TDPAC	1991Io02	NP A531 112 (91)
				+3.36(15)			TDPAD		PC Ivanov (86)
					2.1(2)	[112Sb 796]	TDPAC	1991Io02	NP A531 112 (91)
51 Sb 120	*0*	15.9 m	1+	2.3(2)		[121Sb]	AB	1968Ja05	PR 175 65 (68)
	*0*	5.76 d	8-	2.34(1)		[122Sb]	NMR/ON	1974Ca06	NP A221 1 (74)
	78	247 ns	3+	+2.584(6)			TDPAD	1976Io03	PL 64B 151 (76)
					0.41(4) st	[121Sb]	TDPAD	1982Ma29	PR C26 493 (82)
51 Sb 121	0	stable	5/2+	+3.3634(3)		[23Na]	N	1951Pr02	PR 81 20 (51)
					-0.36(4) st		O	1978Bu24	ZP A288 247 (78)
					-0.45(3) st		AB, R	1976De22	APPo A49 541 (76)
	37	3.5 ns	7/2+	+2.518(7)		[121Sb]	ME	1976La09	PR C13 2589 (76)
					-0.48(5) st	[121Sb]	ME		PL 32A 91 (70)
51 Sb 122	0	2.68 d	2-	_1.90(2)		[121,123Sb]	NO/D	1958Pi45	PR 112 935 (58)
					+0.85(11) st	[121Sb]	AB	1960Fe08	PhMg 5 1309 (60)



Nucleus	Ex	$T_{1/2}$	I	$\mu$ (nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+0.9(2)	[121Sb]	NO/S	1985He16	ZP A322 281 (85)
	61	1.86 $\mu$ s	3+	+2.983(12)			SOPAD	1973He10	PR C7 2128 (73)
	137	530 $\mu$ s	5+	+3.05(10)	+0.41(4) st	[121Sb]	TDPAD	1982Ma29	PR C26 493 (82)
							TDPAD		RRou 22 541 (75)
51 Sb 123	0	stable	7/2+	+2.5498(2)		[2H]	N	1951Pr02	PR 81 20 (51)
					-0.49(5) st		O	1978Bu24	ZP A288 247 (78)
51 Sb 124	0	60.2 d	3-	1.20(2)		[122Sb]	NMR/ON	1974Ca06	NP A221 1 (74)
					+1.9(4) st	[121Sb]	NO/S	1985He16	ZP A322 281 (85)
	41	3.2 $\mu$ s	3+	+2.97(3)			TDPAD	1981Io04	HFI 9 75 (81)
	125	86 ns	6-	+0.384(12)			TDPAD	1981Io04	HFI 9 75 (81)
51 Sb 125	0	2.7 y	7/2+	+2.63(4)		[122Sb]	NMR/ON	1974Ca06	NP A221 1 (74)
51 Sb 126	0	12.4 d	(8)-	1.28(7)			NO/S	1972Kr15	PR C6 2268 (72)
51 Sb 127	0	3.84 d	7/2+	2.697(6) 2.59(12)		[123Sb]	NMR/ON	1996Li01	PR C53 124 (96)
							NO/S	1972Kr15	PR C6 2268 (72)
51 Sb 128	0	9.1 h	8-	1.3(2)			NO/S	1972Kr15	PR C6 2268 (72)
51 Sb 129	0	4.4 h	7/2+	2.79(2)		[123Sb]	NMR/ON	1996Li01	PR C53 124 (96)
51 Sb 131	0	23 m	7/2+	2.89(1)		[123Sb]	NMR/ON	1997St06	PRL 78 820 (97)
51 Sb 133	0	2.5 m	7/2+	3.00(1)		[123Sb]	NMR/ON	1997St06	PRL 78 820 (97)
52 Te 115	280	7.5 $\mu$ s	11/2-	-0.954(5) -1.02(4)			TDPAD		DisA 37 4025B (77)
							TDPAD		PL 42B 54 (72)
52 Te 117	274	19.1 ns	5/2+	-0.787(12) -0.77(3) -0.75(5)			TDPAD	1981Io07	HFI 9 71 (81)
							TDPAD		Cf86Bang A4 (86)
							TDPAD	1981Ha11	ZP A299 251 (81)
52 Te 119	0	16.1 h	1/2+	0.25(5)			AB		ArkF 30 111 (65)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	300	4.68 d	11/2-	0.894(6)		[125Te 36]	NMR/ON		PR 36 2097 (87)
	320	2.2 ns	5/2+	-0.9(2)			IPAD		Cf86Bang A4 (86)
52 Te 120	560	9.3 ps	2+	+0.78(14)			TF		BAPS 30 1264 (85)
				+0.58(6)			TF	1981Sh15	PR C24 954 (81)
52 Te 121	294	154 d	11/2-	0.895(10)		[125Te 36]	NMR/ON		PR 36 2097 (87)
	443	83.5 ns	7/2+	+0.738(10)			TDPAD	1980Io01	PL 90B 65 (80)
				+0.774(11)			TDPAD		Cf86Bang A4 (86)
				+0.63(7)			TDPAD	1981Ha11	ZP A299 251 (81)
52 Te 122	564	7.52 ps	2+	+0.66(4)			TF		PR C37 2888 (88)
				+0.68(4)			TF		BAPS 30 1264 (85)
				+0.72(4)			IPAC, R		PR C37 2888 (88)
				+0.66(6)			TF	1981Sh15	PR C24 954 (81)
				+0.56(10)			TF	1985Gr17	IzF 49 2137 (85)
					-0.57(5)		CER	1978Be10	PR C17 628 (78)
					-0.50(5)		CER, R	1978Be10	PR C17 628 (78)
52 Te 123	0	>1x10 <sup>15</sup> y	1/2+	-0.7369478(8)		[125Te]	N	1953We51	ZNat 32a 1263 (77)/PR 89 923 (53)
	159	0.2 ns	3/2+	0.72(12)			IPAC		ZP A240 396 (70)
	247	119.7 d	11/2-	-0.927(8)		[125Te 36]	NMR/ON	1973Si26	PR 36 2097 (87)/NP A210 307 (73)
	440	27 ps	3/2+	+0.5(2)			TF	1988Be45	HFI 43 457 (88)
				+0.51(9)			IMPAC	1973Ro40	NP A236 165 (74)
	489	30.7 ns	7/2+	+0.787(14)			TDPAD	1981Io07/1981Io05	HFI 9 71 (81)/RRou 26 239 (81)
	506	18 ps	5/2+	+0.1(2)			TF	1988Be45	HFI 43 457 (88)
				+0.10(6)			IMPAC	1973Ro40	NP A236 165 (74)
52 Te 124	603	6.25 ps	2+	+0.56(6)			IPAC, R		PR C37 2888 (88)
				+0.66(6)			TF		BAPS 30 1264 (85)
				+0.62(8)			TF		PR C37 2888 (88)
				+0.52(6)			TF	1981Sh15	PR C24 954 (81)
					-0.45(5)		CER	1974Ba45/1974La05	PR C10 1166(74)/NP A221 26 (74)
								1975KI07	NP A248 342 (75)
52 Te 125	0	stable	1/2+	-0.8885051(4)		[2H]	N		ZNat 32a 1263 (77)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				-0.8884509(10)		[23Na]		1953We51	ZNat 32a 1263 (77)/PR 89 923 (53)
	36	1.48 ns	3/2+	+0.605(4)		[125Te]	ME		PL 54A 293 (75)
					-0.31(2)	[129I]	ME	1977La03	PR B15 2504 (77)
	145	58 d	11/2-	-0.985(6)		[125Te 36]	NMR/ON	1980Ge02	PR C21 439 (80)
					-0.06(2)		NO/ME	1987Be36	HFI 35 1023 (87)
	321	695 ps	9/2-	-0.92(3)			IPAC	1970Cr07	NP A154 369 (70)
					0.12(+5,-9)	[125Te 36]	IPAC	1976Va28	HFI 2 321 (76)
	443	19 ps	3/2+	+0.7(2)			TF	1988Be45	HFI 43 457 (88)
				+0.59(9)			IMPAC	1973Ro40	NP A236 165 (74)
	463	13 ps	5/2+	+0.50(12)			TF	1988Be45	HFI 43 457 (88)
				+0.8(2)			TF	1985Gr17	IzF 49 2137 (85)
	526	<160 ps	7/2-	<0			IPAC	1971Ro17	NP A170 240 (71)
	672	1.3 ps	5/2+	-0.6(7)			TF	1988Be45	HFI 43 457 (88)
52 Te 126	666	4.41 ps	2+	+0.62(8)			TF	1988Du10	PR C37 2881 (88)
				+0.68(6)			TF		BAPS 30 1264 (85)
				+0.38(6)			TF	1981Sh15	PR C24 954 (81)
					-0.20(9)		CER	1975Ra24	NP A250 333 (75)
	2975	10.6 ns	10+	-1.52(9)			TDPAD	1983Go02	YadF 37 257 (83)
52 Te 127	0	9.4 h	3/2+	0.635(4)		[125Te 36]	NMR/ON	1979Ge04	PR C20 1171 (79)
	88	109 d	11/2-	-1.041(6)		[125Te 36]	NMR/ON	1980Ge02	PR C21 439 (80)
	341	411 ps	9/2-	-0.96(6)			IPAC	1974So03	NP A224 358 (74)
				-0.98(15)			IPAC	1985De04	PR C31 593 (85)
52 Te 128	743	3.2 ps	2+	+0.50(6)			TF	1988Du10	PR C37 2881 (88)
				+0.70(8)			TF		BAPS 30 1264 (85)
				+0.62(8)			TF	1981Sh15	PR C24 954 (81)
					-0.06(5)		CER	1978Be10	PR C17 628 (78)
					-0.14(12)		CER, R	1978Be10	PR C17 628 (78)
52 Te 129	0	69.5 m	3/2+	0.702(4)		[125Te 36]	NMR/ON	1979Ge04	PR C20 1171 (79)
					0.055(13)	[125Te 36]	NO/ME	1987Be36	HFI 35 1023 (87)
	106	33.5 d	11/2-	-1.091(7)		[125Te 36]	NMR/ON	1979Ge04	PR C20 1171 (79)
52 Te 130	840	2.3 ps	2+	+0.58(10)			TF	1988Du10	PR C37 2881 (88)

Nucleus	Ex	$T_{1/2}$	I	$\mu(\text{nm})$ +0.66(16) +0.58(12)	Q(b)  -0.15(10)	[Ref. Std.]	Method TF TF CER	NSR Reference 1985Gr17 1981Sh15 1976Bo12	Journal Reference IzF 49 2137 (85) PR C24 954 (81) NP A261 498 (76)
52 Te 131	0 182	25 m 30 h	3/2+ 11/2-	0.696(9) -1.04(4)		[125Te 36]	NMR/ON NO/S	1979Ge04 1975Lh01	PR C20 1171 (79) PR C12 609 (75)
52 Te 132	1775	145 ns	6+	+4.7(5)			TDPAC	1986Fo02	NP A451 104 (86)
52 Te 134	1691	163 ns	6+	+5.08(15)			FTDPAC	1976Wo03	PRL 36 1072 (76)
52 Te 135	1555	510 ns	19/2-	-3.8(4)			FTDPAC		Cf83Gron NP13 (83)
53 I 117	0	2.22 m	(5/2)+	3.1(2)		[131,132I]	NO/S	1986Gr06	PL 173B 115 (86)
53 I 118	0 104	13.7 m 8.5 m	2- (7-)	2.0(2) 4.2(2)		[131,132I] [131,132I]	NO/S NO/S	1986Gr06 1986Gr06	PL 173B 115 (86) PL 173B 115 (86)
53 I 119	0 307	19 m 35 ns	5/2+ 9/2+	(+)2.9(1) +5.40(14) +5.5(4)		[131,132I]	NO/S TDPAD TDPAD	1986Gr06 1982Da17 1982Ga21	PL 173B 115 (86) NP A383 421 (82) PR C26 1101 (82)
53 I 120	0 ~930	1.4 h 53 m	2- (7-)	1.23(3) 4.2(2)		[131,132I] [131,132I]	NO/S NO/S	1986Gr06 1986Gr06	PL 173B 115 (86) PL 173B 115 (86)
53 I 121	0 2353	2.1 h 80 ns	5/2- (21/2+)	2.3(1) +12.6(11)		[131,132I]	NO/S TDPAD	1986Gr06 1982Ha46	PL 173B 115 (86) NP A389 341 (82)
53 I 122	0	3.63 m	1+	0.94(3) +ve sign		[131,132I]	NO/S NO/S	1986Gr06 1988As06	PL 173B 115 (86) HFI 43 489 (88)
53 I 123	0 2660	13.3 h 29 ns	5/2+ 21/2+	2.818(7) +10.9(9)		[131I]	NMR/ON TDPAD	1979Sc13	NP A323 1 (79) Cf83Gron NP14 (83)
53 I 124	0	4.18 d	2-	1.446(4)		[131I]	NMR/ON NO/S	1992Oh01 1983De55	PR C45 162 (92) HFI 15 69 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference																																																																																																																															
53 I 125	0	60.2 d	5/2+	2.821(5)	-0.776(17)	[131I]	NMR/ON MA, R IPAC	1979Sc13 1958Fl39 1973Ka37	NP A323 1 (79) PR 110 536 (58)/PR B61 13588 (00) ZP 265 65 (73)																																																																																																																															
	188	0.35 ns	3/2+	+1.06(7)		[127I]				53 I 126	0	13.1 d	2-	1.438(4)			NMR/ON TDPAD	1992Oh01	PR C45 162 (92) PC75 Bloch (75)	111	56 ns	unknown	-2.24(2)	53 I 127	0	stable	5/2+	+2.81327(8)	0.689(15) -0.789 e	[1H]	N, O R	1951Ya03	PR 82 750 (51)/ZP 112 199 (39) PR B61 13588 (00) JPCR 5 835 (76) PR C6 228 (72) JP B20 5595 (87) PL 13 198 (64)/PR B61 13588 (00) HPAc 49 661 (76)	58	1.95 ns	7/2+	+2.54(5)	[127I]	ME ME	1972Wo13 1987Gr28	203	0.388ns	3/2+	+0.97(7)	[127I]	ME, R IPAC, R	1976Le23	138	845 ns	4-	-0.72(3)		R	1982Al10	53 I 129	0	1.6x10 <sup>7</sup> y	7/2+	+2.6210(3)	-0.482(10)	[2H]	N Q, MA, R ME ME ME, R	1951Wa12 1953Li16 1981De35 1987Gr28 1972Ro41	PR 82 97 (51) PR 90 609 (53)/PR B61 13588 (00) PL 106B 457 (79) JP B20 5595 (87) NIM 105 509 (72)/PR B61 13588 (00)	28	16.8 ns	5/2+	+2.805(3)	[127I]	[129I]															53 I 130	0	12.36 h	5+	3.349(7)			NMR/ON TDPAD	1992Oh01	PR C45 162 (92) PC75 Bloch (75)	203	229 ns	*5*	-0.24(2)	53 I 131	0	8.04 d	7/2+	+2.742(1)	-0.35(2)	[127I]	AB AB, R IPAC IPAC TDPAC, R	1960Li13 1960Li13 1967Ta07 1967Ta07 1973Ha61	PR 119 2022 (60) PR 119 2022 (60)/PR B61 13588 (00) NP A102 203 (67) NP A102 203 (67) JCP 58 3339 (73)/PR B61 13588 (00)	150	0.95 ns	5/2+	+2.8(5)	[127I]	[127I]	1797	5.9 ns	(15/2)-	-1.2(4)							0.65(4)	[129I 28]	53 I 132	0	2.28 h	4+	3.088(7)	0.08(1)	[127I]	AB AB, R IPAC	1992Oh01 1969Si06	BAPS 5 504 (60) BAPS 5 504 (60)/PR B61 13588 (00) NP A132 221 (69)
53 I 126	0	13.1 d	2-	1.438(4)			NMR/ON TDPAD	1992Oh01	PR C45 162 (92) PC75 Bloch (75)																																																																																																																															
	111	56 ns	unknown	-2.24(2)																																																																																																																																				
53 I 127	0	stable	5/2+	+2.81327(8)	0.689(15) -0.789 e	[1H]	N, O R	1951Ya03	PR 82 750 (51)/ZP 112 199 (39) PR B61 13588 (00) JPCR 5 835 (76) PR C6 228 (72) JP B20 5595 (87) PL 13 198 (64)/PR B61 13588 (00) HPAc 49 661 (76)																																																																																																																															
	58	1.95 ns	7/2+	+2.54(5)		[127I]				ME ME	1972Wo13 1987Gr28																																																																																																																													
	203	0.388ns	3/2+	+0.97(7)		[127I]				ME, R IPAC, R	1976Le23																																																																																																																													
	138	845 ns	4-	-0.72(3)						R	1982Al10																																																																																																																													
53 I 129	0	1.6x10 <sup>7</sup> y	7/2+	+2.6210(3)	-0.482(10)	[2H]	N Q, MA, R ME ME ME, R	1951Wa12 1953Li16 1981De35 1987Gr28 1972Ro41	PR 82 97 (51) PR 90 609 (53)/PR B61 13588 (00) PL 106B 457 (79) JP B20 5595 (87) NIM 105 509 (72)/PR B61 13588 (00)																																																																																																																															
	28	16.8 ns	5/2+	+2.805(3)		[127I]				[129I]																																																																																																																														
53 I 130	0	12.36 h	5+	3.349(7)			NMR/ON TDPAD	1992Oh01	PR C45 162 (92) PC75 Bloch (75)																																																																																																																															
	203	229 ns	*5*	-0.24(2)																																																																																																																																				
53 I 131	0	8.04 d	7/2+	+2.742(1)	-0.35(2)	[127I]	AB AB, R IPAC IPAC TDPAC, R	1960Li13 1960Li13 1967Ta07 1967Ta07 1973Ha61	PR 119 2022 (60) PR 119 2022 (60)/PR B61 13588 (00) NP A102 203 (67) NP A102 203 (67) JCP 58 3339 (73)/PR B61 13588 (00)																																																																																																																															
	150	0.95 ns	5/2+	+2.8(5)		[127I]				[127I]																																																																																																																														
	1797	5.9 ns	(15/2)-	-1.2(4)																																																																																																																																				
						0.65(4)				[129I 28]																																																																																																																														
53 I 132	0	2.28 h	4+	3.088(7)	0.08(1)	[127I]	AB AB, R IPAC	1992Oh01 1969Si06	BAPS 5 504 (60) BAPS 5 504 (60)/PR B61 13588 (00) NP A132 221 (69)																																																																																																																															
	50	0.95 ns	3+	+2.2(3)		[127I]																																																																																																																																		

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	278	1.42 ns	1+	+1.88(11)	0.20(7)	[129I]	IPAC, R	1979Oo01	NP A321 180 (79)/PR B61 13588 (00)
					(-)0.148(6)	[129I]	TDPAC	1979Oo01	NP A321 180 (79)
						[129I]	TDPAC, R	1979Oo01	NP A321 180 (79)/PR B61 13588 (00)
53 I 133	0	20.9 h	7/2+	+2.856(5)		[127I]	AB	1961AI20	BAPS 5 273 (60)/UCRL 9850 (61)
					-0.24(1)	[127I]	AB, R	1961AI20	UCRL 9850 (61)/PR B61 13588 (00)
54 Xe 117	0	1.02 m	5/2+	-0.5938(15) d		[129Xe]	CFBLS		PC Neugart (90)
					+1.16(4)	[131Xe]	CFBLS		PC Neugart (90)
54 Xe 119	0	58 m	5/2+	-0.6542(15) d -0.59(6)		[129Xe]	CFBLS		PC Neugart (90)
					+1.31(5)	[131Xe]	NO/S CFBLS		Cf86Dubr, 658 (86) PC Neugart (90)
54 Xe 121	0	39 m	5/2+	-0.701(3) d -0.65(3)		[129Xe]	CFBLS		PC Neugart (90)
					+1.33(5)	[131Xe]	NO/S CFBLS		Cf86Dubr 658 (86) PC Neugart (90)
54 Xe 123	0	2.00 h	1/2+	-0.150(3) d		[129Xe]	CFBLS		PC Neugart (90)
	180+x	5.2 μs	7/2(-)	-0.902(7)			TDPAD	1982Ch25	ZP A308 227 (82)
					1.33(14)	[125Xe 296]	TDPAD	1982Ch25	ZP A308 227 (82)
	201+x	17 ns	9/2-		1.1(5)	[123Xe 180+x]	TDPAD	1982Ch25	ZP A308 227 (82)
54 Xe 124	354	56 ps	2+	+0.46(4)		[132Xe 668]	IMPAC	1975Go18	PR C12 628 (75)
54 Xe 125	0	17.1 h	1/2+	-0.269(3) d		[129Xe]	CFBLS		PC Neugart (90)
	253	57 s	9/2-	-0.7453(8) d		[129Xe]	CFBLS		PC Neugart (90)
					+0.424(15)	[131Xe]	CFBLS		PC Neugart (90)
	296	140 ns	7/2+	+0.93(4)			TDPAD	1983AI21	ZP A314 17 (83)
					1.40(15)		TDPAD	1983AI21	ZP A314 17 (83)
54 Xe 126	389	41.2 ps	2+	+0.74(14) +0.54(8)		[132Xe 668]	IPAC IMPAC	1977Ar19 1975Go18	HFI 5 81 (77) PR C12 628 (75)
54 Xe 127	0	36.4 d	1/2+	-0.5033(11) d -0.5039(2)		[129Xe]	CFBLS		PC Neugart (90)
						[129,131Xe]	LRS		Cf82OakR 183 (82)

Nucleus	$E_x$	$T_{1/2}$	$I$	$\mu(\text{nm})$	$Q(\text{b})$	[Ref. Std.]	Method	NSR Reference	Journal Reference
	297	1.15 m	9/2-	-0.8844(10) d	+0.69(2)	[129Xe]	CFBLS		PC Neugart (90)
	342	37 ns	7/2+	+0.85(3)		[131Xe]	CFBLS		
54 Xe 128	443	21.4 ps	2+	+0.82(14)		[126Xe 389]	IMPAC	1977Ar19	HFI 5 81 (77)
	2787	83 ns	8-	+0.62(6) -0.29(7)		[132Xe 668]	IMPAC	1975Go18	PR C12 628 (75)
54 Xe 129	0	stable	1/2+	-0.777976(8)	-0.41(4)	[2H]	N	1968Br12	HPAc 41 367 (68)
	40	0.98 ns	3/2+	+0.58(8)		[129Xe]	ME		JPCo 35 C6-301 (74)
	236	8.89 d	11/2-	-0.8906(12) d -0.891223(4) 0.8911(5)		[131Xe]	ME	1964Pe06	PR 135 B1102 (64)
						[129Xe]	CFBLS		PC Neugart (90)
54 Xe 130	538	10.0 ps	2+	+0.76(14)		[126Xe 389]	IMPAC	1977Ar19	HFI 5 81 (77)
	2972	5.17 ns	10+	+0.62(8) -2.05(14) -1.6(2)		[132Xe 668]	IMPAC	1975Go18	PR C12 628 (75)
54 Xe 131	0	stable	3/2+	+0.6915(2) d +0.691862(4)	-0.116(4) -0.120(12)	[129Xe]	CFBLS		PC Neugart (90)
						[2H]	N		
	164	11.8 d	11/2-	-0.994(2) d 0.9940(5) -0.994048(6)		[129Xe]	AB	1989Bo03	PL B216 7 (89)/Hennemann (Mainz 88)
54 Xe 132	668	4.9 ps	2+	+0.74(10) +0.78(10)	0.010(5)	[133Xe]	CFBLS	1961Fa05	PR 123 198 (61)
						[129Xe]	NMR/ON	1987Ed01	PC Neugart (90)
	2214	90 ns	7-	-0.06(3)		[133Xe]	NMR/ON		ZP A326 255 (87)
54 Xe 132	2753	8.4 ms	10+	(-)1.95(5)		[131Xe]	N/OP, NO/S	1986Ki16/1974Si07	PR C34 1974 (86)/ZP 267 145 (74)
							CFBLS		PC Neugart (90)
54 Xe 132	668	4.9 ps	2+	+0.74(10)	0.010(5)	[126Xe 389]	IMPAC	1977Ar19	HFI 5 81 (77)
	2214	90 ns	7-	+0.78(10) -0.06(3)			IPAC, R	1975Go18	PR C12 628 (75)
	2753	8.4 ms	10+	-0.06(3) (-)1.95(5)			TDPAD	1986Vo14	YadF 44 849 (86)
							TDPAD		UkrF 32 1636 (87)
							TDPAD	1976Ha50	ZP A278 303 (76)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
54 Xe 133	0	5.24 d	3/2+	+0.8129(5) d		[129Xe]	CFBLS	1986Ki16	PC Neugart (90)	
				+0.81340(7)		[131Xe 164]	N/OP		PR C34 1974 (86)	
				0.81(1)			NMR/ON		Bk86 LTNO 953 (86)	
				+0.8125(3)		[129,131Xe]	LRS		Cf82OakR 183 (82)	
				+0.81(1)		[131Xe]	O		ZP A285 229 (78)	
				0.80(10)			NO/S		ZP 267 145 (74)	
							CFBLS		PC Neugart (90)	
54 Xe 133	233	2.19 d	11/2-	-1.0825(13) d		[131Xe]	CFBLS	1978Hu04	Cf82OakR 183 (82)	
						+0.145(14)	[131Xe]		LRS	ZP A285 229 (78)
						+0.12(4)	[131Xe]		O	PC Neugart (90)
							[129Xe]		CFBLS	PC Neugart (90)
						[131Xe]	CFBLS		PC Neugart (90)	
54 Xe 134	847	1.9 ps	2+	1.1(2)		[132Xe 668]	TF	1993So01	NP A552 140 (93)	
54 Xe 135	0	9.10 h	3/2+	+0.9032(7) d		[129Xe]	CFBLS		PC Neugart (90)	
				0.9031(2)		[131Xe 164]	N/OP		BAPS 32 1563 (87)	
						[131Xe]	CFBLS		PC Neugart (90)	
54 Xe 135	527	15.3 m	11/2-	-1.1036(14) d		[129Xe]	CFBLS		PC Neugart (90)	
						1.1030(2)	[131Xe 164]		N/OP	BAPS 32 1563 (87)
						[131Xe]	CFBLS		PC Neugart (90)	
54 Xe 136	1313 1694	0.21 ps 1.32 ns	2+ 4+	2.4(5)		[132Xe 668]	TF	1993So01	NP A552 140 (93)	
				3.2(6)			IPAC		PR C31 570 (85)	
54 Xe 137	0	3.82 m	7/2-	-0.968(8)		[129,131Xe]	CFBLS	1989Bo03	PL B216 7 (89)	
							[131Xe]		CFBLS	PL B216 7 (89)
54 Xe 139	0	39.7 s	3/2-	-0.304(10)		[129,131Xe]	CFBLS	1989Bo03	PL B216 7 (89)	
							[131Xe]		CFBLS	PL B216 7 (89)
54 Xe 141	0	1.73 s	5/2+	+0.010(4)		[129,131Xe]	CFBLS	1989Bo03	PL B216 7 (89)	
							[131Xe]		CFBLS	PL B216 7 (89)
54 Xe 143	0	0.30 s	5/2-	-0.4599(14)		[129,131Xe]	CFBLS	1989Bo03	PL B216 7 (89)	
							[131Xe]		CFBLS	PL B216 7 (89)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
55 Cs 118	(0)	14 s	2	+3.876(5)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
					+1.4(2) st		ABLS	1987Co19	NP A468 1 (87)
	(0)	17 s	(6-)	5.4(11)			NO/S	1987Sh12	PR C36 413 (87)
55 Cs 119	(0)	36 s	9/2+	+5.46(3)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
					+2.8(1) st		ABLS	1987Co19	NP A468 1 (87)
	(0)	28 s	3/2+	+0.838(5)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
					+0.9(1) st		ABLS	1987Co19	NP A468 1 (87)
55 Cs 120	0	64 s	2+	+3.87(2)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
					+1.45(2) st		ABLS	1987Co19	NP A468 1 (87)
				+3.92(5)		[133Cs]	AB	1978Ek03	PL 76B 565 (78)
55 Cs 121	0	2.27 m	3/2+	+0.770(4)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
				0.79(2)		[133Cs]	AB	1977Ek02	NP A292 144 (77)
					+0.838(9) st		ABLS	1987Co19	NP A468 1 (87)
	~36	2.02 m	9/2+	+5.41(3)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
					+2.69(5) st		ABLS	1987Co19	NP A468 1 (87)
55 Cs 122	(0)	21 s	1+	-0.1333(9)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
				0.133(2)		[133Cs]	AB	1977Ek02	NP A292 144 (77)
					-0.19(1) st		ABLS	1987Co19	NP A468 1 (87)
	(0)	4.2 m	8-	+5.41(3)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
					+3.29(8) st		ABLS	1987Co19	NP A468 1 (87)
55 Cs 123	0	5.8 m	1/2+	+1.377(7)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
				+1.39(2)		[133Cs]	AB	1977Ek02	NP A292 144 (77)
55 Cs 124	0	30.8 s	1+	+0.673(3)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
				+0.674(7)		[133Cs]	AB	1977Ek02	NP A292 144 (77)
					-0.74(3) st		ABLS	1987Co19	NP A468 1 (87)
55 Cs 125	0	45 m	1/2+	+1.409(7)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
55 Cs 126	0	1.64 m	1+	+0.777(4)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
				+0.779(8)		[133Cs]	AB	1977Ek02	NP A292 144 (77)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.68(2) st		ABLS	1987Co19	NP A468 1 (87)
55 Cs 127	0	6.2 h	1/2+	+1.459(7)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
55 Cs 128	0	3.62 m	1+	+0.974(5) +0.977(10)		[133Cs] [133Cs]	ABLS AB	1987Co19 1977Ek02	NP A468 1 (87) NP A292 144 (77)
					-0.570(8) st		ABLS	1987Co19	NP A468 1 (87)
55 Cs 129	0	32.3 h	1/2+	+1.491(8)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
	575	734 ns	11/2-	+6.55(10)			TDPAD	1978De29	PR C18 2061 (78)
55 Cs 130	0	29.9 m	1+	+1.460(7) +1.466(15)		[133Cs] [133Cs]	ABLS AB	1987Co19 1977Ek02	NP A468 1 (87) NP A292 144 (77)
					-0.059(6) st		ABLS	1987Co19	NP A468 1 (87)
	0+x	3.7 m	5(-)	+0.629(4) +0.631(10)		[133Cs] [133Cs]	ABLS AB	1987Co19 1977Ek02	NP A468 1 (87) NP A292 144 (77)
					+1.45(5) st		ABLS	1987Co19	NP A468 1 (87)
55 Cs 131	0	9.69 d	5/2+	+3.53(2) +3.543(2)		[133Cs]	ABLS AB/D	1981Th06 1965Wo05	NP A367 1 (81) PR 140 B1483 (65)
					-0.575(6) st -0.67(4) st		OL, OD, R ABLS	1981Th06	ZNat 41a 24 (86) NP A367 1 (81)
	134	9.75 ns	5/2+	+1.86(8)			TDPAC		JPJS 34 427 (73)
55 Cs 132	0	6.47 d	2(-)	+2.222(7) +2.23(1)		[133Cs]	OL ABLS	1975Ac01 1981Th06	NP A248 157 (75) NP A367 1 (81)
					+0.508(7) st +0.49(2) st		OL ABLS	1975Ac01 1981Th06	NP A248 157 (75) NP A367 1 (81)
55 Cs 133	0	stable	7/2+	+2.582025(3) +2.5829128(15)		[87Rb] [2H]	OP N	1973Wh01	PR A7 1178 (73) ZNat 23a 1202 (68)/PL 25A 440 (67)
					-0.00371(14) -0.009(4) st		OL ABLS	1988Ta17/1981Th06 1981Th06	PR A38 1616 (88)/NP A367 1 (81) NP A367 1 (81)
	81	6.31 ns	5/2+	+3.45(2)		[133Cs]	ME	1968Ca03	NP A109 59 (68)
					-0.33(2) st	[133Cs]	ME		PR B15 3318 (77)
	161	190 ps	5/2+	+2.0(2)			IPAC	1979Th02	NP A318 97 (79)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference								
55 Cs 134	0	2.06 y	4+	+2.9937(9) +2.99(2)		[133Cs] [133Cs]	AB/D ABLS OD, R	1957St11 1981Th06 1975Ac01	PR 105 590 (57) NP A367 1 (81) NP A248 157 (75)								
										11	47 ns	5+	+3.35(7)	[133Cs]	TDPAC	1962Co14	Cf70Delft 549 (70)
	55 Cs 135	0	3x10 <sup>6</sup> y	7/2+	+2.7324(2) +2.73(1)		[133Cs] [133Cs]	AB/D ABLS	1957St11 1981Th06	PR 105 590 (57) NP A367 1 (81)							
											1633	53 m	19/2-	+2.18(1)	[133Cs]	ABLS ABLS	1981Th06 1981Th06
55 Cs 136	0	13.2 d	5+	+3.711(15) +3.71(2)		[133Cs]	OL ABLS	1975Ac01 1981Th06	NP A248 157 (75) NP A367 1 (81)								
										0+x	19 s	8-	+1.319(7)	[133Cs]	ABLS ABLS	1981Th06 1981Th06	NP A248 157 (75) NP A367 1 (81) NP A367 1 (81)
55 Cs 137	0	30.17 y	7/2+	+2.8513(7) +2.838(7) +2.84(1)		[133Cs] [133Cs] [133Cs]	AB/D CFBLS ABLS	1957St11 1978Sc27 1981Th06	PR 105 590 (57) PL 79B 209 (78) NP A367 1 (81)								
55 Cs 138	0	32.2 m	3-	+0.700(4) +0.701(7) +0.701(14)		[133Cs] [133Cs] [133Cs]	ABLS AB CFBLS	1981Th06 1979EK02 1979Bo01	NP A367 1 (81) PS 19 516 (79) ZP A289 227 (79)								

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	80	2.9 m	6-	+1.713(9)		[133Cs]	ABLS	1981Th06	NP A367 1 (81)
					-0.40(3)		ABLS	1981Th06	NP A367 1 (81)
55 Cs 139	0	9.4 m	7/2+	+2.696(4)		[133Cs]	CFBLS	1979Bo01	ZP A289 227 (79)
				+2.70(1)		[133Cs]	ABLS	1981Th06	NP A367 1 (81)
				+2.70(3)		[133Cs]	AB	1979Ek02	PS 19 516 (79)
					-0.075(11) st		CFBLS	1979Bo01	ZP A289 227 (79)
					-0.06(3) st		ABLS	1981Th06	NP A367 1 (81)
55 Cs 140	0	65 s	1-	+0.1338953(5)		[133Cs]	ABLS	1986Du16	JPPa 47 1903 (86)
				+0.134(1)		[133Cs]	ABLS	1981Th06	NP A367 1 (81)
				+0.134(2)		[133Cs]	AB	1979Ek02	PS 19 516 (79)
				+0.134(3)		[133Cs]	CFBLS	1979Bo01	ZP A289 227 (79)
					-0.112(7) st		CFBLS	1979Bo01	ZP A289 227 (79)
					-0.10(2) st		ABLS	1981Th06	NP A367 1 (81)
55 Cs 141	0	25.1 s	7/2+	+2.438(10)		[133Cs]	CFBLS	1979Bo01	ZP A289 227 (79)
				+2.42(3)		[133Cs]	ABLS	1981Th06	NP A367 1 (81)
				+2.41(1)		[133Cs]	AB	1979Ek02	PS 19 516 (79)
					-0.36(4) st		CFBLS	1979Bo01	ZP A289 227 (79)
					-0.45(7) st		ABLS	1981Th06	NP A367 1 (81)
55 Cs 143	0	1.78 s	3/2+	+0.870(4)		[133Cs]	ABLS	1981Th06	NP A367 1 (81)
					+0.47(3) st		ABLS	1981Th06	NP A367 1 (81)
55 Cs 144	0	1.00 s	1	-0.546(3)		[133Cs]	ABLS	1981Th06	NP A367 1 (81)
					+0.30(1) st		ABLS	1981Th06	NP A367 1 (81)
55 Cs 145	0	0.59 s	3/2+	+0.784(4)		[133Cs]	ABLS	1981Th06	NP A367 1 (81)
					+0.62(6) st		ABLS	1981Th06	NP A367 1 (81)
55 Cs 146	0	0.34 s	1	-0.515(2)		[133Cs]	ABLS	1987Co19	NP A468 1 (87)
					+0.22(3) st		ABLS	1987Co19	NP A468 1 (87)
56 Ba 121	0	30 s	5/2(+)	+0.660(1)		[135,137Ba]	CFBLS	1988We14	PL 211B 272 (88)
					+1.79(12) st	[135,137Ba]	CFBLS	1988We14	PL 211B 272 (88)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
56 Ba 123	0	2.7 m	5/2+	-0.680(1)	+1.49(12) st	[135,137Ba]	CFBLS	1988We14	PL 211B 272 (88)
				-0.69(2)		[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
						[135,137Ba]	CFBLS	1988We14	PL 211B 272 (88)
						[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
56 Ba 125	0 0 + x	3.5 m	1/2+	+0.177(12)		[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
			5/2+	0.1736(10)		[135,137Ba]	CFBLS	1992Da06	JP G18 L67 (92)
56 Ba 127	0	12.7 m	1/2(+)	+0.0834(10)		[135,137Ba]	CFBLS	1992Da06	JP G18 L67 (92)
				+0.089(12)		[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
	80	1.9 s	7/2(-)	-0.7227(5)		[135,137Ba]	CFBLS	1992Da06	JP G18 L67 (92)
						[135,137Ba]	CFBLS	1992Da06	JP G18 L67 (92)
56 Ba 129	0	2.23 h	1/2+	-0.40(2)	+1.60(13) st	[135,137Ba]	ABLRFS, R	1983Mu12/1979DbE25	NP A403 234 (83)/ZP A291 219 (79)
						[135,137Ba]	ABLRFS, R	1983Mu12/1979DbE25	NP A403 234 (83)/ZP A291 219 (79)
56 Ba 130	357	37 ps	2+	+0.70(6)	-1.0(2) or -0.1(2)		TF	1980Br01	PR C21 574 (80)
							CER	1989Bu07	NP A494 102 (89)
							CER		ARANU 26 (86)
							CERP		PL 52B 189 (74)
56 Ba 131	0	11.8 d	1/2+	0.708113(15)	+1.46(13) st	[137Ba]	TIS	1987Kn10	EPL 4 1361 (87)/JPCo 42 339 (81)
				-0.71(2)		[135,137Ba]	ABLRFS, R	1983Mu12/1979DbE25	NP A403 234 (83)/ZP A291 219 (79)
	188	14.6 m	9/2-	-0.87(2)		[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
						[135,137Ba]	CFBLS	1983Mu12	NP A403 234 (83)
56 Ba 132	465	18 ps	2+	+0.68(6)			TF	1980Br01	PR C21 574 (80)
	3115	12.3 ns	10+	-1.56(11)			IPAD	1995Ha26	PR C52 1796 (95)
				-1.59(5)			TDPAD	1996Da02	PR C53 1009 (96)
56 Ba 133	0	10.7 y	1/2+	0.77167(2)		[137Ba]	TIS	1987Kn10	EPL 4 1361 (87)/JPCo 42 339 (81)
				-0.769(3)		[135Ba]	O	1976Ho13	PL 62B 390 (76)
	-0.777(14)	[135,137Ba]	CFBLS	1983Mu12		NP A403 234 (83)			
	12	4.7 ns	3/2+	+0.51(7)		[135Ba]	XS		ZETF 80 120 (81)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	288	38.9 h	11/2-	-0.91(5)	+0.89(7) st	[135,137Ba] [135,137Ba]	ABLRFS, R ABLRFS, R	1983Mu12/1979DbE25 1983Mu12/1979DbE25	NP A403 234 (83)/ZP A291 219 (79) NP A403 234 (83)/ZP A291 219 (79)
56 Ba 134	605	5.1 ps	2+	+0.86(10) +0.82(12)	-0.32(6) or +0.09(6) OR -0.20(6) or +0.21(6) -0.34(16) or -0.13(16)		TF IMPAC CER  CER TDPAD	1980Br01 1980Eb01 1989Bu07  1977KI05	PR C21 574 (80) HFI 7 387 (80) NP A494 102 (89)  NP A283 526 (77) BAPS 27 27 (82)/Th Bell (85)
	2957	2.6 μs	10+	-2.0(1)					
56 Ba 135	0	stable	3/2+	+0.83794(2) 0.838627(2)		[35Cl]	OP N R OL, R CFBLS ABLRFS ABLS, R ABLRFS	1972OI01 1978Lu07 1988We07 1983Mu12/1976Ma28 1986Si03 1979Ba74 1982Gr14 1982Gr14	ZP 249 205 (72) ZP A288 11 (78) ZP A329 407 (88) NP A403 234 (83)/ZP A277 107(76) PR A33 2117 (86) PRS A365 567 (79) ZP A306 195 (82)/ZP A209 231 (79) ZP A306 195 (82)
	268	28.7 h	11/2-	-1.001(15)	+0.98(8) st	[135,137Ba] [135,137Ba]	ABLRFS, R ABLRFS, R	1983Mu12/1979DbE25 1983Mu12/1979DbE25	NP A403 234 (83)/ZP A291 219 (79) NP A403 234 (83)/ZP A291 219 (79)
56 Ba 136	819	1.93 ps	2+	+0.69(10)	-0.19(6) or +0.07(7) +0.01(5) or +0.25(5)		TF CER CER IPAC	1980Br01 1986Ro15 1984Be20 1979Oh03	PR C21 574 (80) PR C34 732 (86) PR C29 1672 (84) HFI 7 103 (79)
	2140	1.5 ns	5-	-1.9(2)					
56 Ba 137	0	stable	3/2+	+0.93737(2) 0.93734(2)		[135Ba]	OP N R OL, R R CFBLS ABLS ABLRFS	1972OI01 1978Lu07 1988We07 1983Mu12/1976Ma28 1986Si03 1986Si03 1979Gu09 1982Gr14	ZP 249 205 (72) ZP A288 11 (78) ZP A329 407 (88) NP A403 234 (83)/ZP A277 107(76) PR A33 2117 (86) PR A33 2117 (86) ZP A290 231 (79) ZP A306 195 (82)
	662	2.55 m	11/2-	-0.99(3)	+0.78(9)	[135,137Ba] [135,137Ba]	ABLRFS, R ABLRFS, R	1983Mu12 1983Mu12	NP A403 234 (83) NP A403 234 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
56 Ba 138	1436	0.206 ps	2+	+1.4(2)	-0.14(6) or +0.08(6)		TF	1987Ba65	ZP A328 275 (87)
							CER	1989Bu07	NP A494 102 (89)
	1899	2.17 ns	4+	3.2(6)			IPAC	1985Be04	PR C31 570 (85)
	2091	0.8 μs	6+	5.9(12)			TDPAD	1976Ik04	HFI 2 331 (76)
56 Ba 139	0	84.6 m	7/2-	-0.973(5)			CFBLS	1988We07	ZP A329 407 (88)
				-0.98(2)			CFBLS	1983Mu12	NP A403 234 (83)
							CFBLS	1988We07	ZP A329 407 (88)
							CFBLS	1983Mu12	NP A403 234 (83)
56 Ba 141	0	18.7 m	3/2-	-0.337(5)			CFBLS	1988We07	ZP A329 407 (88)
				-0.35(2)			CFBLS	1983Mu12	NP A403 234 (83)
							CFBLS	1988We07	ZP A329 407 (88)
							CFBLS	1983Mu12	NP A403 234 (83)
56 Ba 142	359	66 ps	2+	0.85(10)			IPAC, R	1988Wo03/1986Gi14	PR C37 1253 (88)/PR C34 1983 (86)
56 Ba 143	0	14.5 s	5/2(+)	+0.443(11)			CFBLS	1988We07	ZP A329 407 (88)
				+0.45(2)			CFBLS	1983Mu12	NP A403 234 (83)
							CFBLS	1988We07	ZP A329 407 (88)
							CFBLS	1983Mu12	NP A403 234 (83)
56 Ba 144	199	0.70 ns	2+	0.68(10)			IPAC	1983Wo05	PL 123B 165 (83)
56 Ba 145	0	4.31 s	5/2(-)	-0.285(7)			CFBLS	1988We07	ZP A329 407 (88)
				-0.27(4)			CFBLS	1983Mu12	NP A403 234 (83)
							CFBLS	1988We07	ZP A329 407 (88)
							CFBLS	1983Mu12	NP A403 234 (83)
56 Ba 146	181	0.85 ns	2+	0.56(14)			IPAC	1983Wo05	PL 123B 165 (83)
57 La 133	536	60 ns	11/2-	7.5(5)			TDPAC	1979BuZW	CF79Riga 81 (79)
57 La 135	2737	50 ns	(27/2)+	0.0(2)			TDPAD	1976Le29	IzF 40 1249 (76)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
57 La 137	0	6 x 10 <sup>4</sup> y	7/2+	+2.695(6)			O	1972Fi19	ZP 254 127 (72)
							O	1972Fi19	ZP 254 127 (72)
	10 1870	89 ns 365 ns	5/2+ 19/2-	+2.34(6)	+0.26(8) st +0.26(8) st	[139La] [137La]	ME TDPAD		HFI 4 630 (78) BAPS 27 728 (82)
57 La 138	0	1.1x10 <sup>11</sup> y	5+	+3.713646(7)			N		PL 62A 131 (77)/PR 99 613 (55)
							ABLDF	1979Ch39	PR A20 1922 (79)
	73	116 ns	3+	+2.89(5)		[139La] [139La] [19F 197]	QIR TDPAD	1979Bo11	PL 62A 131 (77) ZP A291 49 (79)
57 La 139	0	stable	7/2+	+2.7830455(9)		[2H]	N, O CFBLS, R	1982Ba08/1982Ho02	PL 62A 131 (77)/ZP 116 547 (40) ZP A304 285 (82)/ZP A304 279 (82)
57 La 140	0	40.3 h	3-	+0.730(15)			AB		Cf69Mont 91 (69)
							NO/S, AB	1971Ch02	PR A143 911 (66)/PR A3 25 (71)
58 Ce 126	2887 3317	8 ps 4 ps	10+ 12+	~+10 ~+12			IPAD		Cf87Melb. 93 (87)
							IPAD		Cf87Melb. 93 (87)
58 Ce 134	3209	308 ns	10+	-1.87(2) -1.9(1)			TDPAD, R		PL 101A 507 (84)
							TDPAD	1980Go14	PL 97B 351 (80)
							TDPAD/TF	1983Da29/1986Da22	HFI 15 101 (83)/PL 181B 21 (86)
	3719	5.5 ps	10+	-3(3)		[Q/Q(10+ Ce138)=1.71(16)]	IMPAD	1983Da29 1982Ze04	HFI 15 101 (83) NP A383 165 (82)
58 Ce 135	2126	8.2 ns	19/2+	-0.66(10)			IPAD	1982Ze01	ZP A304 269 (82)
58 Ce 136	3095	2.2 μs	10+	-1.80(2) -1.80(3)			TDPAD		PRL 45 1015 (80)
							TDPAD		PRL 48 516 (82)
							TDPAD	1983Da29	HFI 15 101 (83)
						[Q/Q(10+ Ce138)=1.45(14)]			
58 Ce 137	0	9.0 h	3/2+	0.96(4) 0.90(15)			NMR/ON	1991Mu06	JPJa 60 845 (91)
							NO/S	1963Ha07	PR 129 1601 (63)
	254	34.4 h	11/2-	1.01(4) 0.70(3) 0.96(9)			NMR/ON	1991Mu06	JPJa 60 845 (91)
							NO/S	1966Bl17	PR 143 78 (66)
						NO/S	1961Ha05	PR 121 591 (61)	



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
58 Ce 138	3538	82 ns	10+	-1.70(3) -1.76(10)			TDPAD TDPAD	1980Me11	PRL 45 1015 (80) NP A346 281 (80)
58 Ce 139	0	137.6 d	3/2+	1.06(4) 1.0(2) 0.85(15)			NMR/ON NO/S NO/S	1991Mu06 1963Ha07 1962Gr17	JPJa 60 845 (91) PR 129 1601 (63) PhMg 7 1087 (62)
	2632	70 ns	19/2-	+3.99(6) +3.85(8)			TDPAD TDPAD	1984Vo12	PRL 45 1015 (80) YadF 40 289 (84)
58 Ce 140	1596 2084	90 fs 3.4 ns	2+ 4+	+1.9(2) 4.06(15) 3.8(4) 4.44(16) 4.6(3)			TF TDPAC/IPAC TDPAC TDPAC TDPAC	1991Ba38 1965Le16 1964Sc16	NP A533 541 (91) PR 140 B811 (65) PR 134 B718 (64) ZP 173 203 (63) PL 3 291 (63)
	3715	23 ns	10+	+10.3(4)	0.35(7) st	[139La] [139Ce 2632]	TDPAC TDPAD	1988Ka04	JPJS 34 265 (73) ZP A329 143 (88)
58 Ce 141	0	32.5 d	7/2-	1.09(4) 0.89(1) 0.89(9) 1.3(2)			NMR/ON EPR NO/S NO/S	1983Va36 1957Ke13 1962Gr17 1963Ha07	HFI 15 325 (83) PR 108 54 (57) PhMg 7 1087 (62) PR 129 1601 (63)
58 Ce 142	641	5.7 ps	2+	+0.42(10)	-0.16(5) or -0.37(5)		TF CER	1991Ba38 1988Ve08/1989Sp07	NP A533 541 (91) PR C38 2982 (88)/AuJP 42 345 (89)
58 Ce 143	0	33 h	3/2-	0.43(2) 1.0(3)			NMR/ON NO/S	1963Ha07	PC Ohya (99) PR 129 1601 (63)
58 Ce 146	259	0.25 ns	2+	0.48(10)			IPAC	1986Gi05	PR C33 1030 (86)
58 Ce 148	158	1.01 ns	2+	0.74(12)			IPAC	1986Gi05	PR C33 1030 (86)
59 Pr 136	548	90 ns	4+	+2.3(8)			TDPAD	1993Ba42	NP A562 260 (93)
59 Pr 139	822	45 ns	11/2-	+6.6(5)			TDPAD	1979Ke07	ZP A291 319 (79)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) +7.2(6)	Q(b)	[Ref. Std.]	Method TDPAD	NSR Reference	Journal Reference PRL 48 516 (82)
59 Pr 141	0	stable	5/2+	+4.2754(5)	-0.077(6) st -0.059(4)	[19F]	OD	1982Ma31/1984Ma12 1994Ii01	PRL 49 636 (82)/PR B29 2390 (84) PR C50 661 (94) Cf63Paris 595 (63) JPCR 5 1093 (76) ZETF 87 3 (84) NP A221 211 (74) ZETF 87 3 (84)
	145	1.85 ns	7/2+	+2.95(9)		[141Pr]	ME, R		
	1118	4.6 ns	11/2-	+6.2(4)		TDPAD	1974Ej01		
	1797	1.0 ns	15/2+	+7.2(4) +8(2)		TDPAD IPAD			
59 Pr 142	0	19.2 h	2-	+0.234(1)	+0.30(9)		AB, R	1962Ca10	PCan 29n4 47 (73)/BAPS 15 628 (70) PR 126 1004 (62)/Cf63QEI 595 (63) PCan 29n4 47 (73)
	4	14.6 m	5-	2.2(1)		AB AB			
59 Pr 143	0	13.57 d	7/2+	+2.701(4)	+0.77(16) st	[141Pr]	CFBLS	1994Ii01	PR C50 661 (94)
	57	4.2 ns	5/2+	+3.4(1)		[141Pr]	CFBLS TDPAC	1994Ii01 1977Ne12	PR C50 661 (94) HFI 3 147 (77)
59 Pr 144	80	0.12 ns	1-	-1.2(4)			IPAC	1975Ba32	PS 11 363 (75)
60 Nd 134	295	64 ps	2+	+1.2(4)		[146Nd 454]	IMPAD	1987Bi13	PR C36 974 (87)
	2817	9.0 ps	10+	~0			IPAD		Gensh. Ken. 33 145 (89)
60 Nd 135	0	12.4 m	9/2-	-0.78(3)	+1.9(5) st	[143Nd]	LRIMS	1992Le09	JP G18 1177 (92)
	199	35 ps	11/2-	-0.5(3)		[143Nd]	LRIMS	1992Le09	JP G18 1177 (92)
60 Nd 136	3298	51.3 ps	10+	+11(4)		[146Nd 454]	IMPAD	1987Bi13	PR C36 974 (87)
	3688	18.7 ps	12+	+14(5)		[146Nd 454]	IMPAD	1987Bi13	PR C36 974 (87)
60 Nd 137	0	38 m	1/2+	-0.633(5)		[143Nd]	LRIMS	1992Le09	JP G18 1177 (92)
60 Nd 138	3172	330 ns	10+	-1.74(4)			TDPAD		PRL 48 516 (82)
60 Nd 139	0	30 m	3/2+	+0.907(7)	+0.28(9) st	[143Nd]	LRIMS	1992Le09	JP G18 1177 (92)
						[143Nd]	LRIMS	1992Le09	JP G18 1177 (92)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
60 Nd 140	3622	22 ns	10+	-1.92(12) -1.6(2)			TDPAD TDPAD	1980Me11	NP A346 281 (80) Cf82Fuji 35 (82)
60 Nd 141	0	2.49 h	3/2+	+1.012(9)	+0.32(13) st	[143Nd] [143Nd]	LRIMS LRIMS	1992Le09 1992Le09	JP G18 1177 (92) JP G18 1177 (92)
60 Nd 142	1576	110 fs	2+	+1.69(15)			TF	1991Ba38	NP A533 541 (91)
60 Nd 143	0	stable	7/2-	-1.065(5)			AB/D ABLS AB/R AB AB IPAD IPAD	1992Au04 1992Le09 1972Ch54	PPS 86 1249 (65) ZP D23 19 (92) JP G18 1177 (92) PR A6 1772 (72) PPS 86 1249 (65) ARCYRIC (92) ARCYRIC (92)
	1229 2911	6.79 ns 482 ps	13/2+ 21/2+	+0.38(3) p +7.9(14) p					
60 Nd 144	697	4.51 ps	2+	0.32(4) +0.33(8) +0.30(4)	-0.15(6) or -0.28(6) -0.18(12)	[152Sm 122] [148Nd 302]	TF TF TF/IMPAC, R CER CER IPAC	1990St18 1987Be08 1978Ka36 1989Sp07 1971Cr01/1970Ge08	NP A516 119 (90) HFI 33 37 (87) NP A311 507 (78) AuJP 42 345 (89) PR C3 2049 (71)/NP A151 282 (70) ArkF 33 329 (67)
	1314	20 ns	4+	+0.8(8)					
60 Nd 145	0	stable	7/2-	-0.656(4)			AB/D ABLS AB/R AB AB ME	1992Au04 1972Ch54	PPS 86 1249 (65) ZP D23 19 (92) LNPP 1283 (87) PR A6 1772 (72) PPS 86 1249 (65) ZP 240 100 (70)
	73	0.72 ns	5/2-	-0.320(4)		[145Nd]			
60 Nd 146	454	27.5 ps	2+	0.58(2) +0.63(10) +0.50(8)		[152Sm 122] [148Nd 302]	TF TF TF/IMPAC, R CER	1990St18 1987Be08 1978Ka36 1970Ge08	NP A516 119 (90) HFI 33 37 (87) NP A311 507 (78) NP A151 282 (70)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
60 Nd 147	0	11.0 d	5/2-	0.578(3)	0.9(3)	[143Nd]	EPR	1957Ke13	PR 108 54 (57)	
				0.554(10)		[145Nd]	AB		BAPS 15 769 (70)	
						[145Nd]	AB		BAPS 15 769 (70)	
60 Nd 148	302	78.3 ps	2+	0.70(4)	-1.46(13)	[152Sm 122]	TF	1990St18	NP A516 119 (90)	
				+0.83(9)			TF	1987Be08	HFI 33 37 (87)	
	+0.64(8)	TF,IMPAC,CEAD,R	1978Ka36	NP A311 507 (78)						
	3621	330 ns	10+	-1.75(9)		CER	1970Ge08	NP A151 282 (70)		
					TDPAD		Cf80Ber A6 (80)			
60 Nd 149	0	1.73 h	5/2-	0.351(10)	1.3(3)		AB		BAPS 15 769 (70)	
							AB		BAPS 15 769 (70)	
60 Nd 150	130	2142 ps	2+	0.76(10)	-2.0(5)	[152Sm 122]	TF	1990St18	NP A516 119 (90)	
				+0.84(8)			TF	1987Be08	HFI 33 37 (87)	
				0.64(2)			RIGV	1970Be36	NP A151 401 (70)	
	251	91 ps	4+	1.76(16)		CER, R	1970Ge08	NP A151 282 (70)		
	381	56 ps	4+	+1.3(2)		TF	1990St18	NP A516 119 (90)		
					IMPAC	1972Ku10	NP A186 513 (72)			
61 Pm 138	0	3.5 m	(3+)	3.2(9)			NO/S	1992Si22	HFI 75 471 (92)	
61 Pm 143	0	265 d	5/2+	3.8(5)			NO/S	1963Gr10	PR 130 1100 (63)	
				+6.8(4)			TDPAD		ZETF 87 3 (84)	
	960	22 ns	11/2-	+6.3(5)			[19F 197]	TDPAD	1980Pr02	NP A333 33 (80)
	1898	10.2 ns	15/2+	+7.7(4)			[19F 197]	TDPAD	1980Pr02	ZETF 87 3 (84)
				+7.5(5)			TDPAD	1980Pr02	NP A333 33 (80)	
61 Pm 144	0	349 d	5-	1.69(14)			NO/S	1961Sh02	PR 121 558 (61)	
61 Pm 145	0	17.7 y	5/2+	+3.80(16)	+0.21(8)		CFBLS	1992Al03	JP B25 571 (92)	
							CFBLS	1992Al03	JP B25 571 (92)	
61 Pm 147	0	2.623 y	7/2+	+2.58(7)	+0.7(2) 0.59(16)		O	1966Re04	PR 141 1123 (66)	
							O	1966Re04	PR 141 1123 (66)	
							AB, R	1966Re04	PR 141 1123 (66)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	91	2.5 ns	5/2+	+3.22(16) 3.55(10)		[147Pm] [147Pm]	ME ME		PL 32B 678 (70) PL 32B 678 (70)
61 Pm 148	0	5.37 d	1-	+2.1(2) 1.8(2)			AB NO/S	1963Gr10	PR 138 B1356 (65) PR 130 1100 (63)
	137	41.3 d	6-	1.8(2)	+0.2(2)		AB NO/S	1963Gr10	PR 138 B1356 (65) PR 130 1100 (63)
61 Pm 149	0	53.1 h	7/2+	3.3(5)			NO/S	1960Ch15/1963Gr10	PRS 259A 377 (60)/PR 130 1100 (63)
	114	2.54 ns	5/2+	+2.13(15) 2.0(2)			IPAC TDPAC	1970Se11	IzUz 1970n2 65 (70) NP A159 494 (70)
	189	3.24 ns	3/2+	+1.09(15) 2.3(6)			IPAC TDPAC	1970Se11	IzUz 1970n2 65 (70) NP A159 494 (70)
	211	80 ps	5/2+	+2.2(4)			IPAC		IzUz 1970n2 65 (70)
	270	2.64 ns	7/2-	+2.19(11) 3.6(2)			IPAC TDPAC	1970Se11	IzUz 1970n2 65 (70) NP A159 494 (70)
61 Pm 151	0	28.4 h	5/2 +	1.8(2)			AB AB	1963Bu14 1963Bu14	PR 132 723 (63) PR 132 723 (63)
	256	0.90 ns	3/2+	1.8(2)	1.9(3)		IPAC	1977Se06	NP A282 302 (77)
62 Sm 138	2903	0.55 ns	10+	~10			IPAD		Gensh. Ken. 33 145 (89)
62 Sm 139	0	2.57 m	1/2+	-0.53(2)		[145,7,9Sm]	LRIMS	1992Le09	JP G18 1177 (92)
	457	10.7 s	11/2-	1.1(2)		[141Sm176]	NO/S	1992Si22	HFI 75 471 (92)
62 Sm 140	3172	19.4 ns	10+	-1.8(2)			TDPAD	1988Ba22	PL 206B 404 (88)
	3210	5.2 ns	10+	+12.7(9)	1.7(5)	[154Sm 82]	TDPAD TDPAD	1985Be23 1988Ba22	ZP A321 403 (85) PL 206B 404 (88)
62 Sm 141	0	10.2 m	1/2+	-0.74(2)		[145,7,9Sm]	LRIMS	1992Le09	JP G18 1177 (92)
	176	22.6 m	11/2-	-0.84(2) 0.87(15)		[145,7,9Sm]	LRIMS NO/S	1992Le09	JP G18 1177 (92) Cf87Melb 76 (87)
					+1.6(5) st	[145,7,9Sm]	LRIMS	1992Le09	JP G18 1177 (92)
62 Sm 142	2372	170 ns	7-	+0.42			TDPAD	1983Ri16	HFI 16 603 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+1.1(3)	[154Sm 82]	TDPAD/TF	1985Be23/1986Da22	ZP A321 403 (85)/PL 181B 21 (86)
62 Sm 143	0	8.83 m	3/2+	+1.01(2)	+0.4(2)	[145,7,9Sm] [145,7,9Sm]	LRIMS LRIMS	1992Le09 1992Le09	JP G18 1177 (92) JP G18 1177 (92)
62 Sm 144	1660 1810	85 fs 25 ps	2+ 3-	+1.5(2) +2.3(3)		148Sm 550	TF TF	1991Ba38 1990Ba41	NP A533 541 (91) HFI 59 133 (90)
62 Sm 145	0	340 d	7/2-	-1.11(6) -1.123(11) 0.92(6)	-0.6(2) -0.60(7) -0.6(2)	[145,7,9Sm] [147,147Sm] [147Sm] [145,7,9Sm] [147,147Sm] [147Sm]	LRIMS LRFS NO/S LRIMS LRFS LRIMS	1992Le09 1990En01 1969Ka21 1992Le09 1990En01	JP G18 1177 (92) JP G16 105 (90) PR 184 1177 (69) JP G18 1177 (92) JP G16 105 (90) LNPP 1309 (87)
62 Sm 147	0	1.1x10 <sup>11</sup> y	7/2-	-0.812(2) -0.8148(7)	-0.27(3) -0.261(7) -0.26(3) a	[147,147Sm] [147,147Sm]	LRFS AB LRFS	1990En01 1966Wo05 1990En01	JP G16 105 (90) PRS 293A 117 (66) JP G16 105 (90)
	121	0.78 ns	5/2-	-0.45(3)	Q(147)/Q(149)=-3.4601(6)	[147Sm]	AB, R Mu-X AB ME	1992Le09/1972Ch55 1981Ba28 1972Ch55 1971Pa04	JP G18 1177 (92)/PR A6 2011 (72) NP A364 446 (81) PR A6 2011 (72) PR C3 841 (71)
	197	1.35 ns	3/2-	-0.27(6)		[147Sm]	ME IPAC	1971Pa04	PR C3 841 (71) IzUz 1970n2 65 (70)
62 Sm 148	550	7.3 ps	2+	+0.51(4) +0.61(7)	-1.0(3)	[150Sm 334] [152Sm 122]	TF TF CER	1987Ba65 1987Be08	ZP A328 275 (87) HFI 33 37 (87) JPJS 34 443 (73)
62 Sm 149	0	> 2x10 <sup>15</sup> y	7/2-	-0.6677(11) -0.6717(7) -0.6708(10)	-0.078(8) +0.075(2) +0.075(8) +0.07(2)	[147,147Sm] [147Sm] [147Sm] [147,147Sm] [147Sm] [147Sm]	LRFS AB CFBLS LRFS AB, R AB CFBLS	1990En01 1966Wo05 1985Al06/1986Al33 1990En01 1992Le09/1972Ch55 1966Wo05 1985Al06/1986Al33	JP G16 105 (90) PRS 293A 117 (66) IzF 49 24 (85)/YadF 44 1134 (86) JP G16 105 (90) JP G18 1177 (92)/PR A6 2011 (72) PRS 293A 117 (66) IzF 49 24 (85)/YadF 44 1134 (86)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.09(2) a				
	23	7.6 ns	5/2-	-0.6238(8)		[149Sm]	Mu-X ME Mu-X	1981Ba28  1981Ba28	NP A364 446 (81) Cf70Reho 720 (70) NP A364 446 (81)
62 Sm 150	334	49 ps	2+	+0.77(5) +0.82(6)		[152Sm 122] [152Sm 122] [152Sm 122]	TF TF CER	1987Be08 1987By02	HFI 33 37 (87) NP A466 419 (87) JPJS 34 443 (73)
					-1.3(2) -1.3(2)		CERP	1973Gr06	PRL 30 453 (73)
	773	6.6 ps	4+	+2.6(3) +1.4(2)		[150Sm 334] [152Sm 122]	TF TF	1993Va10 1987By02	PR C48 2640 (93) NP A466 419 (87)
	1046	0.73 ps	2+	+0.7(2)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	1194	1.27 ps	2+	+0.83(14)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	1279	(1.4 ps)	6+	+2.6(8) +2.3(5)		[150Sm 334] [152Sm 122]	TF TF	1993Va10 1987By02	PR C48 2640 (93) NP A466 419 (87)
62 Sm 151	0	90 y	5/2-	-0.3611(13) -0.363(2) 0.368(3) -0.3630(5)		[147Sm] [147Sm] [147Sm] [147Sm] [147Sm] [147Sm] [147Sm] [147Sm]	LRFS CFBLS CFBLS CFBLS LRFS CFBLS CFBLS CFBLS	1990En01 1985AI06/1986AI33 1985Dy01 1981Do07 1990En01 1985AI06/1986AI33 1985Dy01 1981Do07	JP G16 105 (90) IzF 49 24 (85)/YadF 44 1134 (86) PR C31 240 (85) ZP A302 359 (81) JP G16 105 (90) IzF 49 24 (85)/YadF 44 1134 (86) PR C31 240 (85) ZP A302 359 (81)
	92	77 ns	9/2+	-0.95(5)			TDPAC	1974Dr03	NP A223 195 (74)
	105	0.48 ns	3/2-	+0.31(11)			IPAC		IzF 35 135 (71)
	168	0.38 ns	5/2+	+1.8(5)			IPAC, R	1974Dr03	NP A223 195 (74)
62 Sm 152	122	1.40 ns	2+	+0.80(6) +0.84(5)		[149Sm]	IPAC ME Mu-X Mu-X	1992De29  1979Po05 1978Ya11	CJP 70 268 (92) PL 26B 81 (67) NP A316 295 (79) PR C18 1474 (78)
	366	56.6 ps	4+	+1.7(2) +1.22(15)		[152Sm 122]	TF IMPAC	1987By02 1972Ku10	NP A466 419 (87) NP A186 513 (72)
	707	10.1 ps	6+	+2.4(3)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	810	7.2 ps	2+	+0.8(2)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	1086	0.85 ps	2+	+0.8(2)		[152Sm 122]	TF	1987By02	NP A466 419 (87)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	1125	3.3 ps	8+	+2.8(5)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	1609	1.38 ps	10+	+4(2)		[152Sm 122]	TF	1987By02	NP A466 419 (87)
	gsb		<10+	g(0) = +0.38(3) αx10 <sup>3</sup> =0.4(2)			TF	1982An10	NP A383 509 (82)
62 Sm 153	0	46.8 h	3/2+	-0.021(3) -0.0257(14) -0.0216(1)		[147,147Sm] [147Sm]	LRFS ABLRFS AB	1990En01 1984Ea02	JP G16 105 (90) JP G10 L271 (84) JPCR 5 835 (76)/PC Wadding (68)
					+1.30(12) +1.26(13)	[147,147Sm] [147Sm]	LRFS ABLRFS	1990En01 1984Ea02	JP G16 105 (90) JP G10 L271 (84)
62 Sm 154	82	3.01 ns	2+	+0.78(4)		[149Sm]	ME	1969Wh04	PR 186 1280 (69)
					-1.87(4) a		Mu-X	1979Po05	NP A316 295 (79)
	267	165 ps	4+	+1.35(15)			IMPAC	1972Ku10	NP A186 513 (72)
	544	23.4	6+	+1.9(3)			IMPAC	1972Ku10	NP A186 513 (72)
	gsb		<10+	g(0) = +0.39(3) αx10 <sup>3</sup> =-1.3(15)			TF	1982An10	NP A383 509 (82)
62 Sm 155	0	22.4 m	3/2-		1.13(13)	[153Sm]	AB		JPCR 5 835 (76)/PC Wadding (68)
63 Eu 138	0	12.1 s	(6-)	5.3(7)		[142Eu]	NO/S	1992Si22	HFI 75 471 (92)
63 Eu 139	0	17.9s	(11/2-)	6.1(8)		[142Eu]	NO/S	1992Si22	HFI 75 471 (92)
63 Eu 140	0 + x	1.54 s	1(+)	+1.365(13)		[151Eu] [153Eu]	CFBLS CFBLS	1985Ah02 1985Ah02	ZP A321 35 (85) ZP A321 35 (85)
					+0.31(4)				
63 Eu 141	0	40 s	5/2+	+3.494(8)		[151Eu] [153Eu]	CFBLS CFBLS	1985Ah02 1985Ah02	ZP A321 35 (85) ZP A321 35 (85)
					+0.85(4)				
63 Eu 142	0	2.4 s	1+	+1.54(2)		[151Eu] [153Eu]	CFBLS CFBLS	1985Ah02 1985Ah02	ZP A321 35 (85) ZP A321 35 (85)
					+0.12(5)				
	180	73 s	8-	+2.978(11)		[151Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
					+1.41(6)	[153Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
	282 + x	6.2 ns	8+	(+)4.1(2)			TDPAD	1993Bi13	ZP A346 181 (93)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
63 Eu 143	0	2.6 m	5/2+	+3.673(8)		[151Eu]	CFBLS	1985Ah02	ZP A321 35 (85)	
					+0.51(3)	[153Eu]	CFBLS	1985Ah02	ZP A321 35 (85)	
63 Eu 144	0	10 s	1+	+1.893(13)		[151Eu]	CFBLS	1985Ah02	ZP A321 35 (85)	
					+0.10(3)	[153Eu]	CFBLS	1985Ah02	ZP A321 35 (85)	
63 Eu 145	0	5.93 d	5/2+	+3.999(3) +3.993(7) 1.8(9) 3.2(5)		[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)	
						[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)	
							NO/S	1985Va21	Phca 133B 138 (85)	
							NO/S	1983Kr18	HFI 15 73 (83)	
						Q/Q(153Eu) = 0.1168(9)	[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
						+0.29(2)	[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
	716	0.49 μs	11/2-	+7.46(4)		[19F 197]	TDPAD	1980KI07	NP A350 61 (80)	
63 Eu 146	0	4.59 d	4-	+1.421(8) +1.425(11) 1.3(2) 1.7(3)		[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)	
						[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)	
							NO/S	1985Va21	Phca 133B 138 (85)	
							NO/S	1983Kr18	HFI 15 73 (83)	
						Q/Q(153Eu) = -0.074(2)	[153Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
						-0.18(6)	[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
63 Eu 147	0	24.1 d	5/2+	+3.736(6) +3.725(7) +3.724(8) 4.0(9) 3.1(4) 3.7(5)		[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)	
						[151 Eu]	CFBLS	1986AI33	YadF 44 1134 (86)	
						[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)	
							NO/S	1985Va21	Phca 133B 138 (85)	
							NO/S	1983Kr18	HFI 15 73 (83)	
							NO/S	1979Er13	IzF 43 2176 (79)	
						Q/Q(153Eu) = 0.218(2)	[153Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
						+0.49(3)	[151 Eu]	CFBLS	1986AI33	YadF 44 1134 (86)
	+0.55(3)	[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)					
	635	765 ns	11/2-	+7.05(3) +7.04(6)		[19F 197]	TDPAD	1980KI07	PL 77A 365 (80) NP A350 61 (80)	
63 Eu 148	0	54.5 d	5-	+2.340(10) 2.2(4) 2.1(3)		[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)	
							NO/S	1985Va21	Phca 133B 138 (85)	
							NO/S	1983Kr18	HFI 15 73 (83)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+0.35(6)	[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
	720	235 ns	9+	+6.12(5)			TDPAD		PL 77A 365 (80)
63 Eu 149	0	93.1 d	5/2+	+3.576(10)		[151 Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
				+3.565(6)		[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
				2.5(5)			NO/S	1983Kr18	HFI 15 73 (83)
					+0.70(8)	[151 Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
					+0.75(2)	[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
	497	2.43 ms	11/2-	+7.0(3)		[19F 197]	TDPAD	1980KI07	NP A350 61 (80)
63 Eu 150	0	35.8 y	5(-)	+2.708(11)		[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
					+1.13(5)	[151 Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
63 Eu 151	0	stable	5/2+	+3.4717(6)			AB/D	1965Ev08	PRS 289A 114 (65)
					Q/Q(153Eu) = 0.3918(2)	[153Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
					Q/Q(153Eu) = 0.39191(12)	[153Eu]	CFBLS	1993Mo04	PRL 70 541 (93)
					Q/Q(153Eu)=0.393(9)	[153Eu]	O		PL 16 156 (65)
					0.83(***) st		ABLDf	1987Se12	PR A36 1983 (87)
					+0.95(3)	[153Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
					+0.903(10) a		Mu-X, O	1984Ta04	PR C29 1830 (84)/PL 16 156 (65)
					1.53(5)		ABLRFS		ZP A302 251 (81)
					1.32(13)		CFBLS	1981Ar25	PS 24 747 (81)
	22	9.5 ns	7/2+	+2.591(2)		[151Eu]	ME		ZP A256 155 (72)
					1.28(2) a		Mu-X	1984Ta05	PR C29 1897 (84)
					+1.19(2)	[151Eu]	ME, R		JPCR 5 1093 (76)
63 Eu 152	0	13.54 y	3-	-1.9401(8)		[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
				-1.950(12)		[151Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
				-1.96(6)		[151Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
				-1.9414(13)		[151Eu]	AB, O, R	1963AI06	PR 129 1344(63)/PL 31B 295 (70)/
								1971He18	ZP 245 411 (71)
					Q/Q(153Eu) = 1.1822(5)	[153Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)
					+2.71(3)	[151Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
					+2.5(2)	[151Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
63 Eu 153	0	stable	5/2+	+1.5324(3)		[151Eu]	CFBLS	1993HuZU	Cf93Bern 209(93)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				+1.56(4)		[151Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
				+1.538(13)		[151Eu]	CFBLS	1985Ah02	ZP A321 35 (85)
				+1.5330(8)			AB/D	1965Ev08	PRS 289A 114 (65)
					2.22(***) st		ABLDF	1987Se12	PR A36 1983 (87)
					+2.28(9)	[151Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
					+2.41(2) a		Mu-X, O	1984Ta04	PR C29 1830 (84)/PL 16 156 (65)
					3.92(12)		ABLRFS	1981Br17	ZP A302 291 (81)
					3.6(4)		CFBLS	1981Ar25	PS 24 747 (81)
	83	0.80 ns	7/2+	+1.81(6)		[153Eu]	ME		ZP A218 223 (69)
					0.44(2) a		Mu-X	1984Ta04	PR C29 1830 (84)
	97	180 ps	5/2-	+3.2(2) or -0.5(2)		[153Eu]	ME	1966At01	PR 145 915 (66)
	103	3.9 ns	3/2+	+2.048(6)		[153Eu]	ME, IPAC	1972Cr09/1975Si07	ZP 256 155 (72)/JP G1 467 (75)
					1.254(13)	[153Eu]	ME		PL 44A 279 (73)
63 Eu 154	0	8.6 y	3-	-2.005(6)		[153Eu]	EPR	1957Ab05	PR 108 58 (57)
				-2.02(5)		[151Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
					+2.84(10)	[151Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
					+3.4(3)	[152Eu]	NO/S, O, R	1962Ju06	PR 128 1733 (62)/PL 31B 295 (70)/
								1971He18	ZP 245 411 (71)
63 Eu 155	0	4.68 y	5/2+	+1.52(2)		[151,153Eu]	CFBLS	1990Al34	ZP A337 257 (90)
				+1.56(10)		[151Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
					+2.5(3)	[151,153Eu]	CFBLS	1990Al34	ZP A337 257 (90)
					+2.3(2)	[151Eu]	CFBLS	1986Al33	YadF 44 1134 (86)
	104	0.104 ns	5/2-	+9.6(10)			IPAC	1971Be23	IzF 35 135 (71)/IzF 35 2295 (71)
63 Eu 157	0	15.2 h	5/2+	+1.50(2)		[151,153Eu]	CFBLS	1990Al34	ZP A337 257 (90)
					+2.6(3)	[151,153Eu]	CFBLS	1990Al34	ZP A337 257 (90)
63 Eu 158	0	45.9 m	1(-)	+1.44(2)		[151,153Eu]	CFBLS	1990Al34	ZP A337 257 (90)
					+0.66(14)	[151,153Eu]	CFBLS	1990Al34	ZP A337 257 (90)
63 Eu 159	0	18.1 m	5/2+	+1.38(2)		[151,153Eu]	CFBLS	1990Al34	ZP A337 257 (90)
					+2.7(3)	[151,153Eu]	CFBLS	1990Al34	ZP A337 257 (90)
64 Gd 144	3433	130 ns	10+	+12.76(14)			TDPAD	1979Ha15	PRL 42 1451 (79)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-1.46(6)		TDPAD/TFLD	1982Ha22/1985Da200	NP A379 287 (82)/NP A443 135 (85)
64 Gd 146	1580	1.1 ns	3-	+2.1(9)			TDPAD		ZP A290 229 (70)
	2982	6.7 ns	7-	+9.0(2)			TDPAD	1979Ha15	PRL 42 1451 (79)
				+8.3(4)			TDPAD		ZP A290 229 (70)
				+7.9(6)			TDPAD	1979Fa01	PL 80B 190 (79)
	8916	4.1 ns	(19+)	+12(2)			TDPAD	1979Ha15	PRL 42 1451 (79)
64 Gd 147	0	38.1 h	7/2-	1.02(9)			NO/S	1987Kr11	HFI 34 69 (87)
				1.2(2)			NO/S	1986Va16	NP A455 189 (86)
	997	22.2 ns	13/2+	+0.49(2)			TDPAD	1987Da27	PL 199B 26 (87)
				-0.24(7)			TDPAD	1979Ha15	PRL 42 1451 (79)
					-0.73(7)		TDPAD/TFLD	1982Ha22/1985Da200	NP A379 287 (82)/NP A443 135 (85)
	2760	4.4 ns	21/2+	+7.6(12)			TDPAD	1979Ha15	PRL 42 1451 (79)
	3582	27 ns	27/2-	+11.3(2)			TDPAD	1979Ha15	PRL 42 1451 (79)
				+11.9(3)			TDPAD	1979Fa01	PL 80B 190 (79)
					-1.26(8)		TDPAD/TFLD	1982Ha22/1985Da200	NP A379 287 (82)/NP A443 135 (85)
	8587	510 ns	49/2+	+10.9(2)			TDPAD	1979Ha15	PRL 42 1451 (79)
64 Gd 148	10993	0.8 ns	59/2-	+11(2)			TDPAD/TFLD	1982Ha22/1985Da200	NP A379 287 (82)/NP A443 135 (85)
					-3.24(18)		TF	1989Ha15	PR 39C 2237 (89)
64 Gd 148	2695	16.5 ns	9-	-0.16(2)			TDPAD	1987Da27	PL 199B 26 (87)
				-0.25(8)			TDPAD	1979Ha15	PRL 42 1451 (79)
					1.01(5)		TDPAD		NP A378 287 (82)
64 Gd 149	0	9.4 d	7/2-	0.88(4)			NO/S	1987Kr11	HFI 34 69 (87)
				0.97(6)			NO/S	1987Be33	HFI 34 119 (87)
				1.1(2)			NO/S	1985Al21	NP A445 189 (86)
64 Gd 149	165	1.7 ns	5/2-	-0.9(2)			IPAC/TDPAC		Cf77Tokyo 379 (77)
64 Gd 151	0	120 d	7/2-	0.77(6)			NO/S	1987Be33	HFI 34 119 (87)
	109	3.0 ns	5/2-	-1.08(13)			IPAC/TDPAC		Cf77Tokyo 379 (77)
				-1.2(2)			IPAC	1976Ba26/1976Ba59	ZP A277 217 (76)/HFI 2 323 (76)
64 Gd 151	395	0.31 ns	3/2-	-2.5(8)			IPAC		Cf77Tokyo 379 (77)
64 Gd 152	344	28.6 ps	2+	+0.96(8)		[156Gd 89]	RIGV, R	1974Ar23	NP A233 385 (74)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				+0.90(8)		[152Sm 122]	TF	1987Be08	HFI 33 37 (87)
64 Gd 153	0	241.6 d	3/2-	0.38(8)			NO/S	1985Al21	NP A445 189 (86)
	110	1.97 ns	5/2-	+0.40(15)			IPAC/TDPAC		Cf77Tokyo 379 (77)
	129	2.50 ns	3/2-	+0.37(7)			IPAC	1977Ba63	HFI 3 423 (77)
64 Gd 154	123	1.17 ns	2+	+0.96(6)		[156Gd 89]	RIGV, R	1974Ar23	NP A233 385 (74)
				+0.86(6)		[156Gd 89]	TDPAC		ZP A238 69 (70)
					-1.82(4) a		Mu-X	1983La08	PR C27 1772 (83)
64 Gd 155	0	stable	3/2-	-0.2572(4)			ENDOR		JP C11 203 (78)
				-0.2591(5)			AB/D		JP B2 122 (69)
					+1.27(5) st		ABLS	1990Ji06	PR A42 1416 (90)
					1.27(3) a		Mu-X	1983La08	PR C27 1772 (83)
					+1.30(2) a		Mu-X, AB	1982Ta01	PL 108B 8 (82)/JP B2 122 (69)
	60	0.19 ns	5/2-		-0.44(2) a		Mu-X	1983La08	PR C27 1772 (83)
	87	6.35 ns	5/2+	-0.525(2)		[155Gd]	ME	1978Co23	HFI 5 479 (78)
				-0.518(5)		[155Gd]	ME		Phca 92B 52 (77)
				-0.533(4)		[155Gd]	ME		PL 43B 380 (73)
					+0.13(3)	[155Gd]	ME	1978Co23	HFI 5 479 (78)
					+0.111(7)	[155Gd]	ME		Phca 92B 52 (77)
					+0.113(8)	[155Gd]	ME		PL 43B 380 (73)
	105	1.18 ns	3/2+	+0.143(5)		[155Gd]	ME	1978Co23	HFI 5 479 (78)
					+0.96(3)	[155Gd]	ME	1978Co23	HFI 5 479 (78)
					+1.30(4)	[155Gd]	ME	1974Ar23	NP A233 385 (74)
64 Gd 156	89	2.21 ns	2+	+0.82(14)		[158Gd 261]	TF	1991St01	ZP A338 135 (91)
				+0.774(8)		[155Gd]	ME	1974Ar23	NP A233 385 (74)
					-1.93(4) a		Mu-X	1983La08	PR C27 1772 (83)
					-1.96(4)	[155Gd]	ME	1974Ar23	NP A233 385 (74)
	288	112 ps	4+	+1.68(12)		[156Gd 89]	TF	1992Br07	PR C45 1549 (92)
				+1.76(16)		[156Gd 89]	TF	1990Ba39	HFI 59 125 (90)
				+1.31(8)		[BhfGd(Fe)]	IPAC	1990Sc10	ZP A335 387 (90)
				+1.63(15)		[158Gd 261]	TF	1991St01	ZP A338 135 (91)
				+1.55(14)		[156Gd 89]	TF	1991St01	ZP A338 135 (91)
				+1.24(8)			IPAC	1988Al33	ZP A331 277 (88)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
	585	16 ps	6+	+2.4(2)		[156Gd 89]	TF	1992Br07	PR C45 1549 (92)	
				+2.3(4)		[158Gd 261]	TF	1991St01	ZP A338 135 (91)	
				+2.2(4)		[156Gd 89]	TF	1991St01	ZP A338 135 (91)	
				+1.5(13)			IPAC	1988Al33	ZP A331 277 (88)	
	965	4.3 ps	8+	+2.7(3)		[156Gd 89]	TF	1992Br07	PR C45 1549 (92)	
	1511	190 ps	4+	+3.24(11)			IPAC	1988Al33	ZP A331 277 (88)	
	gsb		<10+	g(10+)/g(2+) = 0.89(12) αx10 <sup>3</sup> = -1.1(12)			TF	1983Ha24	NP A406 339 (83)	
64 Gd 157	0	stable	3/2-	-0.3398(7)		[155Gd]	AB/D, ENDOR		JP B2 122 (69)/JP C2 862 (69)	
				-0.3373(6)		ENDOR		JP C11 203 (78)		
				+1.36(6) st		ABLS	1990Ji06	PR A42 1416 (90)		
				+1.35(3) a		Mu-X	1983La08	PR C27 1772 (83)		
				+1.36(2) a		Mu-X, O	1982Ta01	PL 108B 8 (82)/ZETF 37 882 (59)		
				1.34(7) st		O	1979Cl04	ZP A289 361 (79)		
				+1.38(2)		[155Gd]	AB	JP B2 122 (69)		
				-0.46(2) a			Mu-X	1983La08	PR C27 1772 (83)	
						[157Gd]	ME, R	1974Ar23	NP A233 385 (74)	
						[157Gd]	ME	1974Ar23	NP A233 385 (74)	
64 Gd 158	80	2.52 ns	2+	+0.78(6)		[158Gd 261]	TF	1991St01	ZP A338 135 (91)	
				+0.762(8)		ME, R	1988Al33	ZP A331 277 (88)/ Th Rork (71)		
				-2.01(4) a		Mu-X	1983La08	PR C27 1772 (83)		
				-1.96(4)		[157Gd]	ME	1974Ar23	NP A233 385 (74)	
						[158Gd 261]	TF	1991St01	ZP A338 135 (91)	
	261	148 ps	4+	2+	+0.8(2)		[156Gd 89]	TF	1991St01	ZP A338 135 (91)
					+1.60(12)		[158Gd 261]	TF	1990Ba39	HFI 59 125 (90)
					+1.4(2)		{156Gd 89}	TF	1990Ba39	HFI 59 125 (90)
					+1.55(12)		{156Gd 89}	TF	1991St01	ZP A338 135 (91)
					+1.64(6)			IPAC	1988Al33	ZP A331 277 (88)
	539	16 ps	6+	2+	+2.5(2)		{158Gd 261}	TF		
					2.4(3)		[158Gd 261]	TF	1991St01	ZP A338 135 (91)
					2.3(3)		[156Gd 89]	TF	1991St01	ZP A338 135 (91)
	904	5.1	8+	3.4(4)		{158Gd 261}	TF			
	gsb		<10+	g(10+)/g(2+) = 0.83(11) αx10 <sup>3</sup> = -1.7(11)			TF	1983Ha24	NP A406 339 (83)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
64 Gd 159	0	18.6 h	3/2-	-0.44(3)			NO/S	1971Kr19	PR C4 1942 (71)
64 Gd 160	75	2.70 ns	2+	+0.72(4)	-2.08(4) a	[156Gd 89]	RIGV, R	1974Ar23	NP A233 385 (74)
	248		4+	1.6(2)		[158Gd 261]	Mu-X	1983La08	PR C27 1772 (83)
				1.5(2)		[156Gd 89]	TF	1991St01	ZP A338 135 (91)
	515		6+	2.4(3)		[158Gd 261]	TF	1991St01	ZP A338 135 (91)
				2.3(3)		[156Gd 89]	TF	1991St01	ZP A338 135 (91)
	gsb		<10+	g(10+)/g(2+)=0.93(13) αx10 <sup>3</sup> =-0.7(12)			TF	1983Ha24	NP A406 339 (83)
65 Tb 147	0	1.7 h	1/2+	+1.70(5)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
65 Tb 148	0	60 m	2-	-1.75(2)	-0.3(2)	[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
						[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
65 Tb 149	0	4.12 h	1/2+	+1.35(2)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
	2518	3.5 ns	(27/2)+	4.9(12) b +6(3)		[159Tb]	IPAD	1990Ad02	JPJa 59 66 (90)
						[159Tb]	IPAD		ARINST 26 (87)
65 Tb 150	0 + x	3.48 h	2(-)	-0.90(2)	0.00(13)	[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
						[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
65 Tb 151	0	17.6 h	1/2(+)	+0.919(6)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
65 Tb 152	0	17.5 h	2-	-0.58(2) 0.9(1)	+0.34(13) +0.5(16)	[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
						[159Tb]	NO/S	1983Be03	JP G9 213 (83)
						[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
						[159Tb]	NO/S	1983Be03	JP G9 213 (83)
65 Tb 153	0	2.34 d	5/2+	+3.44(2) 3.5(7)	+1.08(14)	[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
						[159Tb]	NO/S	1983Be03	JP G9 213 (83)
						[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
65 Tb 154	0 + x	9.4 h	3-	+1.6(2)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				1.8(4)		[159Tb]	NO/S	1983Be03	JP G9 213 (83)
					+2.9(15)	[159Tb]	NO/S	1983Be03	JP G9 213 (83)
	0 + y	22.7 h	7-	0.9(3)		[est]	NO/S	1983Be03	JP G9 213 (83)
65 Tb 155	0	5.32 d	3/2+	+2.01(2)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
				2.0(2)		[159Tb]	NO/S		CzJP B29 361 (79)
					+1.41(6)	[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
65 Tb 166	0	5.35 d	3-	1.7(2)		[159Tb]	NO/S	1983Be03	JP G9 213 (83)
				1.9(3)		[159Tb]	NO/S		CzJP B29 361 (79)
				1.4(2)			NO/S		NP 30 452 (62)
					+2.3(8)	[159Tb]		1983Be03	JP G9 213 (83)
					+3.0(9)	[159Tb]			CzJP B29 361 (79)
					+1.4(5)	[159Tb]			NP 30 452 (62)
65 Tb 157	0	99 y	3/2+	+2.01(2)		[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
				2.0(1)		[159Tb]	EPR	1968Ea04	PR 170 1083 (68)
					+1.40(8)	[159Tb]	CFBLS	1990Al36	ZP A337 367 (90)
	242	170 ps	4+	+1.5(5)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
	501	30 ps	6+	+1.7(5)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
	762	4.1 ps	2+	+0.6(2)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
	844	6.8 ps	8+	+2.2(7)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
	1261	2.3 ps	10+	+3.5(13)		[164Dy 501]	TF	1989Do12	PR C40 2035 (89)
65 Tb 158	0	150 y	3-	+1.758(7)		[159Tb]	EPR	1968Ea04	PR 170 1083 (68)
					+2.7(5) st		NO/S, EPR	1968Ea04	PR 170 1083 (68)
65 Tb 159	0	stable	3/2+	+2.014(4)			EPR, ENDOR	1965Ba49	PRS 286A 352 (65)
					+1.432(8) a		Mu-X. AB	1984Ta04/1970Ch26	PR C29 1830 (84)/PR A2 316 (70)
	58	53.5 ps	5/2-	3.9(2)			IPAC		Duzb 1972n1 32 (72)
					1.62(9) or 2.32(13)	[159Tb]	ME	1966At05	NP 89 433 (66)
65 Tb 160	0	72.1 d	3-	1.790(7)		[159Tb]	NMR/ON	1987Ma42	PRL 59 1764 (87)
				+1.702(8)		[159Tb]	EPR	1968Ea04	PR 170 1083 (68)
				1.5(6)		[159Tb]	NO/S	1983Be03	JP G9 213 (83)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					3.85(5)	[159Tb]	NMR/ON	1987Ma42	PRL 59 1764 (87)
					3.56(10)	[159Tb]	NMR/ON	1986Ro07	PRL 56 1976 (88)
65 Tb 161	0	6.9 d	3/2+	2.2(1)		[159Tb]	NO/S	1983Ri15	HFI 15 83 (83)
					+1.2(6)	[159Tb]	NO/S	1983Ri15	HFI 15 83 (83)
66 Dy 147	0	~1.3 m	(1/2+)	-0.915(9)			CFBLS		PC Neugart (87)
	751	59 s	(11/2-)	-0.655(10)		[163Dy]	CFBLS		PC Neugart (87)
					+0.67(10)	[163Dy]	CFBLS		PC Neugart (87)
66 Dy 149	0	4.23 m	7/2-	-0.119(7)		[163Dy]	CFBLS		PC Neugart (87)
					-0.62(5)	[163Dy]	CFBLS		PC Neugart (87)
66 Dy 151	0	17 m	7/2-	-0.945(7)			CFBLS		PC Neugart (87)
					-0.30(5)	[163Dy]	CFBLS		PC Neugart (87)
66 Dy 152	6129	9.9 ns	21-	+11.6(12)			TDPAD	1979Me01	PRL 42 23 (79)
66 Dy 153	0	6.3 h	7/2-	-0.782(6)		[163Dy]	CFBLS		PC Neugart (87)
				-0.715(6)		[163Dy]	AB	1972Ro36	PS 6 24 (72)/PL 49A 287 (74)
					-0.02(5)	[163Dy]	CFBLS		PC Neugart (87)
					-0.15(9)	[163Dy]	AB	1972Ro36	PS 6 24 (72)/PL 49A 287 (74)
66 Dy 154	yrastr band		2+	g ratio to 2+ = 1.00		[154Dy 2+]	IPAD	1993Bi05	NP A553 527c (93)
			4+	g ratio to 2+ = 1.1(2)		[154Dy 2+]	IPAD	1993Bi05	NP A553 527c (93)
			6+ - 8+	g ratio to 2+ = 1.0(3)		[154Dy 2+]	IPAD	1993Bi05	NP A553 527c (93)
			10+ - 14+	g ratio to 2+ = 0.5(4)		[154Dy 2+]	IPAD	1993Bi05	NP A553 527c (93)
			16+ - 20+	g ratio to 2+ = 0.3(4)		[154Dy 2+]	IPAD	1993Bi05	NP A553 527c (93)
			22+ - 30+	g ratio to 2+ = 0.8(4)		[154Dy 2+]	IPAD	1993Bi05	NP A553 527c (93)
			32+ - 36+	g ratio to 2+ = 1.2(3)		[154Dy 2+]	IPAD	1993Bi05	NP A553 527c (93)
	cont.	short	l(av) = 26	g(av) = +0.39(5)			TF	1984Ha39	PL 144B 341 (84)
66 Dy 155	0	10.0 h	3/2-	-0.385(4)		[163Dy]	CFBLS		PC Neugart (87)
				-0.339(2)		[163Dy]	AB	1972Ro36	PS 6 24 (72)/PL 49A 287 (74)
					+1.04(3)	[163Dy]	CFBLS		PC Neugart (87)
					+0.967(14)	[163Dy]	AB	1972Ro36	PS 6 24 (72)/PL 49A 287 (74)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
66 Dy 156	138 cont	0.82 ns short	2+	+0.78(8)			R	1984Ha39	PL 144B 341 (84)
			l(av) = 19	g(av) = +0.11(4)			TF	1985Ta02	NP A435 294 (85)
				g(av) = +0.12(3)			TF	1985Ta02	NP A435 294 (85)
			l(av) = 21	g(av) = +0.14(6)			TF	1985Ta02	NP A435 294 (85)
			l(av) = 23	g(av) = +0.20(3)			TF	1985Ta02	NP A435 294 (85)
			l(av) = 23	g(av) = +0.21(7) g(av) = +0.21(3)			TF	1985Ta02	NP A435 294 (85)
			l(av) = 23	g(av) = +0.21(3)			TF	1984Ha39	PL 144B 341 (84)
66 Dy 157	0	8.1 h	3/2-	-0.301(2)		[163Dy]	CFBLS		PC Neugart (87)
				-0.302(2)		[163Dy]	AB	1972Ro36	PS 6 24 (72)/PL 49A 287 (74)
					+1.30(2)	[163Dy]	CFBLS		PC Neugart (87)
					+1.30(1)	[163Dy]	AB	1972Ro36	PS 6 24 (72)/PL 49A 287 (74)
66 Dy 158	99 317	1.66 μs 73 ps	2+	+0.72(5)			IPAC	1993Al09	ZP A345 273 (93)
			4+	+1.36(8)			IPAC	1993Al09	ZP A345 273 (93)
				+1.4(2)			IMPAC	1983Se09	NP A399 211 (83)
				+1.4(2)			IMPAC	1973Ka25	PR C8 757 (73)
	638	10.8 ps	6+	+1.2(2)			IPAC	1993Al09	ZP A345 273 (93)
	1044	3.25 ps	8+	+1.7(9)			IPAC	1993Al09	ZP A345 273 (93)
	1044	2.9 ps	8+	+3.3(10)			TF	1983Se09	NP A399 211 (83)
	>1044 gsband		l(av) = 14 <16+	g(av) = +0.04(11) α x 10 <sup>3</sup> = -1.5(13)			TF	1983Se09	NP A399 211 (83)
							TF	1980An27	PRL 45 1835 (80)
	66 Dy 159	0	144 d	3/2-	-0.354(3)		[163Dy]	CFBLS	
					+1.37(2)	[163Dy]	CFBLS		PC Neugart (87)
66 Dy 160	87	1.96 ns	2+	+0.74(2)			TDPAC	1973Ka25	ZP 183 472 (65)/PR C8 757 (73)
				+0.70(3)			TDPAC	1984Si07	NIM 219 443 (84)
					1.8(4)		TDPAC	1970Wa25	ZP 238 35 (70)
							IPAC	1996Al02	ZP A353 357 (96)
	284	101 ps	4+	+1.40(8)		[160Dy 966]	IPAC	1996Al02	PSNI 15B 343 (72)
				+1.3(2)			IPAC		ZP A353 17 (95)
	966	1.34 ps	2+	+0.63(2)			IPAC	1995Al22	
	gsband		<16+	+0.34(9) α x 10 <sup>3</sup> = -1.5(16)			IPAC		PL 28B 590 (69)/JP G1 727 (75)
						TF	1980An27	PRL 45 1835 (80)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference				
66 Dy 161	0	stable	5/2+	-0.480(3)		[163Dy]	AB		PL 49A 287 (74)				
				-0.481(5)			AB/D		PL 49A 287 (74)				
	26	29 ns	5/2-	5/2-	+0.594(3)		[161Dy]	AB		PL 49A 287 (74)			
								2.47(3) a		Mu-X	PL 49A 287 (74)		
								+2.51(2)		ME, R	JPCR 5 1093 (76)		
										ME, R	JPCR 5 1093 (76)		
44	0.78 ns	7/2+	7/2+	-0.141(5)		[161Dy]	ME	1973Sy01	PR C7 2056 (73)				
							+0.53(13)	ME	1973Sy01	PR C7 2056 (73)			
75	3.2 ns	3/2-	3/2-	-0.403(4)		[161Dy]	ME, R		JPCR 5 1093 (76)				
							+1.45(6)		ME, R	JPCR 5 1093 (76)			
66 Dy 162	81	2.25 ns	2+	+0.69(3)			RIGV	1970Be36/1973Ka25	NP A151 401 (70)/PR C8 757 (73)				
66 Dy 163	0	stable	5/2-	+0.673(4)			AB/D		PL 49A 287 (74)				
							+2.65(2) a		Mu-X, O	1984Ta04/1973Mu06	PR C29 1830 (84)/PR A7 416 (73)		
66 Dy 164	73	2.39 ns	2+	+0.68(2)		[161Dy]	ME		ZP 208 184 (68)				
				+0.73(3)			RIGV		1970Be36	NP A151 401 (70)			
	242	0.20 ns	4+	4+	+1.5(5)		[161Dy]	ME		ZP 208 184 (68)			
								-2.08(15)		TF	1989Do12	PR C40 2035 (89)	
										[164Dy73]	IMPAC	1983Se09	NP A399 211 (83)
										[164Dy73]	TF	1989Do12	PR C40 2035 (89)
										[164Dy73]	TF	1989Do12	PR C40 2035 (89)
501	26.6 ps	6+	6+	+1.7(5)		[164Dy73]	TF	1989Do12	PR C40 2035 (89)				
762	4.6 ps	2+	2+	+0.6(2)		[164Dy73]	TF	1989Do12	PR C40 2035 (89)				
844	7.2 ps	8+	8+	+2.2(7)		[164Dy73]	TF	1989Do12	PR C40 2035 (89)				
1261	2.3 ps	10+	10+	+3.5(13)		[164Dy73]	TF	1989Do12	PR C40 2035 (89)				
66 Dy 165	0	2.33 h	7/2+	-0.520(5)		[163Dy]	AB	1968Ra03	PR 165 1360 (68)/PL 49A 287 (74)				
							-3.49(7)	AB	1968Ra03	PR 165 1360 (68)/PL 49A 287 (74)			
67 Ho 152	0	161.8 s	2-	-1.02(2)		[165Ho]	LRIMS	1989AI27	NP A504 549 (89)				
							+0.1(2) st	LRIMS	1989AI27	NP A504 549 (89)			
	160	49.5 s	9+	9+	+5.94(5)		[165Ho]	LRIMS	1989AI27	NP A504 549 (89)			
								-1.3(8) st	LRIMS	1989AI27	NP A504 549 (89)		
67 Ho 153	0	2.0 m	11/2-	+6.81(5)		[165Ho]	LRIMS	1989AI27	NP A504 549 (89)				
							-1.1(5) st	LRIMS	1989AI27	NP A504 549 (89)			
	68	9.3 m	1/2+	1/2+	+1.19(1)		[165Ho]	LRIMS	1989AI27	NP A504 549 (89)			

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
67 Ho 154	0	11.76 m	2-	-0.643(6)	+0.19(10) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
	320	3.10 m	8+	+5.65(6)	-1.0(5) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
67 Ho 155	0	48 m	5/2+	+3.51(3)	+1.52(10) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
67 Ho 156	0	56 m	4(+)	+2.99(3)	+2.3(2) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
67 Ho 157	0	12.6 m	7/2-	+4.35(3)	+2.97(13) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
67 Ho 158	0	11.3 m	5+	+3.77(3)	+4.1(4) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
	67.2	28 m	2-	+2.44(3)	+1.6(2) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
67 Ho 159	0	35.05 m	7/2-	+4.28(3)	3.19(13) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
67 Ho 160	0	25.6 m	5+	+3.71(3)	+4.0(2) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
	60	5.02 h	2-	+2.52(3)		[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
67 Ho 161	0	2.48 h	7/2-	+4.25(3)	3.22(11) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
67 Ho 162	106	67 m	6-	+3.60(4)	3.9(7) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)
67 Ho 163	0	4570 y	7/2-	+4.23(4)	3.6(6) st	[165Ho]	LRIMS	1989AI27	NP A504 549 (89)
							LRIMS	1989AI27	NP A504 549 (89)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
67 Ho 165	0	stable	7/2-	+4.17(3)			AB/D, R	1974Da11	ZP 267 239 (74)	
							Pi-X	1983OI03	NP A403 572 (83)	
							ABLS	1982Bu13	ZP A307 193 (82)	
							Pi-X	1981Ba07	NP A355 383 (81)	
							Ka-X	1981Ba07	NP A355 383 (81)	
	95	22 ps	9/2-	4.1(2)			[165Ho]	Mu-X, AB	1976Po05/1974Da10	NP A262 493 (76)/ZP 267 229 (74)
							ME	1972Ge21	ZP 257 29 (72)	
							Mu-X	1976Po05	NP A262 493 (76)	
67 Ho 166	6	1200 y	(7)-	3.60(16) 3.65(13) 3.60(5)		[165Ho]	NO/S	1981Kr12	PR C24 654 (81)	
							NO/S		HFI 10 1183 (80)	
							NO/S		PRS A372 19 (80)	
	54	3.4 ns	2-	+0.068(10)		-3(3)	[165Ho]	NO/S		HFI 10 1183 (80)
								IPAC	1979Ba40	NP A331 75 (79)
68 Er 152	2184	1.8 ns	8+	-0.6(6)			IPAD		Cf83Meguro, 155 (83)	
	4521	1.2 ns	16+	+5(2)			IPAD		Cf83Meguro, 155 (83)	
68 Er 153	0	37.1 s	(7/2-)	-0.934(5)		[167Er]	CFBLS		Cf85Bomb 175 (85)	
					-0.42(2)	[167Er]	CFBLS		Cf85Bomb 175 (85)	
68 Er 154	3016 + x	39 ns	11-	+0.169(13) +0.19(3)			TDPAD	1984Ra11	PR C30 169 (84)	
							TDPAD	1983Ng02	ZP A309 207 (83)	
68 Er 155	0	5.3 m	7/2-	-0.669(4)		[167Er]	CFBLS		Cf85Bomb 175 (85)	
							CFBLS		Cf85Bomb 175 (85)	
	563	30 ns	13/2+	-0.55(3)		-0.27(2)	[167Er]	TDPAD	1984Ra11	PR C30 169 (84)
68 Er 156	345	33 ps	2+	0.80(12)			RIGV	1970No01	NP A142 577 (70)	
68 Er 157	0	25 m	3/2-	-0.412(3)		[167Er]	CFBLS		Cf85Bomb 175 (85)	
							CFBLS		Cf85Bomb 175 (85)	
	266+x	54 ps	17/2+	0.4(4)		[167Er]	IAPAD	1974Na08	PRL 32 1380 (74)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
68 Er 158	192	0.30 ns	2+	0.72(11)			RIGV	1970No01	NP A142 577 (70)	
68 Er 159	0	36 m	3/2-	-0.304(2)	+1.17(1)	[167Er]	CFBLS		Cf85Bomb 175 (85)	
	784	8.2 ps	21/2+	<0.74		[167Er]	CFBLS RIGV	1980Sp03	Cf85Bomb 175 (85) NP A344 176 (80)	
68 Er 160	390	34 ps	4+	1.28(19)			RIGV	1970No01	NP A142 577 (70)	
68 Er 161	0	3.21 h	3/2-	-0.365(3)		[167Er]	CFBLS		Cf85Bomb 175 (85)	
				-0.369(3)		[167Er]	AB	1972Ek03	NP A194 237 (72)	
				+1.35(2)		[167Er]	CFBLS		Cf85Bomb 175 (85)	
				+1.361(14)	[167Er]	AB	1972Ek03	NP A194 237 (72)		
68 Er 162	102	1.3 ns	2+		< 0		CER	1981Hu02	PR C23 240 (81)	
	901	1.24 ps	2+		1.8(6)		CER	1983Hu01	PR C27 550 (83)	
68 Er 163	0	75.1 m	5/2-	+0.557(4)			CFBLS CFBLS		Cf85Bomb 175 (85) Cf85Bomb 175 (85)	
68 Er 164	92	1.48 ns	2+	0.697(15)		[166Er 81]	ME		ZP 208 184 (68)	
					< 0		CER	1981Hu02	PR C23 240 (81)	
	299	86 ps	4+	+1.36(8)			TF	1996Br09	NP A600 272 (96)	
	614		6+	+1.88(9)			TF	1996Br09	NP A600 272 (96)	
	860	1.9 ps	2+	+0.81(6)			TF	1996Br09	NP A600 272 (96)	
						2.4(3)		CER	1983Hu01	PR C27 550 (83)
	1025 15158	2.6 ps 1.0 ps	8+ 10+	+2.72(13) +3.2(3)				TF TF	1996Br09 1996Br09	NP A600 272 (96) NP A600 272 (96)
68 Er 165	0	10.36 h	5/2-	+0.643(3)			CFBLS CFBLS		Cf85Bomb 175 (85) Cf85Bomb 175 (85)	
	243	0.31 ns	3/2-	+0.6(2)	+2.71(3)	[167Er] [167Er]		1978EgZY	Cf78Dubna 138 (78)	
68 Er 166	81	1.85 ns	2+	+0.649(10)		[167Er]	ME	1981Ho31	HFI 11 29 (81)	
				+0.632(10)		[167Er]	ME		ZP 208 184 (68)/PL 10 319 (64)	
					-2.7(9)		CER		ORNL 4513 56 (70)	
					-2.9(10)		CER		Cf69Heid 471 (69)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-1.9(4) st		ME		ZP 182 499 (65)
	265	118 ps	4+	+1.14(8)			TF	1996Br09	NP A600 272 (96)
				+1.26(6)		[166Er 81]	IPAC	1985Al22	ZP A322 467 (85)
					-2.7(9)		CER		BAPS 14 1204 (69)
	545	16.8 ps	6+	+1.72(9)			TF	1996Br09	NP A600 272 (96)
				+1.6(2)		[166Er 265]	TF	1986Do13	ZP A325 285 (86)
				+1.55(7)		[166Er 81]	IPAC	1985Al22	ZP A322 467 (85)
	786	4.6 ps	2+	+0.74(5)			TF	1996Br09	NP A600 272 (96)
				+0.56(9)		[166Er 265]	TF	1986Do13	ZP A325 285 (86)
					2.2(2)		CER	1983Hu01	PR C27 550 (83)
					2.1(4)		CER	1977Mc11	NP A289 253 (77)
					2.0(3)		CER		ORNL 4513 56 (70)
	911	4.2 ps	8+	+2.2(2)			TF	1996Br09	NP A600 272 (96)
				+1.9(3)		[166Er 265]	TF	1986Do13	ZP A325 285 (86)
				+2.1(4)		[166Er 81]	IPAC	1985Al22	ZP A322 467 (85)
	1216	3.9 ps	6+	+1.5(2)		[166Er 81]	IPAC	1985Al22	ZP A322 467 (85)
	1350	1.7 ps	10+	+2.8(4)			TF	1996Br09	NP A600 272 (96)
				+2.0(8)		[166Er 265]	TF	1986Do13	ZP A325 285 (86)
68 Er 167	0	stable	7/2+	-0.56385(12)			AB/D	1984Fo02	ZP A315 1 (84)
				-0.565(2)			AB		PPS 86 1249 (65)
					+3.57(3) a		Mu-X	1984Ta04	PR C29 1830 (84)
					+2.827(12)		AB		PPS 86 1249 (65)
68 Er 168	80	1.86 ns	2+	+0.62(6)			IPAC	1980Fu03	PR C21 2575 (80)
				+0.658(14)		[166Er 81]	ME		ZP 208 184 (68)
	264	121 ps	4+	+1.17(12)			TF	1996Br09	NP A600 272 (96)
				+1.26(16)		[166Er 265]	IMPAC		Cf67HI 731 (67)
					-2.2(10)		CER		ORNL 4513 56 (70)
	549	16.8 ps	6+	+1.81(12)			TF	1996Br09	NP A600 272 (96)
				+2.0(3)		[168Er 264]	TF	1989Do12	PR C40 2035 (89)
	821	2.9 ps	2+	+0.77(4)			TF	1996Br09	NP A600 272 (96)
				+0.72(14)		[168Er 549]	TF	1989Do12	PR C40 2035 (89)
					2.3(2)		CER	1983Hu01	PR C27 550 (83)
	928	3.4 ps	8+	+2.4(2)			TF	1996Br09	NP A600 272 (96)
				+2.7(5)		[168Er 549]	TF	1989Do12	PR C40 2035 (89)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	1094	112.5 ns	4-	+0.96(4)			TDPAC	1980Fu03	PR C21 2575 (80)
	1396	1.4 ps	10+	+3.1(4)			TF	1996Br09	NP A600 272 (96)
				+3.2(8)		[168Er 549]	TF	1989Do12	PR C40 2035 (89)
68 Er 169	0	9.40 d	1/2-	+0.52(3)			AB/D	1963Do09	PR 131 1586 (63)
				+0.4850(2)		[167Er]	AB	1963Do09	PR 131 1586 (63)/PPS 86 1249 (65)
68 Er 170	79	1.90 ns	2+	0.633(13)		[166Er 81]	ME	1969Wi04	PR 177 1786 (69)
					-1.9(2)		CER	1973Lu02	PR C8 391 (73)
	260	~135 ps	4+	+1.09(15)		[166Er 265]	IMPAC		Cf67HI 731 (67)
					-2.2(10)		CER		ORNL 4513 56 (70)
	934	1.7 ps	2+		2.0(3)		CER	1983Hu01	PR C27 550 (83)
68 Er 171	0	7.52 h	5/2-	0.659(10)		[167Er]	AB		PR 135 B1281 (64)
					2.86(9)	[167Er]	AB		PR 135 B1281 (64)
69 Tm 156	0	1.3 m	2-	+0.40(3)		[169Tm]	LRIMS		LNPP 1309 (87)
					-0.48(11) st	[170Tm]	LRIMS		LNPP 1309 (87)
69 Tm 157	0	3.6 m	1/2+	+0.476(15)		[169Tm]	LRIMS	1988AI04	NP A477 37 (88)
69 Tm 158	0	4.3 m	2-	+0.04(2)		[169Tm]	LRIMS	1988AI04	NP A477 37 (88)
					+0.74(11) st	[170Tm]	LRIMS	1988AI04	NP A477 37 (88)
69 Tm 159	0	9.0 m	5/2+	+3.42(3)		[169Tm]	LRIMS	1988AI04	NP A477 37 (88)
					+1.93(7) st	[170Tm]	LRIMS	1988AI04	NP A477 37 (88)
69 Tm 160	0	9.4 m	1-	+0.16(2)		[169Tm]	LRIMS	1988AI04	NP A477 37 (88)
					+0.58(4) st	[170Tm]	LRIMS	1988AI04	NP A477 37 (88)
69 Tm 161	0	38 m	7/2+	+2.40(2)		[169Tm]	LRIMS	1988AI04	NP A477 37 (88)
					+2.90(7) st	[170Tm]	LRIMS	1988AI04	NP A477 37 (88)
69 Tm 162	0	21 m	1-	+0.068(8)		[169Tm]	LRIMS	1988AI04	NP A477 37 (88)
					+0.69(3) st	[170Tm]	LRIMS	1988AI04	NP A477 37 (88)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
69 Tm 163	0	1.8 h	1/2+	-0.082(1)		[169Tm]	AB, LRIMS	1967Dy01/1988AI04	BAPS 12 1046 (67)/NP A477 37 (88)
69 Tm 164	0	2.0 m	1+	+2.83(3)	+0.71(5) st	[169Tm] [170Tm]	LRIMS LRIMS	1988AI04 1988AI04	NP A477 37 (88) NP A477 37 (88)
69 Tm 165	0	30.06 h	1/2+	-0.139(2)		[169Tm]	AB, LRIMS	1988AI04	BAPS 13 1650 (68)/NP A477 37 (88)
69 Tm 166	0	7.7 h	2+	+0.092(1)	+2.14(3) st	[169Tm] [170Tm]	AB, LRIMS LRIMS	1988AI04/1972Ad14 1988AI04	NP A477 37 (88)/NP A198 380 (72) NP A477 37 (88)
69 Tm 167	0	9.25 d	1/2+	-0.197(2)		[169Tm]	AB, R, LRIMS	1973Ek01/1988AI04	PS 7 31 (73)/NP A477 37 (88)
69 Tm 168	0	85 d	3+	+0.227(11)	+3.23(7) st	[169Tm] [170Tm]	LRIMS LRIMS	1988AI04 1988AI04	NP A477 37 (88) NP A477 37 (88)
69 Tm 169	0	stable	1/2+	-0.2310(15) d -0.229(3) 0.24(1) -0.21(2)			AB AB/D PMR O	1962Ri11 1961Ha37	ZP 199 244 (67) PR 128 2238 (62) JChP 35 1521 (61) ZP 141 476 (55)
	8	3.9 ns	3/2+	+0.515(5) +0.513(5)	-1.2(1) st	[169Tm] [169Tm]	ME ME ME	1973Lu02	HFI 1 50 (76) JMMM 15/18 651 (80) PR 134 A94 (64)/PR C8 391 (73)
	118	62 ps	5/2+	+0.76(5)			IPAC	1969Gu01/1968Ka14	NP A123 386 (69)/NP A119 417 (68)
	139	302 ps	7/2+	+1.39(5)			IPAC	1969Gu01/1968Ka14	NP A123 386 (69)/NP A119 417 (68)
	316	660 ns	7/2+	+0.156(8)			TDPAC	1972Ni03	NP A181 298 (72)
	379	48 ns	7/2-	+3.04(14) 0.96(8)			TDPAC TDPAC	1997De02	PR C55 1197 (97) Cf67Kanpur A 435 (67)
69 Tm 170	0	128.6 d	1+	+0.246(2) +0.247(5)		[169Tm] [169Tm]	ABLS AB, R	1988Dy02 1960Ca15	PR C38 2813 (88) PR 120 920 (60)/ZP 199 244 (67)/ PS 7 31 (73)
					+0.72(5) st +0.74(2) st 0.63(5)	[169Tm]	ABLS AB, R, LRIMS	1988Dy02 1973Ek01/1988AI04 1960Ca15/1973Ek01	PR C38 2813 (88) PS 7 31 (73)/NP A477 37 (88) PR 120 920 (60)/PS 7 31 (73)
69 Tm 171	0	1.92 y	1/2+	-0.228(4)		[169Tm]	AB, R		ZP 199 244 (67)/PR 135B 1281 (64)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	117	55 ps	5/2+	+0.8(4)			IPAC	1968Ka14	NP A119 417 (68)
	129	415 ps	7/2+	+1.27(12)				1968Ka14	NP A119 417 (68)
	636	1.26 ns	7/2+	+1.2(2)				1978Ba03	ZP A284 161 (78)
70 Yb 155	0	1.59 s	(7/2-)	-0.84(8)	-1.2(10)		LRIMS LRIMS		BRASP 56 (11) 69 (92) BRASP 56 (11) 69 (92)
70 Yb 157	0	38.6 s	7/2-	-0.639(8)		[171Yb]	CFBLS	1992Ku21	HFI 74 171 (92)
	494 + x	45 ns	13/2+	-0.75(8)			TDPAD	1984Ra11	PR C30 169 (84)
70 Yb 158	band		30 - 38	(+)0.20(7)			TF		ANL-PHY-88-2 (88)
70 Yb 159	0	1.58 m	5/2(-)	-0.368(8) -0.366(8)	-0.22(2)	[171Yb] [173Yb] [173Yb]	CFBLS CFBLS CFBLS	1992Ku21 1983Ne13 1983Ne13	HFI 74 171 (92) HFI 15 181 (83) HFI 15 181 (83)
70 Yb 160	band band band		~4+ 14+ 34 - 42	+1.9(10) -3(4) 0.12(7)			PAC PAC TF	1990Lu02 1990Lu02	ZP A335 369 (90) ZP A335 369 (90) ANL-PHY-88-2 (88)
70 Yb 161	0	4.2 m	3/2-	-0.327(8)	+1.03(2)	[173Yb] [173Yb]	CFBLS CFBLS	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)
70 Yb 162	cont.		20-32	g(av) = 0.24(5)			TF	1984Ma10	PL 134B 153 (84)
70 Yb 163	0	11.0 m	3/2-	-0.374(8)	+1.24(2)	[173Yb] [173Yb]	CFBLS CFBLS	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)
70 Yb 165	0	9.9 m	5/2-	+0.478(8)	+2.48(4)	[173Yb] [173Yb]	CFBLS CFBLS	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)
70 Yb 167	0	17.5 m	5/2-	+0.623(8)	+2.70(4)	[173Yb] [173Yb]	CFBLS CFBLS	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)
70 Yb 169	0	32.0 d	7/2+	-0.635(8) -0.633(16)		[173Yb] [173Yb]	CFBLS O, R	1983Ne13 1983Ne13	HFI 15 181 (83) HFI 15 181 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+3.54(6)	[173Yb]	CFBLS	1983Ne13	HFI 15 181 (83)
					+3.52(7)	[173Yb]	O, R	1983Ne13	HFI 15 181 (83)
	24	46 s	1/2-	+0.507(8)		[173Yb]	CFBLS	1983Ne13	HFI 15 181 (83)
70 Yb 170	84	1.57 ns	2+	+0.674(8)		[171Yb]	ME		ZP 208 184 (68)/PL 15 269 (65)
					2.1(4)	[172Yb 79]	ME		NP A165 67 (71)
	gs band		<12+	α x 10*3 = -0.5(15)		[169Tm]	TF	1979Wa15	NP A330 225 (79)
	gs band		<18+	α x 10*3 = -2.4(15)			TF	1980An27	PRL 45 1835 (80)
70 Yb 171	0	stable	1/2-	+0.49367(1)		[23Na]	OP	1972OI01	ZP 249 205 (72)
				+0.4949(4)		[35Cl]	N	1964Go06	PR 133 A881 (64)
	67	0.81 ns	3/2-	0.350(2)		[171Yb]	ME		PL 22 446 (66)/PL 22 443 (66)
					1.6(3)	[170Yb 84]	ME	1971PI03	NP A165 97 (71)
	76	1.64 ns	5/2-	+1.015(5)		[171Yb]	ME	1970He25	PR C2 2414 (70)
					2.2(4)	[170Yb 84]	ME	1971PI03	NP A165 97 (71)
	231		7/2-	0.79(5)			TF	1992AnZY	CF92Otta 1 44 (92)
	247		9/2-	1.44(7)			TF	1992AnZY	CF92Otta 1 44 (92)
	487		11/2-	1.65(6)			TF	1992AnZY	CF92Otta 1 44 (92)
	509		13/2-	2.5(1)			TF	1992AnZY	CF92Otta 1 44 (92)
	833		15/2-	2.3(2)			TF	1992AnZY	CF92Otta 1 44 (92)
	860		17/2-	3.2(2)			TF	1992AnZY	CF92Otta 1 44 (92)
	1263		19/2	3.3(4)			TF	1992AnZY	CF92Otta 1 44 (92)
	1293		21/2	4.1(4)			TF	1992AnZY	CF92Otta 1 44 (92)
70 Yb 172	260	0.122 ns	4+		-2.3(12)		CER		ORNL-4513 56 (70)
70 Yb 173	0	stable	5/2-	-0.648(3)		[171Yb]	CFBLS	1992Ku21	HFI 74 171 (92)
				-0.67989(3)		[23Na]	OP	1972OI01	ZP 249 205 (72)
				0.68002(3)		[35Cl]	N	1964Go06	PR 133 A881 (64)
					+2.80(4) a		Mu-X, O	1975Ze04	NP A254 315 (75)/JPJa 19 249 (64)
	79	44 ps	7/2-	-0.20(7)			IPAC		HFI 1 15 85 (83)
	179	24 ps	9/2-	+0.3(4)			IPAC		HFI 1 15 85 (83)
	351	471 ps	7/2+	-0.5(5)			IPAC		HFI 1 15 85 (83)
70 Yb 174	77	1.79 ns	2+	+0.676(8)			ME	1971He03	ZP 241 138 (71)
					2.1(3)	[170Yb 84]	ME	1971PI03/1971He03	NP A165 97 (71)/ZP 241 138 (71)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	253	144 ps	4+		-1.8(12)		CER		ORNL 4513 56 (70)
	gs band	< 12+		α x 10 <sup>3</sup> = +0.3(15)		[169Tm]	TF	1979Wa15	NP A330 225 (79)
	gs band	<16+		α x 10 <sup>3</sup> = -1.3(10)			TF	1980An27	PRL 45 1835 (80)
70 Yb 175	0	4.18 d	7/2-	0.768(8)		[171Yb]	CFBLS	1992Ku21	HFI 74 171 (92)
				0.58(8)			NO/S	1974Be19	PR B9 1092 (74)
				0.40(5)			NO/S	1972Kr18	NP A197 352 (72)
70 Yb 176	82	1.8 ns	2+	+0.68(3)		[171Yb 67]	ME, CETD	1967Ec02/1966Ti01	PR 163 1295 (67)/PR 141 1062 (66)
					2.2(4)	[170Yb 84]	ME	1967Ec01	PR 156 246 (67)
	272	0.11 ns	4+		-0.9(12)		CER		ORNL 4513 56 (70)
71 Lu 169	0	34.1 h	7/2+	2.297(13)		[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
					3.42(12)	[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
71 Lu 171	0	8.24 d	7/2+	2.305(12)		[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
				2.03(10)		[177Lu]	NO/S	1976Kr04	PR C13 1295 (76)
					3.53(2)	[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
71 Lu 172	0	6.70 d	4-	2.893(15)		[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
				2.25(10)		[177Lu]	NO/S	1976Kr04	PR C13 1295 (76)
					3.80(3)	[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
71 Lu 173	0	1.37 y	7/2+	2.280(12)		[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
				2.34(9)		[177Lu]	NO/S	1975Kr11	PR C12 1999 (75)
					3.56(4)	[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
71 Lu 174	0	3.3 y	1-	1.9(3)		[173Lu]	NO/S	1975Kr11	PR C12 1999 (75)
	171	142 d	6-	1.497(10)			NMR/ON	1991Hi19	PL B263 29 (91)
				2.3(3)			NO/S	1975Kr11	PR C12 1999 (75)
71 Lu 175	0	stable	7/2+	+2.2323(11)			AB/D	1985Br09	NP A440 407 (85)
				+2.2327(11)			N/OP	1975Mu15	ZP A275 305 (75)
				+2.23799(6)		[2H]	N, AB	1962Re02/1962Ri04	PR 126 1493 (62)/PR 126 240 (62)
					+3.49(2) a		Mu-X	1979De29	NP A326 418 (79)
					3.62(9) a		Pi-X	1983OI03	NP A403 572 (83)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	114	100 ps	9/2+	+2.01(15)			IPAC, R		PhSS 32 151 (69)
	251	42 ps	11/2+	+2.0(7)			IPAC		PL 21 659 (66)
71 Lu 176	0	3.6x10*10 y	7-	+3.169(5)			AB/D	1985Br09	NP A440 407 (85)
					+4.92(3)	[175Lu]	AB	1985Br09	NP A440 407 (85)/PPS 79 787 (62)
					+4.97(3)	[175Lu]	AB		PPS 79 787 (62)
					5.07(7) a		Pi-X	1983OI03	NP A403 572 (83)
	127	3.68 h	1-	+0.318(3)		[175Lu]	AB, R	1975Mu15	ZP A275 305 (75)
					-1.47(1)	[175Lu]	AB	1965Wh03	PR 137 B477 (65)
71 Lu 177	0	6.71 d	7/2+	+2.239(11)		[175Lu]	AB, R	1975Mu15	ZP A275 305 (75)
					+3.39(2)	[175Lu]	AB	1962Pe07	PR 126 252 (62)
	122	116 ps	9/2+	+2.2(8)			IPAC		IzUz 1973n4 79 (73)
	150	120 ns	9/2-	+5.5(3)			TDPAC	1977Ne11	HFI 3 257 (77)
	970	160 d	23/2	2.337(13)		[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
				2.93(7)		[177Lu]	NO/S	1974Kr12/1975Sc16	PR C10 825 (74)/ZP A272 203 (75)
					5.2(5)	[177Lu]	NMR-ON	1996Ko26	PR C54 1027 (96)
					4.2(7)	[175Lu]	NO/S	1983Oe01	ZP A310 233 (83)
72 Hf 165	> yrast	_	_	average g = +0.14(3)			TF	1996We01	PR C53 151 (96)
72 Hf 166	> yrast	_	_	average g = +0.19(4)			TF	1996We01	PR C53 151 (96)
72 Hf 168	>1213	~ 1 ps	>6+	average g = +0.07(4)			IMPAC	1975Sk01	NP A238 159 (750)
72 Hf 172	>1037	~0.5 ps	>6+	average g = +0.14(4)			IMPAC	1975Sk01	NP A238 159 (750)
	1685	4.8 ns	(6+)	+5.6(6)			TDPAD	1980Wa23	NP A349 1 (80)
	2006	163 ns	(8-)	+7.96(7)			TDPAD	1980Wa23	NP A349 1 (80)
72 Hf 173	1984	19.5 ns	23/2-	+6.6(2)			TDPAD	1980Wa23	NP A349 1 (80)
72 Hf 174	1549	138 ns	(6+)	+5.42(5)			TDPAD	1980Wa23	NP A349 1 (80)
72 Hf 175	0	70 d	5/2-	-0.62(3)			LRS	1997Ji02	PR C55 1545 (97)
				0.54(3)		[178Hf 93]	NMR/ON		ZP B63 24 (86)
				0.58(3)		[180Hf 93]	NMR/ON		ZP B63 24 (86)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+2.6(2) +2.8(4)	[178Hf 93]	LRS NO/S	1997Ji02	PR C55 1545 (97) PL 46B 62 (73)
72 Hf 176	88	1.47 ns	2+	+0.63(6) +0.54(4)		[180Hf]	IPAC CEAD Mu-X IPAC	1996Al20 1968Be04 1984Ta10 1996Al20	ZP A355 363 (96) NP A109 201 (68) PR C30 350 (84) ZP A355 363 (96)
	219	87.9 ps	4+	+1.34(15)					
72 Hf 177	0	stable	7/2-	+0.7935(6)			AB/D Mu-X AB IPAC IPAC IPAC, R Mu-X IPAC IPAC	1973Bu25 1984Ta04 1973Bu25 1996Al20 1991De24 1984Ta10 1968Br15 1969Hu06	PL 43B 479 (73)/ZP 260 157 (73) PR C29 1830 (84) ZP 260 157 (73) ZP A355 363 (96) PR C44 2213 (91) PR C12 2031 (75) PR C30 350 (84) CJP 46 1523 (68) NP A127 609 (69)
	113	530 ps 583 ps 490 ps	9/2- 9/2- 9/2-	+1.03(3) d +0.91(2) +1.08(4)		[179Hf]			
	250 321	97 ps 0.67(2) ns	11/2- 9/2+	+1.5(5) -0.73(9)		[177Hf 113]			
72 Hf 178	93	1.47 ns	2+	+0.48(3) +0.60(4)			CEAD IPAC Mu-X BFNO TDPAD TDPAD CFBLS BFNO CFBLS	1968Be04 1984Ta10 1980Wa23 1994Bo15 1994Bo15	NP A109 201 (68) ArkF 22 257 (62) PR C30 350 (84) PC Postma (88) NP A349 1 (80) HFI 4 216 (78) PRL 72 2689 (94) PC Postma (88) PRL 72 2689 (94)
	1147 1554	4 s 77 ns	8- 6+	3(2) +5.84(5) +5.89(9)					
	2446	31 y	16+	+8.16(4) 7(3)		[177Hf]			
					+6.00(7)	[177Hf]			
72 Hf 179	0	stable	9/2+	-0.6409(13)			AB/D Mu-X, AB Pi-X AB, R Mu-X NO/S	1973Bu25 1984Ta04/1973Bu25 1983O103 1984Ta10 1975Hu15	PL 43B 479 (73)/ZP 260 157 (73) PR C29 1830 (84)/ZP 260 157 (73) NP A403 572 (83) Bk82HFS 84 (82)/PL 62A 307 (77) PR C30 350 (84) PR C12 2013 (75)
	123 1106	37 ps 25.1 d	11/2+ 25/2-	7.4(3)		[177Hf 113]			
72 Hf 180	93	1.53 ns	2+	+0.61(3)			IPAC	1996Al20	ZP A355 363 (96)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				+0.51(8)		[178Hf 93]	ME		BAPS 17 545 (72)
				+0.53(3)			CEAD	1968Be04	NP A109 201 (68)
				+0.77(7)			IPAC		ZP 165 57 (61)
					-2.00(2) a		Mu-X	1984Ta10	PR C30 350 (84)
	309	75.3 ps	4+	+1.4(2)			IPAC	1996Al20	ZP A355 363 (96)
				+2.0(4)			IPAC		ZP 165 57 (61)
	641	9.0 ps	6+	+2.0(4)			IPAC	1996Al20	ZP A355 363 (96)
	1142	5.5 h	8-	+8.7(10)		[180Hf 93]	ME	1971Ko29	PRL 27 1593 (71)
				9.0(9)			NO/S	1976Kr11	PR C14 656 (76)
					+4.6(3)	[178Hf 93]	NO/S		PL 46B 62 (73)
73 Ta 171	184	45 ns	9/2-		(+)3.1(2)	[181Ta]	TDPAD	1995Do32	HFI 96 223 (95)
73 Ta 173	0	3.14 h	5/2-	1.70(3)			NMR/ON	1991Ko25	NP A534 344 (91)
					(-)1.9(2)	[181Ta 482]	NO/S	1983Ed01	PL 133B 44 (83)
73 Ta 175	0	10.5 h	7/2+	2.27(5)		[181Ta]	NMR/ON	1984Oh07	JPJa 53 2479 (84)
				2.27(5)		[181Ta]	NMR/ON	1984Ed01	NP A413 247 (84)
					(+)3.6(4)	[181Ta 482]	NO/S	1983Ed01	PL 133B 44 (83)
73 Ta 177	0	56.6 h	7/2+	2.25(5)		[181Ta]	NMR/ON	1984Oh07	JPJa 53 2479 (84)
				2.25(5)		[181Ta]	NMR/ON	1984Ed01	NP A413 247 (84)
	70	73 ns	5/2+	+4.8(5)			PPDAC	1976Ao02/1974Ao01	NP A272 47 (76)/NIM 119 477 (74)
	186	2.78 μs	5/2-	+2.05(13)			TDPAC	1978Be67	IzF 42 2286 (78)
	1355	5.0 μs	21/2-	+0.080(14)			IPAD	1982Ao04	NP A381 13 (82)
73 Ta 178	0 + x	9.3 m	1+	2.740(12)		[181Ta 482]	NMR/ON	1987Ni05	JPJa 56 492 (87)
				+2.8(2)		[181Ta]	NO/S		HFI 4 206 (78)
					+0.65(6)		NO/S	1983Ha49	HFI 16 105 (83)
73 Ta 179	0	1.82 y	7/2+	+2.289(9)		[181Ta]	LRS	1996Wa02	PR C53 611 (96)
					+3.37(4)	[181Ta]	LRS	1996Wa02	PR C53 611 (96)
73 Ta 180	75	>1.2x10 <sup>15</sup> y	9-	+4.825(11)			LRS	1994Wa34	PR A50 4639 (94)
				4.77(5)		[181Ta]	ABLRFS	1980Bu09	PL 92B 64 (80)
					+4.95(2)		LRS	1994Wa34	PR A50 4639 (94)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference				
73 Ta 181	0	stable	7/2+	+2.3705(7)			N	1973Er17/1960Be23	JCP 59 3911 (73)/PR 120 1812 (60)				
							Pi-X	1983OI03	NP A403 572 (83)				
							Mu-X	1981Ko11	NP A360 187 (81)				
							Pi-X	1981Ba07	NP A355 383 (81)				
							Ka-X	1981Ba07	NP A355 383 (81)				
							AB	1981Ka10	ZP A298 159 (80)				
							Pi-X	1978Be31	NP A300 369 (78)				
							Mu-X	1977Po02	NP A278 477 (77)				
							Mu-X	1976Mc03	PR C13 1644 (76)				
	6	6.05 μs	9/2-	+5.28(9)		[181Ta]	ME		PL 32B 364 (70)/PRL 21 961 (68)				
				+5.3(2)		[181Ta]	ME	1978We18	ZP A288 369 (78)				
					+3.71(7)	[181Ta]	ME		PL 93A 259 (83)				
	136	40 ps	9/2+	+2.6(7)		[182Ta]	IPAC	1983Ak02	IzF 47 31 (83)				
	482	10.8 ns	5/2+	+3.29(3)			TDPAC/CDPAC	1964Ag02	PL 1 126 (62)/NP 58 651 (64)				
								1963Ma10	NP 40 656 (63)				
				+2.35(6)	[181Ta]	TDPAC		PL 97A 217 (83)					
717	3.0 ps	15/2+	+2(2)			TF		ARJAERI 11 (96)					
965	1.93 ps	17/2+	+4(2)			TF		ARJAERI 11 (96)					
1239	1.12 ps	19/2+	+4(5)			TF		ARJAERI 11 (96)					
73 Ta 182	0	115 d	3-	3.02(3)				1980AI27	HFI 8 229 (80)				
									(+)3.02(6)	[181Ta]	NMR/ON	1980De22	HFI 7 465 (80)
									+2.6(3)		NO/S		PL A159 421 (91)
73 Ta 183	0	5.1 d	7/2+	(+)2.36(3)		[181Ta]	NMR/ON	1984Ed01/1980AI27	NP A413 247 (84)/HFI 8 229 (80)				
74 W 178	199	213 ps	2+	+0.50(10)			IMPAD	1986Bi11	PL 178B 145 (86)				
	562	12 ps	4+	+1.4(8)				1986Bi11	PL 178B 145 (86)				
	2272	61 ps	12+	-2.5(8)				1986Bi11	PL 178B 145 (86)				
74 W 179	3348	750 ns	35/2-		<7		LEMS	1997Ne04	ZP A358 267 (97)				
74 W 180	104	1.22 ns	2+	0.51(3)				1973Zi02	ZP 262 413 (73)				
									2.1(4)	[182W 100]	ME	1973Zi02/1972He01	ZP 262 413 (73)/PR C5 219 (72)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
74 W 182	100	1.37	2+	0.52(2) +0.528(12)	-2.1(4)	[184W 111] [183W]	ME CEAD CER IPAC	1968Pe06 1972Ca12	PR 170 1066 (68) CJP 50 736 (72) BAPS 22 1032 (77) DUzb 1972n1 32 (72)	
	329	64 ps	4+	+0.9(2)		IPAC				NP A211 573 (73)
	1289	1.12 ns	2-	+1.7(2)		IPAC		1973Se14		NP A187 49@@@
	1374	78 ps	3-	1.0(3) 2.2(3)		IPAC IPAC	[182W 100]		1973Se14	NP A211 573 (73)
74 W 183	0	stable	1/2-	+0.11778476(9)	1.8(4) 2.0(3)	[2H]	N	1974Sa25	ZNat 29a 1763 (74)	
	47	184 ps	3/2-	-0.1(1)		[182W 100]	ME	1967Ag02	PR 155 1342 (67)	
	99	0.71 ns	5/2-	+0.91(4)		[183W]	ME, R, CEAD	1967Ag02 1968Pe06	PR 155 1342 (67) PR 170 1066 (68)/NP A91 633 (67)	
	207	—	7/2-	0.4(2)		[182W 100]	ME	1967Ag02	PR 155 1342 (67)/ZP 267 61 (73)	
	309	—	9/2-	1.53(14)		[184W 111]	TF	1992La02	NP A536 397 (92)	
	475	—	11/2-	1.1(2)		[184W 111]	TF	1992La02	NP A536 397 (92)	
	551	—	9/2-	2.2(9)		[184W 111]	TF	1992La02	NP A536 397 (92)	
	631	10 ps	13/2-	2.6(3)		[184W 111]	TF	1992La02	NP A536 397 (92)	
	1062	3.0 ps	17/2-	2.6(7)		[184W 111]	TF	1992La02	NP A536 397 (92)	
	74 W 184	111	1.25 ns	2+		+0.578(14) +0.576(14)	-1.9(2)		IPAC CEAD CER	1984Al06 1972Ca12
364		46 ps	4+	+1.17(9)	[184W 111]	IPAC, R		1984Al06	ZP A316 87 (84)	
748		5.5 ps	6+	+1.9(2) +1.8(3)	[184W 364] [184W 111]	TF IPAC, R		1985St18 1984Al06	ZP A322 287 (85) ZP A316 87 (84)	
904		1.73 ps	2+	+0.24(8)	[184W 364]	TF		1985St18	ZP A322 287 (85)	
1252		1.32 ps	8+	+2.9(6)	[184W 364]	CER TF		1977Ob02 1985St18	NP A291 510 (77) ZP A322 287 (85)	
74 W 186		123	1.05 ns	2+	0.62(3) +0.62(2)	-1.6(3) -2.6(13)		[182W 100]	TF ME, RIGV CER	1991St04 1968Pe06/1970Be36
	396	36 ps	4+	+1.28(10)	[186W 123]		TF	1985St07	ZP A320 669 (85)	
	737	4.4 ps	2+	+0.39(8)	[186W 123]		CER TF	1985St07	ORNL-4513 56 (70) ZP A320 669 (85)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 1.2(3) +1.3(3) 0.7(4)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	809	3.5 ps	6+	+1.9(4)		[186W 123]	CER CER CER TF	1977Ob02 1977Mc11 1985St07	NP A291 510 (77) NP A289 253 (77) ORNL-4513 56 (70) ZP A320 669 (85)
74 W 187	0	23.9 h	3/2-	0.621(15)			NMR/ON	1987Oh10	HFI 36 219 (87)
75 Re 179	0	19.7 m	(5/2)+	2.8(4)			NO/S	1992Bo39	HFI75 307 (92)
75 Re 180	0	2.4 m	(1)-	1.6(2)			NO/S	1992Bo39	HFI75 307 (92)
75 Re 181	0 357	19.9 h 76 ns	5/2+ 5/2-	3.19(7) +2.03(10)		[185,187Re]	NMR/ON TDPAC	1981Ha22 1978Be67	NP A363 269 (81) IzF 42 2286 (78)
75 Re 182	0	64.0 h	7+	2.84(6) 2.83(6)		[185,187Re] [185,187Re] [187Re]	NMR/ON NO/S NO/S	1981Ha22 1980Sp01 1983Ha49	NP A363 269 (81) PR C21 361 (80) HFI 15 105 (83)
	0 + x	12.7 h	2+	3.26(10) 3.2(3)	+4.1(3)	[185,187Re] [187Re]	NMR/ON NO/S	1987Oh10 1980Sp01	HFI 36 219 (87) PR C21 361 (80)
	236 2256	570 ns 82 ns	2- 16-	+2.15(8) +3.82(13)	+1.8(2)	[185,187Re] [187Re]	NO/S, R TDPAC TDPAD	1981Er01 1978Be67 1988Ja02	HFI 22 19 (85)/PR C23 1739 (81) IzF 42 2286 (78) PL 202B 185 (880)
75 Re 183	0	70.0 d	5/2+	3.168(15) +3.160(13)		[186Re] [186Re] [187Re]	NMR/ON NMR/ON, R NO/S	1987Oh10 1987Oh10/1981Ru11 1983Ha49	HFI 36 219 (87) HFI 36 219 (87)/HFI 11 37 (81) HFI 15 105 (83)
	497	7 ns	9/2-	+5.14(11)	+2.3(2) +2.1(2)	[187Re] [187Re] [19F 197] [187Re]	NO/S, R TDPAD TDPAC	1985Ha41/1981Er01 1980Za09	HFI 22 19 (85)/ PR C23 1739 (81) IzF 44 1988 (80) HFI 4 211 (78)
75 Re 184	0	38.0 d	3-	(+)2.53(5)		[185,187Re] [187Re] [187Re]	NMR/ON NO/S NO/S	1981Ha22 1983Ha49 1981Er01	NP A363 269 (81) HFI 15 105 (83) PR C23 1739 (81)
	188	169 d	8+	(+)2.88(10)			NO/S	1973Hu06/1973Kr01	NP A210 317 (73)/PR C7 263 (73)
75 Re 185	0	stable	5/2+	+3.1871(3)		[23Na]	N	1951Al11	PR 82 105 (51)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+2.18(2) a 2.21(4) a 2.19(2)		Pi-X, O Mu-X Q PAC	1981Ko11/1966Ku07 1981Ko11 1978Se09	NP A360 187 (81)/ZP 196 365 (66) NP A360 187 (81) PR C18 2430 (78) Cf72 Kiev, 150 (72)
75 Re 186	0	10.2 ps	7/2+	+2.1(8)		[187Re]			
	125	90.6 h	1-	+1.739(6)			AB/D AB	1981Bu13	PR 138 B310 (65) ZP A302 281 (81)/ PR 138 B310 (65)
	314	23.1 ns	3+	+2.18(6)	+0.618(6)	[187Re]	NO/S	1983Ha49	HFI 15 105 (83)
	330	17.8 ns	5+	+4.62(11)	+0.60(6) +0.54(9)	[187Re]	NO/S, R	1985Ha41/1983Oe01	HFI 22 19 (85)/ZP A310 233 (83)
						[19F 197]	TDPAD	1980Za09	IzF 44 1988 (80)
						[19F 197]	TDPAD	1980Za09	IzF 44 1988 (80)
75 Re 187	0	4 x 10 <sup>10</sup> y	5/2+	+3.2197(3)		[23Na]	N	1951Al11	PR 82 105 (51)
	134	9.9 ps	7/2+	+1.9(9)	+2.07(2) a		Pi-X, O	1981Ko11/1966Ku07	NP A360 187 (81)/ZP 196 365 (66)
	206	555 ns	9/2-	+5.11(9)	2.09(4) a		Mu-X PAC	1981Ko11	NP A360 187 (81) Cf72 Kiev, 150 (72)
				+5.02(5)			TDPAC	1978Be67	IzF 42 2286 (78)
							TDPAC	1963Ko19	NP 49 161 (63)/NP 164 411 (71) /ZP 175 520 (63)/PSNI 15B 349 (72)
					3.04(5)	[187Re]	TDPAC		JPC 58 339 (73)
75 Re 188	0	16.9 h	1-	+1.788(5)			AB/D AB	1981Bu13	PR 138 B310 (65) ZP A302 281 (81)/ PR 138 B310 (65)
					+0.572(6)	[187Re]	NO/S	1983Oe01	ZP A310 233 (83)
					+0.36(16)	[187Re]			
76 Os 182	7049	150 ns	25(+)	+10.6(2)			TDPAD TDPAD	1989Al19 1991Br25	PL B228 463 (89) PL B264 17 (91)
					4.2(2)				
76 Os 183	0	13.0 h	9/2+	(-)0.794(14) (-)0.81(2)			NMR/ON NO/S	1980Ha24	ZP A295 345 (80) Bk86 LTNO 953 (86)
					+3.1(3)	[186Os 137]	NO/S	1985Ha41	HFI 22 19 (85)/PR B22 2248 (80)
76 Os 184	120	1.18 ns	2+	-2.4(11)			CER	1972La16	PR C6 613 (72)
76 Os 186	137	830 ps	2+	+0.56(2) +0.52(3)			ME, CEAD TF	1970Wa06 1982Le02	ZP 230 80 (70)/NP A91 85 (67) PR C25 293 (82)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-1.63(4) a		Mu-X	1981Ho22	PR C24 1667 (81)
					-1.61(5)	[188Os 155]	ME	1972Wa24	ZP 254 112 (72)
					-1.2(2)		CER		ARRo 79 (78)
	1775	10.4 ns	7-	-0.22(14)			TDPAD	1984Go06	YadF 39 518 (84)
76 Os 187	0	stable	1/2-	+0.06465189(6)		[2H]	N	1974Sa25	ZNat 29a 1763 (74)
				+0.0665(6)		[189Os]	O		JPJa 17 891 (62)
76 Os 188	155	710 ps	2+	+0.58(2)			IMPAC, R	1985St05	NP A435 635 (85)
				0.61(3)			ME	1970Wa06	ZP 230 80 (70)
				+0.60(3)			TF	1982Le02	PR C25 293 (82)
					-1.46(4) a		Mu-X	1981Ho22	PR C24 1667 (81)
					-1.33(10)		CER		ARRo 79 (78)
					-1.2(3)		CER	1980Ba42	PR C22 2383 (80)
	478	19 ps	4+	+1.43(14)		[188Os 155]	TF	1985St05	NP A435 635 (85)
	633	6.3 ps	2+	+0.78(7)		[188Os 155]	TF	1985St05	NP A435 635 (85)
					+1.0(3)		CER	1980Ba42	PR C22 2383 (80)
	940	2.3 ps	6+	+2.5(4)		[188Os 155]	TF	1985St05	NP A435 635 (85)
	966	5.2 ps	4+	+1.6(5)		[188Os 155]	TF	1985St05	NP A435 635 (85)
	1771	13.9 ps	7-	-0.17(11)			TDPAD	1984Go06	YadF 39 518 (84)
	2121		(3-)		1.69(9) a		Mu-X	1979Ho23	PR C20 1934 (79)
76 Os 189	0	stable	3/2-	+0.659933(4)		[1H]	N	1954Lo36	PL 26A 258 (68)/PR 95 291 (54)
					+0.86(3)	[188Os 155]	ME	1972Wa24	ZP 254 112 (72)
	36	0.50 ns	1/2-	+0.23(3)		[189Os]	ME		PL 28B 548 (69)
	70	1.63 ns	5/2-	+0.988(6)		[189Os]	ME/IPAC	1972Wa24/1968Pe09	ZP 254 112 (72)/PR 174 1509 (68)
									/IzF 35 2295 (71)
					-0.63(2)	[189Os]	ME	1972Wa24	ZP 254 112 (72)
	95	0.23 ns	3/2-	-0.32(5)			IPAC	1971Be23	IzF 35 2295 (71)
76 Os 190	187	366 ps	2+	+0.70(2)			IMPAC, R	1985St05	NP A435 635 (85)
					-1.18(3) a		Mu-X	1981Ho22	PR C24 1667 (81)
					-1.26(8)	[188Os 155]	ME	1972Wa24	ZP 254 112 (72)
					1.00(10)		CER		ARRo 79 (78)
					-1.0(3)	[188Os 155]	CER	1980Ba42	PR C22 2383 (80)
	548	14 ps	4+	+1.6(2)		[190Os 187]	TF	1985St05	NP A435 635 (85)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	558	12.5 ps	2+	+0.69(9)	+0.9(4)	[190Os 187]	TF	1985St05	NP A435 635 (85)
	1705	9.9 m	10-	-0.56(+8,-12)			CER	1980Ba42	PR C22 2383 (80)
76 Os 191	0	15.4 d	9/2-	+0.96(3)	+2.5(2)	[186 Os 137]	NMR/ON(β)	1996Oh03	PR C54 1129
							NO/S, ME	1979Er09	NP A332 41 (79)/PL 70A 246 (79)
76 Os 192	206	289 ps	2+	+0.79(2)	-0.96(3) a -0.8(2) -0.60(13) -0.9(2)		IMPAC, R	1985St05	NP A435 635 (85)
							Mu-X	1981Ho22	PR C24 1667 (81)
							CER	1983Ch35	PR C28 1570 (83)
							CER		ARRo 79 (78)
							CER	1988Li22	NP A485 399 (88)
76 Os 192	489	30.1 ps	2+	+0.58(4)	-0.8(3)	[192Os 206] [188Os 155]	TF	1985St05/1983Bo13	NP A435 635 (85)/NP A401 175 (83)
							CER	1980Ba42	PR C22 2383 (80)
							TF	1985St05/1983Bo13	NP A435 635 (85)/NP A401 175 (83)
76 Os 192	910	18 ps	4+	+1.7(4)		[192Os 206]	TF	1985St05	NP A435 635 (85)
76 Os 193	0	30.5 h	3/2-	0.730(2) sign positive +0.75(3) 0.78(7)	+0.47(6)	[186Os 137]	NMR/ON	1989Ed01	PR C40 2246 (89)
							NO/CP	1991Sc28	ZP A340 235 (91)
							NO/ME, R	1985Be03	JP G11 287 (85)
							NO/S, R	1984Gh01	NP A426 20 (84)
							R, NO/S	1985Be03/1979Er09	JP G11 287 (85)/NP A332 41 (79)
77 Ir 180	0	1.5 m	unknown	2.2(2) [I=3]			NO/S	1992Bo39	HFI 75 307 (92)
				2.39(13) [I=4]			NO/S	1992Bo39	HFI 75 307 (92)
				2.5(2) [I=5]			NO/S	1992Bo39	HFI 75 307 (92)
				2.6(2) [I=6]			NO/S	1992Bo39	HFI 75 307 (92)
				2.6(2) [I=7]			NO/S	1992Bo39	HFI 75 307 (92)
77 Ir 182	0	15 m	unknown	1.91(9) [I=2]			NO/S	1992Bo39	HFI 75 307 (92)
				2.10(9) [I=3]			NO/S	1992Bo39	HFI 75 307 (92)
				2.21(8) [I=4]			NO/S	1992Bo39	HFI 75 307 (92)
				2.28(8) [I=5]			NO/S	1992Bo39	HFI 75 307 (92)
				2.08(15) [I=5]			NO/S	1992Bo39	HFI 75 307 (92)
				2.33(8) [I=6]			NO/S	1992Bo39	HFI 75 307 (92)
				2.37(8) [I=7]			NO/S	1992Bo39	HFI 75 307 (92)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference		
77 Ir 183	0	55 m	5/2, 7/2	2.36(8) [I=5/2]			NO/S	1992Bo39	HFI 75 307 (92)		
				2.63(9) [I=7/2]			NO/S	1992Bo39	HFI 75 307 (92)		
				2.2(6) [I=5/2]			NO/S	1992Bo39	HFI 75 307 (92)		
				2.1(3) [I=7/2]			NO/S	1992Ro21	HFI 75 457 (92)		
77 Ir 184	0	3.14 h	5-	0.696(5)			NMR-ON	1988Oh02	JP G14 365 (88)		
				0.8(2)			NO/S	1981Sp06	HFI 9 99 (81)		
							+2.41(3)	[Ir189]	NMR-ON	1996Se15	PRL 77 5016 (96)
							+2.0(3)	[Ir189]	NO/S	1982Al34	HFI 12 289 (82)
			+2.1(4)	[Ir189]	NO/S	1981Ha33	PL 104B 365 (81)				
77 Ir 185	0	14.4 h	5/2-	2.605(13)			NMR/ON	1988Oh02	JP G14 365 (88)		
				2.601(14)			NMR/ON	1986De02	ZP A323 185 (86)		
				2.5(2)			NO/S	1985Va07	HFI 22 507 (85)		
				2.6(2)			NO/S	1981Sp06	HFI 9 99 (81)		
							-2.06(14)	[193Ir]	NMR/ON	1988Oh02	JP G14 365 (88)
							-1.9(3)	[193Ir]	NMR/ON	1986De02	ZP A323 185 (86)
			-2.5(3)	[193Ir]	NO/S	1982Al34	HFI 12 289 (82)				
			-1.9(3)	[193Ir]	NO/S	1981Ha33	PL 104B 365 (81)				
77 Ir 186	0	16.64 h	5+	3.88(5)			NO/S	1982Al11	JP G8 857 (82)		
				3.80(+12,-2)			NMR/ON	1980Ha49	ZP A297 329 (80)		
				3.78(5)			NMR/ON	1981Sp06	HFI 9 99 (81)		
				2.8(3)			NO/S	1978Sp05	PR C18 493 (78)		
							-2.55(3)	[Ir189]	NMR/ON	1996Se15	PRL 77 5016 (96)
				-2.5(2)	[189Ir]	NO/S	1980Mu07	HFI 7 481 (80)			
				-2.3(2)	[189Ir]	NO/S, ME	1979Er06	PL 86B 154 (79)/ZP 233 1 (70)			
				-2.89(10)	[189Ir]	NMR/ON	1980Ha49	ZP A297 329 (80)			
	x		2(-)	0.638(8)			NMR/ON	1990Ed01	HFI 59 83 (90)		
						NMR/ON	1996Se15	PRL 77 5016 (96)			
77 Ir 187	0	10.5 h	3/2+		+0.941(11)	[Ir189]	NMR/ON	1996Se15	PRL 77 5016 (96)		
	434	152 ns	11/2-	+6.21(5)			TDPAD		ARHMI 52 (77)		
					3.1(3)	[193Ir]	TDPAD		ARHMI 52 (77)		

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
77 Ir 188	0	40.5 h	1(-)	0.302(10)			NMR/ON, NO/S	1985Ed02	PR C32 582 (85)
							NMR/ON	1996Se15	PRL 77 5016 (96)
							NMR/ON	1985Ed02	PR C32 582 (85)
							NMR/ON	1988Oh05	HFI 39 193 (88)
77 Ir 189	0	13.1 d	3/2+	0.13(+8,-4)			NO/S	1980Be27	JP G6 775 (80)
							NMR/ON	1996Se15	PRL 77 5016 (96)
							NO/S	1992Ka49	NIMPR A316 158 (92)
							NO/S	1985Ha41	HFI 22 19 (85)/Th Schneider (80)
77 Ir 190	0	11.8 d	(4)+	0.04(1)			NO/S	1983Al15	JP G9 1125 (83)
							NO/S	1980Mu07	HFI 7 481 (80)
							NO/S	1985Ha41	HFI 22 19 (85)/Th Schneider (80)
77 Ir 191	0	stable	3/2+	+0.1507(6) +0.1461(6)			AB/D	1984Bu15	PL 140B 17 (84)
							N	1968Na01/1968Na01	PR 165 506 (68)/PR 175 696 (68)
							Mu-X, O	1984Ta04/1952Mu40	PR C29 1830 (84)/PR 87 1048 (52)
							AB	1978Bu17	ZP A286 333 (78)
							ME, R	1983Wa31	HFI 13 149 (83)
							TF	1996St22	HFI 97/98 479 (96)
							IMPAC, TF, R	1986Ko20	NP A456 349 (86)
							IPAD, ME	1980Da24	IzF 44 1778 (80)
							NMR/ON	1974Kr06	PL 36B 328 (71)/PR C9 2063 (74)
							NO/CP	1991Sc28	ZP A340 235 (91)
							NMR/ON(β)	1996Oh03	PR C54 1129
							IPAC		IzUz 1973n4 79 (73)
							TF	1996St22	HFI 97/98 479 (96)
							TF, IMPAC	1986Ko20	NP A456 349 (86)
							TF	1996St22	HFI 97/98 479 (96)
TF	1986Ko20	NP A456 349 (86)							
TF	1996St22	HFI 97/98 479 (96)							
TF	1986Ko20	NP A456 349 (86)							
TF	1996St22	HFI 97/98 479 (96)							
77 Ir 192	0	74.2 d	4-	1.924(10) sign positive			NMR/ON	1980Ha25	ZP A295 385 (80)
							NO/CP	1991Sc28	ZP A340 235 (91)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+2.15(6)	[189Ir]	R	1996Se15	PRL 77 5016 (96)
					+2.28(6)	[193Ir]	NMR/ON, R	1985Ed02/1980Ha25	PR C32 582 (85)/ZP A295 385 (80)
					+2.0(2)	[193Ir]	NO/S ME	1986Gr26	HFI 30 355 (86)/HFI 9 343 (81)
					+2.4(1)	[193Ir]	NO/S	1985Ha41	HFI 22 19 (85)
77 Ir 193	0	stable	3/2+	+0.1637(6) +0.1591(6)			AB/D	1984Bu15	PL 140B 17 (84)
							N	1968Na01/1968Na01	PR 165 506 (68)/PR 175 696 (68)
					+0.751(9) a		Mu-X, O	1984Ta04/1952Mu40	PR C29 1830 (84)/PR 87 1048 (52)
					+0.7(2) st		AB	1978Bu17	ZP A286 333 (78)
	73	6.2 ns	1/2+	+0.519(2)		[193Ir]	ME		PRL 23 680 (69)
	139	88 ps	5/2+	+0.93(5)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+0.53(3)			TF, IMPAC, R	1986Ko20	NP A456 349 (86)
	180	55 ps	3/2+	+1.1(4)			IPAC		IzUz 1973n4 79 (73)
	358	19.8 ps	7/2+	+1.55(6)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+1.7(3)		[193Ir 139]	TF, IMPAC	1986Ko20	NP A456 349 (86)
	522	12.7 ps	9/2+	+2.2((2)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+3.8(11)		[193Ir 139]	TF	1986Ko20	NP A456 349 (86)
	621	4.6 ps	7/2+	+1.16(14)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
				+0.5(4)		[193Ir 139]	TF	1986Ko20	NP A456 349 (86)
	857	5.1 ps	11/2+	+2.7(7)		[198Pt 407]	TF	1996St22	HFI 97/98 479 (96)
77 Ir 194	0	19.4 h	1-	0.39(1) sign positive		[193Ir]	NMR/ON	1982Ha28	ZP A306 73 (82)
							NO/CP	1991Sc28	ZP A340 235 (91)
					+0.339(12)	[193Ir]	NMR/ON, R	1985Ed02/1982Ha28	PR C32 582 (85)/ZP A306 73 (82)
78 Pt 183	0	6.5 m	1/2-	+0.51(3) +0.52(3)			LRIMS	1990Hi08	HFI 59 97 (90)
				0.96(8)			LRIMS	1992Hi07	ZP A342 1 (92)
	35	43 s	7/2-	1.03(8)			NO/S	1992Ro21	HFI 75 457 (92)
							NO/S	1992St16	HFI 75 491 (92)
78 Pt 184	163	376 ps	2+	+0.56(6)			TF	1996St12	PRL 76 2246 (96)
78 Pt 185	0	70.9 m	9/2+	0.774(14) -0.83(1)			NMR/ON	1990Ed01	HFI 59 83 (90)
						[195Pt]	LRIMS		PL 217 401 (89)
					+4.3(5)		LRIMS		PL 217 401 (89)
					3.4(5)	[189Pt]	NO/S	1990Ed01	HFI 59 83 (90)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					+4.5(1)	[191Pt]	NMR/ON	1993HaZU	Cf93Bern 173(93)
	103	33 m	1/2-	+0.540(9)		[195Pt]	LRIMS	1992Hi07	ZP A342 1 (92)
78 Pt 186	192	260 ps	2+	+0.54(6)			TF	1996St12	PRL 76 2246 (96)
78 Pt 187	0	2.35 h	3/2-	0.408(8)		[195Pt]	NMR/ON	1990Ed01	HFI 59 83 (90)
				-0.397(5)		[195Pt]	LRIMS		PL 217 401 (89)
				-0.43(2)		[195Pt]	LRIMS	1992Hi07	ZP A342 1 (92)
					-1.13(5)		LRIMS		PL 217 401 (89)
					-1.3(3)	[189Pt]	NO/S	1990Ed01	HFI 59 83 (90)
					-1.00(7) st		LRIMS	1992Hi07	ZP A342 1 (92)
78 Pt 188	266	64 ps	2+	+0.58(8)			TF	1996St12	PRL 76 2246 (96)
78 Pt 189	0	10.9 h	3/2-	-0.421(5)		[195Pt]	LRIMS		PL 217 401 (89)
				-0.440(8)		[195Pt]	LRIMS	1992Hi07	ZP A342 1 (92)
				0.439(9)		[195Pt]	NMR/ON	1985Ed05	PL 158B 371 (85)
				0.433(9)		[195Pt]	NMR/ON	1985Oh05	HFI 22 585 (85)
				0.42(3)		[195Pt]	NO/S	1980Be27	JP G6 775 (80)
					-1.03(5)		LRIMS		PL 217 401 (89)
					-1.27(3)	[191Pt]	NMR-ON	1993HaZU	Cf93Bern 173(93)
					-1.1(2) st		LRIMS	1992Hi07	ZP A342 1 (92)
					-0.7(3)	[195Pt 259]	NO/S, NMR/ON	1985Ed05	PL 158B 371 (85)
78 Pt 190	296	60 ps	2+	+0.57(3)		[194Pt328, 196Pt356]	TF	1995An15	NP A593 212 (95)
78 Pt 191	0	2.9 d	3/2-	-0.501(5)		[195Pt]	LRIMS		PL 217 401 (89)
				-0.494(8)		[195Pt]	LRIMS	1992Hi07	ZP A342 1 (92)
				0.500(10)		[195Pt]	NMR/ON	1985Ed05	PL 158B 371 (85)
				0.499(10)		[195Pt]	NMR/ON	1985Oh05	HFI 22 585 (85)
				0.506(11)		[195Pt]	NMR/ON, NO/S	1981La25	JP G7 1713 (81)
				-0.46(+14,-4)		[195Pt]	NO/S, NO/ME	1980Be27/1987Be36	JP G6 775 (80)/HFI 35 1023 (87)
					-0.98(5)		LRIMS		PL 217 401 (89)
					-0.78(10) st		LRIMS	1992Hi07	ZP A342 1 (92)
					-0.6(3)	[189Pt]	NO/S, NMR/ON	1985Ed05	PL 158B 371 (85)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
78 Pt 192	317	43.7 ps	2+	+0.57(3)	+0.6(2) +0.62(6)	[194Pt328, 196Pt356]	TDPAC	1992Al21	NIMPR A321 506 (92) NP A536 366 (92)	
				+0.64(3)			TF	1992Br03		
				+0.60(2)			TF	1995An15		NP A593 212 (95)
	612	26.5 ps	2+	+0.57(4)		+0.56(9)	[194Pt328, 196Pt356]	IPAC	1975Ka42	HFI 1 113 (75)
								CER	1987Gy01	NP A470 415 (87)
								CER		ARRo 82 (77)
785	4.2 ps	4+	+1.12(12)	1.6(11)	[194Pt328, 196Pt356]	TF	1992Br03	NP A536 366 (92)		
						IPAC	1975Ka42	HFI 1 113 (75)		
						IPAC	1969Ke11	CJP 47 2395 (69)		
78 Pt 193	0	50 y	1/2-	+0.603(8)		[195Pt]	LRIMS	1992Hi07	ZP A342 1 (92)	
	150	4.3 d	13/2+	(-)0.753(15)		[195Pt]	NMR/ON(X)	1986Sc04	PRL 56 1051 (86)	
	2584	9 ns	29/2-	+9.9(4)			TDPAD	1997Ch33	PRL 79 2002 (97)	
78 Pt 194	328	41.8 ps	2+	+0.60(3)	+0.48(14) 0.1(2) +0.63(6)	[194Pt328, 196Pt356]	TF	1995An15	NP A593 212 (95)	
				+0.59(4)			TF	1991St04	NP A528 447 (91)	
				+0.406(12)			TF	1982Le02	PR C25 293 (82)	
				+0.60(3)			IPAC	1975Ka42	HFI 1 113 (75)	
							CER	1986Gy04	NP A458 165 (86)	
							CER	1983Ch35	PR C28 1570 (83)	
	622	35 ps	2+	+0.56(11)		+0.63(6)	[194Pt328, 196Pt356]	CER	1978Ba38	PR C18 131 (78)
								CER	1992Br03	NP A536 366 (92)
				+0.69(6)				TF		
811	3.7 ps	4+	+1.12(12)	-0.5(5)	[194Pt328, 196Pt356]	IPAC	1975Ka42	HFI 1 113 (75)		
						CER	1983Ch35	PR C28 1570 (83)		
						TF	1992Br03	NP A536 366 (92)		
				+0.5(10)			CER	1983Ch35	PR C28 1570 (83)	
78 Pt 195	0	stable	1/2-	+0.60952(6)		[23Na]	N	1951Pr02	PR 81 20 (51)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	99	0.17 ns	3/2-	-0.62(6)		[195Pt]	ME	1967Ag01	PR 155 1339 (67)
	130	0.62 ns	5/2-	+0.90(6)		[195Pt]	ME	1974Ru03/1972Wo06	HPAc 46 735 (74)/NP A181 289 (72)
	211	49 ps	3/2-	+0.16(3)			CEAD		PR C6 388 (72)
	239	70 ps	5/2-	+0.64(9)			TF	1994La02	NP A568 617 (94)
				+0.52(5)			IMPAC		ZP A270 163 (74)
	259	4.02 d	13/2+	0.606(15)		[195Pt]	NMR/ON	1972Ba22	PRL 28 720 (72)
				sign negative			NO/CP	1991Sc28	ZP A340 235 (91)
					+1.4(6)		NO/S	1985Ed05/1985Ed03	PL 158B 371 (85)/HFI 22 47 (85)
	389	9 ps	5/2-	+0.39(10)			TF	1994La02	NP A568 617 (94)
	455	>10 ps	5/2-	+1.6(6)			TF	1994La02	NP A568 617 (94)
	508	9.7 ps	7/2-	+0.55(8)			TF	1994La02	NP A568 617 (94)
	544	>2.8 ps	5/2-	+1.5(4)			TF	1994La02	NP A568 617 (94)
	563	14 ps	9/2-	+1.55(12)			TF	1994La02	NP A568 617 (94)
	613	6 ps	7/2-	+1.4(4)			TF	1994La02	NP A568 617 (94)
	667	(16 ps)	9/2-	+1.52(16)			TF	1994La02	NP A568 617 (94)
	679	>2.8 ps	7/2-	+1.2(3)			TF	1994La02	NP A568 617 (94)
78 Pt 196	356	34 ps	2+	+0.59(5)			TF	1991St04	NP A528 447 (91)
				+0.60(5)		[194Pt 328]	TF	1993Ta07	PR C48 140 (93)
				+0.43(4)			TF	1982Le02	PR C25 293 (82)
				+0.69(3)			IPAC	1981Ka23	JPJa 50 1832 (81)
				+0.63(6)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)
					+0.62(8)		CER	1992Li14	NP A548 308 (92)
					+0.66(12)		CER	1986Gy04	NP A458 165 (86)
	689	36.8 ps	2+	+0.54(9)			R	1992Br03	NP A536 366 (92)
				+0.75(15)		[196Pt 356]	TF	1981St24	PR C24 2106 (81)
					-0.39(16)		CER	1992Li14	NP A548 308 (92)
	877	3.6 ps	4+	+1.38(16)		[194Pt328, 196Pt356]	TF	1992Br03	NP A536 366 (92)
				+1.5(3)		[196Pt 356]	TF	1981St24	PR C24 2106 (81)
					+1.03(12)		CER	1992Li14	NP A548 308 (92)
	1526	0.98 ps	6+		-0.18(26)		CER	1992Li14	NP A548 308 (92)
78 Pt 197	0	18.3 h	1/2-	0.51(2)			AB		JPCR 5 835 (76)
	53	16.6 ns	5/2-	+0.85(3)			TDPAC	1982So05	PR C25 1587 (82)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
78 Pt 198	407	22.3 ps	2+	+0.63(2)	+0.42(12) or +0.54(12)	[194Pt328, 196Pt356]	TF	1995An15	NP A593 212 (95)	
				+0.70(6)		[194Pt 328]	TF	1993Ta07	PR C48 140 (93)	
				+0.59(7)			TF	1991St04	NP A528 447 (91)	
				+0.69(6)		[196Pt 356]	TF	1981St13	NP A365 317 (81)	
				+0.62(10)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)	
	775	27 ps	2+	+0.61(11)				CER	1986Gy04	NP A458 165 (86)
				+0.72(13)				R	1992Br03	NP A536 366 (92)
						[196Pt 356]	TF	1981St13	NP A365 317 (81)	
							R	1992Br03	NP A536 366 (92)	
							TF	1981St13	NP A365 317 (81)	
985	3.3 ps	4+	+1.2(2)							
			+1.4(3)	[196Pt 356]	TF	1981St13	NP A365 317 (81)			
79 Au 182	0	21 s	unknown	1.30(10) [l=2]			TR/OLNO	1992Ro21	HFI 75 457 (92)	
				1.62(15) [l=3]			TR/OLNO	1992Ro21	HFI 75 457 (92)	
				1.9(2) [l=4]			TR/OLNO	1992Ro21	HFI 75 457 (92)	
79 Au 183	0	42 s	5/2-	+1.97(2)			LRIMS	1988Kr18	ZP A331 521 (88)	
79 Au 184	0	21 s	5	+2.07(2)	+4.65(26)		LRIS	1997Le22	PRL 79 2213 (97)	
						LRIS	1997Le22	PRL 79 2213 (97)		
		49 s	2	+1.44(2)		LRIS	1997Le22	PRL 79 2213 (97)		
						LRIS	1997Le22	PRL 79 2213 (97)		
156	67 ns	1-		+1.90(16) ~0.75		TDPAC		AR77 HMI-261 51 (77)		
79 Au 185	0	4.2 m	5/2-	+2.17(2)	-1.10(10))		LRIMS	1989Wa11/1987Wa06	NP A493 224 (89)/PRL 58 1516 (87)	
				+1.98(2)		LRIMS	1992Ki30	NIMPR B70 537 (92)		
				2.22(14)		NO/S	1985Va07	HFI 22 507 (85)		
						LRIMS	1992Ki30	NIMPR B70 537 (92)		
79 Au 186	0	10.7 m	3-	-1.28(3)	+3.10(6) +3.14(16)		LRIMS	1990Sa21	NP A512 241 (90)	
				1.28(2)		NMR/ON	1988Sc19	HFI 43 141 (88)		
				-1.26(3)		LRIMS	1989Wa11/1987Wa06	NP A493 224 (89)/PRL 58 1516 (87)		
				1.07(13)		NO/S	1985Va07	HFI 22 507 (85)		
						LRIMS	1992Ki30	NIMPR B70 537 (92)		
						NMR-ON	1993Hi10	NP A562 205 (93)		

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference			
79 Au 187	0	8.4 m	1/2+	+0.535(15)			LRIMS	1989Wa11/1987Wa06	NP A493 224 (89)/PRL 58 1516 (87)			
				+0.531(12)			LRIMS			1990Sa21	NP A512 241 (90)	
				0.72(7)			AB			1980Ek04	NP A348 25 (80)	
79 Au 188	0	8.8 m	1-	-0.07(3)			LRIMS	1989Wa11/1987Wa06	NP A493 224 (89)/PRL 58 1516 (87)			
				0.07(2)			AB			1980Ek04	NP A348 25 (80)	
79 Au 189	0 247	28.7 m 4.6 m	1/2+ 11/2-	+0.494(14)		[195Au 319]	LRIMS	1989Wa11/1987Wa06	NP A493 224 (89)/PRL 58 1516 (87)			
				+6.19(2) 6.17(15)			LRIMS			1989Wa11/1987Wa06	NP A493 224 (89)/PRL 58 1516 (87)	
79 Au 190	0	42.8 m	1-	-0.065(7)			LRIMS	1990Sa21	NP A512 241 (90)			
				-0.07(3)			LRIMS			1989Wa11	NP A493 224 (89)	
				-0.07(2)			AB, R, CLS			1985St10	NP A328 25 (80)/ZP A321 537 (85)	
79 Au 191	0  266 2446	3.18 h  0.9 s 890 ps	3/2+  11/2- 27/2-	+0.1369(9)		+0.72(2)	LRIMS	1994Pa37	NP A580 173 (94)			
				+0.137(1)			AB, R			1980Ek04	NP A348 25 (80)	
				6.6(6)			LRIMS			1994Pa37	NP A580 173 (94)	
				<<20			NO/S			1985Va07	HFI 22 507 (85)	
79 Au 192	0	5.0 h	1-	-0.0107(15)		-0.228(8)	LRIMS	1994Pa37	NP A580 173 (94)			
				-0.008(2)			LRIMS			1990Sa21	NP A512 241 (90)	
				0.01(2)			AB, R			1980Ek04	NP A348 25 (80)	
							LRIMS			1994Pa37	NP A580 173 (94)	
79 Au 193	0	17.65 h	3/2+	0.1396(6)		+0.66(2)	NMR/ON	1993Hi10	NP A562 205 (93)			
				+0.1396(5)			LRIMS			1994Pa37	NP A580 173 (94)	
				+0.140(1)			AB, R			1980Ek04	NP A348 25 (80)	
							LRIMS			1994Pa37	NP A580 173 (94)	
	290	3.9 s	11/2-	11/2-	6.18(9)		[195Au 319]	NMR/ON	1983Ha10	NP A399 83 (83)		
					6.17(9)			NMR/ON			1983Li21	HFI 14 125 (83)
								MAPON			1996Se06	NP A602 41 (96)
1947 2378 2477	12 ns 790 ps 3.5 ns	21/2+ 27/2- 31/2-	21/2+ 27/2- 31/2-	+6.48(11)		+1.98(6)	TDPAD, R	1996Se06	PC Levon (86)/Cf80Ber A 18-I (80)			
				<9.45			IPAD		1985Ko13	NP A439 189 (85)		
				5(3)			IPAD	1985Ko13	NP A439 189 (85)			

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) 2(2)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	2701	1.8 ns	35/2-				IPAD	1985Ko13	NP A439 189 (85)
79 Au 194	0	39.5 h	1-	+0.0763(13) +0.079(3) 0.08(2)	-0.240(9)	[197Au]	LRIMS LRIMS AB, R LRIMS	1994Pa37 1990Sa21 1980Ek04 1994Pa37	NP A580 173 (94) NP A512 241 (90) NP A348 25 (80) NP A580 173 (94)
79 Au 195	0	183 d	3/2+	0.1487(6) +0.145(5) +0.149(1)	+0.61(2)	[193Au]	NMR/ON LRIMS AB, R	1993Hi10 1990Sa21 1980Ek04	NP A562 205 (93) NP A512 241 (90) NP A348 25 (80)
	319	30.6 s	11/2-	6.18(9) 6.17(9)	+1.87(6) +1.41(10)	[197Au]	NMR-ON NMR/ON NMR/ON MAPON NO/S, ME	1993Hi10 1981Ha27 1983Li21 1996Se06 1983Be68/1983Pe22	NP A562 205 (93) PR C24 631 (81) HFI 14 125 (83) NP A602 41 (96) HFI 15 233 (83)/HFI 15 227 (83)
79 Au 196	0	6.18 d	2-	+0.580(15) +0.5914(14) 0.5906(5)	0.81(7)	[198Au] [197Au]	LRIMS AB/D NMR/ON NMR/ON, N NMR/ON	1990Sa21 1987Oh11 1987Oh11 1982Ha04	NP A512 241 (90) PR C2 225 (70) PR C36 2072 (87) PR C36 2072 (87)/PR B30 5680 (84) NP A373 256 (82)
	596	9.7 h	12-	5.72(8)					
79 Au 197	0	stable	3/2+	+0.145746(9) +0.148158(8)	+0.547(16) a 0.594(10)	[2H]	AB/D N Mu-X, O AB ME TF TF NMR/ON NO/S MAPON NO/S, ME	1967Na13/1968Na01 1974Po12 1967Bi16/1966Ch03 1968Co17 1986Ba19 1988St09 1984Ha12 1983Li21 1996Se06 1983Be68/1983Pe22	ZP A200 456 (67) PR 163 232 (67)/PR 175 696 (68) NP A230 413 (74)/APLz s6v 13 158 (53) PR 161 60 (67)/PR 141 176 (66) PR 171 343 (68) PR C33 1785 (86) ZP A330 131 (88) NP A417 88 (84) HFI 14 125 (83) NP A602 41 (96) HFI 15 233 (83)/HFI 15 227 (83)
	77	1.91 ns	1/2+	+0.420(3)		[197Au]			
	279	20.4 ps	5/2+	+0.53(5) +0.74(6)					
	409	7.8 s	11/2-	(+)5.98(9) 6.4(4)	+1.68(5) +1.4(2)	[197Au]			
	503	1.8 ps	5/2+	+3.0(5)					
	548	4.6 ps	7/2+	+0.53(7) +0.84(7)					

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	737	1.1 ps	7/2+	+1.7(5)			TF	1988St16	NP A486 374 (88)
	855	2.7 ps	9/2+	+1.5(5)			TF	1988St16	NP A486 374 (88)
	1231	0.93 ps	11/2+	+2.0(10)			TF	1988St16	NP A486 374 (88)
79 Au 198	0	2.696 d	2-	+0.64(2) +0.5934(4)			LRIMS AB/D	1990Sa21 1967Va16	NP A512 241 (90) PR 158 1078 (67)
					+0.64(2)	[193Au]	NMR-ON	1993Hi10	NP A562 205 (93)
					+0.68(2)	[197Au]	NMR-ON	1988Ed01	PRL 61 1301 (88)
					0.88(8)	[197Au]	N	1985Ka16	JP F15 1613 (85)
					0.76(4)	[197Au]	N, NMR/ON	1984Ha03	PR B30 5680 (84)/PR B29 1148 (84)
					+0.69(4)	[199Au]	NO/S, NMR/ON	1983He26/1984Ha03	ZP A314 215 (83)/PR B29 1148 (84)
					+0.46(2)	[197Au]	ME, NO/S	1983Pe22/1983He26	HFI 15 227 (83)/ZP A314 215 (83)
	312	123 ns	5+	-1.11(2)			TDPAD, R		PC Levon (86)/Cf80Ber A11-I
	812	2.30 d	12-	(+)5.85(9)			NMR/ON	1984Ha12	NP A417 88 (84)
79 Au 199	0	3.14 d	3/2+	+0.261(2) +0.2715(7)			LRIMS AB/D	1990Sa21 1967Va16	NP A512 241 (90) PR 158 1078 (67)
					+0.510(16)	[193Au]	NMR/ON	1993Hi10	NP A562 205 (93)
					0.64(6)	[197Au]	N, NMR/ON	1985Ka16/1982Ha39	JP F15 1613 (85)/ZP A307 159 (82)
					0.55(3)	[197Au]	N, NMR/ON	1982Ha39	PR B30 5680 (84)/ZP A307 159 (82)
					+0.37(1)	[197Au]	ME, NO/S	1983Pe22/1983He26	HFI 15 227 (83)/ZP A314 215 (83)
79 Au 200	962	18.7 h	12-	5.90(9)			NMR/ON	1984Ha45	PR C30 1675 (84)
80 Hg 181	0	3.6 s	1/2(-)	+0.5071(7)			β-NMR/OP	1976Bo09	ZP A276 203 (76)
80 Hg 183	0	8.8 s	1/2-	+0.524(5)			β-NMR/OP	1976Bo09	ZP A276 203 (76)
80 Hg 185	0	55 s	1/2-	+0.509(4)			β-NMR/OP	1986UI02	ZP A325 247 (86)
	99.3	27 s	13/2+	-1.017(9)			CLS	1986UI02	ZP A325 247 (86)
					+0.2(3) st	[193Hg 141] [201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
80 Hg 187	0	2.4 m	13/2+	-1.044(11)			CLS	1979Da06	PL 82B 199 (79)
					+0.5(3) st	[193Hg 141] [201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
	134	1.9 m	3/2-	-0.594(4)			β-NMR/OP	1986UI02	ZP A325 247 (86)
					-0.8(3) st	[201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
80 Hg 188	2724	135 ns	12+	-2.02(12)			TDPAD	1983Se20	ZP A313 289 (83)
					0.91(11)		TDPAD	1984Dr09	PL 149B 311 (84)
80 Hg 189	0 0 + x	7.6 m 8.6 m	3/2- 13/2+	-0.6086(8) -1.058(6)			β-NMR/OP	1986UI02	ZP A325 247 (86)
					-0.8(4)	[201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
					+0.7(3) st	[193Hg 141] [201Hg]	CLS β-NMR/OP	1979Da06 1986UI02	PL 82B 199 (79) ZP A325 247 (86)
80 Hg 190	2621	21 ns	12+	-2.5(2)			TDPAD	1980Hj01	PRL 45 878 (80)
					1.17(14)	[199Hg 158]	TDPAD	1984Dr09	PL 149B 311 (84)
80 Hg 191	0 140	49 m 50.8 m	3/2- 13/2+	-0.618(11) -1.068(5)			β-NMR/OP	1986UI02	ZP A325 247 (86)
					-0.8(3) st	[201Hg] [201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
					+0.6(3) st	[193Hg 141] [201Hg]	CLS β-NMR/OP	1979Da06 1986UI02	PL 82B 199 (79) ZP A325 247 (86)
80 Hg 193	0 141	3.80 h 11.8 h	3/2- 13/2+	-0.6276(2) -1.058430(3)			NMR/OP	1971Mo24	PR C4 620 (71)
					-0.7(4) st	[199Hg] [201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
					+0.92(10) st	[199Hg] [201Hg]	NMR/OP β-NMR/OP	1973Re04 1986UI02	PR C7 2065 (73) ZP A325 247 (86)
80 Hg 194	2424 2476	2.9 ns 8.1 ns	10+ 12+	g(avge) = -0.24(4) g(avge) = -0.24(4)			IPAD	1980Kr21	PL 97B 197 (80)
							IPAD	1980Kr21	PL 97B 197 (80)
80 Hg 195	0 176	9.9 h 41.6 h	1/2- 13/2+	+0.5414749(14) -1.044647(3)			NMR/OP	1973Re04	PR C7 2065 (73)
						[199Hg] [199Hg]	NMR/OP	1973Re04	PR C7 2065 (73)
					+1.08(11) st	[201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
80 Hg 196	1841 2342 2439	5.2 ns 5.1 ns 3.5 ns	7- 10+ 12+	-0.29(13) g = -0.18(9) g = -0.18(9)			TDPAD/IPAD	1984Go06	YadF 39 518 (84)/PC Levon (86)
							IPAD	1980Kr21	PL 97B 197 (80)
							IPAD	1980Kr21	PL 97B 197 (80)
80 Hg 197	0 134	64.1 h 8.1 ns	1/2- 5/2-	+0.5273744(9) d +0.855(15)			NMR/OP	1973Re04	PR C7 2065 (73)
						[199Hg] [199Hg 158]	TDPAC	1977Kr11	ZP A283 337 (77)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.081(6)	[199Hg 158]	TDPAC, PPDAC	1980He05/1981Kr16	NP A337 261 (77)/HFI 9 105 (81)
					0.080(10)	[197Hg 299]	TDPAD, NO, R	1980He05	NP A337 261 (77)
	299	23.8 h	13/2+	-1.027684(3) d		[199Hg]	NMR/OP	1973Re04	PR C7 2065 (73)
					+1.24(14) st	[201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
80 Hg 198	412	23 ps	2+	+0.76(6)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
				+1.0(2)		[199Hg 158]	IMPAC, R	1986Ko02	NP A448 123 (86)
				0.70(14)			RIGV, R	1977Kr11	ZP A283 337 (77)
					+0.68(12) or +0.84(12)		CER, R	1984Fe08	NP A425 373 (84)
					+0.7(2) or +0.8(2)		CER	1979Bo16	ZP A291 245 (79)
					+0.5(2) a		Mu-X	1979Ha08	NP A314 361 (79)
	1048	1.8 ps	4+	+1.6(2)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
	1684	7.1 ns	7-	-0.22(11)			TDPAD/IPAD	1984Go06	YadF 39 518 (84)/PC Levon (86)
80 Hg 199	0	stable	1/2-	+0.5058855(9)		[1H]	NMR/OP		AnP 6 467 (61)
	158	2.45 ns	5/2-	+0.88(3)			TDPAC	1977Kr11	ZP A283 337 (77)
				+0.91(9)			IPAC	1977Kr11	ZP A283 337 (77)
				+0.60(15)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
					+0.8(4)		ME, R	1985La21/1979Wu12	HFI 23 259 (85)/ZP A293 219 (79)
					+0.85(12) a		Mu-X	1983Gu02	PR C27 816 (83)
					+0.95(7) a		Mu-X	1979Ha08	NP A314 361 (79)
					0.70(9) st	[201Hg]	TDPAC, Q		JCP 59 3339 (73)
	208	69 ps	3/2-	-0.56(9)		[199Hg 158]	TF	1990Ba40	HFI 59 129 (90)
				-0.29(15)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
				-0.47(8)			IMPAC	1986Ko02	NP A448 123 (86)
					+0.50(12) a		Mu-X	1983Gu02	PR C27 816 (83)
					+0.62(15) a		Mu-X	1979Ha08	NP A314 361 (79)
	414	97 ps	5/2-	+0.80(9)		[199Hg 158]	TF	1990Ba40	HFI 59 129 (90)
				-0.7(3)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
	532	42.6 m	13/2+	-1.014703(3)		[199Hg]	β-NMR/OP	1973Re04	PR C7 2065 (73)
					+1.2(5) st	[201Hg]	β-NMR/OP	1986UI02	ZP A325 247 (86)
80 Hg 200	368	46.6 ps	2+	+0.65(5)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
				+0.6(2)		[198Hg]	IMPAC, R		NP A449 123 (86)
				+0.58(12)		[198Hg 412]	TF	1986Ko02	NP A448 123 (86)
				+0.52(10)			IMPAC	1986Ko02	NP A448 123 (86)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				0.80(14)			RIGV, R	1977Kr11	ZP A283 337 (77)
					+1.0(2) or +1.1(2)		CER	1980Sp05	NP A345 252 (80)
					+0.96(11) or +1.11(11)		CER	1979Bo16	ZP A291 245 (79)
					+2.6(14) a		Mu-X	1979Ha08	NP A314 361 (79)
					+0.1(6) a		Mu-X	1983Gu02	PR C27 816 (83)
	947	3.2 ps	4+	1.02(17)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
80 Hg 201	0	stable	3/2-	-0.5602257(14) -0.560226(3)		[199Hg] [1H]	NMR/OP NMR/OP	1973Re04	PR C7 2065 (73) AnP 6 467 (61)
					+0.38(4) st		AB, R	1986UI02	ZP A325 247 (86)
					0.39(5) or 0.27(4) a		Mu-X	1979Ha08	NP A314 361 (79)
					0.41(4)		O		JPJa 14 1624 (59)/JPJa 20 1094 (65)
					0.46(4)		AB	1960Mc11	PR 119 134 (60)
					+0.53(4)	[199Hg 158]	TDPAC, Q	1975Ed01	PR B11 985 (75)
	32	~0.1 ns	3/2-		0.3(15) or 0.1(3) a		Mu-X	1979Ha08	NP A314 361 (79)
80 Hg 202	440	27.3 ps	2+	+0.78(6) +0.9(2) +1.0(3) 1.0(2)		[199Hg 158] [198Hg 412] [198Hg 412]	TF TF IMPAC, R RIGV, R	1995Br34 1986Ko02 1986Ko02 1977Kr11	ZP A353 141 (95) NP A448 123 (86) NP A448 123 (86) ZP A283 337 (77)
					+0.87(13) or +1.01(13) +0.17(14) or +0.32(14)		CER CER	1980Sp05 1979Bo16	NP A345 252 (80) ZP A291 245 (79)
	1120	2.0 ps	4+	1.36(27)		[199Hg 158]	TF	1995Br34	ZP A353 141 (95)
80 Hg 203	0	46.8 d	5/2-	+0.84895(13)		[201Hg] [201Hg]	β-NMR/OP β-NMR/OP		PL 31B 567 (70)/PL 8 257 (64) ZP A325 247 (86)
					+0.34(4) st			1986UI02	
80 Hg 204	437	40.2 ps	2+	+0.9(2) +0.8(2)		[198Hg 412] [198Hg 412]	TF IMPAC, R	1986Ko02 1986Ko02	NP A448 123 (86) NP A448 123 (86)
					+0.4(2)		CER	1981Es03	NP A362 227 (81)
					+0.2(2) or +0.4(2)		CER	1979Bo16	ZP A291 245 (79)
					+0(2) a		Mu-X	1979Ha08	NP A314 361 (79)
80 Hg 205	0	5.2 m	1/2-	+0.60089(10)		[199Hg]	β-NMR/OP	1975Ro10	ZP A272 369 (75)
80 Hg 206	2102	2.15 μs	5-	+5.45(5)			TDPAD	1982Be38	PR C26 914 (82)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 0.74(15)	[Ref. Std.] [199Hg 158]	Method TDPAD	NSR Reference 1984Ma43	Journal Reference PR C30 1702 (84)
81 Tl 187	0	51 s	(1/2+)	1.55(6)		[205Tl]	CFBLS		IoPconf132 221 (93)
	335	15.6 s	(9/2-)	(+)3.79(2)		[205Tl]	CFBLS		IoPconf132 221 (93)
					-2.43(5)		CFBLS		IoPconf132 221 (93)
81 Tl 188	0 + x	71 s	7+	+0.483(8)		[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
					+0.129(4)	[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
81 Tl 189	281	1.4 m	9/2-	+3.878(6)		[203,205	CFBLS	1987Bo44	PR C36 2560 (87)
					-2.29(4)		CFBLS	1987Bo44	PR C36 2560 (87)
81 Tl 190	0 + x	2.6 m	2-	+0.254(2)		[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
					-0.329(9)	[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
	0 + y	3.7 m	7+	+0.487(8)		[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
					+0.495(4)	[203,205Tl]	CFBLS	1987Bo44	PR C36 2560 (87)
					+0.285(14)	[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
81 Tl 191	0	2.2 m	1/2+	+1.588(4)		[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
					299	5.2 m	9/2-	+3.880(7)	[203,205Tl]
				+3.903(5)	[203,205Tl]	CFBLS	1987Bo44	PR C36 2560 (87)	
					-2.23(2)	[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
					-2.28(3)		CFBLS	1987Bo44	PR C36 2560 (87)
81 Tl 192	0 + x	9.6 m	2-	+0.200(3)		[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
					-0.328(11)				
	0 + y	10.8 m	7+	+0.502(8)		[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
					+0.518(4)	[203,205Tl]	CFBLS	1987Bo44	PR C36 2560 (87)
	251 + x	296 ns	8-	+1.66(4)		[19F 197]	TDPAD	1982Da17	NP A383 421 (82)
				0.44(7)		TDPAD	1982Sc27	ZP B49 23 (82)	
81 Tl 193	0	21.6 m	1/2+	+1.591(2)		[203,205Tl]	CFBLS	1987Bo44	PR C36 2560 (87)
					365	2.11m	9/2-	+3.948(4)	[203,205Tl]
					-2.20(2)		CFBLS	1987Bo44	PR C36 2560 (87)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
81 Tl 194	0	34 m	2-	+0.140(3) 0.14(1)	-0.282(7)	[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
						[203Tl]	AB	1976Ek03/1984Be40	HFI 1 437 (76)/PS 30 164 (84)
	0 + y	32.8 m	7+	+0.530(8) +0.540(5)	+0.607(16) 0.62(1)	[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
						[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
						[203,205Tl]	CFBLS	1987Bo44	PR C36 2560 (87)
						[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
						CFBLS		BAPS 31 874 (86)	
81 Tl 195	0	1.16 h	1/2+	+1.58(4) +1.59(9)		[205Tl]	O AB/D, R	1969Go21 1984Be40	PR 188 1897 (69) PS 30 164 (84)
81 Tl 196	0	1.84 h	2-	+0.072(3) 0.07(1)	-0.178(14)	[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
						[203Tl]	AB	1976Ek03/1984Be40	HFI 1 437 (76)/PS 30 164 (84)
	394	1.41 h	7+	+0.549(8)	+0.76(2)	[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
						[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
						[203,205Tl]	CFBLS	1992Me07	ZP A341 475 (92)
81 Tl 197	0	2.84 h	1/2+	+1.58(2) +1.59(9)		[205Tl]	O AB/D, R	1966Da15 1984Be40	JOSA 56 1604 (66) PS 30 164 (84)
81 Tl 198	0	5.3 h	2-	0.00(1)		[203Tl]	AB	1976Ek03/1984Be40	HFI 1 437 (76)/PS 30 164 (84)
	544	1.87 h	7+	+0.641(10)		[203Tl]	AB	1983Bu04	NP A395 182 (83)
81 Tl 199	0	7.4 h	1/2+	+1.60(2) +1.58(7)		[205Tl]	O AB/D, R	1966Da15 1984Be40	JOSA 56 1604 (66) PS 30 164 (84)
81 Tl 200	0	26.1 h	2-	0.04(1)		[203Tl]	AB	1976Ek03/1984Be40	HFI 1 437 (76)/PS 30 164 (84)
81 Tl 201	0	73 h	1/2+	+1.605(2) +1.60(7)		[203,205Tl]	CFBLS AB/D, R	1987Bo44 1984Be40	PR C36 2560 (87) PS 30 164 (84)
81 Tl 202	0	12.2 d	2-	0.06(1)		[203Tl]	AB	1976Ek03/1984Be40	HFI 1 437 (76)/PS 30 164 (84)
	950	572 μs	7+	+0.90(4)			TDPAD	1974Ha06	NP A218 180 (74)
81 Tl 203	0	stable	1/2+	+1.62225787(12)		[1H]	N	1950Pr51	RSI 34 238 (63)/PR 79 35 (50)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				+1.6231(13)		[205Tl]	CFBLS	1987Bo44	PR C36 2560 (87)
	279	281 ps	3/2+	0.0(2)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)
				+0.16(5)			IPAC	1965Ka02	NP 61 582 (65)
	681	0.88 ps	5/2+	+2.6(11)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)
81 Tl 204	0	3.78 y	2-	0.09(1)			AB	1976Ek03	HFI 1 437 (76)
	1104	63 μs	(7)+	+1.187(6)			TDPAD	1972Ma59	NP A195 577 (72)
81 Tl 205	0	stable	1/2+	+1.63821461(12)		[1H]	N	1950Pr51	RSI 34 238 (63)/PR 79 35 (50)
	204	1.5 ns	3/2+	-0.8(5)			TF		Cf83Meguro, 145 (83)
				+0.02(12)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)
				0.41(5)	0.74(15) a		Mu-X	1972Ch07	NP A181 25 (72)
	619	1.0 ps	5/2+	+2.0(3)			Mu-X	1972Ch07	NP A181 25 (72)
				+2.2(7)			TF		Cf83Meguro, 145 (83)
	2623	short	(5/2)-	0.71(15)		[194Pt 328]	TF	1979Ha06	NP A314 161 (79)
					-0.5(2) a		Mu-X	1972Ch07	NP A181 25 (72)
	3291	2.56 μs	25/2+	+6.80(10)			Mu-X	1972Ch07	NP A181 25 (72)
							TDPAD	1982Ma05	PRL 48 466 (82)
81 Tl 206	1405	78 ns	(5)+	+4.27(6)			TDPAD	1976Ha44	PL 64B 273 (76)
	1621	10.1 ns	7+	<2.45			TDPAD	1976Ha44	PL 64B 273 (76)
81 Tl 207	0	4.77 m	1/2+	+1.876(5)		[205Tl]	CFBLS	1985Ne06	PRL 55 1559 (85)
81 Tl 208	0	3.05 m	5(+)	+0.292(13)		[205Tl]	LRSRD	1992La23	PRL 68 1675 (92)
82 Pb 191	138	2.18 m	13/2+	-1.172(7)		[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
					+0.085(5)	[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
82 Pb 192	2581+d	1.07 μs	12+	2.08(2)			TDPAD	1983St15	NP A411 248 (83)
82 Pb 193	100	5.8 m	13/2+	-1.150(7)		[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
					+0.195(10)	[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
82 Pb 194	2407	18 ns	9-	-0.6(4)			TDPAD	1985St16	ZP A322 83 (85)
	2628	350 ns	12+	-2.076(12)			TDPAD		Th Berger (87)

Nucleus	Ex	$T_{1/2}$	I	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				-2.00(2)			TDPAD	1985St16	ZP A322 83 (85)
				-1.90(7)			TDPAD	1977Ro15	NP A285 156 (77)
					0.49(3)	[206Pb 4027]	TDPAD	1985St16	ZP A322 83 (85)
82 Pb 195	203	15.0 m	13/2+	-1.128(7)		[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
				-1.1318(13)		[207Pb]	CFBLS	1987Di06	ZP A328 253 (870)
					+0.306(15)	[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
					+0.29(10)		CFBLS	1987Di06	ZP A328 253 (870)
	2699+x	95 ns	33/2+	-2.57(10)			TDPAD	1985St16	ZP A322 83 (85)
				-3.1(3)			TDPAD		BAPS 28 702 (83)
82 Pb 196	1797	185 ns	5-	+0.490(15)			TDPAD	1985St16	ZP A322 83 (85)
	2694	269 ns	12+	-1.92(2)			TDPAD	1983St15	NP A411 248 (83)
				-1.88(8)			TDPAD	1977Ro15	NP A285 156 (77)
					0.65(5)	[206Pb 4027]	TDPAD	1981Zy02	HFI 9 109 (81)
	3191	72 ns	11-	10.6(9)			TDPAD	1987Pe13	NP A471 535 (87)
82 Pb 197	0	8 m	3/2-	-1.075(2)		[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
					-0.08(17) st		ABLRFS	1986An06	NP A451 471 (86)
	319	43 m	13/2+	-1.098(11)		[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
				-1.105(3)		[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
					+0.38(2)	[207Pb]	CFBLS	1991Du07	ZP A341 39 (91)
					+0.5(3) st		ABLRFS	1986An06	NP A451 471 (86)
	1913	470 ns	21/2-	-0.531(6)			TDPAD	1985St16	ZP A322 83 (85)
	3168	55 ns	(33/2+)	-2.51(10)			TDPAD	1985St16	ZP A322 83 (85)
82 Pb 198	1823	49 ns	5-	+0.38(3)			TDPAD	1985St16	ZP A322 83 (85)
	2141	4.19 $\mu\text{s}$	(8-)	-0.377(6)			TDPAD	1987Ca23	HFI 34 77 (87)
				-0.376(16)			TDPAD	1985St16	ZP A322 83 (85)
	2820	212 ns	12+	-1.86(2)			TDPAD	1983St15	NP A411 248 (83)
				-1.73(13)			TDPAD	1977Ro15	NP A285 156 (77)
					0.75(5)	[206Pb 4027]	TDPAD	1981Zy02	HFI 9 109 (81)
82 Pb 199	0	1.5 h	3/2-	-1.0742(12)		[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
					+0.08(9) st		ABLRFS	1986An06	NP A451 471 (86)
	2579	10.6 $\mu\text{s}$	29/2-	-1.076(3)			TDPAD	1988Ro08	NP A482 573 (88)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				-1.07(7)			TDPAD	1985St16	ZP A322 83 (85)
	3509	71 ns	(33/2)+	-2.39(15)			TDPAD	1988Ro08	NP A482 573 (88)
				-2.51(5)			TDPAD	1985St16	ZP A322 83 (85)
82 Pb 200	2154	44 ns	7-	-0.21(10)			TDPAD	1985St16	ZP A322 83 (85)
					0.32(2)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	2183	480 ns	9-	-0.258(9)			TDPAD	1974Lu03/1975Yo04	NP A229 230 (74)/PR C12 1242 (75)
				-0.25(4)			TDPAD	1985St16	ZP A322 83 (85)
					0.40(2)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	3006	152 ns	12+	-1.849(12)			TDPAD	1988Ro08	NP A482 573 (88)
				-1.836(7)			TDPAD	1987Fa15	NP A475 338 (87)
				-1.81(2)			TDPAD	1983St15	NP A411 248 (83)
					0.79(3)	[206Pb 4027]	TDPAD	1979Ma37	PL 88B 48 (79)
	5078	77 ns	19-	-1.79(13)			TDPAD	1987Fa15	NP A475 338 (87)
82 Pb 201	0	9.33 h	5/2-	+0.6753(5)			ABLRFS	1986An06	NP A451 471 (86)
					-0.01(4) st	[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
	2719	63 ns	25/2-	-0.79(4)			TDPAD	1988Ro08	NP A482 573 (88)
					0.46(2)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	2719+x	508 ns	29/2-	-1.011(6)			TDPAD	1988Ro08	NP A482 573 (88)
	4639+x	43 ns	41/2(+)	-3.7(8)			TDPAD	1988Ro08	NP A482 573 (88)
82 Pb 202	1384	1.97 ns	4+	+0.008(16)			IPAC	1977Th02	ZP A280 371 (77)
	2170	3.62 h	9-	-0.2276(7)			ABLRFS	1986An06	NP A451 471 (86)
					+0.58(9) st	[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
	2208	65 ns	7-		0.28(2)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	4091+x	110 ns	16+	-0.67(16)			TDPAD	1986Ja13	NP A458 225 (86)
	5242+y	107 ns	19-	-1.88(6)			TDPAD	1987Ja08/1987Fa15	HFI 34 73 (87)/NP A475 338 (87)
82 Pb 203	0	51.9 h	5/2-	+0.6864(5)			ABLRFS	1986An06	NP A451 471 (86)
				+0.677(12)			O		JOSA B4 1297 (87)
					+0.10(5) st	[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
					-0.5(13)		O		JOSA B4 1297 (87)
	1921	56 ns	21/2+	-0.64(2)			TDPAD	1986Ja21	PS 34 717 (86)
					0.85(3)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	2923+x	122 ns	25/2-	-0.74(4)			TDPAD	1988Ro08	NP A482 573 (88)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
82 Pb 204	899	2.94 ps	2+	<0.02			RIGV, R	1986Bi13	HFI 30 265 (86)
					+0.23(9)		CER	1978Jo04	PL 72B 307 (78)
	1274	280 ns	4+	+0.225(4)			TDPAD/TDPAC	1974Lu03/1963Sa19	NP A229 230 (74)/NP 46 377 (63)
					0.44(2)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
					0.62(14) st	[140Ce 2084]	TDPAC	1974He16	ZP 269 265 (74)
82 Pb 205	0	1.5x10*7y	5/2-	+0.7117(4)		[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
				+0.709(5)		[207Pb]	O	1987Ba85	ZP D7 165 (87)
					+0.23(4) st		ABLRFS	1986An06	NP A451 471 (86)
					0.2(4)		O	1987Ba85	ZP D7 165 (87)
	1014	5.55 ms	13/2+	-0.98(4)			TDPAD	1971Ma59	NP A176 497 (71)
					0.30(5)		QIR	1975Ri03/1974DaYM	PS 11 228 (75)/Cf74Upp 254 (74)
	3196	217 ns	25/2-	-0.845(14)			TDPAD	1976Li09	ZP A277 273 (76)
					0.63(3)	[206Pb 4027]	TDPAD		AECL-6680 27 (79)
	5161	63 ns	33/2+	-2.44(8)			TDPAD	1983St15	NP A411 248 (83)
82 Pb 206	803	8.4 ps	2+	<0.03			RIV, R	1986Bi13	HFI 30 265 (86)
					+0.05(9)		CER	1978Jo04	PL 72B 307 (78)
	2200	123 μs	7-	-0.152(3)			SOPAD	1972Ma24	NP A186 97 (72)
					0.33(5)		QIR	1975Ri03/1974DaYM	PS 11 228 (75)/Cf74Upp 254 (74)
	2384	29 ps	6-	+0.8(4)			IPAC	1970Za03	NP A146 215 (70)
4027	185 ns	12+	-1.80(2)			TDPAD	1983St15	NP A411 248 (83)	
					0.51(2)	[B(E2)]	TDPAD	1979Ma37	PL 88B 48 (79)
82 Pb 207	0	stable	1/2-	+0.592583(9)		[2H]	N	1950Pr51	PL 35A 397 (71)/PR 79 35 (50)
				0.58219(2)		[199Hg]	OP	1969Gi04	PR 188 180 (69)
	570	129 ps	5/2-	+0.80(3)			IPAC		JPJS 34 271 (73)
82 Pb 208	2615	15 ps	3-	+1.9(2)			IPAC		JPJS 34 271 (73)/PL 29B 226 (69)
					-0.34(15)		CER	1984Ve07/1983Sp02	AuJP 37 123 (84)/PL 128B 29 (83)
	3198	297 ps	5-	+0.11(4)		[208Pb 2615]	IPAC	1969Bo01	NP A138 90 (69)
	4086	0.74 fs	2+		-0.7(3)		CER	1984Ve07	AuJP 37 123 (84)
82 Pb 209	0	3.25 h	9/2+	-1.4735(16)		[207Pb]	ABLRFS	1986An06	NP A451 471 (86)
					-0.3(2) st		ABLRFS	1986An06	NP A451 471 (86)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
82 Pb 210	1195	49 ns	6+	-1.87(9)			TDPAD	1983De34	PR C28 1060 (83)	
	1272	201 ns	8+	-2.50(6)			TDPAD	1983De34	PR C28 1060 (83)	
82 Pb 211	0	36.1 m	9/2+	-1.4037(8)	+0.09(6) st	[207Pb]	ABLRFS	1986An06	NP A451 471 (86)	
							ABLRFS	1986An06	NP A451 471 (86)	
83 Bi 199	0	11.8 h	9/2-	4.6(4)			NO/S	1988Wo12	HFI 43 401 (88)	
83 Bi 201	0	108 m	9/2-	4.8(3)			NO/S	1988Wo12	HFI 43 401 (88)	
83 Bi 202	0	1.72 h	5+	4.9(3)			NO/S	1988Wo12	HFI 43 401 (88)	
			[5+]	+4.259(14)		[209Bi]	LRFS	1996Ca02	NP A598 61 (96)	
			[5+]		-0.72(8)	[209Bi]	LRFS	1996Ca02	NP A598 61 (96)	
			[6+]	+4.325(13)		[209Bi]	LRFS	1996Ca02	NP A598 61 (96)	
	615	3.04 μs	10-	[6+]		-0.87(9)	[209Bi]	LRFS	1996Ca02	NP A598 61 (96)
					+2.54(1)			TDPAD		Th Berger (87)
					2.56(3)			TDPAD	1982Hu07/1985No09	NP A382 56 (82)/ZP A322 463 (85)
					2.43(14)			TDPAD	1980KI06	NP A346 324 (80)
						0.106(13)	[209Bi]	TDPAD	1987Ma65	Cf87Melb 127 (87)/HFI 34 47 (87)
						0.07(3)	[204Pb]	IPAD	1981Th03	NP A362 71 (81)
2607	310 ns	17+		+2.07(3)			TDPAD		Th Berger (87)	
				2.06(5)			TDPAD	1982Hu07	NP A382 56 (82)	
					0.35(3)	[209Bi]	TDPAD	1987Ma65	Cf87Melb 127 (87)/HFI 34 47 (87)	
					>1.0		IPAD	1981Th03	NP A362 71 (81)	
83 Bi 203	0	11.8 h	9/2-	+4.017(13)		[209Bi]	LRFS	1996Ca02	NP A598 61 (96)	
				+4.62(3)		[209Bi]	AB	1959Li50	ArkF 15 445 (59)/PR A1 685 (70)	
					-0.67(7)	[209Bi]	LRFS	1996Ca02	NP A598 61 (96)	
					-0.68(6)	[209Bi]	AB	1959Li50	ArkF 15 445 (59)/PR A1 685 (70)	
	1991	90 ns	(21/2+)	2.79(4)			TDPAD	1982Hu07	NP A382 56 (82)	
	2042	194 ns	(25/2+)	3.33(5)			TDPAD	1982Hu07	NP A382 56 (82)	
83 Bi 204	0	11.22 h	6+	+4.322(15)		[209Bi]	LRFS	1996Ca02	NP A598 61 (96)	
				4.5(2)			NO/S	1988Wo12	HFI 43 401 (88)	
				+4.28(2)		[209Bi]	AB	1959Li50	ArkF 15 445 (59)/PR A1 685 (70)	

Nucleus	Ex	$T_{1/2}$	I	$\mu$ (nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.49(15)	[209Bi]	LRFS	1996Ca02	NP A598 61 (96)
					-0.43(4)	[209Bi]	AB	1959Li50	ArkF 15 445 (59)/PR A1 685 (70)
	806	13.0 ms	10-	2.59(4)			NMR/PAC		FortP 25 327 (77)
				2.4(2)			TDPAD	1980KI06/1985No09	NP A346 324 (80)/ZP A322 463 (85)
					0.0630(12)	[202 Bi 615]	LEMS	1991Sc14	PR C43 2560 (91)
83 Bi 205	0	15.3 d	9/2-	+4.605(7)		[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
				+4.16(10)		[209Bi]	O, AB	1975Ma08/1959Li50	PRL 34 625 (75)/ArkF 15 445 (59)
					-0.59(4)	[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
	2064	100 ns	21/2+	2.70(4)			TDPAD	1982Hu07	NP A382 56 (82)
	2138	223 ns	25/2+	3.21(5)			TDPAD	1982Hu07	NP A382 56 (82)
83 Bi 206	0	6.243 d	6+	+4.361(8)		[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
				+4.60(4)		[209Bi]	AB	1959Li50	ArkF 15 445 (59)
					-0.39(4)	[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
					-0.20(4)	[209Bi]	AB	1959Li50	ArkF 15 445 (59)/PR A1 685 (70)
	1045	0.89 ms	(10-)	2.644(14)			NMR/PAC	1985No09	PL 46B 65 (73)/ZP A322 463 (85)
					0.049(9)	[202 Bi 615]	LEMS	1991Sc14	PR C43 2560 (91)
83 Bi 207	0	32.2 y	9/2-	4.081(9)		[209Bi]	O	1985Ba21	ZP A321 85 (85)
						[209Bi]	O	1985Ba21	ZP A321 85 (85)
	2101	182 $\mu$ s	21/2+	+3.43(2)			TDPAD		ZfK-445 51 (81)
				+3.41(6)			SOPAD	1972Ma24	NP A186 97 (72)
					0.044(8)	[202 Bi 615]	LEMS	1991Sc14	PR C43 2560 (91)
83 Bi 208	0	3.7x10 <sup>5</sup> y	5+	+4.633(10)		[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
					-0.64(6)	[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
	1571	2.53 ms	10-	2.672(14)			NMR/PAD	1974Hu11/1985No09	NP A227 421 (74)/ZP A322 463 (85)
				2.633(14)			TDPAD		DisA 36 790B (75)
83 Bi 209	0	stable	9/2-	+4.1103(5) d			R	1996Ba94	ZP D37 281 (96)
				+4.1106(2)		[2H]	N	1953Ti01/1951Pr02	PR 89 595 (53)/PR 81 20 (51)
					-0.37(3) a		Mu-X	1972Le07	NP A181 14 (72)/PR 169 1 (68)
					-0.55(1)		AB	1983De07	ZP A310 27 (83)
					-0.77(1) st		AB	1983De07	ZP A310 27 (83)
					-0.40(5)		R		PS 10 171 (74)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
					-0.39(3)		O	1967Di04/1970Ge10	CJP 45 2249 (67)/JOSA 60 869 (70)
					-0.50(8) a		Pi-X	1978Be24	ZP A286 215 (78)
					-0.5(2) a		Pi-X	1981Ba07	NP A355 383 (81)
	2563	14 fs	(9/2)+	3.5(7)			Mu-X	1972Le07	NP A181 14 (72)
					+0.11(5) a		Mu-X	1972Le07	NP A181 14 (72)
	2741	12 ps	15/2+	6.2(12)			Mu-X	1972Le07	NP A181 14 (72)
					0.0(4) a		Mu-X	1972Le07	NP A181 14 (72)
	2986	18 ns	19/2+	3.50(8)			TDPAD	1978Be17	PR C17 1359 (78)
83 Bi 210	0	5.01 d	1-	-0.04451(6)		[209Bi]	AB, NO/S	1962Al02	PR 125 256 (62)/JPJS 34 113 (73)
					+0.136(1)	[209Bi]	AB	1962Al02	PR 125 256 (62)/PR A1 685 (70)
	271	3.0x10 <sup>6</sup> y	9-	+2.73(4)		[209Bi]	LRFS	1997Ki15	JPJS 34 113 (73)
					-0.47(6)	[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
	433	56.8 ns	7-	+2.11(5)			TDPAD	1972Ba65	PRL 29 496 (72)
	439	37 ns	5-	+1.53(5)			TDPAD	1972Ba65	PRL 29 496 (72)
83 Bi 211	405	315 ps	7/2-	+4.5(7)			IPAC		PL 19 578 (65)
83 Bi 212	0	60.6 m	1(-)	0.41(5)			NO/S	1992Li25	HFI 75 109 (92)
				+0.32(4)		[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
					+0.1(3)	[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
83 Bi 213	0	45.6 m	9/2-	3.89(9)			NO/S	1992Li25	HFI 75 109 (92)
				+3.716(7)		[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
					-0.60(5)	[209Bi]	LRFS	1997Ki15	PL B405 31 (97)
84 Po 198	1854	29 ns	8+	+7.3(2)			TDPAD	1986Ma31	ZP A324 123 (86)
	2566	200 ns	11-	+12.1(6)			TDPAD	1986Ma31	ZP A324 123 (86)
	2692+x	750 ns	12+	-1.86(4)			TDPAD	1986Ma31	ZP A324 123 (86)
84 Po 199	310	4.2 m	13/2+	0.99(7)			NO/S	1991Wo04	JP G17 1673 (91)
84 Po 200	1774	61 ns	8+	+7.44(16)			TDPAD	1986Ma31	ZP A324 123 (86)
					1.38(7)	[210Po 1557]	TDPAD, R	1987Ma65	HFI 34 47 (87)
	2596	100 ns	11-	+11.9(2)			TDPAD	1986Ma31	ZP A324 123 (86)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
	2830	270 ns	12+	-1.79(2)			TDPAD	1986Ma31	ZP A324 123 (86)
84 Po 201	0	15.3 m	3/2-	0.94(8)			NO/S	1991Wo04	JP G17 1673 (91)
	425	8.9 m	13/2+	1.00(7)			NO/S	1991Wo04	JP G17 1673 (91)
84 Po 202	1712	110 ns	8+	7.45(12)			TDPAD	1976Ha56	NP A273 253 (76)
	2625	85 ns	11-	11.9(4)			TDPAD	1976Ha56	NP A273 253 (76)
84 Po 203	0	36.7 m	5/2-	0.74(6) (+)0.74(3)			NO/S NO/S	1991Wo04	JP G17 1673 (91) Cf87Melb. 174 (87)
84 Po 204	1639	158 ns	8+	+7.38(10)	1.14(5)	[210Po 1557]	SOPAD TDPAD	1973Br14 1987Ma65	NP A206 452 (73) HFI 34 47 (87)
	3565	12 ns	15-	5.6(6)		[208Po 1524]	TDPAD	1982Ha16/1983He09	ZP A305 1 (82)/ZP A311 351 (83)
84 Po 205	0	1.66 h	5/2-	+0.76(6)		[207Po]	NMR/ON	1983He09	ZP A311 351 (83)
	880	640 μs	13/2+	-0.95(5)			TDPAD		Cf74Upp 116 (74)
84 Po 206	1586	212 ns	8+	+7.34(7)	1.02(4)	[210Po 1557]	SOPAD/TDPAD TDPAD	1973Br14 1987Ma65	NP A211 38 (73)/NP A206 452 (73) HFI 34 47 (87)
84 Po 207	0	5.79 h	5/2-	+0.79(6)			NMR/ON	1983He09	ZP A311 351 (83)
	1115	47 μs	13/2+	-0.910(14)			TDPAD		PL 44B 456 (73)
	2380	43 ns	25/2+	5.41(4)			TDPAD	1985Ro07	PS 31 122 (85)
84 Po 208	1524	4.3 ns	6+	+5.3(6)		[Bhf PoNi]	TDPAD, R	1982Ha16/1983He09	ZP A305 1 (82)/ZP A311 351 (83)
	1528	380 ns	8+	+7.37(5)	0.90(4)	[210Po 1557]	SOPAD/TDPAD TDPAD	1976Ha56 1987Ma65	NP A273 253 (76)/NP A211 38 (73) HFI 34 47 (87)
	2703	8.0 ns	11-	12.11(14)			TDPAD	1985Ro07	PS 31 122 (85)
84 Po 209	0	102 y	1/2-	0.68(8)			O		JOSA 56 1292 (66)
	1418	24.4 ns	(13/2)-	6.13(9)			TDPAD	1976Ha56	NP A273 253 (76)
	1473	98.1 ns	(17/2-)	7.75(5)			TDPAD	1976Ha56/1974Na02	NP A273 253 (76)/NIM 114 349 (74)
	4266	118 ns	31/2-	+9.68(8)	(-)0.39(8)	[210Po 1557] [208Po 1528]	TDPAD TDPAD	1983Da01 1976Re12	NP A394 245 (83) PS 14 95 (76)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
84 Po 210	1473	43 ns	6+	5.48(5)			TDPAD	1976Ha56	NP A273 253 (76)
	1557	96 ns	8+	+7.35(5)			TDPAD	1976Ha56	NP A273 253 (76)/PL 44B 440 (73)
					(-)0.57(2)	est. from B(E2)	not measured	1987Ma65/1983Da01	HFI 34 47 (87)/NP A394 245 (83)
	2849	20.1 ns	11-	+12.20(9)			TDPAD	1976Ha56/1976Re12	NP A273 253 (76)/PS 14 95 (76)
					-0.86(11)	[210Po 1557]	TDPAD	1991Be03	NP A522 483 (91)
					-0.8(2)	[210Po 1557]	TDPAD	1983Da01	NP A394 245 (83)
	4372	51 ns	13-	6.8(2)			TDPAD	1985Be22	PS 31 333 (85)
					-0.90(7)	[210Po 1557]	TDPAD	1991Be03	NP A522 483 (91)
					(-)0.62(11)	[210Po 1557]	TDPAD	1983Da01	NP A394 245 (83)
	5058	265 ns	16+	9.84(8)			TDPAD	1985Be22	PS 31 333 (85)
				-1.30(2)	[210Po 1557]	TDPAD	1991Be03	NP A522 483 (91)	
				1.34(8)	[210Po 1557]	TDPAD		BAPS 31 1236 (86)	
84 Po 211	1065	16 ns	15/2-	-0.38(15)			IPAD		JPJS 34 287 (73)
85 At 207	2117	108 ns	25/2+	+3.75(13)		[208Po 1528]	TDPAD	1978Sj01/1981Sj01	PL 76B 397 (78)/PR C23 272 (81)
85 At 208	1090	48 ns	10-	+2.69(3)			TDPAD	1985No09	ZP A322 463 (85)
	2276	1.5μs	16-		1.7(3)	[g calc]	LEMS	1991Sc15	PR C43 2566 (91)
85 At 209	1428	26 ns	21/2-	+10.0(2)			TDPAD	1976Sj01	PR C14 1023 (76)
				9.5(2)			TDPAD		DisA 37 408C (77)
					0.78(8)	[211At 2641]	TDPAD	1983Ma08	PL 122B 27 (83)
	2429	890 ns	29/2+	15.38(14)			TDPAD	1987Ma65	HFI 34 47 (87)
					1.50(15)	[211At 2641]	LEMS	1991Sc15	PR C43 2566 (91)
				1.50(15)	[211At 2641]	TDPAD	1983Ma08	PL 122B 27 (83)	
85 At 210	1363	28.4 ns	11+	+9.8(3)			TDPAD		ARRIP 140 (74)
					0.65(8)	[211At 2641]	TDPAD	1983Ma08	PL 122B 27 (83)
				+15.68(2)			TDPAD		Th Berger (87)
				15.48(15)			TDPAD	1987Ma65	HFI 34 47 (87)
				15.57(15)			TDPAD, R	1978Ra03	ZP A284 357 (78)
	2550	480 ns	15-		1.22(12)	[211At 2641]	LEMS	1991Sc15	PR C43 2566 (91)
					1.22(12)	[211At 2641]	TDPAD	1983Ma08	PL 122B 27 (83)
	4028	5.9 μs	19+	13.26(13)			TDPAD	1987Ma65	HFI 34 47 (87)
			14.0(5)			[210At 2550]	1978Ra03	ZP A284 357 (78)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) 2.2(3)	[Ref. Std.] [211At 2641]	Method LEMS	NSR Reference 1991Sc15	Journal Reference PR C43 2566 (91)
85 At 211	1417	35.1 ns	21/2-	+9.56(9)	0.53(5)	B(E2)	TDPAD	1976Ha62/1975In01	HFI 2 334 (76)/PR C11 243 (75)
	2641	50.8 ns	29/2+	+15.31(13)			R	1983Ma08	PL 122B 27 (83)
	4816	4.2 μs	39/2-	13.46(14)	1.00(5)	[211At 1417]	TDPAD	1976Ha62/1975In01	HFI 2 334 (76)/PR C11 243 (75)
					1.0(2)		R	1995Ba66	NP A591 104
85 At 212	888	19.4 ns	11+	5.94(11)	1.9(3)	[211At 2641]	TDPAD	1994By01	NP A567 445 (94)
	1616	37 ns	15-	5.95(12)			TDPAD	1994By01	NP A567 445 (94)
				9.46(8)			TDPAD	1979Sj01	PR C20 960 (79)
			9.33(15)						
85 At 217	0	32 ms	9/2-	3.8(2)			NO/S	1992Li26	HFI 75 323 (92)
86 Rn 203	361	28 s	(13/2+)	-0.960(11)	+1.28(13)	[209Rn]	CFBLS	1987Bo29	HFI 34 25 (87)
							CFBLS		CERN EP/87 51 (87)
86 Rn 205	0	2.83 m	5/2-	+0.802(9)	+0.062(6)	[209Rn]	CFBLS	1987Bo29	HFI 34 25 (87)
							CFBLS		CERN EP/87 51 (87)
86 Rn 206	1922	13.5 ns	8+	6.6(4)			TDPAD	1981Ma28	HFI 9 87 (81)
	2476	65 ns	(10-)	11.20(10)			TDPAD	1981Ma28	HFI 9 87 (81)
86 Rn 207	0	9.3 m	5/2-	+0.816(9)	+0.22(2)	[209Rn]	CFBLS	1987Bo29	HFI 34 25 (87)
	899	180 μs	13/2+	-0.903(3)			CFBLS		CERN EP/87 51 (87)
							TDPAD	1981Ma28	HFI 9 87 (81)
86 Rn 208	1826	490 ns	8+	6.98(8)	0.39(5)	[212Rn 1694]	TDPAD	1981Ma28	HFI 9 87 (81)
	2615	22 ns	10-	10.77(10)			TDPAD	1986Be40	PL 182B 11 (86)
TDPAD					1981Ma28	HFI 9 87 (81)			
86 Rn 209	0	29 m	5/2-	(+)0.8388(4)	+0.31(3)	[129Xe 236]	N/OP	1988Ki03	PRL 60 2133 (88)
							CFBLS		CERN EP/87 51 (87)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference			
86 Rn 210	1665+x	644 ns	(8+)	7.18(6)	0.31(4)	[212Rn 1694]	TDPAD	1986Po01	NP A448 189 (86)			
				7.06(8)			TDPAD	1981Ma28	HFI 9 87 (81)			
	2563+x	64 ns	(11)-	12.16(11)			TDPAD	1986Be40	PL 182B 11 (86)			
				14.92(10)			TDPAD	1981Ma28	HFI 9 87 (81)			
	3248+x	72 ns	(14)+	14.6(3)			TDPAD	1986Po01	NP A448 189 (86)			
				17.88(9)			TDPAD	1981Ma28	HFI 9 87 (81)			
	3812+x	1.05 μs	(17)-	+17.87(10)			TDPAD	1986Po01	NP A448 189 (86)			
				17.7(2)			TDPAD	1981Ma28	Th Berger (87)			
	4993	12.3 ns	(20)+	22.3(1)			0.86(10)	[212Rn 1694]	TDPAD	1986Be40	PL 182B 11 (86)	
				15.42(15)					TDPAD	1986Po01	NP A448 189 (86)	
				18.3(2)					TDPAD	1986Po01	NP A448 189 (86)	
									TDPAD	1986Po01	NP A448 189 (86)	
				TDPAD	1986Po01	NP A448 189 (86)						
86 Rn 211	0	14.6 h	1/2-	+0.601(7)	0.18(2)	[212Rn 1694]	CFBLS	1988Ki03	PRL 60 2133 (88)			
			17/2-	+7.72(4)			TDPAD		Th Berger (87)			
	1578+x	596 ns	17/2-	+7.75(8)			TDPAD	1985Po06	PL 154B 263 (85)			
				+17.5(7)			TDPAD	1985Da14	PRL 55 1269 (85)			
	3926+x	40 ns	35/2+	+17.8(2)			TDPAD		Th Berger (87)			
				+15.9(4)			TDPAD	1985Po06	PL 154B 263 (85)			
	5246+y	14 ns	43/2-	+18.8(2)			TDPAD	1985Po06	PL 154B 263 (85)			
	6100+y	29 ns	49/2+	+19.6(2)			TDPAD	1985Po06	PL 154B 263 (85)			
	8855+y	201 ns	63/2-				TDPAD	1985Po06	PL 154B 263 (85)			
							TDPAD	1985Da14	PRL 55 1269 (85)			
	86 Rn 212	1502	8.8 ns	4+			4.0(2)	(-)0.17(2)	[B(E2)]	TDPAD	1988St17	NP A486 397 (88)
				1640			118 ns			6+	5.45(5)	TDPAD
1694		0.91 ms	8+	+7.15(2)	TDPAD/SOPAD	1979Ho06/1978Ha50	NP A317 520 (79)/HFI 4 219 (78)					
				7.16(6)	TDPAD	1988St17	NP A486 397 (88)					
3358		7.4 ns	14+	15.0(4)	TDPAD, R	1985Da13	PC Dafni (87)/NP A441 501 (85)					
				17.9(2)	TDPAD	1988St17	NP A486 397 (88)					
4067		29 ns	17-	17.9(3)	TDPAD	1988St17	NP A486 397 (88)					
					TDPAD	1979Ho06	NP A317 520 (79)/JPJS 44 605 (78/)					
6167+x		104 ns	22+				1977Ho17			PRL 39 389 (77)		
							TDPAD			1988St17	NP A486 397 (88)	

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm) 15.8(2)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
							TDPAD	1979Ho06	NP A317 520 (79)/JPJS 44 605 (78/)
	7135+x	18 ns	25-	17.8(5)			TDPAD	1977Ho17 1979Ho06	PRL 39 389 (77) NP A317 520 (79)/JPJS 44 605 (78/)
	7871+x	14 ns	27-	17.0(8)			TDPAD	1977Ho17 1979Ho06	PRL 39 389 (77) NP A317 520 (79)/JPJS 44 605 (78/)
	8571+x	154 ns	30+	19.71(9)			TDPAD	1977Ho17 1979Ho06	PRL 39 389 (77) NP A317 520 (79)/JPJS 44 605 (78/)
86 Rn 213	1664	29 ns	21/2+	4.73(11)			TDPAD	1988St10	NP A482 692 (88)
	1664+x	1 μs	25/2+	7.3(3)			TDPAD	1976McZD	AECL-5614 13 (76)
				7.6(3)			TDPAD	1988St10	NP A482 692 (88)
	2187+x	1.36 μs	31/2-	9.90(8)			TDPAD	1988St10	NP A482 692 (88)
	3029+x	26 ns	37/2+	13.67(13)			TDPAD	1988St10	NP A482 692 (88)
	3494+x	28 ns	43/2-	15.59(15)			TDPAD	1988St10	NP A482 692 (88)
	4506+x	12 ns	49/2+	19.9(3)			TDPAD	1988St10	NP A482 692 (88)
	5929+y	164 ns	(55/2+)	16.61(14)			TDPAD	1988St10	NP A482 692 (88)
86 Rn 219	0	3.96 s	5/2+	-0.442(5)		[209Rn]	CFBLS, R	1988Ki03	PRL 60 2133 (88)
					+0.93(9)		CFBLS, R	1988NeZZ	Bk88 NFFS 126 (88)
					+1.15(12)		CFBLS		CERN EP/87-15 (87)
86 Rn 221	0	25 m	(7/2+)	-0.020(1)		[209Rn]	CFBLS	1988Ki03	PRL 60 2133 (88)
					-0.38(4)		CFBLS, R	1988NeZZ	Bk88 NFFS 126 (88)
					-0.47(5)		CFBLS		CERN EP/87-15 (87)
86 Rn 222	186	0.32 ns	2+	+0.92(14)			IPAC	1970Or02	NP A148 516 (70)
86 Rn 223	0	23.2 m	7/2	-0.776(8)		[209Rn]	CFBLS	1988Ki03	PRL 60 2133 (88)
					+0.80(8)		CFBLS	1988NeZZ	Bk88 NFFS 126 (88)
86 Rn 225	0	4.5 m	7/2-	-0.696(8)		[209Rn]	CFBLS	1988Ki03	PRL 60 2133 (88)
					+0.84(8)		CFBLS	1988NeZZ	Bk88 NFFS 126 (88)
87 Fr 207	0	14.8 s	9/2-	+3.89(8)		[211Fr]	ABLS	1985Co24	PL 163B 66 (85)
					-0.16(5) st		ABLS	1985Co24	PL 163B 66 (85)



Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
87 Fr 208	0	58.6 s	7+	+4.75(10)	0.00(4)	[211Fr]	ABLS ABLS	1985Co24/1986Ek02 1985Co24	PL 163B 66 (85)/PS 34 624 (86) PL 163B 66 (85)
87 Fr 209	0	50 s	9/2-	+3.95(8)	-0.24(2) st	[211Fr]	ABLS ABLS	1985Co24/1986Ek02 1985Co24	PL 163B 66 (85)/PS 34 624 (86) PL 163B 66 (85)
87 Fr 210	0	3.2 m	6+	+4.40(9)	+0.19(2) st	[211Fr]	ABLS ABLS	1985Co24 1985Co24	PL 163B 66 (85) PL 163B 66 (85)
87 Fr 211	0	3.1 m	9/2-	+4.00(8)	-0.19(3) st		AB/D ABLS	1986Ek02	PS 34 624 (86) PR 136B 66 (85)
	2423	146 ns	29/2+	15.37(15)	-1.1(2)	[213Fr 2538]	TDPAD LEMS	1986By01 1991Ha02	NP A448 137 (86) PR C43 514 (91)
	4657	123 ns	45/2-	24.3(2)	-2.0(6)	[213Fr 2538]	TDPAD LEMS	1986By01 1991Ha02	NP A448 137 (86) PR C43 514 (91)
87 Fr 212	0	19.3 m	5+	+4.62(9) +4.62(9)	-0.10(1) st	[211Fr] [211Fr]	CFBLS ABLS ABLS	1985Co24 1985Co24	EPL 3 175 (87) PL 163B 66 (85) PL 163B 66 (85)
	1551	27 μs	11+	9.89(4)			SOPAD		HFI 3 297 (77)
	2492	604 ns	(15-)	+15.65(12) 15.60(15)	0.84(13) -0.80(12)	[213Fr 2538] [213Fr 2538]	TDPAD TDPAD TDPAD LEMS	1989By01 1986By01 1990By03 1991Ha02	PL B217 38 (89) NP A448 137 (86) NP A516 145 (90) PR C43 514 (91)
	4834	4.2 ns	22+	22(4)	1.7(3)	[213Fr 2538]	TDPAD	1986By01	NP A448 137 (86)
	5854	312 ns	(27-)	21.9(3)	-1.5(3)	[213Fr 2538]	TDPAD TDPAD LEMS	1986By01 1990By03 1991Ha02	NP A448 137 (86) NP A516 145 (90) PR C43 514 (91)
87 Fr 213	0	34.7 s	9/2-	+4.02(8) +4.02(8)	-0.14(2) st	[211Fr] [211Fr]	CFBLS ABLS ABLS	1985Co24/1986Ek02 1985Co24	EPL 3 175 (87) PL 163B 66 (85)/PS 34 624 (86) PL 163B 66 (85)
	1411	18 ns	17/2-	7.5(14)			TDPAD	1986By01	NP A448 137 (86)
	1590	499 ns	21/2-	9.4(2) 9.32(3)			TDPAD TDPAD, R	1986By01 1977Be56/1978Ha50	NP A448 137 (86) HFI 3 397 (77)/HFI 4 219 (78)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference			
87 Fr 214	2538	243 ns	29/2+	+15.30(7)	-2.2(5)	[213Fr 2538]	TDPAD	1989By01	PL B217 38 (89)			
				15.23(14)			TDPAD	1986By01	NP A448 137 (86)			
				15.22(3)			TDPAD	1977Be56/1978Ha50	HFI 3 397 (77)/HFI 4 219 (78)			
	4993	13 ns	45/2-	23.2(7)			TDPAD	1986By01	NP A448 137 (86)			
				22.3(6)			TDPAD	1979Ho06	NP A317 520 (79)			
	8095	3.1 μs	65/2-	+22.6(2)			TDPAD	1989By01	PL B217 38 (89)			
							LEMS	1991Ha02	PR C43 514 (91)			
87 Fr 214	640	103 ns	11+	+5.62(7) K, d	0.8(2)	[213Fr 2538]	TDPAD	1994By01	NP A567 445 (94)			
							LEMS	1995Ne06	PR C51 3483 (95)			
	1663 or 1734	11.1 ns	14-	+8.5(4) K, d			TDPAD	1994By01	NP A567 445 (94)			
		10.4 ns	15-	level uncertain								
	4318+D	8.0 ns	27-	+19.7(8) K, d			TDPAD	1994By01	NP A567 445 (94)			
	6477+D'	108 ns	33+	+22(3)			TDPAD	1994By01	NP A567 445 (94)			
87 Fr 215	1500+/-75	4 ns	(21/2)+/-1	g=0.33(10)	2.2(5)	[213Fr 2538]	LEMS	1995Ne06	PR C51 3483 (95)			
				2016			4.7 ns	29/2+	7(3)	TDPAD	1984De16	NP A419 163 (84)
				2251			5.3 ns	33/2+	8(2)	TDPAD	1984De16	NP A419 163 (84)
				3068			14.6 ns	39/2-	9.2(2)	TDPAD	1984De16	NP A419 163 (84)
								32+ or 33+				
87 Fr 220	0	27.4 s	1+	-0.67(1)	+0.47(3) st	[211Fr]	CFBLS		EPL 3 175 (87)			
				-0.67(1)			ABLS	1985Co24	PL 163B 66 (85)			
							ABLS, R	1985Co24/1987Co19	PL 163B 66 (85)/NP A468 1 (87)			
87 Fr 221	0	4.8 m	5/2-	+1.58(3)	-0.98(6) st	[211Fr]	CFBLS		EPL 3 175 (87)			
				+1.58(3)			ABLS	1985Co24	PL 163B 66 (85)			
							ABLS, R	1985Co24/1987Co19	PL 163B 66 (85)/NP A468 1 (87)			
87 Fr 222	0	14.2 m	2-	+0.63(1)	+0.51(4) st	[211Fr]	ABLS	1985Co24	PL 163B 66 (85)			
							ABLS	1985Co24	PL 163B 66 (85)			
87 Fr 223	0	21.8 m	3/2(-)	+1.17(2)	+1.17(1)	[211Fr]	ABLS	1985Co24	PL 163B 66 (85)			
							ABLS	1985Co24	PL 163B 66 (85)			
87 Fr 224	0	3.3 m	1(-)	+0.40(1)		[211Fr]	ABLS	1985Co24	PL 163B 66 (85)			

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) +0.517(4) st	[Ref. Std.] [211Fr]	Method ABLS	NSR Reference 1985Co24	Journal Reference PL 163B 66 (85)
87 Fr 225	0	3.9 m	3/2-	+1.07(2)	+1.32(5) st	[211Fr]	ABLS ABLS, R	1985Co24 1985Co24/1987Co19	PL 163B 66 (85) PL 163B 66 (85)/NP A468 1 (87)
87 Fr 226	0	48 s	1	+0.0712(14) +0.071(2)	-1.35(2) st	[211Fr] [211Fr]	ABLS ABLS ABLS	1986Du16 1985Co24 1985Co24	JPPa 47 1903 (86) PL 163B 66 (85) PL 163B 66 (85)
87 Fr 227	0	2.4 m	1/2+	+1.50(3)		[211Fr]	ABLS	1985Co24	PL 163B 66 (85)
87 Fr 228	0	39 s	2-	-0.76(2)	+2.38(5) st	[211Fr] [211Fr]	ABLS ABLS	1985Co24 1985Co24	PL 163B 66 (85) PL 163B 66 (85)
88 Ra 209	0	4.7 s	5/2-	+0.865(13)	+0.40(4) st +0.38(4) st	[213,225Ra] [221,223Ra]	CFBLS, R CFBLS CFBLS	1988Ah02/1987Ar20 1989Ne03 1988Ah02/1987We03	NP A483 244 (88)/PRL 59 771 (87) ZP D11 105 (89) NP A483 244 (88)/ZP D4 227 (87)
88 Ra 211	0	13s	5/2-	+0.878(4)	+0.48(4) st +0.46(5) st	[213,225Ra] [221,223Ra]	CFBLS, R CFBLS CFBLS, R	1988Ah02/1987Ar20 1989Ne03 1988Ah02/1987We03	NP A483 244 (88)/PRL 59 771 (87) ZP D11 105 (89) NP A483 244 (88)/ZP D4 227 (87)
88 Ra 212	1958	10.9 μs	8+	7.10(7)	Q/Q214Ra8+ = 1.5(4)	[214Ra 1864]	SOPAD LEMS	1986Ko01 1993Ne04	PR C33 392 (86) NP A555 629 (93)
	2613	0.85 μs	11-	12.0(2)			SOPAD	1986Ko01	PR C33 392 (86)
88 Ra 213	0 1770	2.7 m 2.1 ms	1/2- (17/2-)	+0.613(2) 7.4(4)	Q/Q214Ra8+ = 1.21(8)	[137Ba] [214Ra 1864] [214Ra 1864]	CFBLS LEMS LEMS	1987Ar20/1988Ah02 1994Ne01 1993Ne04	PRL 59 771 (87)/NP A483 244 (88) PR C49 645 (94) NP A555 629 (93)
88 Ra 214	1865 2683 3478	67 μs 295 ns 279 ns	8+ 11- 14+	7.08(3) 11.98(8) 11.94(11) 14.29(6)			SOPAD TDPAD TDPAD TDPAD	1977Be56/1978Ha50 1992St09 1979Ho06 1992St09	HFI 3 397 (77)/HFI 4 219 (78) NP A548 159 (92) NP A317 520 (79) NP A548 159 (92)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
				14.31(13)			TDPAD	1979Ho06	NP A317 520 (79)
	4147	225 ns	17-	17.36(5)			TDPAD	1992St09	NP A548 159 (92)
				17.48(12)			TDPAD	1979Ho06	NP A317 520 (79)
	6577	128 ns	(25-)	16.5(3)			TDPAD	1992St09	NP A548 159 (92)
88 Ra 215	3738	0.59 μs	(43/2-)	15.78 (15)			SOPAD		ARTIT 52 (85)
88 Ra 216	1508	0.5 ns	6+	g(avge) = 0.1(3)			TDPAD	1990Sc29	HFI 59 165 (90)
	1711	1.7 ns	8+	g(avge) = 0.1(3)			TDPAD	1990Sc29	HFI 59 165 (90)
				+3(3)			IPAD		Cf83Meguro 155 (83)
	2026	0.6 ns	10+	+1(3)			TDPAD	1990Sc29	HFI 59 165 (90)
	2679	0.8 ns	13-	-1(3)			TDPAD	1990Sc29	HFI 59 165 (90)
	3763	5.3 ns	19-	+9.3(10)			TDPAD	1990Sc29	HFI 59 165 (90)
				+9.7(6)			TDPAD	1985Ad09	NP A442 361 (85)
	5170	6.6 ns	25-	+18(5)			TDPAD	1990Sc29	HFI 59 165 (90)
			25-/24+	g = 0.63(6)			TDPAD	1985Ad09	NP A442 361 (85)
88 Ra 221	0	30 s	5/2-	-0.180(2)		[213,225Ra]	CFBLS, R	1988Ah02/1987Ar20	NP A483 244 (88)/PRL 59 771 (87)
					+1.98(11) st		CFBLS	1989Ne03	ZP D11 105 (89)
					+1.9(2) st		CFBLS, R	1988Ah02/1987We03	NP A483 244 (88)/ZP D4 227 (87)
88 Ra 223	0	11.44 d	3/2+	+0.271(2)		[213,225Ra]	CFBLS, R	1988Ah02/1987Ar20	NP A483 244 (88)/PRL 59 771 (87)
					+1.25(7) st		CFBLS	1989Ne03	ZP D11 105 (89)
					+1.19(12) st		CFBLS, R	1988Ah02/1987We03	NP A483 244 (88)/ZP D4 227 (87)
	50	0.63 ns	3/2-	+0.43(6)			IPAC	1970Le13	PR C2 672 (70)
88 Ra 224	84	0.74 ns	2+	+0.9(2)			IPAC	1973He13	ZP 260 57 (73)
88 Ra 225	0	14.8 d	1/2-	-0.7338(15)		[137Ba]	CFBLS	1987Ar20/1988Ah02	PRL 59 771 (87)/NP A483 244 (88)
88 Ra 227	0	42.2 m	3/2+	-0.404(2)		[213,225Ra]	CFBLS, R	1988Ah02/1987Ar20	NP A483 244 (88)/PRL 59 771 (87)
					+1.58(11) st	[221,223Ra]	CFBLS	1989Ne03	ZP D11 105 (89)
					+1.50(15) st		CFBLS, R	1988Ah02/1987We03	NP A483 244 (88)/ZP D4 227 (87)
88 Ra 229	0	4.0 m	5/2(+)	+0.503(3)		[213,225Ra]	CFBLS, R	1988Ah02/1987Ar20	NP A483 244 (88)/PRL 59 771 (87)
					+3.1(2) st	[221,223Ra]	CFBLS	1989Ne03	ZP D11 105 (89)

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b) +3.0(3) st	[Ref. Std.]	Method CFBLS, R	NSR Reference 1988Ah02/1987We03	Journal Reference NP A483 244 (88)/ZP D4 227 (87)
89 Ac 215	1621	30 ns	17/2-	7.82(16)			TDPAD	1983De08	ZP A310 55(83)
	1796	185 ns	21/2-	9.7(2)			TDPAD	1983De08	ZP A310 55(83)
	2438+x	335 ns	29/2+	15.1(3)			TDPAD	1983De08	ZP A310 55(83)
89 Ac 217	0	69 ns	9/2-	+3.83(5)			TDPAD	1985De14	NP A436 311 (85)
	2013	740 ns	29/2+	+5.03(70)			TDPAD	1985De14	NP A436 311 (85)
89 Ac 227	0	21.77 y	3/2-	+1.1(1)	+1.7(2)		O	1955Fr26	PR 98 1514 (55)/PR 111 1747 (58)
							O	1955Fr26	PR 98 1514 (55)/PR 111 1747 (58)
90 Th 229	0	7340 y	5/2+	+0.46(4)	+4.3(9)	[239Pu]	O	1974Ge06	JPPa 35 483 (74)
							O	1974Ge06	JPPa 35 483 (74)
90 Th 232	gsband			g(18-24)>g(10-16) g(av)=0.28(2)			TF	1992Ha03	PRL 48 383 (82)
91 Pa 228	0	22 h	(3+)	3.5(5)			NO/S	1989He07	NP A493 83 (89)
91 Pa 230	0	17.4 d	(2-)	2.0(2)			NO/S	1989He07	NP A493 83 (89)
91 Pa 231	0	3.3x10 <sup>4</sup> y	(2-)	2.01(2)	+0.7(2)	[231Pa]	ENDOR ME	1961Ax01	PR 121 1630 (61) PL 69A 225 (78)
	84	44 ns	5/2+						
91 Pa 233	0	27.0 d	3/2-	4.0(7)	-3.0(4) (est Vzz)		NO/S AB AB		ARISKP (84) NP 23 90 (61) NP 23 90 (61)
				+3.4(8)					
92 U 233	0	1.6x10 <sup>5</sup> y	5/2+	μ/μ(235U) = 1.5604(14)	Q/Q(235U) = 0.746(2)	[235U] [235U]	ABLS EPR ABLS		BRASP 54 (5) 13 (90) JP C16 6627 (83) BRASP 54 (5) 13 (90)
				0.59(5)					
	40	50 ps	7/2+		3.663(8) a	Mu-X Mu-X		1984Zu02	PRL 53 1888 (84)
					0.64(3) a			1984Zu02	PRL 53 1888 (84)

Nucleus	Ex	$T_{1/2}$	I	$\mu$ (nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference		
92 U 235	0	7.0x10*8y	7/2-	-0.38(3) -0.34(3) -0.46(3)	4.936(6) a 5.5(10) +6.0(10) 4.55(9) a 1.87(3) a		CFBLS	1983Ni08	PRL 51 1749 (83)		
							EPR			JP C16 6627 (83)	
	46	<60 ps	9/2-				ABLDF		OptL 4 63 (79)		
							Mu-X	1984Zu02	PRL 53 1888 (84)		
							CFBLS		Cf83Inter 128 (83)		
							ABLDF		OptL 4 63 (79)		
							Mu-X		JPJS 34 582 (73)		
							Mu-X	1984Zu02	PRL 53 1888 (84)		
92 U 238	gsband			g(18-24)>g(10-16) g(av)=0.37(2)			TF	1992Ha03	PRL 48 383 (82)		
93 Np 237	0	2.1x10*6y	5/2+	+3.14(4) +~2.9	+3.866(6) a		EPR, R	1968St03	JCP 53 809 (70)		
							ME			PR 165 1319 (68)	
	60	68 ns	5/2-	+1.68(3) +1.95(15)					Mu-X, Pi-X, ME	1987De10/1969Du09	PL 189B 7 (87)/PR 186 1296 (69)
							ME		PR 171 316 (68)/JCP 53 809 (70)		
							TDPAC	1967Gu08	NP A104 588 (67)		
							ME		BAPS 13 28 (68)		
93 Np 239	75	1.40 ns	5/2-	+2.0(3)		[237Np 60]	IPAC	1967Gu08	NP A104 588 (67)		
94 Pu 237	~2300	85 ns	(3/2)	-0.68(5)			TDPAD	1982Ra04/1982Ra04	PRL 48 982 (82)/PRL 49 244(E) (82)		
	~2600	1.1 $\mu$ s		g=+0.14(2)			TDPAD	1974Ka06	PRL 32 1009 (74)/Cf74Upp 132 (74)		
94 Pu 239	0	2.4x10*4y	1/2+	+0.203(4)	-2.319(7) a -3.345(13) -3.83(3)		AB/D	1986Zu01	PL 16 71 (65)		
	8		3/2+				Mu-X			PL 167B 383 (86)	
	57	0.10 ns	5/2+							1986Zu01	PL 167B 383 (86)
	76		7/2+							1986Zu01	PL 167B 383 (86)
	285	1.12 ns	5/2+	-1.3(3)					IPAC	1974Pa03	PR C9 1515 (74)
94 Pu 241	0	14.4 y	5/2+	-0.683(15)	+6(2)	[239Pu]	O	1969Ge04	Phca 42 581 (69)		
							O	1964Ch10	JPPa 25 825 (64)		
95 Am 239	~2500	163 ns	(7/2+)	(+2.6(2))			TDPAD	1985Ra28	PL163B 327 (85)		

Nucleus	Ex	T <sub>1/2</sub>	I	μ(nm)	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference	
95 Am 241	0	432.7 y	5/2-	+1.58(1) +1.61(3)			ABLS	1990Iz01	JRNC 143 93 (90)	
							AB/D	1966Ar04	PR 144 994 (66)	
							R	1989De26	ZP D13 181 (89)	
							ABLS	1990Iz01	JRNC 143 93 (90)	
							R	1988Be30	ZP A330 235 (88)	
95 Am 242	0	16.0 h	1-	+0.3879(15)			AB/D	1966Ar04	PR 144 994 (66)	
							AB	1966Ar04/1961Ma27	PR 144 994 (66)/PR 124 1904 (61)	
	49	152 y	5-	+1.00(5) +1.00(5)			ABLRFS	1988Be30	ZP A330 235 (88)	
							OGLS		ARKfK-4185 (86)	
	2200	14 ms	unknown		-1.14(8) [I=2] -1.14(8) [I=3]			ABLRFS	1988Be30	ZP A330 235 (88)
								LRSRD	1996Ba52	HFI 97/98 535 (96)
95 Am 243	0	7370 y	5/2-	μ/μ(241Am) = 0.951(7) +1.50(1) +1.61(4)			ABLS	1990Iz01	JRNC 143 93 (90)	
							ABLS	1990Iz01	JRNC 143 93 (90)	
							O	1966Ar04/1956Ma31	PR 144 994 (66)/PR 102 1108 (56)	
							ABLS	1989GaZR	Cf89Tash 131 (89)	
	84	2.3 ns	5/2+	+2.9(2)			ABLS	1990Iz01	JRNC 143 93 (90)	
							O	1956Ma31	PR 102 1108 (56)	
							ME		PL 115A 71 (86)	
							ME		PC73 Meeker (73)	
96 Cm 243	0	28.5 y	5/2+	0.40(8)			EPR		PL 44A 527 (73)	
96 Cm 245	0	8500 y	7/2+	0.5(1)			EPR	1970Ab03	PR B1 3555 (70)	
96 Cm 247	0	1.6x10*7y	9/2-	0.36(7)			EPR		PL 44A 527 (73)	
97 Bk 249	0	320 d	7/2+	2.0(4)			EPR		PL 44A 527 (73)	
99 Es 253	0	20.4 d	7/2+	+4.10(7)			AB/D	1975Go05	PR A11 499 (75)	
							AB	1975Go05	PR A11 499 (75)	
99 Es 254	78	39.3 h	2+	2.90(7)			AB	1975Go05	PR A11 499 (75)	
							AB	1975Go05	PR A11 499 (75)	

Nucleus	Ex	$T_{1/2}$	I	$\mu(\text{nm})$	Q(b)	[Ref. Std.]	Method	NSR Reference	Journal Reference
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